

# **ARNIE ROBINSON INVITATIONAL**

**SATURDAY APRIL 13, 2013**

Hosted by: SD Mesa College and University City High School

**Date:** Saturday April 13, 2013

**Site:** SD Mesa College, 7250 Mesa College Dr. , San Diego 92111

**Time:** High School: 4:00 pm

College/Open: 3:00 pm

**Facility:** 9 lane Super X Mondo all- weather track and runway. Shot and Discus rings are concrete. Only 3/16" PYRAMID spikes, no needles or Christmas tree spikes permitted. Spikes will be available for purchase. Spikes will be checked at check-in.

**Free Admission:** No charge to spectators

**Entry Fees:** Teams - \$125 per gender, \$250 for both

Individuals - \$5 ; \$10 for relay

**Payment:** Make checks payable to "Mesa College Track and Field Trust". Payment must be received by **FRIDAY MARCH 29**.

Attn: Renee Ross, SD Mesa College

**Entry Registration:** High Schools must register through Athletic.net. Deadline to register is **Sunday April 7 by 11:59 pm**.

College/Open must register through Direct Athletics by **Tuesday April 9** by 5:00 pm.

<http://www.Directathletics.com>

**The meet will include the following Events:**

**High Schools:** 4x100 relay, 100m hurdles, 110m hurdles, 400m, 100m, 800m, 200m, 3200m, 4x400 relay, shot put, discus, long jump, high jump.

**College/Open:** 1500m, 100m hurdles, 110m hurdles, 400m, 100m, 200m, 5,000m, shot put, discus, long jump, high jump

The meet will offer 2 or 3 sections of each race or event. All races will be at metric distances and will feature electronic timing.

**Awards:** High School: Given to Top 3 overall in each event.

Elite Section of Long Jump will be given a special award to the Top Female and Top Male, along with being placed on the perpetual trophy in honor of Arnie Robinson.

**Horizontal Field Events:** Seeded worst to best, best flight last: 4 Throws/4 Jumps-No Finals.

**T-shirts:** Special t-shirts will be available for purchase for \$10

**Snack Bar:** A full snack bar will be available and located on the east side of the stadium.

**Implement weigh-ins:** Athletes must weigh-in all throwing implements. Implements weigh-in will be located at the north west end of the stadium.

**First Aid:** Athletic trainers will be located on the northwest side of the stadium. Trainers will be available one hour prior to the start of competition.

**Warm-up area:** Located on the baseball field.

**Packet pick-up:** Located at the south end of stadium.

**Check-in:** Track Events: 30 Minutes prior to the start of the event at the Clerk's tent  
Field Events: 30 Minutes prior at the event site.

**Parking:** Parking is free

**Contact Information: Meet Director: Head Coach** Renee Ross E-Mail: [rross@sdccd.edu](mailto:rross@sdccd.edu)

Mobile: (619)368-6613

UCHS Head Coach: John Hutsel work: (858)457-3040 x 119

**\*\* Coaches, please e-mail me your contact information ASAP (e-mail, cell, home phone)\*\***

Further info will be sent out prior to the track meet.



# Arnie Robinson INVITATIONAL

## Under the Lights

Saturday, April 13, 2013

4:00pm

San Diego Mesa College 7250 Mesa College Drive

### High School events

100  
200  
400  
800  
2 mile  
100/110 hurdles  
4 X 100 relay  
4 X 400 relay  
long jump  
high jump  
pole vault  
shot put  
discus throw

### College events

100  
200  
400  
1,500  
5,000  
100/110 hurdles  
high jump  
shot put  
discus throw

### Featured event

Arnie Robinson elite section long jump

**Save the Date**  
**4-13-13**  
**More info to follow**

Contact Renee Ross  
(619) 368-6613 [rross@sdccd.edu](mailto:rross@sdccd.edu)