

# T R A C K M A G A Z I N E

*Covering San Diego Section Cross Country and Track & Field*

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## *Chula Vista: Ambition Fits To a 'Tee'*

**T**he T-shirts say it all. On the front is a simple statement: "We're ba-ack."

It's must-wear for Chula Vista runners these days, as they relish their hard-won prominence in boys cross country.

Chula Vista High has had a long, rich heritage in running, and has now returned to glory.

The boys team won the large schools boys race at the CIF meet last year, and returns the entire team. They are ba-ack.

In some quarters, the Spartans were lightly regarded last season, before the championship meets. Nobody questioned their credentials at the end, and they are similarly esteemed now, earning the top ranking in a coaches' poll, ahead of a top-quality Vista team they will meet later.

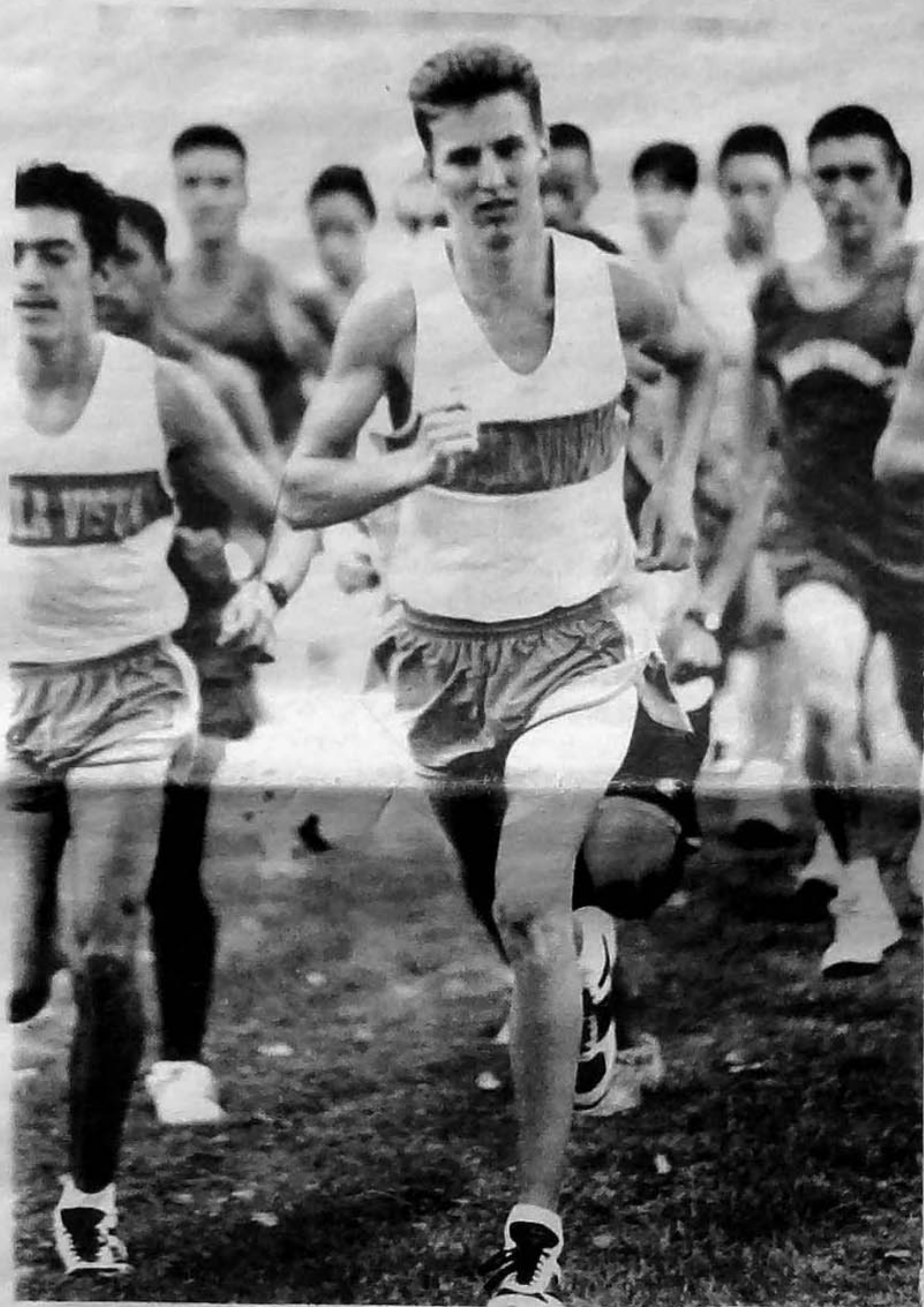
It seems to be a vintage year for good boys teams in Division I in the San Diego Section, and the team that takes the local CIF meet will be a threat at the state level.

"Our goal is to be ranked in the top three in the state," one of the Chula Vista coaches, Art Johnson told *TM*.

Jeanne Johnson is Art's wife and co-coach. She trains the boys team while he coaches the Chula girls.

"When we first started here," Art said, "she had a little trouble from the boys. The team went on a run with her, and some of the boys picked up the pace. When she stayed right with them, she got their respect."

"The program had only



**Jorge Martinez and Jason White, Chula Vista**  
Part of the Spartans' great pack

about ten boys and even less girls," Art Johnson remembered. The total squad now numbers 60-plus.

"I was teaching at Chula Vista Junior High (where he still works) and we kept sending them these good runners and wondering what was happening to them."

"When the high school job opened up a few years ago, some kids asked me to take it," he recalled. For Chula Vista alum

Johnson, it was a return to his roots.

It's been a steady upward procession from there, fueled by hard work and dedication.

The Spartans have good quality at the top in Ruben Carrillo, but it's the excellence all through the top five that puts them on a higher level than most.

Carrillo was 4th in the CIF meet last year, and ran 15:59 at Fresno. He is the undisputed team leader. In a recent race, the pack looked to Carrillo for leadership.

"Get behind Ruben," they told each other in the early stages of the meet.

"I just wanted the pack to run with me," he said later.

On the right day, any of the

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## *Area Runners Begin to Turn Up the Heat*

**T**he season is starting to heat up. Teams are starting the cycle of league meets, and invitationals are beginning to taper off.

It's the time of the season which one coach calls the "doldrums." The initial excitement of the opening meets has passed, and the taper for the end of the year has not yet begun.

Among the recent developments:

### **DANA HILLS:**

At the Dana Hills Invitational, on Sept. 24, a number of this area's best teams took on many of the best Orange County teams, with good success.

Poway, Torrey Pines and San Diego each won two teams races, while Vista, Chula Vista, Scripps Ranch and Ramona each won a single team championship.

Chula Vista took home the large schools senior boys championship. The Spartans placed four in the top 15, led by Ruben Carrillo and Jorge Martinez in third and fourth.

Mt. Carmel was the team runner-up in that race, with two finishers in the top ten, led by Greg Nett.

Vista didn't field a full team in that race, but had the individual winner in Trevor Sybert (14:37 for the fast 3.0-mile course).

Vista had the individual winner in the large school boys junior and sophomore races as well. Jason Land was the top junior (15:05), while Steve Ketcham paced the sophs (15:45).

Also in the large schools junior boys, area runners took four of the first six places. Mt. Carmel was the top area team, placing fourth.

Vista was second in team scoring in the Div. I soph race, and area runners took three of the

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## Making it up as we go along...

**T**he first issue is always the toughest. Anyway, that's been my experience as a publisher. Getting the first issue of *TRACK MAGAZINE* into your hands was an interesting experience.

As a publisher, this is my second venture. I thought my experience as the owner-publisher of a small-town newspaper here in Julian had prepared me for this undertaking. It helped, but there were enough major differences to keep me offstride.

Gathering the news is slightly more difficult than I had imagined. So many teams, so many coaches, and now the competition is becoming widely scattered. Over the long term, most coaches and teams will want to be included, and our coverage will be very representative. For the short term, however, it's going to be a scramble. We'll do the best we can to include as much results as we can obtain. Coaches, parents or athletes are welcome to submit information at any time.

Our method of distribution is still being invented. The original concept of direct mail is still the final goal. I am working on alternate delivery systems as well, including handing out the paper at meets or dropping it off at many schools.

Advertising is seemingly off to a slow start, but that's partly by design. I knew that I would have to produce at least one issue before there would be any interest from targeted businesses. My advertising rates are constructed to achieve a final ratio of about five pages of editorial content to one page of advertising. That means most ads will be relatively small, which is beneficial in two

ways. First, the small advertiser will not see their ad get "lost" in vast pages of advertising. And it won't take too many ads for *TRACK MAGAZINE* to be viable.

I am concentrating on larger businesses as a starting point. If any readers know of a small business that can profit from exposure in these pages, let us know.

The circulation for the first issue was just over 2,200 copies distributed, almost exclusively to the area's young athletes and their coaches. It's an attractive demographic: 2,200-plus young, active and involved student-athletes.

Those and other minor problems aside, I'm starting to settle in to this job. There is a lot of room for improvement, and the fine-tuning will be constant.

The goal is to produce a regional track and cross country publication that measures up to the quality of this area's athletes and coaches. They deserve it.

## In defense of the rankings...

**I**t seems some coaches and observers are not comfortable with the weekly coaches' poll, or cross country rankings that are published in *TRACK MAGAZINE* and the *San Diego Union*.

I personally have no problem with the idea of ranking the local cross-country teams, even though sometimes I may have some minor quibble about their order.

For the record, the rankings, or coaches' poll, are the product of a few area high school coaches who follow the sport avidly.

The rankings are updated weekly in the *Union-Tribune* (published each Tuesday morning), and are updated every two weeks by *TM*.

If you're not a careful observer, you might get the impression that there are two sets of rankings. Since we only publish biweekly, you might see a ranking in the *UT* that differs from the one we carry. There is only one poll.

The coaches who make up the ratings are the product of local high school programs and are long-time observers of high school cross country and track and field.

I know that they attempt to be as fair and as objective as possible as they analyze and rate the teams. If there are omissions and discrepancies, it is only because they may not have all the available facts.

You'll notice, for example, that there are some dramatic changes over the course of the season. That occurs as more results bring the local picture into sharper focus, not because some teams fall apart or dramatically improve.

It's a bit of an art comparing cross country teams anyway. Many teams never compete head-to-head. Times run in widely scattered meets are of only secondary importance as course, climate and competition must be taken into account.

Invitationals are a big help in comparing teams, but also are not completely definitive. They give an idea as to relative strength, but shouldn't be taken as a literal prediction of future results.

As inexact as they must be, I still like the rankings. They are an attempt to recognize the area's quality teams. At the very least they get people thinking and talking about

## From the editor ...



cross country, which is a definite plus.

If you think your team is being short-changed, feel free to tell me. If you have some information to support your claim, I know the pollsters will listen. And it doesn't hurt for your team's results to be published as often as possible, in these pages, the *Union-Tribune*, and your local paper.

The bottom line in cross country is the competition at the end of the year. Rankings are fun, but what really counts are the championship meets. Fortunately for athletes, coaches, writers, parents and fans alike, the important issues will be decided in fair and direct competition, all the way through to the State Meet in Fresno (and, for individuals, to the national championships held right here at Morley Field).

## Corrections...

**A**ccuracy is important to our enterprise. Mistakes will sometimes appear here, but we want to try to keep the facts straight.

We omitted a couple of girls from our season preview article, and mangled a few names.

For the record, the correct names are:

Bonita Vista's section-leading girl is Claire Becker.

Placing fourth in Division III of the CIF Championships for USDHS was Autumn Patton.

A promising runner for the Scripps Ranch girls squad is Lauren Freiser.

We also inadvertently renamed a race. We called Don Jones' invitational the Bronco Stampede. Actually, it's the Bronco Roundup. El Capitan High hosts the Vaquero Stampede a week earlier.

We also omitted three girls from our pre-season preview article.

Bishop's is returning Stephanie Pettigrew, who last year finished 10th in the CIF Division IV Championship race. She's been nursing an injury but will be an important factor as the Bishop's girls seek a return trip to Fresno.

Granite Hills High still has both Stacey and Wendy Murphy, two standout runners.

Stacey Murphy, a freshman last year, was third in the CIF Division II championships last year and later was the CIF 800-meter champ in track. She has elected to play soccer this fall, but will return to running in the spring.

Wendy Murphy, her older sister, is also a top quality runner. She has won the Grossmont League 1600 three times in a row, and has been all-CIF in cross country. She is running for the Eagles this fall.

Our apologies for the errors.

We take our results directly from faxes sent by the coaches, or copy them directly off finish boards at races, and sometimes glean information from other publications.

There is potential for error from all those sources. If you spot a mistake, tell us.

## TRACK MAGAZINE

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Track Magazine  
P.O. Box 2276  
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PHONE: (619) 765-1914  
FAX: (619) 765-3185



## News Roundup: Runners Heat Up

FROM PAGE 1

first six places.

Poway's freshman boys took first in the Div. I race, winning by fielding the fastest sixth runner.

Vista, Poway and Mt. Carmel all looked strong in the Div. I girls races.

Vista took 3rd in the Junior/Senior race, 2nd in the soph race, and first in the frosh race.

Poway was the team champ in the soph race, and was fifth in the frosh race.

Mt. Carmel, led by Melanie Pickett's sixth, was fourth in the Junior/Senior race.

Best race for area runners was the sophomore race, where Poway and Vista each placed three in the top ten, led by Poway's Jessica Pound and Ann Koscki in third and fourth.

Vista's championship freshman girls team was led by Natalie Forsyth, in fourth. The Panthers had three in the top nine.

In Division II girls, Torrey Pines showed strength across the board. They won the Junior/Senior race, were 3rd in the Soph race, and won the Frosh race.

Devon Straitiff paced the older girls win, taking second. In the frosh race, the Falcons placed four in the top seven, led by Danielle Valentino.

In Division III boys, local teams won all four races.

Scripps Ranch won the senior race, with Kevin Bowes also winning the individual title. The team placed all five in the top 12 to win handily.

San Diego High won both the junior and freshman races.



**Jessica Lunt**  
Coronado

The juniors were led by Gabriel Murillo, who was sixth.

Ramona won the soph race, with James Adams leading his teammates, who placed four in the first 15.

