2013 - 40th ANNUAL
SOUTH BAY CROSS COUNTRY INVITATIONAL

DATE:  Friday, September 27, 2013

PLACE:  Rohr Park, Sweetwater Road, Chula Vista 92012

COURSE:  BOYS - 5,000 meters (3.1)
          GIRLS - 4025 meters (2.5)

TIME:  3:30 pm - Junior Varsity Girls
        4:10 pm - Frosh/Soph Boys
        4:40 pm - Varsity Girls
        5:10 pm - Varsity Boys
        5:40 pm - Junior Varsity Boys

DIVISIONS:  The 2013 South Bay Invite will only have 1 division.

FEES:  Varsity ................$35.00 per team
        Junior Varsity .........$35.00 per team
        Frosh-Soph ...........$35.00 per team
        Individuals ...........$7.00 each (fewer than 5 runners from team)

Checks should be made payable to SWEETWATER CROSS COUNTRY and sent to:

Tim Latham
Sweetwater High School
2900 Highland Avenue
National City, CA 91950

AWARDS:  Varsity Races: Team trophies to 1st-2nd-3rd place teams. (Boys And Girls)
          Medals to top 7 runners on 1st-2nd-3rd place teams.
          Medals to first 35 individual runners.

          Jr. Varsity Races: Team trophy to 1st-2nd place teams. (Boys And Girls)
          Medals to top 7 runners on 1st-2nd place teams.
          Medals to first 35 individuals in boys race and 50 in girls race.

        Frosh-Soph Boys Race: Team trophies to 1st-2nd-3rd place teams. (Boy Only)
        Medals to top 7 runners on the 1st-2nd-3rd place teams.
        Medals to first 35 runners.

Note we use computerized results. You will need to enter a roster at 
<athletic.net> of all possible athletes at least one week before the meet.
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SCHOOL: _____________________
COACH: _____________________

FEES: TEAM INDIVIDUALS
      (CHECK) (# ENTERED)

BOYS VARSITY $35.00 _______ MAX OF 7
GIRLS VARSITY $35.00 _______ MAX OF 7
BOYS JR. VARSITY $35.00 _______ ________
GIRLS JR. VARSITY $35.00 _______ ________
BOYS FROSH-SOPH $35.00 _______ ________

TOTAL ENTRY FEE: __________
MAKE CHECKS PAYABLE TO: SWEETWATER CROSS COUNTRY

SEND TO:  TIM LATHAM
          SWEETWATER HIGH SCHOOL
          2900 HIGHLAND AVENUE
          NATIONAL CITY, CA 92050

COACHES PHONE: _____________________
E-MAIL: ______________________________
FAX: _________________________________

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