

**2016 CIF SDS Track & Field Finals Schedule
Mt. Carmel High School Saturday, May 28, 2016**

Running Events

Time	Division	Event
12:30	A	Girl's 400 Relay
12:35	B	Girl's 400 Relay
12:44	A	Boy's 400 Relay
12:49	B	Boy's 400 Relay
12:58	A	Girl's 1600m
1:07	B	Girl's 1600m
1:17	A	Boy's 1600m
1:25	B	Boy's 1600m
1:37	A	Girl's 100 HH
1:41	B	Girl's 100 HH
1:49	A	Boy's 110 IH
1:53	B	Boy's 110 IH
2:01	A	Girl's 400m
2:05	B	Girl's 400m
2:13	A	Boy's 400m
2:17	B	Boy's 400m
2:21		Boy's Wheelchair 400m
2:31	A	Girl's 100m
2:35	B	Girl's 100m
2:43	A	Boy's 100m
2:47	B	Boy's 100m
2:51		Boy's Wheelchair 100m
2:59	A	Girl's 800m
3:04	B	Girl's 800m
3:12	A	Boy's 800m
3:17	B	Boy's 800m
3:25	A	Girl's 300 LH
3:29	B	Girl's 300 LH
3:37	A	Boy's 300 IH
3:41	B	Boy's 300 IH
3:49	A	Girl's 200m
3:53	B	Girl's 200m
4:01	A	Boy's 200m
4:05	B	Boy's 200m
4:09		Boy's Wheelchair 200m
4:18	A/B	Girl's 3200m
4:36	A/B	Boy's 3200m
4:54	A	Girl's 1600 Relay
5:02	B	Girl's 1600 Relay
5:13	A	Boy's 1600 Relay
5:20	B	Boy's 1600 Relay

Field Events

Time	Division	Event
10:00	A/B	Girl's Discus
10:00	A	Girl's Long Jump
10:10	B	Girl's Long Jump
10:30	A	Girl's High Jump
10:40	B	Girl's High Jump
11:00	A	Boy's Pole Vault
11:10	B	Boy's Pole Vault
11:30	A	Boy's Long Jump
11:40	B	Boy's Long Jump
12:30	A/B	Boy's Discus
1:00	A	Boy's High Jump
1:10	B	Boy's High Jump
1:15	A	Girl's Triple Jump
1:25	B	Girl's Triple Jump
1:30	A	Girl's Pole Vault
1:35	B	Girl's Pole Vault
2:00	A	Girl's Shot Put
2:10	B	Girl's Shot Put
2:45	A	Boy's Triple Jump
2:55	B	Boy's Triple Jump
3:15	A	Boy's Shot Put
3:25	B	Boy's Shot Put
3:25		Boy's Ambulatory Shot Put

Note: Team points will be awarded to 8 places: 10-8-6-5-4-3-2-1
Medals will be given to 6 places

Field Event Award Times

11:30	Girl's Long Jump
12:15	Girl's Discus
12:45	Girl's High Jump
1:15	Boy's Long Jump
2:00	Boy's Pole Vault
2:30	Boy's Discus
2:45	Girl's Triple Jump
3:15	Boy's High Jump
3:30	Girl's Shot Put
4:15	Girl's Pole Vault
4:30	Boy's Triple Jump
4:45	Boy's Shot Put

Note: Awards times are approximate. Event finish times may alter the awards times.