### STANFORD:

The Scripps Ranch boys were first in Div. II at Palo Alto, on Oct. 1. Bowes (3rd) again led the pack, which placed six runners in the top 24.

The West Hills girls team was third in Div. III. Freshman Alexis Rendina was their top runner, taking eighth. The Wolf-pack's top five all finished in the first 28. Top area runner in the race was USD's Vanessa Hanley, in sixth.

### SOUTH BAY:

This meet was the first local



**Steve Ketcham**  
Vista

meet this year to tabulate scores in a varsity team format.

Bonita Vista, El Capitan and USD won the girls team races, while Fallbrook, Hoover and St. Augustine took the boys trophies.

Bonita Vista also had the fastest girl on the day, with Claire Becker leading her teammates to a close win over Fallbrook (50-52) in Div. I. The Barons used depth to win, with Rosie Costello and Meghann Phillips keying the win by racing 5th and 6th.

El Cap's girls had an easier time in Div. II, with Larissa Gregerson winning the race. Jenny Card and Sarah Jagers were 3rd and 7th.

Div. III girls was close, with USD beating Santana, 42-49. Santana's Jaymie Harper won the race, recording the third fastest overall time of the day.

Fallbrook's boys won the Div. I title, although second-place Point Loma's Chris Werdenberg won the race.

Hoover and their ace, Ayub Abdusalam were both impressive in the Div. II race. The Cardinals scored 39 points to beat Grossmont. Abdusalam ran the fastest boys time of the day to win, and teammates Francis Bachu and Julius Amicho were 3rd and 4th.

St. Augustine used balance to win the Div. III race, with their five all making the top 12. Mission Bay went 2-4-6 and took second as a team, ahead of West Hills. USD's Ross Damman won the race.

### SMALL SCHOOLS:

This meet was mostly



**Jinna Rohde**  
Fallbrook

dominated by relatively large schools, but did provide a sneak preview of the CIF Div. IV races.

The team scoring format divided schools not by size but into public and private categories.

Coronado and Our Lady of Peace were the girls champs, while San Diego and St. Augustine took the boys titles.

Div. IV team Coronado provided both individual winners. Trevor Clarke ran 16:33 for the 3.1-mile Morley Field layout, while Jessica Lunt was clocked in 16:32 in the 2.5-mile girls race.

### DUALS, TRI-MEETS:

A number of traditional rivals have met in early meets (Helix and Grossmont, Chula Vista and Sweetwater, Vista and Poway), but the highlight has been a non-league meet that pitted three of the area's strongest boy teams.

Chula Vista, Scripps Ranch and Rancho Bernardo mixed it up at Morley Field on Sept. 21, and the Spartans won this round with their quality depth.

Scripps' Kevin Bowes won the race as each of the teams ran evenly through the first nine places.

The difference came when Chula Vista's fourth and fifth boys took 10th and 11th, sealing the win.

The Grossmont/Helix dual was dramatic, as at first Grossmont seemed to win a one-point victory. A disqualification resulted in a 28-28 score with the win going to Helix by the sixth-man tiebreaker.

## CROSS COUNTRY RANKINGS (Coaches' Poll)

### BOYS:

1. Chula Vista
  2. Scripps Ranch
  3. Vista
  4. Rancho Bernardo
  5. Mt. Carmel
  6. Ramona
  7. Hoover
  8. Torrey Pines
  9. Grossmont
  10. Poway
- Others: Rancho Buena Vista, Fallbrook, San Pasqual

### GIRLS:

1. Vista
  2. Torrey Pines
  3. Bonita Vista
  4. Poway
  5. Mt. Carmel
  6. Ramona
  7. Fallbrook
  8. Valhalla
  9. El Capitan
  10. West Hills
- Others: San Pasqual, USDHS, Scripps Ranch



## Chula Vista: Ready to 'tee' it up...

FROM PAGE 1

next three or four runners can run with Carrillo.

Last year, Jose Ramirez, now a junior, was 9th at CIF. Jorge Martinez was a second behind Carrillo in the recent Dana Hills Invitational. And Jason White has been near the front in a number of big races.

Matt Dunn, last year's fifth man, is also a potential scholarship athlete, Art Johnson feels.

There's more talent in the six slot, too. Larry Romero has transferred from Arizona and has already run 16:20 at Dana Hills (3.0 miles).

"We already have six runners that have qualified for the Footlocker Regional seeded race," Jeanne Johnson pointed out.

It's a tough year to be good in the San Diego Section. Vista is another outstanding team that nobody is discounting. Mt. Carmel is also a real threat.

"We were a little ahead of Vista at the Mt. Carmel Invitational," Art Johnson said. "But they were a little faster than us at Dana Hills."

Vista had their top runners scattered among several class races, while Chula Vista was able to race five quality runners in the senior race, which they won.

Chula Vista has already run head-on into some great competition. They raced against most of San Diego and Orange County's best at those invites and they also were a principal team in a rare, three-way, non-league meet with Scripps Ranch and Rancho Bernardo.

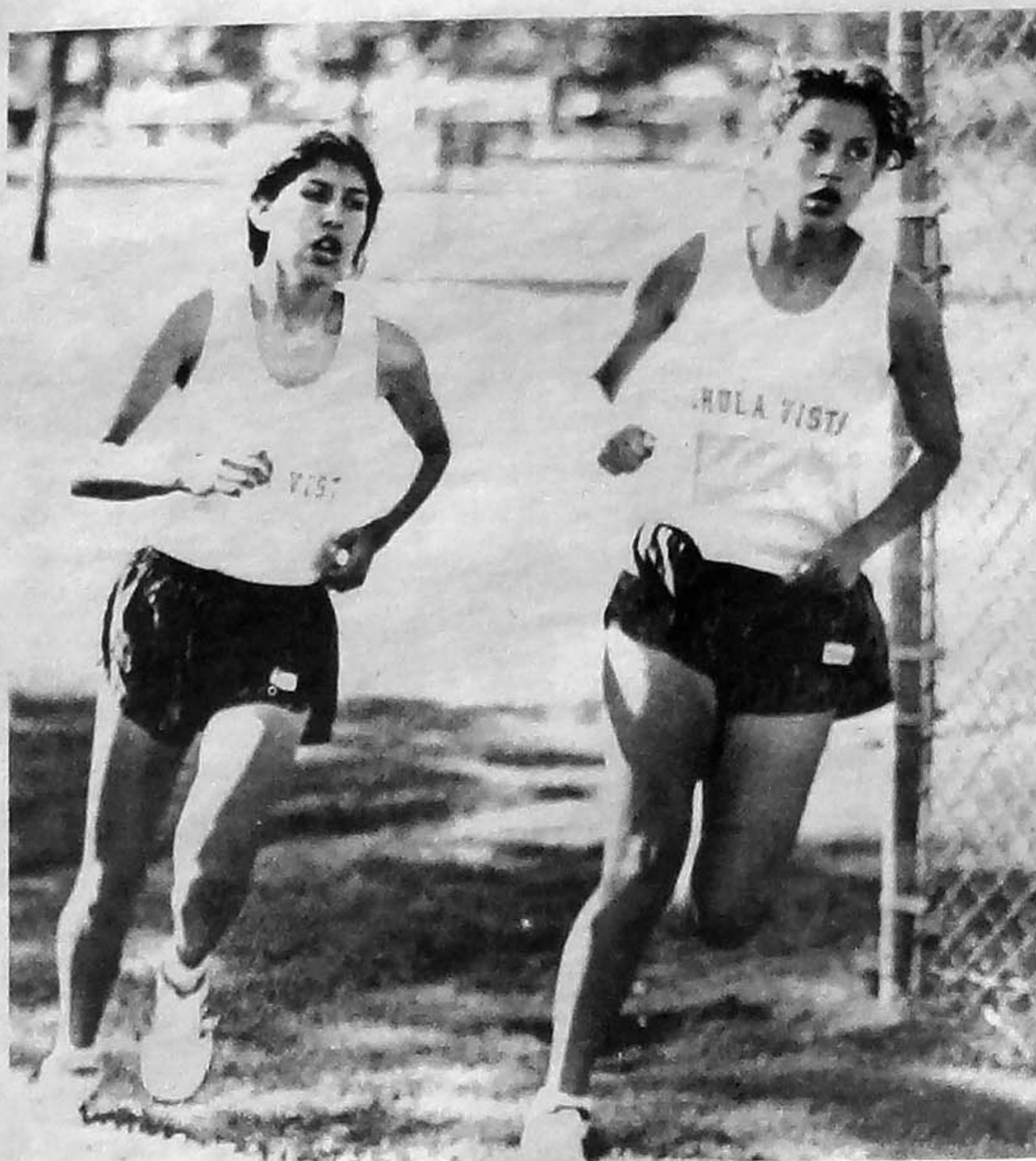
The Spartans won that meet, besting teams that are currently ranked second and fourth.

The girls squad, last year's Metro League runner-up, is "rebuilding," according to Jeanne Johnson.

Three girls trade off leading the team, including senior Aura DeTrinidad, and juniors Yolanda Montalvo and Liz Gonzalez. Nika Dunn is another quality athlete. The team might mature into the Metro front-runners in another season.

All this success comes from a combination of factors: the inspiration of coaches who work as hard as their runners, the above-average school pride at Chula Vista, and the family atmosphere projected by the team members.

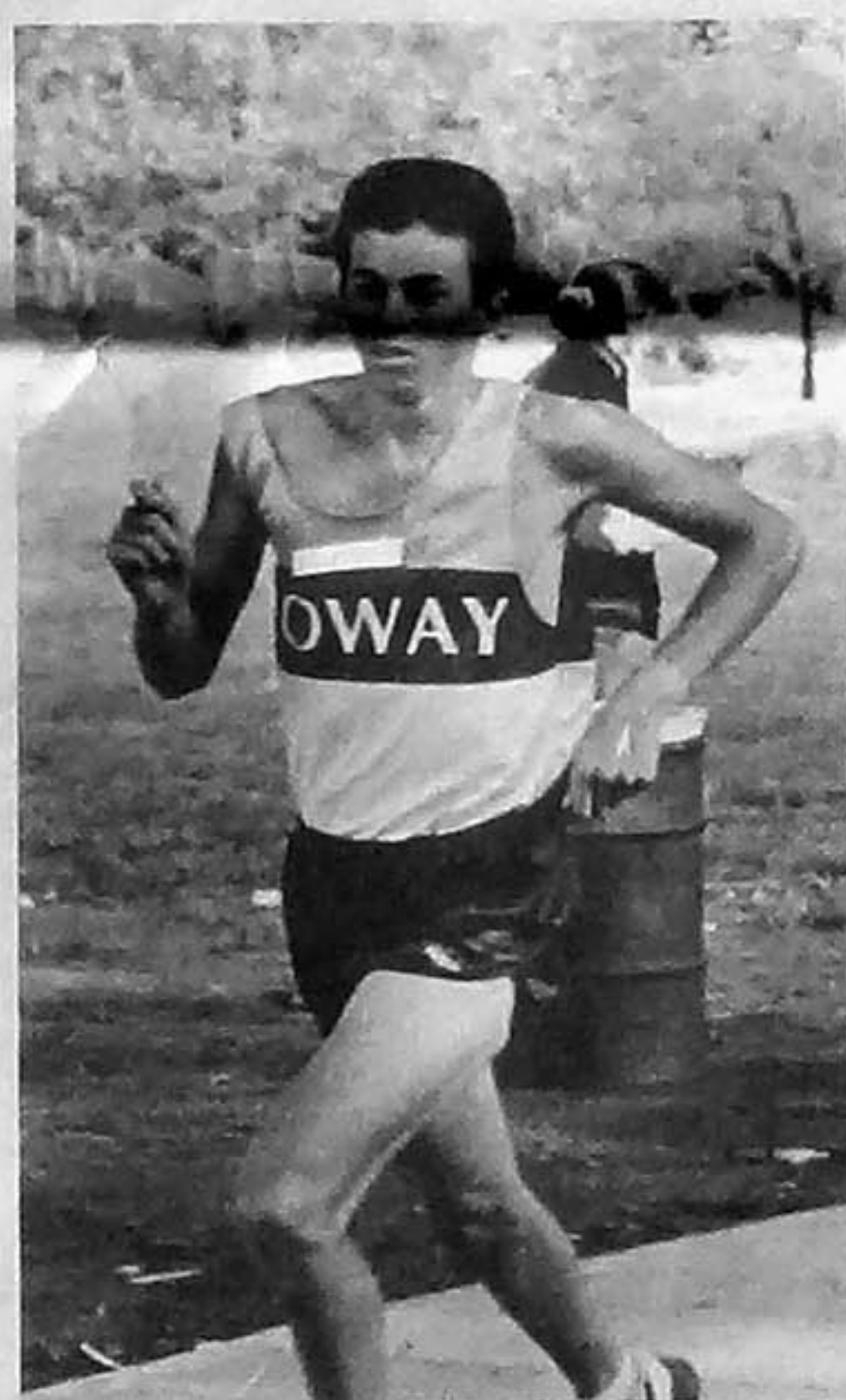
If you want a working definition on successful cross country programs, see all of the above.



**Yolanda Montalvo and Aura DeTrinidad**  
Chula Vista



**Pat Beltran**  
Hilltop



**Travis Kirtley**  
Poway



**Todd Lewis**  
Julian



**Jenny Card**  
El Capitan

## LOOKING AHEAD: Division Moves Create New Match-Ups

**W**hen the San Diego Section announced its annual revisions to the cross country state divisions, some interesting new match-ups were created.

Division II, already crowded and extremely competitive, gained added strength as Division III powerhouse teams Scripps Ranch and West Hills moved up in class.

Since last year, four other teams have also changed divisions.

Granite Hills and Montgomery have switched divisions. Granite Hills moved up from Division II to I, while Montgomery has dropped from I to II.

Division III has shrunk. West Hills and Scripps Ranch have left, and Lincoln Prep has dropped to Division IV. The division has added Mission Bay, moving down from II.

In terms of competition, the changes make things shape up like this:

**DIV. I:** Add Granite Hills' Wendy Murphy to an already crowded group of outstanding girl runners.

After powerful girls teams like Vista, Mt. Carmel, Poway, Bonita Vista and Fallbrook finish dividing up the spoils, it's going to be a fierce fight for the five individual berths.

