

# T R A C K M A G A Z I N E

*Covering San Diego Section Cross Country and Track & Field*

VOL. I, NO. 3

OCTOBER 21, 1994

## *On Way UP: Ayub, Hoover*

**T**here has been a decided international flavor in San Diego Section cross country in recent years.

Super runners have come from Brazil (Helix' Daniel Das Neves), Eritrea (San Diego's Mebrahtom Keflezighi) and Scotland (Bonita Vista's Claire Becker).

But no team is more international than Hoover.

Coach Rick Telford has on his roster runners from Ethiopia, Uganda, Sudan, Eritrea, Somalia, Mexico and Afghanistan.

It is a squad without a single American citizen. And, since this nation was settled, founded and constantly revitalized by immigrants, that makes the Hoover team the most American team of all.

Telford and his small but high-powered team has been closely watched by the area's coaches all year. The team keeps raising its level of ability by the week, and the even the top teams are beginning to look over their shoulder.

Pacing the team is junior Ayub Abdusalam, the apparent heir to Keflezighi as the new local star.

He's lost to only one runner all year, to Keith O'Doherty of Division I State Champion Thousand Oaks, at Huntington Beach.

Among Abdusalam's victims have been the local who's who of hot shots, including Kevin Bowes, David McQuitty, Shilo Glass, Trevor Sybert, Tom Kloos, Manuel Romero and Ruben Carrillo. Only Sybert was



Vista's **Trevor Sybert** and Hoover's **Ayub Abdusalam** begin to pull away from Scripps Ranch's **Kevin Bowes** about halfway through the Boys Number One race at Southern Cal meet.

even close, trailing by two seconds at last week's Southern Cal Invitational.

"He has the ideal body type for running," Telford said. "He is the complete package."

Telford also likes his mental makeup. "He is very devoted, and he has very little outside distractions."

Abdusalam, from a province of Ethiopia called Oromo, came to America as a political refugee, as did most of the rest of San Diego's African community.

"They allowed visas to anybody who could get out," Telford said, in describing a region torn by civil strife. "They

later cut that exit off, and that has served to divide families."

Abdusalam lived for a time with a brother, but now lives alone in an apartment near Hoover.

"He's very independent," Telford said. "His brother moved to La Mesa, to be nearer his job, and I was trying to think where Abdusalam could go to run. But he's very loyal, to me and to the school."

Abdusalam will be the logical favorite at the Division II CIF race next month, and should be a threat to win at Fresno.

Telford and his star are thinking about bigger game.

"Our goal is to make the nationals," Telford said.

What is really intriguing is how the rest of the team is coming together.

The two and three runners are Francis Bachu, from Uganda,

## *Vista Lowers Boom at SoCal, TP Rips at SLO*

**V**ista made a strong statement in last week's Southern California Invitational at Guajome Park.

The Torrey Pines girls team was also making news, up at San Luis Obispo.

The Vista boys were dominating in the unique format of the Southern Cal meet, wherein number one runners race number one runners, number twos go against number twos and so on.

A Vista boy finished first in four of the seven races, and they were second in the other three races.

"They were just hammering," an impressed Scripps Ranch coach, Bob Oliver, said.

Another impressive team was Hoover's boys. They had the day's top individual, Ayub Abdusalam, and they finished second in team times, ahead of Scripps Ranch.

Vista's girls team showed good balance and depth, finishing second to a strong Yucaipa team.

In team times, the Panthers trailed Temescal by less than 30 seconds, in spite of the fact that Temescal girls placed ahead of Vista in 5 of 7 races.

Temescal, a school from the Lake Elsinore area, was the near equivalent of the Vista boys: they won four of the seven races.

The individual honors went to Hoover's Abdusalam, who is unbeaten against local section runners, and Ramona sophomore Veronica Clark, who handily beat a solid field in the girls Number One race.

A notable absentee was Bonita Vista's Claire Becker, who has been held out of recent competitions after a flare-up of tendinitis.

In boys races, after Vista, Hoover and Scripps, it was a familiar list: Poway, Yucaipa, Rancho Bernardo, Ramona,

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## It's in the air; Finals are near

**T**he cross country season that once seemed like a long, leisurely stretch is rapidly coming to a critical stage.

The air has turned crisp at times (at least in Julian), a reminder that the big meets are just around the corner.

