

Calvin Christian Crusader Classic Track & Field Meet 2015

Dear Coach/AD:

This spring Calvin Christian High School in Escondido will again be hosting a low cost, fun SEASON OPENER Track & Field Meet on Friday, March 13, 2015 starting at 3:00 at Calvin Christian High School in Escondido. All standard field events will be contested. On the track, we will run the individual 1600, and all other events will be run as relays, with most of them run COED! See the meet info sheet for the list of events. This is an excellent season opener with a very low cost. Because it is an early season meet, our goal is to get all of our athletes an opportunity to get their first marks in a fun setting.

The field events will start at 3:00, and running events at 3:30, with a coaches meeting at 2:45. The meet should be finished in just a few hours. We have lights at the track in case the meet continues after the sun sets. There will be no team scores, no individual or team awards. The entry fee is a low \$50 per gender team (\$50 for boys team and \$50 for girls team) AND each gender team must provide one adult worker to work at a field event. If you bring both girls and boys, your entry fee will be \$100 and you will provide 2 adult workers to officiate field events. Coaches will need to do their own timing for all track events. Meet staff will not provide any timing. You may use your team members, parent, or other staff members to help you getting splits in the relays.

Marks from the day will NOT be posted online or typed into the computer and emailed out. You need to get your athletes marks in the track events yourself as they run, and coaches need to check at each field event to get field event marks before leaving. We will NOT email or mail out results.

Your track events will be optimized with a COED team. You may bring a single gender team, but they will only be able to compete in the 1600, the sprint medley, and all field events. All other track events are COED. If you have only one gender team, we can supplement your team with athletes from another school so they can compete. Entries will be done online at Athletic.net. After entering your athletes, please mail a check to Calvin Christian School at the address below. If you have further questions please email or call to contacts listed below or in the meet information. If you are interested in attending this year's meet please fill out the enclosed contract and mail it or fax it as soon as possible.

Todd Nash, Head Track & Field Coach
Calvin Christian High School
2000 North Broadway
Escondido, CA 92026
School: 760-489-6430
Coach Nash Cell: 760-458-9753

Calvin Christian School

2015 CRUSADER CLASSIC SEASON OPENER

- Date:** Friday, March 13, 2015
- Time:** 3:00 field events, 3:30 running events.
- Invited:** All CIF member schools from San Diego and Southern Sections.
- Location:** Calvin Christian High School, 2000 N Broadway, Escondido.
- Background:** This is a season opener, intended to give athletes an early chance to marks and times. All participating teams will help staff the meet, and coaches will time their own athletes. This will make the meet easier to administer with a lower cost.
- Packet Pick-up:** Friday 2:00-4:00 at the clerk's tent inside the track near the finish line.
- Meet Directors:** Field Events: Todd Nash, cell (760) 458-9753,
Email: CalAthletics@sbcglobal.net
Track Events: Mike Wagenveld, cell (760) 917-5565
Email: mswagenveld@hotmail.com
- Facility:** Calvin Christian. Six lane dirt track for longer races, 7 lanes on the Home Stretch. Rubber runways for all jumps, standard concrete circles for throws. Max ¼" spikes on jump runways, any length you want on track.
- Events:** Primarily relay events on the track All field events individual with 3 attempts. Many NON-STANDARD track events, enabling you to get many athletes running early. Most of the relays will be COED!
- Timing/Results:** Coaches will do their own timing for all track events. No official times will be posted for track events; coaches should record times and splits for their own athletes. Field events will have results available to coaches at the event – get them from the official! No field event results will be posted by the meet host! All participating teams will staff two positions in the field events throughout the meet, assigned by the meet directors. (1 worker if you bring only 1 gender team.)
- Entry Fees:** \$10.00 per athlete, max of \$50 per gender PLUS 1 adult to work as an official for an event chosen by the meet directors (for a total of \$100 per coed team and 2 workers). In lieu of an adult to work the meet, the team entering will pay an additional \$50 per gender team or \$15 per athlete. Entry fees must be paid before the athlete competes with a check made out to Calvin Christian School or cash. To pay in advance, mail check to the

school address below, attn: Bill Stout. Write on memo line "Crusader Classic".