Chula Vista and Vista are the current co-favorite boys teams, but Mt. Carmel, Rancho Bernardo, Poway and other quality teams make the competition very strong.

**DIV II:** Newcomer Scripps Ranch will clash with teams such as Hoover and Torrey Pines for the boys title. Other quality teams include Grossmont, Point Loma, San Pasqual and Helix. In fact, there is talent on almost every team in this division.

In the girls competition, new addition West Hills will contend with Torrey Pines, El Capitan, Valhalla and San Pasqual. Here, too, any number of teams will be a threat for at least individual honors.

**DIV III:** The loss of Scripps Ranch and West Hills has created opportunity.

In the boys race, Ramona might seem the new favorite, but will get a fight from St. Augustine, newcomer Mission Bay, and possibly La Jolla and USD.

SEE PAGE 5



## DIVISION IV: Tradition Built Step at a Time at Bishop's

Few will argue that Bishop's is the current ranking power in the Coastal League and a force in Division IV CIF races.

It's a recent development that exactly coincided with the arrival of coach Vincent Stumpo just over two years ago.

Stumpo found both the girls and boys programs in disarray. Although the La Jolla school had produced talented runners most years, there wasn't much of a team tradition.

That's all changed, and tradition is being built, race by race.

Stumpo didn't have a single returning girl runner on his team when he first arrived. He put together a young, hard-working team that won the league finals easily and gave Coronado a scare in the CIF race. The star of that team was freshman Marissa Hurwitz, who ended her season by placing in the top ten in Division IV at the state level.

*She's been hampered by injuries the last two seasons, and*

*"Summer training did not go well for us this year."*

hasn't been able to contribute, but that hasn't stopped Bishop's.

The girls were even better last year, dominating the Coastal League and winning the CIF title as well.

This year, the girls team is favored to win the league again, and Coronado is the only division rival that might challenge them.

The Bishop's boys are also sharply improved. They lost to Calvin Christian in the league finals last year, by a tie-breaker, and are a threat to win this year.

Stumpo was discouraged about both teams' fitness in August but is now "cautiously optimistic."

"Summer training did not go well for us this year," he said. "Some of our kids didn't run a step."

But now, after a base has been laid, the team is showing signs of life.

"The girls have had a really good attitude," Stumpo said. "It is a real good bunch to work with. The boys are struggling for an identity. We lost some of our leadership from last year."

At the South Bay Invitational, on Sept. 24, the girls team was fourth, behind Div. III powers USD, Santana and OLP.



**Stephanie Pettigrew and Katherine Zabloudil**  
The Bishop's School

Their team time was faster than schools such as Grossmont, Hilltop or Carlsbad.

At the Small Schools Invitational last week, Bishop's was second to OLP in the private schools competition, despite an injury that hampered key runner Gabe Popoff.

Popoff had been the team's fastest in each race this season to date, but suffered a cramped or pulled muscle, and she ran back in the pack.

Other Bishop's runners picked up the slack. Katherine Zabloudil and Stephanie Pettigrew, both All-CIF last year, had their best races of the season.

Mary-Beth Muchmore made a breakthrough that Stumpo had been privately predicting, taking fifth in that race. Zabloudil was 7th, followed by Nichola Lowry, 9th, and Pettigrew, 15th.

The Small Schools meet is often used as a barometer of the ensuing Coastal League and CIF meets (both on the same course). Counting just Coastal League runners, Bishop's took four of the first five spots.

Counting just Division IV schools, they placed four in the top eight, and that's without a good race from Popoff or any contribution from Hurwitz, who still might contribute later.

"We were hoping that (Saturday) was going to be her first race," Stumpo said. "But she's still not ready. We just hope she can run by the end of the year."

Bishop's boys team, on paper, had just about everybody back from a team that just missed the league title.

There have been unanticipated setbacks. Of last year's top



**Nichola Lowry**  
The Bishop's School

seven, one is playing club soccer, one has quit, another is injured and last year's number one man reported out-of-shape.

Miles Shumilak, a sophomore transfer from La Jolla, is the new number one. P.J. Ople, a multi-talented track man, is a strong number two runner.

With Stumpo's history, you have to figure the rest of the team will fall into place by the end of the year.

There is no clear-cut favorite in the boys race at the Coastal League championship this year.

## LATE NEWS: Vista Girls 2nd at Stanford Meet

**I**s any team, counting both boys and girls, running as well right now as Vista? Silly question, right?

This is a team whose boys can hang with Chula Vista and whose girls are right with Torrey Pines.

In fact, the girls are now top-ranked after a week in which they easily defeated highly-regarded Poway and then finished second in the large schools division of the prestigious Stanford Invitational. The Palo Alto meet took place Saturday, Oct. 1.

Lincoln High, from Portland, Oregon, the 10th-ranked team in the country, was the team winner.

Other teams in the race included powerful Irvine and Esperanza, and Bend, Oregon, ranked 8th in the country.

The Vista individual runners were Sonia Rodriguez, 16th in 20:14; Noelle Magana, 23rd in 20:46; Angela Shea, 35th in 20:56; Devon Lasiter-Thurber, 36th in 20:59; Natalie Forsyth, 47th in 21:19; Fatima El Farrah, 50th in 21:22; and Erika Batiz, 113th in 23:05.

In the double-dual with Poway and San Dieguito, at a hilly San Dieguito Park course, Vista was flat-out impressive.

Rodriguez led a team charge that finished 1-3-4-5 and put eight girls in the top twelve.

"They just ran a great team race," coach Paul Kinder said.

## LOOKING AHEAD: Division Moves Create New Match-Ups

FROM PAGE 4

The girls lineup will see Ramona, La Jolla, USD, Santana and Our Lady of Peace contesting for the two team slots at Fresno.

DIV IV: Lincoln Prep is a perennial "bubble" team, and this year, they're in this division. They may have at least a couple of contenders for individual berths (Ismail Mohamed and Til-ihan Fessehai) and might conceivably contend as a team. After the Coronado boys team, the competition is wide open.

Coronado and Bishop's are the girls team favorites. Calvin Christian could be a dark horse.





Beth Bowler, Christian, and Veronica Guerrero, Mar Vista



Stephanie Nelle, Valhalla, Rosie Costello, Bonita Vista, and Meghann Phillips, Bonita Vista



Nechelle Fabiana  
Mount Miguel

## Stanford Invitational at Palo Alto, Sat., Oct. 1.

### BOYS:

#### DIVISION II:

**TEAMS:** 1. Scripps Ranch 77, 2. Edison, Huntington Beach, 3. De La Salle 155. Also, 14. Helix 325.

**IND.:** 1. Tom Prindibille, De La Salle, 16:14; 2. John Greene, Agoura, 16:22; 3. Kevin Bowes, Scripps Ranch, 16:25.

**SD Section:** 14. Chad Livesay, ScR, 17:06; 16. Afran Abutin, ScR, 17:10; 21. David Romero, ScR, 17:14; 23. Ty Stewart, ScR, 17:15; 24. Brent Bolton, ScR, 17:16.

34. Kevin Chappell, Helix, 17:31; 55. Bob Muckey, Hlx, 17:54; 63. Louis Nava, Hlx, 18:04; 75. Matt Leighton, ScR, 18:18; 85. Wender Hwang, Hlx, 18:37; 97. Brent Coe, Hlx, 18:55.

#### DIVISION III:

**TEAMS:** 1. Nordhoff 80, 2. St. Ignatius, 3. Livermore 95. Also, 12. West Hills 387.

**IND.:** SD Section: 20. Stewart Blain, West Hills, 17:28; 74. Aaron Blood, WH, 18:30; 90. Dustin Diaz, WH, 18:42; 91. Chris Nagao, WH, 18:43; 133. Matt Stuart,

WH, 19:28; 146. Randy Bennett, WH, 19:36; 170. Tommy Corbin, WH, 20:04.

### GIRLS:

#### DIVISION II:

**TEAMS:** 1. Edison, Huntington Beach 108; 2. Del Oro 140; 3. Bishop Amat 159.

**IND.:** 1. Amy Skieresz, Agoura, 18:42; 2. Elissa Riedy, Mission, San Jose, 19:03; 3. Lori Riedy, Miss, SJ, 19:15.

**SD Section:** 10. Sarah Schmidt, Scripps Ranch, 20:30; 44. Jill Hannaman, ScR, 22:11; 53. Lauren Freiser, ScR, 22:30.

#### DIVISION III:

**TEAMS:** 1. Clayton Valley 60, 2. St. Ignatius 164, 3. West Hills 170. Also, 7. University of San Diego HS 219.

**IND.:** 1. Tracy Clarke, Corona Del Mar, 19:34; 2. Heather Wallace, Clayton Valley, 19:46; 3. Alison Lambert, Northgate.

**SD Section:** 6. Vanessa Hanley, USD, 20:08; 8. Alexis Rendina, West Hills, 20:21; 23. Jenny Holdzkorn, WH, 21:14; 26. Shelley Van Winkle, WH, 21:31; 28. Erin Shea, USD, 21:47.

49. Stephanie Fischer, USD, 22:19; 50. Heather Holford, WH, 22:20; 54. Kristen Epperson, USD, 22:37; 65. Hannele Stephens, WH, 22:55; 79. Myra Aviles, WH, 23:20.

85. Amy Morrison, USD, 23:28; 87. Becca Weingartner, WH, 23:29; 90. Autumn Patton, USD, 23:33; 132. Jade Quentin, USD, 24:29.

**TEAM TIMES:** West Hills 108:21, USDHS 110:19.

## St. Augustine/Small Schools Invitational

at Morley Field, Saturday, October 1.  
Weather: Morning cloud cover, temperature.

### GIRLS (2.45 Miles):

#### VARSITY:

**TEAMS:** Public Schools: Coronado 95, Mar Vista 146, Madison 180. Private Schools: Our Lady of Peace 36, Bishop's 56, Christian 180.

**IND:** 1. Jessica Lunt, Coronado, 16:32; 2. Sarah Janes, Our Lady of Peace, 17:08; 3. Katie Wisniew, OLP, 17:20; 4. Leslie DeJager, Calvin Christian, 17:23; 5. Mary-Beth Muchmore, Bishop's, 17:41.

6. Victoria Smith, OLP, 17:44; 7. Katherine Zabloudil, Bis, 17:51; 8. Paz Guerrero, San Diego, 17:53; 9. Nichola Lowry, Bis, 18:01; 10. Danielle Saylor, Madison, 18:19.

11. Jenna Graciano, OLP, 18:27; 12. Janelle



Sarah Janes  
Our Lady of Peace

Honings, Clairemont, 18:31; 13. Kirstin Neil, Coro, 18:33; 14. Sarah Wisniew, OLP, 18:36; 15. Stephanie Pettigrew, Bis, 18:37.

16. Holly Mayores, OLP, 18:41; 17. Beth Bowler, Christian, 18:45; 18. Angie Markle, SD, 18:54; 19. Theresa Brondstetter, Lincoln, 18:57; 20. Alison Gordon, Bis, 19:07.

21. Taheedah Robinson, Linc, 19:09; 22. Veronica Guerrero, Mar Vista, 19:27; 23. Jasmine Watts, Coro, 19:31; 24. Heather Diaz, MV, 19:32; 25. Amanda Shipley, Calv, 19:33.

### BOYS (3.1 Miles):

#### VARSITY:

**TEAMS:** Public Schools: San Diego 58, Coronado 74, Mar Vista 110. Private Schools: St. Augustine 77, Calvin Christian 205, Bishop's 220.

**IND.:** 1. Trevor Clarke, Coronado, 16:33; 2. Gabriel Murillo, San Diego, 16:42; 3. Martin Perez, Mar Vista, 16:44; 4. Martin Reyes, St. Augustine, 16:46; 5. Mike Aguilar, Coro, 16:54.

6. Ismail Mohamed, Lincoln, 16:59; 7. Ryan Swanson, Tri City Christian, 16:59; 8. Todd Lewis, Julian, 16:59; 9. Noe Alvarez, SD, 17:04; 10. Jason Talbott, Coro, 17:06.

11. Jose Aspiricuta, MV, 17:13; 12. Alfonso Alvarez, SD, 17:17; 13. Nick Hamlin, Madison, 17:17; 14. Oscar Noriega, StA, 17:18; 15.

