

2013 COYOTE TRACK AND FIELD INVITATIONAL



Information Sheet

DATE: Friday April 5th – Night Relays
Saturday April 6th – Team Invitational

SITE: Del Norte High School (Hosted by Cuyamaca College)

ENTRY: The meet will be open to the first 36 schools that express interest. Each team will be guaranteed an entry in following relays; 4X100, 4X200, 4X400, 4X800, 4X1600, Distance Medley, 100,100,200,400 Sprint Medley. Individual track events, field events and Shuttle Hurdles will be invited based on entry mark.

AWARDS: Medals will be given to all members of the top 3 teams in all laned relays and top 6 in non-laned. Top 3 individuals in the open and seeded events will medal and top 6 in the Invitational section.

FEES: \$300 per program (men and women). \$150 per gender. Admission \$5 for adults, \$3 students for single day admission. \$8 for adults, \$5 students for admission to both days.

EVENTS:

RELAY EVENTS:

4x 100 Meter Relay
4x 200 Meter Relay*
4x 400 Meter Relay
4x 800 Meter Relay*
4x1600 Meter Relay*
1,1,2,4 Sprint Medley*
Distance Medley
Shuttle Hurdles (low/low-high/low)*

INDIVIDUAL RUNNING EVENTS:

100 Meters
200 Meters
400 Meters
800 Meters
1600 Meters
3200 Meters
100/110 Hurdles
300 Hurdles

FIELD EVENTS:

High Jump Shot Put
Long Jump Discus
Triple Jump
Pole Vault

*Friday Night Event