- Entries:** **Step 1:** Please fill in the contract at the end of this document and fax to (760) 489-7055.
Step 2: Mail contract with your entry fee to:
Calvin Christian School, attn Darla Lusky
2000 N Broadway
Escondido, CA 92026
Step 3: Please submit all entries on Athletic.net between February 23 and Wed, March 11 at 5:00 PM. All entries **MUST** be done on athletic.net.
- Deadline:** **All entries are due NLT Wednesday, March 11, 2015 at 5:00 PM.**
- Eligibility:** All athletes must be enrolled in CIF member schools.
- Event Limitations:** 4 events per athlete. **NO LIMIT** on how many athletes from your school may compete in any individual event. If you have 12 boys who all want to long jump, they can all long jump! All relay events will have only 1 team entered per school.
- Awards:** No individual awards, no team awards, no team scores, no times or distances posted online. Coaches should get field events results from officials during the meet. No results will be available to you after you leave the meet!
- Check-in:** **Running Events:** Report to the clerk when the event is called. Two calls will be given for each event.
Field Events: Report directly to your event.
- Meet Results:** Meet results will not be posted! Each coach should collect marks from field event officials and time your runners, and **post your own athlete's marks on athletic.net.**
- Concessions:** A full concessions stand will be available at the track with excellent, reasonably priced food and drinks.

Calvin Christian School
CRUSADER CLASSIC SEASON OPENER
Fri, March 13, 2015

SCHEDULE OF EVENTS

Field Events

- 2:45 Coaches Meeting at Clerks Tent
3:00 Girls Long
Girls High Jump
Girls Shot Put
Boys Long Jump
Boys Pole Vault
Boys Discus
Boys Triple Jump
Girls Triple Jump
4:30 Boys High Jump
Boys Shot Put
Girls Pole Vault
Girls Discus

Field events will all be run in flights of approximately 6 athletes with 3 attempts per athlete in all field events. Pole Vault and High Jump will be contested using “3 alive”.

Track Events:

- 3:30 COED Hurdle Shuttle relay (G100/B110/G100/B110) opposite directions
3:40 Girls 1600
3:50 Boys 1600
4:00 Girls Sprint Medley Relay (100/100/200/400)
4:15 Boys Sprint Medley Relay (100/100/200/400)
4:30 COED 4 x 200 relay (B,G,B,G)
4:50 COED 4 x 800 relay Heat (2 girls run together, hand off to 2 boys)
5:05 COED 4 x 400 relay Heat 1 (G/B/G/B)
5:10 COED 4 x 400 relay Heat 2 (G/B/G/B)
Follow on heats of 4 x 400
5:30 COED 4 x 100 weight-man’s relay (G/B/G/B) (Carrying a 1K discus as the baton.)

**All events will be run IN ORDER, and we will get ahead of schedule if possible! Do not leave the track based on the published schedule, and come EARLY for your events!

If you do not have enough to make up a team, we will collect athletes near the start line who need additional relay members so your athletes can compete with athletes from other teams and form a relay.

CRUSADER CLASSIC SEASON OPENER
Track & Field Meet
TEAM CONTRACT

A check is not required to be mailed with this contract. We would like your contract as early as possible to help us plan for how many teams will attend. This contract is your commitment to attend the meet. Entries can be entered later, and fees may be paid at the meet.

School Name: _____

School Address: _____

School Phone: _____

AD Name: _____ Email: _____

Track Coach Name: _____ Email: _____

Track Coach Cell Phone: _____

Will you be bringing a boys team? _____ Yes _____ No

Estimated number of participants: _____

Will you be bringing a girls team? _____ Yes _____ No

Estimated number of participants: _____

****Name of Field Event Officials you will provide:** _____

Event preference for your provided officials: _____

Checks made payable to Calvin Christian School ABC. Mail/fax to Darla Lusky at:
Calvin Christian High School, Attn Darla Lusky
2000 N Broadway
Escondido, CA 92026
Ph: 760-489-0201 Fax: (760) 489-7055

For meet specific questions:

Field Events: Todd Nash, cell (760) 458-9753,

Email: CalAthletics@sbcglobal.net

Track Events: Mike Wagenveld, cell (760) 917-5565

Email: mswagenveld@hotmail.com