In fact, the San Diego Section Finals are less than a month after the publication of this issue. League finals are only two or three weeks away as you read this.

"This is an important time of year," Rancho Bernardo coach Don Jones said.

Coaches all over the county are busy mapping out strategies to bring their respective teams to a big finish. There is a bit more urgency to the daily workout. There is a bit more attention paid to detail.

For some, this is a good time to lay low. Months of hard training will take a toll, and teams, or runners, with nagging injuries or illness have one immediate goal: get healthy.

"Right now, it's just a lot of little things," Bishop's coach Vince Stumpo reported. "Just a lot of little injuries that we're trying to shake."

"The flu has gone through our team pretty good," Hilltop coach Chip Holmes said. "It's really affected a lot of the kids."

"I hate sickness," Mt. Carmel coach Dennis McClanahan commented after the Poway/Fallbrook meet. "It's going through our whole team."

At Bonita Vista, standout runner Claire Becker has skipped the last three meets, as a precaution, after a bout of patellar tendinitis.

"She's just doing easy overdistance now," Baron coach Ian Cumming said. "She should be OK by the end of the season."

Some teams are in disarray mentally, trying to regain earlier sharpness, or are trying to deal with unexpected setbacks.

In those cases, although enough time remains to get refocused, it can be tricky for the coach to orchestrate. Some runners need a wake up call, some need a confidence boost, and some need at least a mental vacation.

The teams, or runners, that are currently red-hot are facing a different kind of anxiety: maintaining their edge in the last few weeks. There are a few coaches around that would like to bottle up what they have going now and uncork it in the finals.

Some veteran teams, or at least teams with veteran coaches, are noted for peaking at just the right time, sometimes turning what seems an average season into a good one by raising their level at the right time.

And, there are still teams out there with a few surprises left; teams that have enough room for significant improvement that will allow them to achieve unexpected success. Which teams are in that category, obviously, is unknown.

It's an exciting time of year. Coaches that have carefully plotted workouts for the final few weeks show up each day armed with a long list of contingency plans.

Keeping it together is the name of the game now. There are still cards to be played, and the stakes are about to be raised.

## From the editor ...



## CORRECTIONS: Righting wrongs...

**U**h-oh. Mistakes keep creeping in, despite our best efforts. We deal with a tremendous amount of factual material in each issue, so on balance we think we're doing an okay job. But some mistakes do occur.

It is the policy of *TM* to admit mistakes, to print corrections and try to right wrongs. We value our credibility.

For the record: West Hills is not now a Division II school. They are still in Division III, although their explosive recent growth makes a move up inevitable at some point. (See story, elsewhere in this issue, for more information about the impact of West Hills competing in Division III).

For the record: We left out Brent Bolton in the Team Times section last issue, and it affected the order of teams ranked. Bolton, a Scripps Ranch junior, ran a quality 16:00 three-mile at Dana Hills, and I overlooked it when computing the results. When figured into the mix, Bolton's time improves Scripps' team time to 78:58, and nudges them ahead of Mt. Carmel among local teams at Dana Hills.

For the record: We misidentified a runner from Our Lady of Peace in our last issue. Victoria Smith, not Jenna Graciano, was the OLP runner leading Madison's Danielle Saylor in the St. Augustine Invitational. We apologize for the error.

Identification of athletes in photos published here can be a bit tricky. Sometimes, it's almost a slapstick process, as I go over the contact sheets with a magnifying glass in one hand and a telephone in the other, trying to describe a runner to a coach.

The Southern California Invitational was a helpful format for photography. Only one runner per team was entered in each race. All I had to do was identify the uniform (not always easy) and the race, and I had the name. For the first time I was able to shoot packs of runners and know that I could name them all later.

Also, it was reported to us that St. Augustine had an incorrect team time listed for the South Bay Invitational. I double-checked the results and the calculations for the Saints and the five schools listed ahead of them but could find no discrepancies. We used the times of the first five runners for each team in each varsity race. Some Frosh/Soph and JV runners had fast races and could affect team times if mixed into the results. Mount Miguel and Point Loma were two schools that would benefit from inclusion of non-varsity runners.

