





IT'S ALWAYS SUMMER IN SAN DIEGO

All ages and abilities are welcome. You may compete in any or all of the meets.

Series Director: Paul Greer

Phone: (858) 573-1500 www.sandiego.usatf.org

Pre-Registration on www.Athletic.Net \$7.00 per event (with additional \$2 online service fee)

Day of Event Registration \$10 per event on Meet Day

Visit us on Facebook and Twitter You must register for your specific event 30 minutes prior.

Saturday, December 10, 2022

San Diego State University
San Diego State Choc Sportsman Track
Contact: Rick Reaser
RICK-REASER@msn.com

Saturday, January 21, 2023

Sweetwater High School Contact: Jaime Romero at jaime.romero@sweetwaterschools.org

Saturday, February 18, 2023

Patrick Henry High School Contact: Randy Thompson randyyet15@msn.com

Saturday, March 4, 2023

Poway High School Contact: Rebecca Buswell rebeccabuswell@hotmail.com

Wednesday, May 31, 2023

Cal State San Marcos Contact: Torrey Olson tolson@csusm.edu

Wednesday, June 14, 2023

Cuyamaca College Contact: Thom Hunt at coachhunt619@gmail.com

Wednesday, July 12, 2023

San Diego Mesa College Contact: Sean Ricketts at sricketts@sdccd.edu

Wednesday, July 26, 2023

Monte Vista High School Contact: David Crabtree dcrabtree@guhsd.net

Event Schedule

Track Events

Hurdles (100 or 400 meters)
Mid-Distance (800 meters to Mile)
Sprint (100-200 meters)
Distance (3000-5000 meters)
Long Sprint (400 meters)

Field Events

Shot Put Long Jump High Jump Pole Vault.

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