SEE PAGE 7

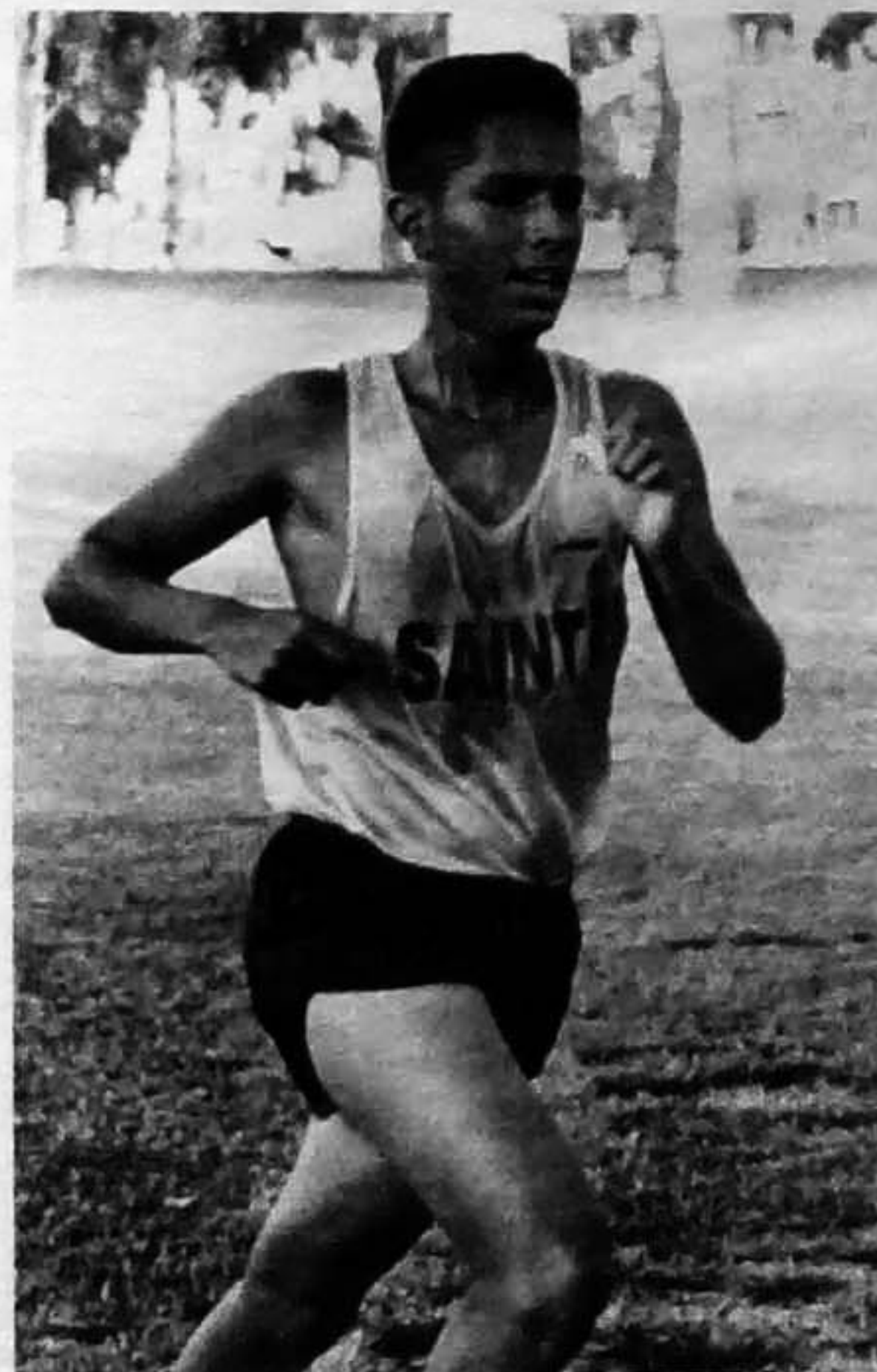




**Trevor Clarke**, Coronado,  
leads **Gabriel Murillo**, San Diego



**Jason Tullius**  
Army Navy Academy



**Martin Reyes**  
St. Augustine

## Small Schools:

FROM PAGE 6

Kevin Hauser, StA, 17:19.

16. Juan Martinez, SD, 17:24; 17. German Valdez, no school listed, 17:25; 18. Tilahan Fes-  
sehai, Linc, 17:27; 19. Oscar Montano, SD,  
17:30; 20. Juan Chavez, SD, 17:30.

21. Jeremy Durant, StA, 17:30; 22. Ajani Brown, Gompers, 17:35; 23. Brian Janes, StA,  
17:41; 24. J. C. Gross, StA, 17:49; 25. Miguel Verduzco, SD, 17:59.

26. Jason Tullius, Army Navy Academy,  
18:03; 27. Patrick Loesch, Coro, 18:15; 28. Robert Frailing, ANA, 18:23; 29. Matt Borunda,  
StA, 18:27; 30. P. J. Ople, Bishop's, 18:29.

31. Ryan Boney, Coro, 18:36; 32. Aaron Voss, Jul, 18:37; 33. Nate Garcia, Clairemont,  
18:41; 34. Jacob Young, Calvin Christian, 18:55;  
35. Kevin Cosgriff, Francis Parker, 18:55.

## South Bay Invitational

at Southwestern College, Saturday,  
September 24. Weather: Sunny and  
warming.

### GIRLS (2.3 Miles):

#### DIV. I VARSITY:

**TEAMS:** Bonita Vista 50, Fallbrook 52,  
Valhalla 75, Orange Glen 91, Sweetwater 128,  
Granite Hills 138, Morse 200, Montgomery 227,  
Southwest 232.

**IND.:** 1. Claire Becker, Bonita Vista,  
13:37; 2. Jinna Rohde, Fallbrook, 14:00; 3. Sha-  
ron Rohde, Fal, 14:16; 4. Stephanie Nelle, Val-  
halla, 14:17; 5. Rosie Costello, BV, 14:28.

6. Meghann Phillips, BV, 14:28; 7. Tricia  
Mattson, Fal, 14:30; 8. Jessica Cabrera, Sweet-  
water, 14:42; 9. Danica Buckley, Val, 14:46; 10.  
Wendy Murphy, Granite Hills, 15:11.

11. Cara Rumble, Orange Glen, 15:26; 12.  
Katie Cottrell, OG, 15:27; 13. Kelley Halligan,  
Val, 15:28; 14. Thuy Nguyen, BV, 15:29; 15.  
Margie Broselle, Val, 15:34.

16. Lana Garner, Morse, 15:49; 17. Kath-  
ryn Cook, Fal, 15:51; 18. Geneva Parker, Swe,  
15:52; 19. Hiedi Sanchez, Swe, 15:53; 20. Gina  
Rennix, OG, 15:54.

#### DIV. II VARSITY:

**TEAMS:** El Capitan 37, Grossmont 77,  
Carlsbad 77, Hilltop 88, Castle Park 131, Monte  
Vista, 150, Mount Miguel, 164, El Cajon Valley  
166, Hoover no score.

**IND.:** 1. Larissa Gregerson, El Capitan,  
14:44; 2. Jessica Anderson, Carlsbad, 14:50; 3.  
Jenny Card, ECap, 15:03; 4. Patt Beltran, Hilltop,  
15:12; 5. Jennifer Lindsay, Grossmont, 15:36.

6. Cristina Delgadillo, Hill, 15:37; 7. Sarah  
Jagers, ECap, 15:41; 8. Nancy Tan, ECV, 15:47;  
9. Rachel Kalmar, Gro, 15:54; 10. Nechelle Fab-  
iana, Mount Miguel, 16:11.

11. Griselda Orosco, Car, 16:13; 12. Kristi  
Brinkley, ECap, 16:14; 13. Delia Rosales, Castle  
Park, 16:15; 14. Kristi Jenkins, ECap, 16:22; 15.  
Jennelise Hafen, Hill, 16:33.

16. Renee DeLaTorre, Gro, 16:33; 17.  
Barbara Flores, CP, 16:45; 18. Leslie Hicks, Car,  
16:50; 19. Tina Torge, Monte Vista, 16:53; 20.  
Zoe Lieberman, Gro, 17:01.

#### DIV. III VARSITY:

**TEAMS:** USDHS 42, Santana 49, Our  
Lady of Peace 56, Bishop's 103, Crawford 144,  
Mission Bay 164, Eastlake 178, Mar Vista 224,  
Francis Parker no score, Julian no score.

**IND.:** 1. Jaymie Harper, Santana, 14:11;  
2. Vanessa Hanley, USDHS, 14:31; 3. Erin  
Shea, USDHS, 14:55; 4. Sarah Janes, Our Lady  
of Peace, 15:08; 5. Kristi O'Grady, Sant, 15:21.

6. September McHugh, Sant, 15:22; 7.  
Katie Wisniew, OLP, 15:27; 8. Stephanie Fisher,  
USDHS, 15:47; 9. Kristen Epperson, USDHS,  
15:48; 10. Maria Moreno, Crawford, 16:02.

11. Rachel Moeller, Mission Bay, 16:07;  
12. Victoria Smith, OLP, 16:08; 13. Milinda  
Benitez, Sant, 16:09; 14. Maria Cervantes, East-  
lake, 16:09; 15. Sarah Wisniew, OLP, 16:10.



**Nick Hamlin**  
Madison



**Ryan Swanson**  
Tri-City Christian

### Coach's Check List:

Make sure team does warm-down.

Check on Brian's sore ankle.

Console opposing coach, say  
'you really had us worried.'

Thank bus driver.

Eat Dinner

Get results to Track Magazine.

SEE PAGE 8



## South Bay:

FROM PAGE 7

16. Gabe Popoff, Bishop's, 16:13; 17. Nichola Lowry, Bis, 16:15; 18. Jenna Graciano, OLP, 16:16; 19. Katherine Zabloudil, Bis, 16:21; 20. Autumn Patton, USDHS, 16:26.

### TOP 15 OVERALL:

1. Becker, 13:37; 2. J. Rohde, 14:00; 3. Harper, 14:11; 4. S. Rohde, 14:16; 5. Nelle, 14:17.

6. Costello, 14:28; 7. Phillips, 14:29; 8. Mattson, 14:30; 9. Hanley, 14:31; 10. Cabrera, 14:42.

11. Gregerson, 14:44; 12. Buckley, 14:46; 13. Anderson, 14:50; 14. Shea, 14:55; 15. Card, 15:03.

### DIV. I JV:

**TEAMS:** Fallbrook 33, Orange Glen 34, Bonita Vista 77, Granite Hills 100, Carlsbad 190, Morse 255, Grossmont, Sweetwater, Monte Vista and Valhalla no score.

**IND.:** 1. Kim Arledge, Fall, 16:47; 2. Stacey Loeschner, Fall, 16:52; 3. Laura Lawrance, OG, 16:59; 4. Kelly Ewing, Fall, 17:04; 5. Jennifer Martinez, BV, 17:06.

6. Jenni Smith, OG, 17:09; 7. Trisha Burich, OG, 17:33; 8. Amber Vanderwoude, OG, 17:36; 9. Leslie Stopani, BV, 17:41; 10. Maria Contreras, OG, 17:42.

### DIV. II JV:

**TEAMS:** El Capitan 40, USDHS 41, Our Lady of Peace 75, Santana 77, Bishop's and Hilltop no score.

**IND.:** 1. Amber Smock, ECap, 16:27; 2. Amy Morrison, USDHS, 16:39; 3. Tiffany Fay, ECap, 17:03; 4. Olivia Fredricksen, ECap, 17:04; 5. Susan Gistaro, USDHS, 17:14.

6. Erin Green, USDHS, 17:19; 7. Amber Wilson, Sant, 17:35; 8. Lindsey Gordon, Bis, 17:38; 9. Pilar Martinez, OLP, 17:54; 10. Courtney Warren, USDHS, 18:03.

## BOYS (3.1 Miles):

### DIV. I VARSITY:

**TEAMS:** Fallbrook 47, Point Loma 68, Bonita Vista 72, Valhalla 92, Sweetwater 94, Montgomery 179, Orange Glen 204, Morse 233, Granite Hills 239.

**IND.:** 1. Chris Werdenberg, Point Loma, 16:50; 2. Jose Barajas, Sweetwater, 17:12; 3. Aaron Smith, Bonita Vista, 17:15; 4. Scott Taylor, BV, 17:17; 5. Scott Batiuk, Fallbrook, 17:18.

6. Lee Barrett, PtL, 17:22; 7. Ryan Coughlin, Fallbrook, 17:29; 8. Brett Weaver, Fal, 17:45; 9. Juan Nunez, Swe, 17:48; 10. Nic Magoffin, Valhalla, 17:49.

11. Travis Kermatt, Val, 17:50; 12. Clarke Graves, PtL, 17:56; 13. Chris Lutgendorf, Fal, 17:58; 14. James Chang, Fal, 17:59; 15. Ricardo Lopez, Swe, 18:01.

16. unid., Montgomery, 18:02; 17. Eric Mattson, Fal, 18:08; 18. unid., BV, 18:10; 19. Jimmy Corcoran, BV, 18:11; 20. Ryan Hilton, Val, 18:11.

### DIV. II VARSITY:

**TEAMS:** Hoover 39, Grossmont 61, Hilltop 119, Castle Park 131, Monte Vista 146, Mount Miguel 168, El Cajon Valley 170, Mar Vista 192, Carlsbad 201, Tri-City Christian no score.

**IND.:** 1. Ayub Abdulalam, Hoover, 16:11; 2. David McQuitty, Grossmont, 16:34; 3. Francis Bachu, Hoo, 17:11; 4. Julius Amicho, Hoo, 17:13; 5. Adrian Ramirez, Castle Park, 17:16.

6. Matt Konold, Gro, 17:26; 7. Jake Dickey, El Cajon Valley, 17:30; 8. Steve Daynes, Gro, 17:38; 9. Martin Perez, Mar Vista, 17:44; 10. Edward Agunos, Mount Miguel, 17:50.

11. Roberto Orozco, ECV, 17:50; 12. Henry DeJesus, Hilltop, 17:51; 13. Zac Read, Hill, 17:56; 14. Sefe Almedom, Hoo, 17:57; 15. Kevin Gay, Monte Vista, 18:04.

16. Antonio Sandoval, CP, 18:06; 17. Mario Velazco, Hoov, 18:09; 18. unid., CP, 18:11; 19. unid., MontV, 18:12; 20. Kiflom Ab-  
raha, Gro, 18:15.

### DIV. III VARSITY:

**TEAMS:** St. Augustine 42, Mission Bay 63, West Hills 104, USDHS 111, Eastlake 128,



Wendy Murphy  
Granite Hills



Martin Perez  
Mar Vista

Bishop's 173, Julian 214, Francis Parker 237, Rancho Del Campo 270, Crawford no score, Santana no score.

**IND.:** 1. Ross Damman, USDHS, 16:50; 2. Jonathan Holmes, Mission Bay, 16:69; 3. Stewart Blain, West Hills, 17:10; 4. Ivan Osuna, MB, 17:26; 5. Martin Reyes, St. Augustine, 17:35.

6. Sean Bottego, MB, 17:41; 7. J.C. Gross, StA, 17:52; 8. Kevin Hauser, StA, 17:55; 9. Doug Harper, Santana, 17:57; 10. Matt Durant, StA, 18:00.

11. Todd Lewis, Julian, 18:09; 12. Jeremy Durant, StA, 18:12; 13. Mike Camacho, Eastlake, 18:21; 14. Yirgalem Tewelde, Crawford, 18:21; 15. Aaron Adragna, Sant, 18:24.

16. Jesus Marquez, Estl, 18:26; 17. Chris Nagao, WH, 18:33; 18. Miles Shumilak, Bishop's, 18:40; 19. Brian Jones, StA, 18:41; 20. Matt Stuart, WH, 18:48.

