

2013 - 40th ANNUAL
SOUTH BAY CROSS COUNTRY INVITATIONAL

- DATE:** Friday, September 27, 2013
- PLACE:** Rohr Park, Sweetwater Road, Chula Vista 92012
- COURSE:** BOYS - 5,000 meters (3.1)
GIRLS - 4025 meters (2.5)
- TIME** 3:30 pm - Junior Varsity Girls
4:10 pm - Frosh/Soph Boys
4:40pm - Varsity Girls
5:10pm - Varsity Boys
5:40pm - Junior Varsity Boys
- DIVISIONS:** The 2013 South Bay Invite will only have 1 division.
- FEES:** Varsity.....\$35.00 per team
Junior Varsity.....\$35.00 per team
Frosh-Soph.....\$35.00 per team
Individuals.....\$7.00 each (fewer than 5 runners from team)

Checks should be made payable to SWEETWATER CROSS COUNTRY and sent to:

Tim Latham
Sweetwater High School
2900 Highland Avenue
National City, CA 91950

- AWARDS:** Varsity Races: Team trophies to 1st-2nd-3rd place teams.(Boys And Girls)
Medals to top 7 runners on 1st-2nd-3rd place teams.
Medals to first 35 individual runners.
- Jr. Varsity Races: Team trophy to 1st-2nd place teams. (Boys And Girls)
Medals to top 7 runners on 1st-2nd place teams.
Medals to first 35 individuals in boys race and 50 in girls race.
- Frosh-Soph Boys Race: Team trophies to 1st-2nd-3rd place teams. (Boy Only)
Medals to top 7 runners on the 1st-2nd-3rd place teams.
Medals to first 35 runners.

Note we use computerized results . You will need to enter a roster at <athletic.net> of all possible athletes at least one week before the meet.

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SCHOOL: _____

COACH: _____

FEES:

		TEAM (CHECK)	INDIVIDUALS (# ENTERED)
BOYS VARSITY	\$35.00	_____	<u>MAX OF 7</u>
GIRLS VARSITY	\$35.00	_____	<u>MAX OF 7</u>
BOYS JR. VARSITY	\$35.00	_____	_____
GIRLS JR. VARSITY	\$35.00	_____	_____
BOYS FROSH-SOPH	\$35.00	_____	_____

TOTAL ENTRY FEE: _____

MAKE CHECKS PAYABLE TO: *SWEETWATER CROSS COUNTRY*

SEND TO: TIM LATHAM
SWEETWATER HIGH SCHOOL
2900 HIGHLAND AVENUE
NATIONAL CITY, CA 92050

COACHES PHONE: _____

E -MAIL: _____

FAX: _____

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