### 2014 Bronco Track & Field Invitational

Date: Saturday; March 15, 2014
 Site: Rancho Bernardo High School

Meet Director: Don Jones, Rancho Bernardo HS(619-806-4188)

❖ Time: 9:00 AM - 4:15 PM

Surface: Polyurethane track (8 lanes) & runways

❖ Spikes: 3/16<sup>th</sup> inch needles

Fees: \$150.00 per team (\$300.00 for both boys & girls)
 Medals: Medals will be given out in the following manner:

\*Relays: 1st - 3rd; Field: 1st - 6th; Invitational Races: 1st - 6th

Timing: Finish Lynx Timing System

Consessions: Food, drinks & snacks will be available.

❖ T-Shirts: Invitational T-Shirts will be available for \$12.00.
 ❖ Entries: Entries will be done through Athleicnet.com
 ❖ Teams: We will take the first 32 teams that enter the meet.
 ❖ Results: Results will be posted during the meet and will be on the

San Diego Track Magazine website ASAP.

<u>Events:Boys</u>	<u>Girls</u>	<u>Boys</u>	
Invitational:	100 Meters	100 Meters	
	400 Meters	400 Meters	
	800 Meters	800 Meters	
	Frosh 1600 Meters	Frosh 1600 Meters	
	1600 Meters	1600 Meters	
	3200 Meters	3200 Meters	
	110 Motor High Hurdles	100 Motor Hurdles	

110 Meter High Hurdles 100 Meter Hurdles 300 Meter Intermediate Hurdles 300 Meter Low Hurdles

Field: Long Jump Long Jump
Triple Jump Triple Jump

Shot Put Shot Put
Discus Discus
High Jump High Jump
Pole Vault Pole Vault

Relays: 4 x 100 Meter Relay 4 x 100 Meter Relay

Frosh / Soph Medley (1-1-2-4) Frosh / Soph Medley (1-1-2-4)

4 x 400 Meter Relay4 x 400 Meter Relay4 x 800 Meter Relay4 x 800 Meter RelayDistance Medley (3-1-2-4)Distance Medley (3-1-2-4)

ENTRY DEADLINE: FRIDAY; MARCH 9, 2014

(Please send in the entry card enclosed ASAP! – Thanks!!)

# 2014 BRONCO TRACK & FIELD INVITATIONAL RUNNING EVENTS TIME SCHEDULE

Event #	<u>Time</u>	<b>Event</b>	Event #	<u>Time</u>	<b>Event</b>
1	10:00 AM	Girls 3200 Meters	23	12:58 AM	Girls F/S Sprint Med #1
2	10:15 AM	Girls 4x100 Relay #1	24	1:03 PM	Boys F/S Sprint Med #1
3	10:19 AM	Boys 4x100 Relay #1	25	1:08 PM	Girls F/S Sprint Med #2
4	10:23 AM	Girls 4x100 Relay #2	26	1:12 PM	Boys F/S Sprint Med #2
5	10:27 AM	Boys 4x100 Relay #2	27	1:22 PM	Girls 300M. Low Hurdles #1
6	10:31 AM	Girls 4x100 Relay #3	28	1:27 PM	Girls 300M Low Hurdles #2
7	10:35 AM	Boys 4x100 Relay #3	29	1:39 PM	Boys 300M Inter. Hurdles #1
8	10:39 AM	Girls 4x100 Relay #4	30	1:46 PM	Boys 300M. Inter. Hurdles #2
9	10:43 AM	Boys 4x100 Relay #4	31	2:00 PM	Girls 800 Meters
10	10:47 AM	Boys 3200 Meters	32	2:08 PM	Boys 800 Meters
11	11:10 AM	Girls 100M. Hurdles #1	33	2:12 PM	Girls 100 Meters #1
12	11:16 AM	Girls 100M. Hurdles #2	34	2:17 PM	Boys 100 Meters #1
13	11:26 AM	Boys 110M. HH #1	35	2:22 PM	Girls 100 Meters #2
14	11:30 AM	Boys 110M. HH #2	36	2:27 PM	Boys 100 Meters #2
15	11:40 AM	Girls 4x800M Relay	37	2:34 PM	Girls Distance Medley
16	11:55 AM	Boys 4x800M. Relay	38	2:51 PM	Boys Distance Medley
17	12:08 PM	Girls 400 Meters	39	3:05 PM	Girls 4x400 Relay #1
18	12:12 PM	Boys 400 Meters	40	3:12 PM	Boys 4x400 Relay #1
19	12:17 PM	Girls Frosh 1600 Meters	41	3:18 PM	Girls 4x400 Relay #2
20	12:28 PM	Boys Frosh 1600 Meters	42	3:24 PM	Boys 4x400 Relay #2
21	12:38 PM	Girls 1600 Meters	43	3:32 PM	Girls 4x400 Relay #3
22	12:48 PM	Boys 1600 Meters	44	3:40 PM	Boys 4x400 Relay#3

# 2014 BRONCO TRACK & FIELD INVITATIONAL FIELD EVENTS TIME SCHEDULE

Event #	<u>Time</u>	<u>Event</u>	Event #	<u>Time</u>	<u>Event</u>
45	9:00 AM	Girls Open Long Jump	57	1:00 PM	Girls Open Triple Jump
46	9:00 AM	Boys Open Long Jump	58	1:00 PM	Boys Open Triple Jump
47	9:00 AM	Girls Open Shot Put	59	1:00 PM	Girls Open Discus
48	9:00 AM	Boys Open Shot Put	60	1:00 PM	Boys Open Discus
49	10:00 AM	Boys Open High Jump	61	1:00 PM	Girls Invitational High Jump
50	10:00 AM	Girls Open High Jump	62	1:00 PM	Boys Invitational High Jump
51	10:00 AM	Boys Open Pole Vault	63	1:00 PM	Girls Invitational Pole Vault
52	10:00 AM	Girls Open Pole Vault	64	1:00 PM	Boys Invitational Pole Vault
53	11:00 AM	Boys Invitational Long Jump	65	3:00 PM	Girls Invitational Triple Jump
54	11:00 AM	Girls Invitational Long Jump	66	3:00 PM	Boys Invitational Triple Jump
55	11:00 AM	<b>Boys Invitational Shot Put</b>	67	3:00 PM	Girls Invitational Discus
56	11:00 AM	Girls Invitational Shot Put	68	3:00 PM	Boys Invitational Discus



#### **2014 Bronco Invitational**

SCHOOL:	(Your School Name H	ere)			
[ ]	We will be attending the 2011 Bronco Invitational.				
[ ]	We will not attend this year's meet				
Entry Fee: \$15 Please send fe	0.00 per team (\$300.00 e ASAP	for both boys & girls)			
Head Coa	ch (Print)	Head Coach (Signature)	 Date		
Coache	s' Email Address				
Athletic Direc	tor (Signature)	 Date			
		Cut Here			

#### Send To:

Don Jones Rancho Bernardo High School 13010 Paseo Lucido San Diego, CA 92128-4499