### TOP 15 OVERALL:

1. Abdulalam, 16:11; 2. McQuitty, 16:34; 3. Werdenberg and Damman, both 16:50.14; 5. Holmes, 16:59.

6. Blain, 17:10; 7. Bachu, 17:11; 8. Barajas, 17:12; 9. Amicho, 17:13; 10. Smith, 17:15.

11. Ramirez, 17:16; 12. Taylor, 17:17; 13. Batiuk, 17:18; 14. Barrett, 17:22; 15. Osuna, 17:26.

### DIV. I FROSH/SOPH:

**TEAMS:** Point Loma 21, Granite Hills 119, Valhalla 124, Southwest 152, Orange Glen 169, Fallbrook 171, Morse 235, Grossmont 285, Montgomery 300, Carlsbad, Monte Vista and Sweetwater, no score.

**IND.:** 1. David Hayes, Point Loma, 18:03; 2. Peter Kleinsasser, PtL, 18:04; 3. Mark Savel, PtL, 18:08; 4. John Bradshaw, PtL, 18:24; 5. Cameron Jones, Fallbrook, 18:53.

6. Joe McClure, Orange Glen, 18:54; 7. Nick Sabala, Granite Hills, 18:59; 8. Nick Rivera, GH, 19:07; 9. Ruiz Vicente, Southwest, 19:08; 10. Chad Scralabba, Valhalla, 19:18.

### DIV II FROSH/SOPH:

**TEAMS:** El Capitan 27, West Hills 63, Mar Vista 74, Mount Miguel 142, Francis Parker 143, USDHS 191, St. Augustine and Mission Bay no score.

**IND.:** 1. David Schible, Mount Miguel, 17:48; 2. David Boland, El Capitan, 18:08; 3. Dustin Diaz, West Hills, 18:38; 4. Jerrad Payne, ECap, 19:04; 5. Aaron Keling, Mar Vista, 19:08.

6. Jake Gregerson, ECap, 19:10; 7. Tony Principe, ECap, 19:11; 8. Colin Bond, 19:19; 9. Tommy Corbin, WH, 19:23; 10. Eric Meier, WH, 19:31.

### DIV. I JV:

**TEAMS:** Bonita Vista 39, Fallbrook 65, Point Loma, Grossmont, Carlsbad and Valhalla no score.

**IND.:** 1. Bobby Picha, Fall, 18:50; 2. Ben Hauck, Fall, 19:03; 3. Justin Piper, Val, 19:05; 4. Jeff Lascola, Fall, 19:09; 5. Matt Ruppert, BV, 19:49.

6. Chris Linshield, BV, 19:57; 7. Karl Dawson, BV, 20:14; 8. Cory Reyes, PtL, 20:22; 9. Scott Asaro, Gro, 20:36; 10. Luis Cortes, BV, 20:38.

### DIV. II JV:

**TEAMS:** Hilltop 28, Bishop's 98, Mission Bay, West Hills, Eastlake, St. Augustine, Rancho Del Campo, USDHS and Santana no score.

**IND.:** 1. Chris Leon, StA, 19:46; 2. Dan Schroeder, Hill, 20:15; 3. Frankie Mendoza, Hill, 20:32; 4. Tosai Ikeuchi, Hill, 20:33; 5. Mark Petitfils, Sant, 21:10.

6. Neal Rogers, Hill, 21:31; 7. Mark Beck-Hoym, USDHS, 21:37; 8. Pedro Flores, StA, 21:38; 9. Andrezej Jakubowski, USDHS, 21:39; 10. Pedro Herrera, MB, 22:03.

## Dana Hills Invitational:

at Dana Hills High School, Saturday,  
September 24.

## GIRLS (3.0 Miles):

### DIV. I JR/SR:

**TEAMS:** El Toro 63, Irvine 73, Vista 156, Mt. Carmel 203, Long Beach Poly 203 (Mt. Carmel had faster sixth runner). Other San Diego Section schools: Rancho Buena Vista, 9th, 278; Poway, 15th, 426; Chula Vista, 18th, 467.

**IND.:** 1. Jessica Corbin, Irvine, 18:12; 2. Anna Niemi, Irvine, 18:16; 3. Taryn Lawson, Ocean View, 18:18; 4. Erin Livermore, Irvine, 18:22; 5. Stacey Roberson, El Toro, 18:29.

**SD Section:** 6. Melanie Pickett, Mt. Carmel, 18:30; 8. Sonia Rodriguez, Vista, 18:37; 9. Angela Shea, Vis, 18:38; 25. Lisa Callan, Poway, 19:17; 29. Maggie Johnson, MtC, 19:19.

33. Lynne Hermansen, Rancho Buena Vista, 19:38; 34. Michelle Ciccirelli, MtC, 19:38; 36. Laura Carpenter, RBV, 19:41; 41. Fatima El Farrah, Vis, 19:44; 43. Jackie Diaz, Vis, 19:49.

51. Aura DeTrinidad, Chula Vista, 20:04; 55. Tiffany Kinder, Vis, 20:13; 57. Lori Bridger,

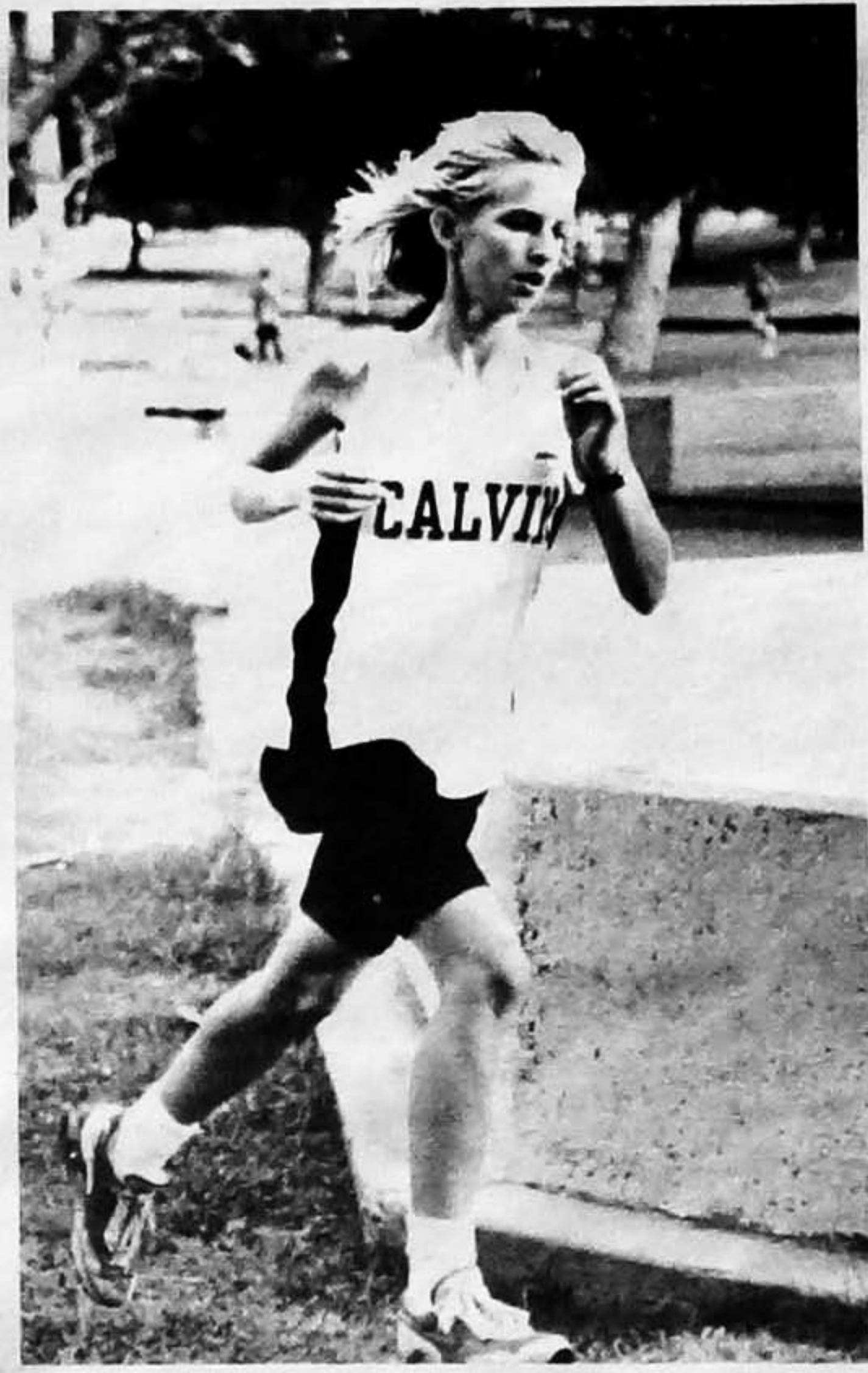




**Jose Barajas**  
Sweetwater



**David Young**  
El Camino



**Leslie DeJager**  
Calvin Christian

## Dana Hills:

FROM PAGE 8

Pwy, 20:16; 64. Amy Slansky, MtC, 20:35; 65. Liz Gonzalez, CV, 20:36.

66. Lauren Wells, RBV, 20:37; 67. Michelle Roach, Vis, 20:37; 70. Crystall Cobb, MtC, 20:40; 71. Jennifer Hart, RBV, 20:44; 72. Sara Medlyn, RBV, 20:45.

### DIV. I SOPH:

**TEAMS:** Poway 60, Vista 61, Irvine 123, Dana Hills 142, El Toro 151, Mt. Carmel 193.

**IND.:** 1. Sydney Leonard, Dana Hills, 18:24; 2. Jessica Pound, Pwy, 18:25; 3. Ann Koscki, Pwy, 18:36; 4. Becca Armour, Fountain Valley, 18:48; 5. Devon Lasiter-Thurber, Vis, 18:57.

**SDSection:** 6. Erika Batiz, Vis, 19:09; 8. Lisa Vasek, Pwy, 19:12; 10. Noelle Magana, Vis, 19:17; 13. Christine Alford, MtC, 19:35; 19. Erin Collins, Vis, 20:10.

20. Kristin Schaitel, Pwy, 20:11; 21. Vanessa Higuera, Vis, 20:12; 22. Megan Graves, MtC, 20:23; 25. Nika Dunn, CV, 20:28; 27. Michelle Flores, Pwy, 20:32.

30. Tiffany Trayer, RBV, 20:40; 39. Frances Aguilar, MtC, 20:59; 40. Kim Fischer, Pwy, 21:05; 44. Melody Vallar, MtC, 21:24; 52. Jessica Brannon, Vis, 21:39.

### DIV. I FROSH:

**TEAMS:** Vista 71, Redlands 89, El Toro 118, Temecula Valley 132, Poway 182.

**IND.:** 1. Heather Cuthbertson, Marina, 18:42; 2. Jennifer Hohnbaum, Temecula Valley, 19:28; 3. Stephanie Fellows, El Toro, 19:38; 4. Natalie Forsyth, Vis, 19:44; 5. Roshanora Pettway, Long Beach Poly, 19:53.

**SD Section:** 7. Julie Davidson, Vis, 19:5x; 9. Darlene Lee, Vis, xx:xx; 15. Kasey Shemwell, Pwy, 20:26; 19. Holliday, RBV, 20:58; 25. Kristina Smith, RBV, 21:06.

26. Mary Blasius, Vis, 21:06; 28. Jessica Warfield, Vis, 21:11; 33. Serena Adamiec, Vis, 21:29; 35. Hollie Babione, Pwy, 21:34; 38. Stacey Sims, RBV, xx:xx.

39. Corine Behringer, Pwy, 21:43; 41. Monica Hite, Pwy, 21:46; 43. Mariana Barajas, Vis, xx:xx; 50. Lindsay Muleady, Vis, 22:15.

### DIV. II JR/SR:

**TEAMS:** Torrey Pines 78, Santa Ana Valley 127, Laguna Hills 138, Point Loma 151, Mira Mesa 152.

**IND.:** 1. Estrada, Santa Ana Valley, 17:49.

**SDSection:** 2. Devon Straitiff, Torrey Pines, 18:02; 9. Sandi Rabie, TPines, 18:54; 12. Carrie Hemerick, 19:06; 16. Rodriguez, Point Loma, 19:43; 20. Sarah Percy, 19:52.

24. Hitt, PtL, 19:59; 28. Northam, PtL, 20:26; 35. Erin Burke, TPines, 20:42; 39. Teliez, PtL, 20:48; 44. Gee, PtL, 21:08.

48. Blazeovich, PtL 21:26.

### DIV. II SOPH:

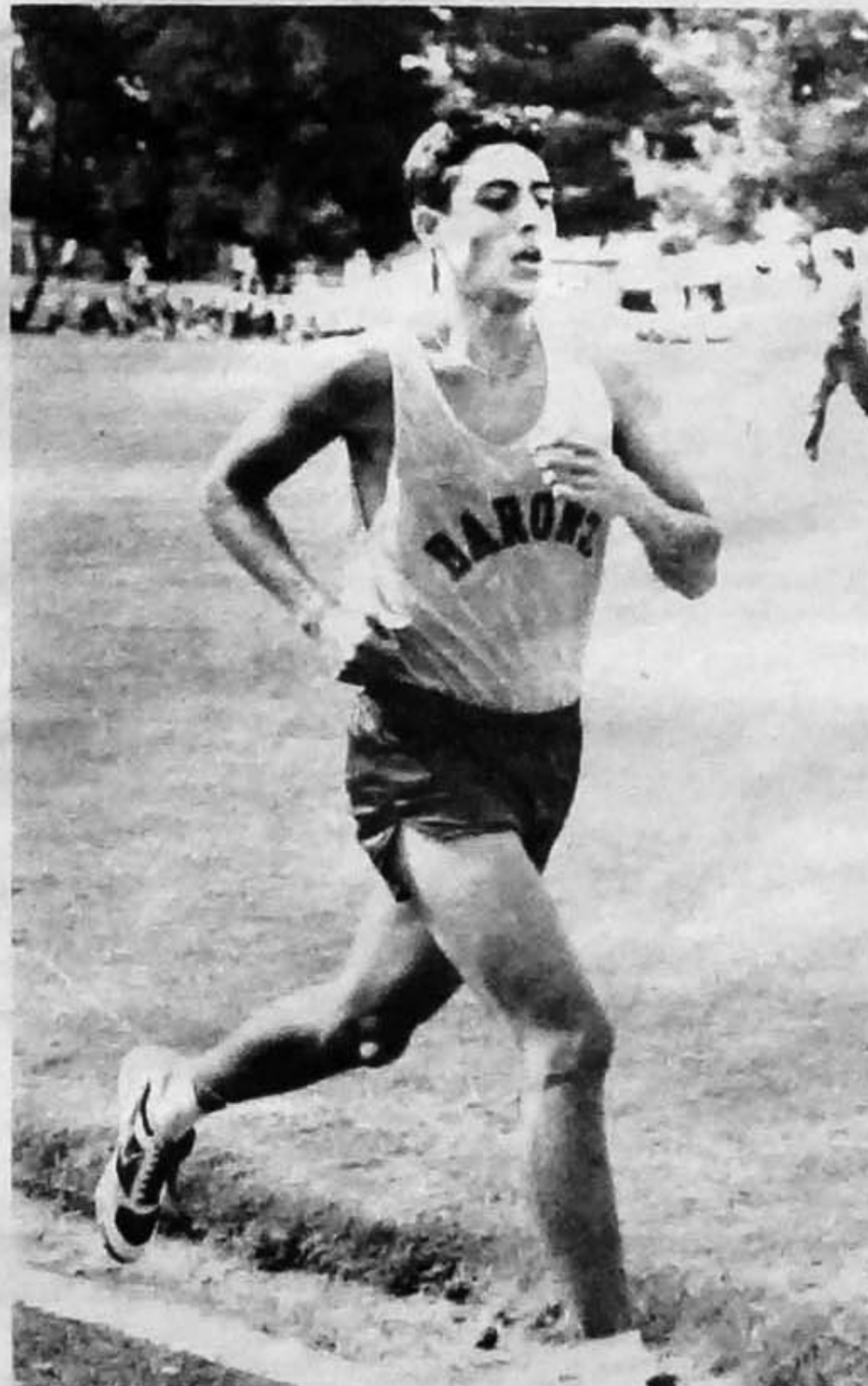
**TEAMS:** Villa Park 66, Rubidoux 137, Torrey Pines 141.

