2015 – 42nd ANNUAL
SOUTH BAY CROSS COUNTRY INVITATIONAL

DATE: Friday, September 25, 2015

PLACE: Rohr Park, Sweetwater Road, Chula Vista 92012

COURSE: BOYS - 5,000 meters (3.1)
GIRLS - 4,025 meters (2.5)

TIME
3:30 pm - Junior Varsity Girls
4:10 pm - Frosh/Soph Boys
4:40 pm - Varsity Girls
5:10 pm - Varsity Boys
5:40 pm - Junior Varsity Boys

DIVISIONS: The 2015 South Bay Invite will only have 1 division.

FEES:
Varsity...................$35.00 per team
Junior Varsity........$35.00 per team
Frosh-Soph..........$35.00 per team
Individuals..........$7.00 each (fewer than 5 runners from team)

Checks should be made payable to SWEETWATER CROSS COUNTRY and sent to:

Tim Latham
Sweetwater High School
2900 Highland Avenue
National City, CA 91950

AWARDS:

Varsity Races: Team trophies to 1st-2nd-3rd place teams. (Boys And Girls)
Medals to top 7 runners on 1st-2nd-3rd place teams.
Medals to first 35 individuals runners.

Jr. Varsity Races: Team trophy to 1st-2nd place teams. (Boys And Girls)
Medals to top 7 runners on 1st-2nd place teams.
Medals to first 35 individuals in boys race and 50 in girls race.

Frosh-Soph Boys Race: Team trophies to 1st-2nd-3rd place teams.
Medals to top 7 runners on the 1st-2nd-3rd place teams.
Medals to first 35 runners.

Note we use computerized results. You will need to enter a roster at <athletic.net> of all possible athletes at least one week before the meet.
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SOUTHBAY CROSS COUNTRY INVITATIONAL

SCHOOL: _____________________

COACH: _____________________

FEES:

<table>
<thead>
<tr>
<th>TEAM</th>
<th>INDIVIDUALS</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHECK</td>
<td>(# ENTERED)</td>
</tr>
<tr>
<td>BOYS VARSITY $35.00</td>
<td>MAX OF 7</td>
</tr>
<tr>
<td>GIRLS VARSITY $35.00</td>
<td>MAX OF 7</td>
</tr>
<tr>
<td>BOYS JR. VARSITY $35.00</td>
<td></td>
</tr>
<tr>
<td>GIRLS JR. VARSITY $35.00</td>
<td></td>
</tr>
<tr>
<td>BOYS FROSH-SOPH $35.00</td>
<td></td>
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</tbody>
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TOTAL ENTRY FEE: ______________

MAKE CHECKS PAYABLE TO: SWEETWATER CROSS COUNTRY

SEND TO: TIM LATHAM
SWEETWATER HIGH SCHOOL
2900 HIGHLAND AVENUE
NATIONAL CITY, CA 92050

COACHES PHONE: ________________

E-MAIL: ________________________

FAX: __________________________

Tim Latham:
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619-417-8656 ©
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