

Dear coach,

I would like to invite you to the **1st Crawford Cross Country Invitational**. The meet will be held Saturday August 25th from 8:00 am to 10:00 am at North Chollas Community Park. The park is located at *5598 Chollas Station Rd, San Diego, CA 92105*. The course consist of all dirt and gravel with two hills of 100 and 150 meters with elevation gains of about 100 feet. It also goes around the flat and beautiful Chollas Lake.

**Entries** must be done through athletic.net by August 15th, 2018 at 11:59 pm. Search for Crawford Cross Country Invitational. Please enter all your athletes in the Varsity Division. We will cap entries to the first 12 teams registered. If you must add/change an athlete please do so by emailing Tlaloc Venancio, [tlalocvenancio@yahoo.com](mailto:tlalocvenancio@yahoo.com), before August 24th at 5 pm.

We will be running one boys race and one girls race until entries for either one exceeds 150 athletes. If entries exceed the stated number we will run a JV race for the specific gender. If there are any changes with race levels, we will email you five days prior to meet day.

**Awards** will be given to the top 15 boys and 15 girls in each race. A team plaque will go to the winning team in each race. We will use the 6th runner for a tie breaker.

Make **payment** to Will C. Crawford Foundation with the memo Cross Country Account. Please mail to 4835 Polk Ave San Diego, CA 92105 or communicate with Tlaloc Venancio regarding payment options. The association's EIN is 33-0600247.

**Meet Information:**

*When/Time:* Saturday, August 25, 2018 from 8 am-10 am

*Where:* North Chollas Community Park

*Races:* One boys race and one girls race until entries exceed 150 athletes on either one

*Cost:* \$80 for boys and girls or \$50 for only boys or only girls

*Awards:* Top 15 in each race plus a plaque to the winning team

*Course:* 5K around Chollas park.

Schedule:

8:00 AM Boys Race

8:45 AM Girls Race

If you have any questions don't hesitate to contact Tlaloc Venancio at [tlalocvenancio@yahoo.com](mailto:tlalocvenancio@yahoo.com) or 831-334-8472 (text okay).

# 2018 Crawford Cross Country Invitational

## August 25, 2018

### Chollas Lake Park, San Diego