**IND.:** SD Section: 3. Kristin Roth, TPines, 19:15; 13. Sarah McManus, TPines, 20:24; 34. Kristin Branson, TPines, 21:40; 44. Bryna Flaim, 22:25; 47. Zephyr Fletcher, 22:36.

### DIV. II FROSH:

**TEAMS:** Torrey Pines 49, Mission Viejo 108, Woodbridge 175.

**IND.:** SD Section: 3. Danielle Valentino, TPines, 19:09; 4. Bethaney Bogart, TPines, 19:30; 6. Jaclyn Nolan, TPines, 19:56; 7. Becka



**Aaron Smith**  
Bonita Vista

Instone, TPines, 20:16; 29. Rachel Greer, TPines, 22:30; 30. Liz Dudeck, TPines, 22:30; 32. Marianna LaRosa, TPines, 22:38.

### DIV. III JR/SR:

**IND.:** 1. Clark, Corona Del Mar, 17:54.

**SD Section:** 7. Sarah Schmidt, Scripps Ranch, 18:53; 9. Erin Kilian, Ramona, 19:08; 21. Marcy Phillips, Ram, 20:21; 26. Jill Hannaman, ScrR, 20:40; 30. Nicole Tarbell, Ram, 20:58; 38. Allison Cebe, Ramona, 21:27.

### DIV. III SOPH:

**IND.:** SD Section: 1. Veronica Clark, Ram, 18:31; 10. Lauren Freiser, ScrR, 20:10; 24. Kim Rogoff, ScrR, 22:00; 30. Shante Tarbell, Ram, 22:57; 32. Nicole Olsen, Ram, 23:19.

### DIV. III FROSH:

**IND.:** 1. Whiteside, Yucaipa, 19:31.

**SD Section:** 3. Jenny Roane, Ram, 19:51; 12. Sarah Shepherd, Ram, 21:13; 13. Kristina Stasko, ScrR, 21:15; 20. Melissa Mitchell, Ram, 21:45; 24. Audrey Harrison, Ram, 21:54.

## BOYS (3.0 Miles):

### DIV. I SENIOR:

**TEAMS:** Chula Vista 64, Mt. Carmel 89, Saddleback 131, Santa Ana 156, Redlands 206.

**IND.:** 1. Trevor Sybert, Vista, 14:37; 2. Adalberto Sanchez, Capo Valley, 14:37; 3. Ruben Carrillo, Chula Vista, 15:10; 4. Jorge Martinez, ChuV, 15:11; 5. Jesse Bimble, Temecula Valley.

**SD Section:** 6. Greg Nett, Mt. Carmel, 15:20; 9. Jim Dunigan, MtC, 15:41; 14. Matt Dunn, ChuV, 15:50; 15. Jason White, ChuV, 15:55; 21. Ben McClelland, MtC, 16:09.

26. Andrew Schuil, MtC, 16:14; 27. Yee Feng, MtC, 16:19; 28. Larry Romero, ChuV, 16:20; 31. Roger Delgado, MtC, 16:25; 42. Mike Wilson, Rancho Buena Vista, 16:58.

45. Scott Ketcham, Vis, 17:02; 49. Russ Adams, Poway, 17:15; 50. Chris Stetson, RBV, 17:16; 65. David Williams, MtC, 17:56; 66. Justin Bonsey, MtC, 17:57.

67. Leo Castillo, RBV, 18:11; 68. Frank Overland, MtC, 18:18; 75. Daniel Clemons, Vis, 18:32; 78. Glenn Moss, Pwy, 18:57; 79. Brian Simpson, MtC, 18:57.

### DIV. I JUNIOR:

**TEAMS:** Wilson 140, Dana Hills 150, Saddleback 161, Mt. Carmel 184, Redlands 191, Chula Vista 222, Tustin 223, Poway 232.

SEE PAGE 10





**Danielle Saylor**, Madison, **Jenna Graciano**, Our Lady of Peace



Mission Bay runners lead the way at mile mark of South Bay Invitational: (from left) **Jonathan Holmes**, USDHS ace **Ross Damman**, **Ivan Osuna** and **Sean Bottego**. Damman won race.

## Dana Hills:

FROM PAGE 9

**IND.:** 1. Jason Land, Vis, 15:05; 2. Jesse Barraza, Wilson, 15:18; 3. Omar Arrdero, Saddleback, 15:28; 4. Mike Compean, MtC, 15:39;

**SD Section:** 6. Alejandro Villa, Vis, 15:53; 10. Jesse Davis, Pwy, 16:03; 16. Trent Sybert, Vis, 16:14; 25. Matt Dos Santos, MtC, 16:24; 27. Kyle Barnard, RBV, 16:29.

28. Rusty Dalrymple, Pwy, 16:30; 35. Victor Jackson, ChuV, 16:36; 39. James Santangelo, Pwy, 16:43; 40. Paul Williamson, Pwy, 16:45; 41. Cesar Melgoza, RBV, 16:51.

44. Kurt Gatewood, RBV, 16:56; 47. Marc Larson, MtC, 17:02; 51. Seth Sabal, 17:06; 53. Marty Cook, MtC, 17:08; 55. Tim Scott, MtC, 17:12.

59. Sean Riorden, MtC, 17:20; 61. Sherwin Briones, ChuV, 17:28; 68. Abel Montes, RBV, 17:42; 70. Chuck Wyckoff, ChuV, 17:44; 75. Ken Saito, RBV, 17:50.

### DIV. I SOPH:

**TEAMS:** Saddleback 97, Vista 141, Dana Hills 155, Capo Valley 178, Poway 179, Rancho Buena Vista 191.

**IND.:** 1. Steve Ketcham, Vis, 15:45; 2. Ryan Gallagher, Temecula Valley, 15:51; 3. Gonzalo Garcia, Vis, 15:52; 4. Jose Alvarado, Saddleback, 15:54; 5. Raul Quinonez, Santa Ana, 15:56.

**SD Section:** 6. Jake McNeely, Pwy, 15:57; 8. Fernando Blanco, RBV, 16:07; 13. Cesar Rodriguez, Vis, 16:13; 16. Marland Impey, Pwy, 16:17; 19. Sean Zanderson, Pwy, 16:26.

24. Marco Huerta, ChuV, 16:36; 29. Hornbacker, RBV, 16:47; 31. Ijiran Bambao, Vis, 16:52; 39. Ortiz, RBV, 17:01; 45. Eladio Garcia, RBV, 17:16.

54. Brian O'Connor, MtC, 17:30; 55. Jackson, ChuV, 17:31; 64. Brent Zettel, Pwy, 17:49; 68. Chavez, RBV, 17:56; 69. Eric Cheng, RBV, 17:57.

74. James Tutrow, Pwy, 18:07; 79. Josh Cumming, MtC, 18:15; 80. David Cowen, MtC, 18:16; 86. Pedro Aristra, ChuV, 18:43; 88. Chris Burns, Pwy, 18:48.

### DIV. I FROSH:

**TEAMS:** Poway 126, Saddleback 126, Redlands 154, Temecula Valley 187, El Toro 190.

**IND.:** 1. Marciales, Tustin, 16:02; 2. Irlandes Castanon, Santa Ana, 16:15; 3. Chad Durham, Long Beach Poly, 16:23; 4. Humberto Romero, MtC, 16:35; 5. Redman, Redlands, 16:45.

**SD Section:** 9. Andrew Gharst, Pwy, 16:59; 10. Rosario Martinez, ChuV, 17:01; 14. Andrew Smith, Vis, 17:13; 19. Eric Armstrong, Pwy, 17:19; 21. Justin Lucas, Pwy, 17:27.

22. Mike Baskin, MtC, 17:28; 29. Jose Zurita, ChuV, 17:43; 32. Carmelino Ortiz, RBV, 17:50; 38. Mike Helms, Pwy, 17:57; 39. Brian Strachan, Pwy, 17:59.

41. Ben Bernabe, Pwy, 18:03; 43. Jacob Davies, Pwy, 18:04; 52. Ray Regno, MtC, 18:14; 60. Jason Williams, Vis, 18:32; 61. Alex Gayton, ChuV, 18:32.

### DIV. II SENIOR:

**IND.:** SD Section: 15. David Magnuson, Torrey Pines, 15:59; 16. Luis Garcia, TPines, 16:01; 17. John Carney, TPines, 16:01; 33. Brent Coe, Helix, 16:32.

### DIV. II JUNIOR:

**TEAMS:** Torrey Pines, 3rd.  
**IND.:** SD Section: 5. Tyler Mack, TPines, 15:57; 15. Louis Nava, Hlx, 16:37; 20. Billy McKee, TPines, 16:52; 22. Andrew Gardiner, TPines, 16:54; 32. Victor Danh, Hlx, 17:21; 39. Mike Saracino, TPines, 17:42; 43. Scott Giese, TPines, 17:55; 45. Lee Lim, Hlx, 18:03; 50. Wei-Kuo Chen, TPines, 18:14.

### DIV. II SOPH:

**IND.:** SD Section: 3. Charley Hulsey, TPines, 15:44; 31. Scott McLaughlin, Hlx, 17:38.

### DIV. II FROSH:

**TEAMS:** Torrey Pines, 8th.  
**IND.:** 7. Amanuel Gebru, Hlx, 17:20; 8. Solomon Riskie, Hlx, 17:25; 33. Wes Austin, TPines, 18:40; 44. Jack Favilukis, Hlx, 18:59; 47. Luke Johnson, Hlx, 19:01; 56. David Saracino, TPines, 19:30.

### DIV. III SENIOR:

**TEAMS:** Scripps Ranch 36, Barstow 116, Norte Vista 146.

**IND.:** SD Section: 1. Kevin Bowes, Scripps Ranch, 15:12; 6. Chad Livesay, ScrR, 15:48; 7. Afran Abutin, ScrR, 15:48; 10. Ty Stewart, ScrR, 16:10; 12. David Romero, ScrR, 16:19; 21. Leighton, ScrR, 16:38.

### DIV. III JUNIOR:

**TEAMS:** San Diego 75, Scripps Ranch 116, Yucaipa 130.

**IND.:** San Diego Section: 3. Gabriez, San Dieguito, 15:39; 5. Galen Reid, Ramona, 15:58; 6. Gabriel Murillo, San Diego, 16:00; 7. Brent Bolton, ScrR, 16:00; 9. Nah, SDgto, 16:10.

21. Lee Vasquez, Ram, 16:50; 29. Davis, ScrR, 17:22; 30. Coleman, ScrR, 17:24; 42. Wul-

kowicz, ScrR, 17:56; 44. Hightower, ScrR, 18:03.

### DIV. III SOPH:

**TEAMS:** Ramona 51, Yucaipa 72.

**IND.:** SD Section: 4. James Adams, Ram, 16:27; 7. Tim Miller, Ram, 16:45; 8. R. Anderson, ScrR, 16:46; 12. George Escobar, Ram, 16:58; 15. Bob Denny, Ram, 17:11.

20. D. Shofstall, Ram, 17:20; 40. M. Davis, ScrR, 17:55; 58. Nick Hudson, Ram, 18:37.

### DIV. III FROSH:

**TEAMS:** San Diego, 118, Corona Del Mar 122.

**IND.:** SD Section: 2. David Young, El Camino, 16:46; 8. Kocina, SDgo, 17:18; 9. Alvaro Reyes, Ram, 17:21; 35. Dan Greigo, Ram, 18:52; 37. Josh Stein, Ram, 18:52; 57. Brian Mishler, Ram, 19:51.

## Vaquero Stampede:

at Lindo Lakes, Saturday, September 3. Weather: Clear and warm.

### BOYS:

#### DIV. I 11-12 (2.15 Miles):

1. Henderson, Mira Mesa, 10:22; 2. McQuitty, Grossmont, 10:33; 3. Meisner, Rancho Bernardo, 10:58; 4. Short, RB, 10:58; 5. Wilson, Rancho Buena Vista, 11:33.

6. LaBrecque, RB, 11:35; 7. Barnard, RBV, 11:43; 8. Brown, RB, 11:47; 9. Farino, RB, 11:53; 10. Gatewood, RBV, 11:59.

11. Dawson, RB, 12:05; 12. Mazzeo, Gro, 12:05; 13. Ratliff, RB, 12:07; 14. Whisenant, RB, 12:13; 15. Vogel, MiraM, 12:15.

16. Sanchez, El Capitan, 12:17; 17. Castillo, RBV, 12:28; 18. Spencer, Granite Hills, 12:31; 19. Fell, RB, 12:32; 20. Melgoza, RBV, 12:37.

#### DIV II 11-12 (2.15 Miles):

1. Carrillo, Chula Vista, 10:36; 2. Bowes, Scripps Ranch, 10:42; 3. Sybert, Vista, 10:44; 4. Kirtley, Poway, 10:59; 5. Stewart, ScrR, 10:59.

6. Bolton, ScrR, 10:59; 7. Dunn, CV, 10:59; 8. Abutin, ScrR, 11:00; 9. Chappell, Helix, 11:05; 10. Romero, ScrR, 11:13.

11. Livesay, ScrR, 11:17; 12. Graves, Point Loma, 11:20; 13. Coe, Hlx, 11:21; 14. Davis, Pwy, 11:22; 15. Kermott, Valhalla, 11:27.

SEE PAGE 11



## Vaquero:

FROM PAGE 10

16. Werdenberg, PtL, 11:32; 17. Gay, Monte Vista, 11:33; 18. Magoffin, Val, 11:33; 19. Rosales, Orange Glen, 11:35; 20. Muckey, Hlx, 11:36.

### DIV. I 9-10 (1.65 Miles):

1. Konold, Gro, 8:31; 2. Galaviz, RB, 8:34; 3. Daynes, Gro, 8:41; 4. Benkosky, GHills, 8:41; 5. Blanco, RBV, 8:41.  
6. Tello, RB, 8:46; 7. Harris, MiraM, 8:49; 8. Hornbacher, RBV, 9:05; 9. Ortiz, RBV, 9:13; 10. Cantil, MiraM, 9:13.

11. Abraha, Gro, 9:25; 12. Eladio, RBV, 9:30; 13. Gregerson, ECap, 9:31; 14. Laroni, Gro, 9:33; 15. Hager, RBV, 9:37.

16. Castejon, MiraM, 9:41; 17. Sabala, GHills, 9:45; 18. Ortiz, RBV, 9:47; 19. Chever, RBV, 9:49; 20. Cheng, RBV, 9:51.

### DIV. II 9-10 (1.65 Miles):

1. Kleinsasser, PtL, 8:53; 2. McNeeley, Pwy, 8:57; 3. Zanderson, Pwy, 8:59; 4. Brown, Pwy, 9:03; 5. Savel, PtL, 9:03.

6. Impey, Pwy, 9:06; 7. Bradshaw, PtL, 9:06; 8. unid., MontV, 9:07; 9. Hayes, PtL, 9:08; 10. Nugent, Val, 9:09.

11. Lassen, Val, 9:11; 12. Doroski, Val, 9:13; 13. Anderson, ScrR, 9:21; 14. Smith, Vis, 9:24; 15. Lucas, Pwy, 9:25.

16. Gharst, Pwy, 9:25; 17. Jackson, CV, 9:27; 18. Markland, PtL, 9:27; 19. Tutrow, Pwy, 9:29; 20. McLaughlin, Hlx, 9:34.

## GIRLS:

(All Races 1.65 Miles)

### DIV. I 11-12:

1. Gray, Mira Mesa, 10:02; 2. Gregerson, El Capitan, 10:06; 3. Card, ECap, 10:20; 4. Jenkins, ECap, 10:27; 5. Hermansen, Rancho Buena Vista, 10:32.

6. Madsen, MiraM, 10:36; 7. Terrell, MiraM, 10:39; 8. Kitchen, Rancho Bernardo, 10:43; 9. Carpenter, RBV, 10:47; 10. Stevens, RB, 10:55.

11. Grooms, MiraM, 10:58; 12. Lindsey, Grossmont, 11:01; 13. Brinkley, ECap, 11:13; 14. Smock, ECap, 11:14; 15. Wells, RBV, 11:18.

16. Grooms, MiraM, 11:26; 17. Hart, RBV, 11:28; 18. Principe, RB, 11:35; 19. Holmes, Granite Hills, 11:38; 20. Mena, GHills, 11:40.

### DIV. II 11-12:

1. Nelle, Valhalla, 9:50; 2. Shea, Vista 9:50; 3. Schmidt, Scripps Ranch, 10:07; 4. Rodriguez, Vis, 10:11; 5. Callan, Poway, 10:20.

6. Elarrah, Vis, 10:22; 7. Kinder, Vis, 10:37; 8. Rodriguez, Point Loma, 10:43; 9. Northam, PtL, 10:47; 10. Roach, Vis, 10:53.

11. Dunsmer, Vis, 11:01; 12. Diaz, Vis, 11:05; 13. Gonzales, Chula Vista, 11:06; 14. Aufdengarten, Helix, 11:11; 15. Domingo, CV, 11:15.

16. Bridger, Pwy, 11:17; 17. Jeffery, Vis, 11:28; 18. Baczynski, PtL, 11:32; 19. Elder, Pwy, 11:34; 20. Gee, PtL, 11:35.

### DIV. I 9-10:

1. Hawker, Gro, 10:23; 2. Thwing, MiraM, 10:41; 3. Owca, RB, 10:58; 4. Fulton, RB, 11:00; 5. Fay, ECap, 11:05.

6. Kalmar, Gro, 11:06; 7. Smith, RBV, 11:11; 8. Panfili, GHills, 11:14; 9. Trayer, RBV, 11:16; 10. Kitchen, RB, 11:16.

11. Benkosky, GHills, 11:20; 12. Gray, MiraM, 11:36; 13. Kindreich, ECap, 11:47; 14. De La Torre, Gro, 11:49; 15. McAlister, GHills, 11:53.

16. Linvedt, Gro, 11:54; 17. Holliday, RBV, 11:56; 18. Sims, RBV, 12:03; 19. Auckland, GHills, 12:07; 20. Lieberman, Gro, 12:07.

### DIV. II 9-10:

1. Lasiter-Thurber, Vis, 10:11; 2. Koscki, Pwy, 10:14; 3. Batiz, Vis, 10:21; 4. Forsyth, Vis, 10:30; 5. Magana, Vis, 10:36.

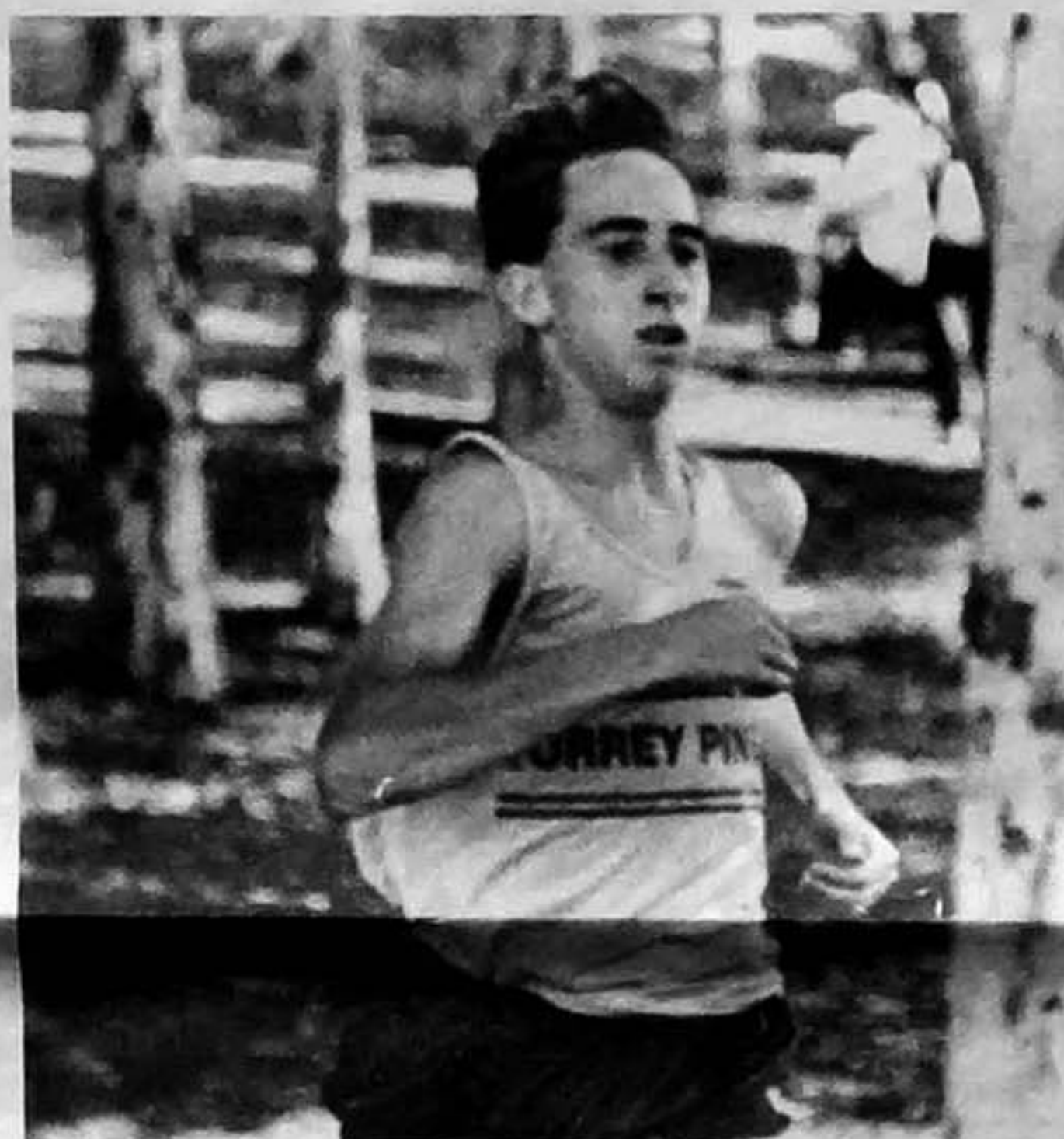
6. Davidson, Vis, 10:42; 7. Hitt, PtL, 10:47; 8. Dunn, CV, 10:48; 9. Freiser, ScrR, 10:51; 10. Cottrell, OG, 10:54.

11. Lennix, OG, 10:55; 12. Higuera, Vis, 10:56; 13. Shemwell, Pwy, 11:01; 14. Collins, Vis, 11:04; 15. Smith, OG, 11:08.

16. Broselle, Val, 11:09; 17. Schaitel, Pwy, 11:10; 18. Heib, OG, 11:11; 19. Kelley, Val, 11:12; 20. Lee, Vis, 11:14.



Adrian Rodriguez  
Montgomery



Charley Hulsey  
Torrey Pines

## DUALS:

### Scripps Ranch, Rancho Bernardo, Chula Vista

at Morley Field, Weds., Sept. 21.

#### BOYS (3.0 Miles):

Chula Vista 36, Scripps Ranch 40, Rancho Bernardo 44

1. Bowes (Scripps Ranch) 15:31; 2. Carrillo (Chula Vista) 15:46; 3. Meisner (Rancho Bernardo) 15:51; 4. White (CV) 15:54; 5. Short (RB) 15:55.

6. Bolton (SR) 16:02; 7. Romero (SR) 16:05; 8. Sanders (RB) 16:07; 9. Ramirez (CV), 16:08; 10. Martinez (CV) 16:11.

11. Dunn (CV) 16:15; 12. Livesay (SR) 16:21; 13. Larson (RB) 16:25; 14. Stewart (SR) 16:32; 15. Tello (RB) 16:41.

#### GIRLS (2.6 Miles):

Scripps Ranch 29, Rancho Bernardo 31, Chula Vista 72

1. Schmidt (SR) 16:36; 2. Hancock (RB) 17:11; 3. Owca (RB) 17:19; 4. Hannaman (SR) 17:28; 5. Freiser (SR) 17:34.

6. Detrinidad (CV) 18:17; 7. Kitchen (RB) 18:24; 8. Fulton (RB) 18:29; 9. Rogoff (SR) 18:30; 10. Stasko (SR) 18:37.

### Serra, University City

at Morley Field, Weds., Sept. 21.

#### BOYS (3.1 Miles):

Serra 21, University City 39

1. C. McNurlan (Serra) 18:13.

#### GIRLS (2.55 Miles):

University City 24, Serra 34

1. Bergen (University City) 19:45.

## DUALS:

Mar Vista, Montgomery  
at Waller Park, Otay Mesa, Weds.,  
Sept. 21.

#### BOYS (3.08 Miles):

Mar Vista 27, Montgomery 28

1. Martin Perez (Mar Vista) 17:40; Adrian Rodriguez (Montgomery) 17:46; Thomas Juarez (Mo) 17:55; German Valdez (MV) 18:08; Jose Aspericuenta (MV) 18:20.

#### GIRLS (2.3 Miles):

Mar Vista 21, Montgomery 41

1. Alison Maalis (Mo) 17:27; 2. Heather Diaz (MV) 17:57; 3. Marella Orduno (MV) 18:10; 4. Veronica Guerrero (MV) 18:17; 5. Vanessa Guzman (MV) 18:25.

Monte Vista, West Hills

at West Hills, Weds., Sept. 28. Weather: warm.

#### GIRLS (2.45 Miles):

West Hills 15, Monte Vista 47

1. Holdzkorn (West Hills) 16:01; 2. Van Winkle (WH) 16:15; 3. Rendina (WH) 16:40; 4. Holford (WH) 16:55; 5. Stephens (WH) 17:42.

6. Torge (Monte Vista) 18:12; 7. Collins (WH) 18:22; 8. Gosselin (MV) 19:08; 9. Mandrell (WH) 19:19; 10. Garcia (WH) 19:23.

#### BOYS (3.1 Miles):

West Hills 23, Monte Vista 32

1. Blain (WH) 17:18; 2. Blood (WH) 17:24.

Helix, Grossmont

at Lake Murray, Weds., Sept. 28.

#### BOYS (3.03 Miles):

Helix 28, Grossmont 28

(Helix wins by sixth runner)

1. McQuitty (Grossmont) 16:38; 2. Chappell (Helix) 17:02; 3. Daynes (G) 17:16; 4. Konold (G) 17:21; 5. Muckey (H) 17:38.

6. Coe (H) 17:50; 7. Nava (H) 18:00; 8. Hwang (H) 18:06; 9. Mazzeo (G) 18:33; 10. Larson (G) 19:37. NOTE: Abraha (G) 18:09, disqualified.

#### GIRLS (2.0 Miles):

Grossmont 22, Helix 37

1. Otjens (H) 13:28; 2. Lindsay (G) 13:39; 3. Kalmar (G) 13:44; 4. Lieberman (G) 13:55.

Vista, Poway, San Dieguito

at San Dieguito Park, Thurs., Sept. 29.

#### BOYS (3.0 Miles):

Vista 22, Poway 34

Vista 29, San Dieguito 43

Poway 22, San Dieguito 33

1. Land (Vista) and Sybert (V), 15:13; 3. Ketcham (V) 15:36; 4. Kirtley (Poway) 15:44.

#### GIRLS (2.0 Miles):

Vista 21, Poway 42

Vista 15, San Dieguito 50

Poway 18, San Dieguito 40

1. Rodriguez (V) 13:59; 2. Pound (P) 14:06.

Chula Vista, Sweetwater,  
Montgomery

at Rohr Park, Fri., Sept. 30.

#### BOYS (3.1 Miles):

Chula Vista 16, Sweetwater 45

Chula Vista 15, Montgomery 48

Sweetwater 21, Montgomery 36

1. Carrillo (Chula Vista) 16:16; 2. White (CV) 16:16; 3. Ramirez (CV) 16:23; 4. Martinez (CV) 16:23; 5. Barajas (Sweetwater) 16:40.

6. Romero (CV) 16:47; 7. Dunn (CV) 16:52; 8. Lopez (S) 16:59; 9. Nunez (S) 17:03; 10. Rodriguez (Montgomery) 17:29.

#### GIRLS (2.2 Miles):

Chula Vista 23, Sweetwater 35

Chula Vista 15, Montgomery 46

Sweetwater 19, Montgomery 42

1. Cabrera (S) 13:55; 2. Montalvo (CV) 14:08; 3. Gonzalez (CV) 14:12; 4. Detrinidad (CV) 14:22; 5. Sanchez (S) 14:36.

6. Dunn (CV) 14:45; 7. Johnson (S) 15:07; 8. Doming (CV) 15:11; 9. Arellano (M) 15:17; 10. Marlis (M) 15:36.



# DUALS:

## Torrey Pines, San Pasqual, Carlsbad

at San Dieguito Park, Fri., Sept. 30.

### BOYS (2.9 Miles):

Torrey Pines 24, San Pasqual 33

Torrey Pines 15, Carlsbad 48

San Pasqual 15, Carlsbad 50

1. M. Romero (San Pasqual) 15:25; 2. Hulsey (Torrey Pines) 15:40; 3. Rodriguez (SP) 15:42; 4. Magnuson (TP) 15:51; 5. Carney (TP) 16:05.

6. Garcia (TP) 16:06; 7. Mack (TP) 16:08; 8. Ash (SP) 16:31; 9. McKee (TP) 16:40; 10. Grimalco (SP) 17:05.

### GIRLS (2.25 Miles):

Torrey Pines 19, San Pasqual 44

Torrey Pines 18, Carlsbad 45

San Pasqual 19, Carlsbad 44

1. Straitiff (TP) 13:45; 2. Beckman (SP) 14:02; 3. Rabie (TP) 14:09; 4. Anderson (Carlsbad) 14:14; 5. Valentino (TP) 14:18.

6. Bogart (TP) 14:23; 7. Hemerick (TP) 14:27; 8. Nolan (TP) 14:32; 9. Percy (TP) 14:33; 10. Marcus (SP) 14:45.

## Fallbrook, Orange Glen, Rancho Bernardo

at Kit Carson Park, Fri., Sept. 30.

### BOYS (3.1 Miles):

Rancho Bernardo 15, Fallbrook 44

Rancho Bernardo 15, Orange Glen 50

Fallbrook 16, Orange Glen 35

1. Sanders (Rancho Bernardo) 16:21.

### GIRLS (2.5 Miles):

Fallbrook 21, Orange Glen 34

Fallbrook 21, Rancho Bernardo 34

Rancho Bernardo 24, Orange Glen 31

1. J. Rohde (Fallbrook) 16:07.

## Bonita Vista, Eastlake, Southwest

at Discovery Park, Fri., Sept. 30.

### BOYS (3.0 Miles):

Bonita Vista 15, Southwest 48

Bonita Vista 18, Eastlake 41

Eastlake 25, Southwest 30

1. Smith (Bonita Vista) 17:10 (new course record); 2. Taylor (BV) 17:41; 3. Camacho (E) 17:49; 4. Rice (BV); 5. Corcoran (BV) 18:31; 6. White (BV) 18:47; 7. Casey (BV) 18:54; 8. Nakahata (E) 19:02; 9. Smith (S) 19:02; 10. Torres (S) 19:17.

### GIRLS (2.5 Miles):

Bonita Vista 15, Southwest 50

Bonita Vista 19, Eastlake 42

Eastlake 26, Southwest 29

1. Costello (Bonita Vista) 15:09; 2. Phillips (BV) 15:12; 3. Nguyen (BV) 16:10; 4. Cervantes (E) 16:22; 5. Lentz (E) 16:24; 6. Barrera (BV) 16:41; 7. Taylor (BV) 17:10; 8. Martinez (BV) 17:24; 9. Geyer (BV) 17:58; 10. Schaeffer (BV) 18:04.

## Mt. Carmel, Rancho Buena Vista

at Buena Vista Park, Fri., Sept. 30.

### BOYS (3.1 Miles):

Mt. Carmel 18, Rancho BV 43

1. Nett (Mt. Carmel) 17:29.

### GIRLS (2.5 Miles):

Mt. Carmel 17, Rancho BV 44

1. Pickett (MC) 15:54.

## El Cajon, Santana

at Griffen Park, Fri., Sept. 30.

### BOYS (3.1 Miles):

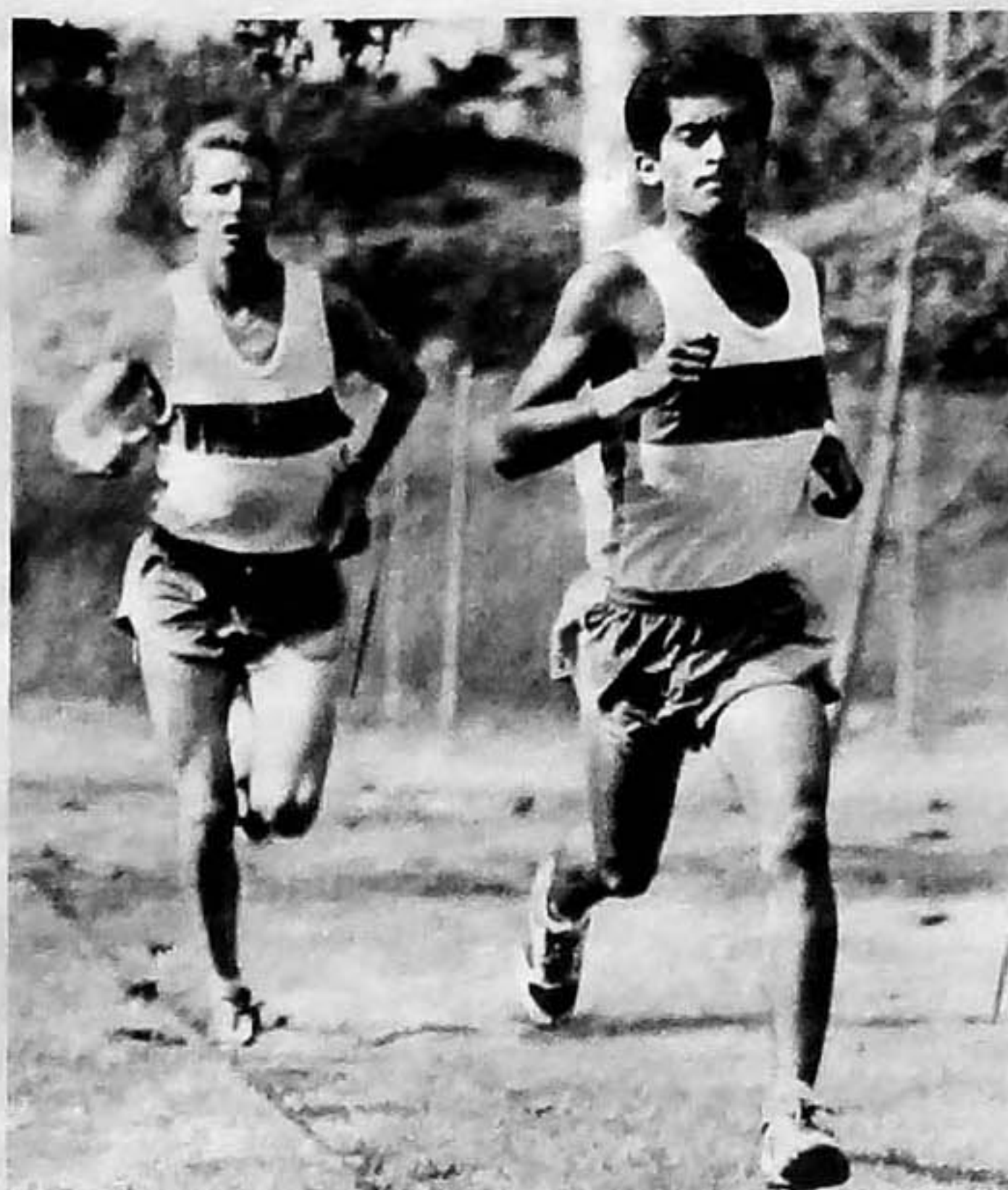
El Cajon 26, Santana 29

1. Koreski (El Cajon) 18:02.

### GIRLS (2.4 Miles):

Santana 20, El Cajon 40

1. Harper (Santana) 14:36.



Jason White and Ruben Carrillo  
Chula Vista



Larissa Gregerson, El Capitan,  
and Jessica Anderson, Carlsbad

# TEAM TIMES:

for San Diego Section Schools at Dana Hills (All races 3.0 miles):  
(NOTE: Results from all schools not available.)

### GIRLS:

TORREY PINES (94:26)

(Straitiff 18:02, Rabie 18:54, Hemerick 19:06, Valentino 19:09, Roth 19:15)

VISTA (94:38)

(Rodriguez 18:37, Shea 18:38, Lester-Thurber 18:57, Batiz 19:09, Magana 19:17)

POWAY (95:41)

(Pound 18:25, Koscki 18:36, Vasek 19:12, Callan 19:17, Schaitel 20:11)

MT. CARMEL (97:22)

(Pickett 18:30, Johnson 19:19, Alford 19:35, Ciccirelli 19:38, Graves 20:23)

RAMONA (98:49)

(Clark 18:31, Kilian 19:08, Roane 19:51, Phillips 20:21, Tarbell 20:58)

RANCHO BUENA VISTA (101:20)

(Hermansen 19:38, Carpenter 19:41, Wells 20:37, Hart 20:44, Medlyn 20:45)

POINT LOMA (102:04)

(Rodriguez 19:43, Hitt 19:59, Northam 20:26, Tellez 20:48, Gee 21:08)

SCRIPPS RANCH (102:58)

(Schmidt 18:53, Freiser 20:10, Hannaman 20:40, Stasko 21:15, Rogoff 22:00)

CHULA VISTA (105:22)

(DeTrinidad 20:04, Dunn 20:28, Gonzalez 20:36, Domingo 21:33, Matthias 22:41)

SIGNIFICANT ABSENTEES: Yolanda Montalvo (Chula Vista)

### BOYS:

VISTA (77:12)

(Sybert 14:37, Land 15:05, Ketcham 15:45, Garcia 15:52, Villa 15:59)

CHULA VISTA (77:51)

(Carrillo 15:10, Martinez 15:11, Ramirez 15:45, Dunn 15:50, White 15:55)

MT. CARMEL (79:03)

(Nett 15:20, Compean 15:39, Dunigan 15:41, McClelland 16:09, Schuil 16:14)

SCRIPPS RANCH (79:17)

(Bowes 15:12, Livesay 15:48, Abutin 15:48, Stewart 16:10, Romero 16:19)

TORREY PINES (79:42)

(Hulsey 15:44, Mack 15:57, Magnuson 15:59, Garcia 16:01, Carney 16:01)

POWAY (81:15)

(McNeely 15:59, Davis 16:03, Impey 16:17, Zanderson 16:26, Dalrymple 16:30)

RAMONA (82:58)

(Reid 15:58, Adams 16:27, Miller 16:45, Vasquez 16:50, Escobar 16:58)

RANCHO BUENA VISTA (83:10)

(Blanco 16:07, Barnard 16:29, Hornbacker 16:47, Melgoza 16:51, Gatewood 16:56)

HELIX (85:15)

(Coe 16:32, Nava 16:37, Gebru 17:20, Danh 17:21, Riskie 17:25)

SIGNIFICANT ABSENTEES: Travis Kirtley (Poway), Shilo Glass (Ramona), Kevin Chappell (Helix)

for schools at South Bay Invitational (Boys 3.1 miles; Girls 2.3 miles):

### GIRLS:

TEAM TIMES (Total times of first five runners. Top 15 teams):

74:07, Bonita Vista.  
74:40, Fallbrook.  
76:58, Vallhalla.  
77:27, USDHS.  
77:50, Santana.  
78:04, El Capitan.  
78:52, Orange Glen.  
79:09, Our Lady of Peace.  
81:32, Sweetwater.  
82:04, Granite Hills.  
82:27, Bishop's.  
82:43, Grossmont.  
82:47, Carlsbad.  
83:50, Hilltop.  
86:06, Crawford.

### BOYS:

TEAM TIMES (Total times of first five runners. Top 15 Teams):

86:41, Hoover  
88:22, Grossmont  
88:29, Fallbrook  
88:56, Point Loma  
89:33, Bonita Vista  
89:34, St. Augustine  
90:49, Valhalla  
90:56, Mission Bay  
91:06, Sweetwater  
92:35, Hilltop  
93:28, Castle Park  
94:21, Monte Vista  
94:24, West Hills  
94:52, El Capitan Frosh/Soph  
94:56, USDHS