Creative spelling: we still see variations in the spelling of certain athletes' names in various results. Sometimes we get handwritten results that are hard to read. We try to check as much as possible, but can't always get them all. In some cases, we're at the mercy of our sources. A tip for coaches: at invitationals and finals meets, make sure your name tags are legible and correct. When submitting results, use first names as well as last.

## Letters...

Editor,

Please enter our subscription for *Track Magazine*. While our two sons compete in Cross Country and Track and will get your magazine through the school, I wish to support your effort by subscription (and not have to depend upon teenagers to remember to bring it home!!).

It's great to see a magazine that records the good things that teenagers are accomplishing all over the county. The boys and girls whose names appear in your magazine are more deserving of their name in print than those teenagers one usually reads about in the newspaper or hears about on TV. We also appreciate your printing the entire results, as even the runner who comes in last may have set a personal record and deserves to see his or her name in the paper.

I wish you great success in your magazine.

Bob and Terry Blain  
Santee

*Editor's note: We don't publish complete results, but we do print most races in much greater depth than we think you'll find from any other source. As time, space and resources permit, we hope to expand our coverage.*

*TM* welcomes letters. We reserve the right to edit for minor grammatical and spelling errors, and for brevity. All letters must be signed. Let us know what you think. Write to *Track Magazine*, P.O. Box 2276, Julian, CA, 92036. Or you can fax us a letter at (619) 765-3185.

## TRACK MAGAZINE

Editor & Publisher:  
Buzz Thom

Film Processing and Printing by Brad Romaine. Printed at San Dieguito Publishers, San Marcos, CA.

*Track Magazine* is published every two weeks during cross country and track and field seasons.

Subscriptions are available, via third class mail, for \$10 for one calendar year. Make checks payable to *Track Magazine*.

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## WHAT'S NEWS:

### *Saints to Host First Frosh, Soph Champs*

The first annual Freshman and Sophomore Championship cross country meet will debut next month.

The meet's creator and host, St. Augustine coach Jerry Downey, recently announced that the meet will be held on Saturday, Nov. 5. That's two weeks before the section championship meet.

There will be four divisions: Freshman Boys, Freshman Girls, Soph Boys and Soph Girls.

The meet will be open to any San Diego Section school, but entries will be limited to the fastest 75 runners in each race.

The meet's close proximity to the championship schedule may be a dilemma for those coaches with key frosh/soph athletes.

Deadline to enter is Monday, Oct. 23. Downey will notify coaches if their entries have made the cutoff on Tues., Nov. 1.

For information, call Downey at St. Augustine (282-2184).



Vista's **Jason Land** and Ramona's **Galen Reid** take early lead in Boys Number two Race at Southern Cal Invitational, ahead of Rancho Bernardo's **Ryan Short**, Yucaipa's **Brent Edson** and Sweetwater's **Jose Barajas**.

before moving away to a decisive win.

The boys race almost literally went to the wire as Mt. Carmel's Greg Nett outkicked Poway's Travis Kirtley.

### *Santana's Harper Scorches Lindo*

One of the area's hottest runners is Santana sophomore Jaymie Harper. She had an outstanding effort in a dual meet with El Capitan on Oct. 13 at the Lindo Lake course.

Her time of 12:18 for the 2.15-mile course was the fastest ever recorded in a dual meet on that layout. The course record,

set by Grossmont's Darcy Areola in 1983, is 11:47, but that was run in a championship meet.

"She was really flying," El Cap girls coach Bill Cleves said.

El Cap won the dual 25-30, with late surges by key pack runners.

"We were ahead by a point with about a half-mile to go," Santana coach Dave Harper said. "But one of their girls (Stephanie Kindreich) made a move past two of our girls. The El Cap girls have a lot of pride, and they were definitely not taking us lightly."

El Capitan was coming off a loss to a strong West Hills squad. It was their first conference defeat in five years.

### *Orange Glen's Girls Emerging*

Orange Glen's girls team is beginning to attract notice.

Coach Mike Cummings has a young group that is improving visibly almost day by day.

Of course, the Patriots compete in the Palomar League, the section's toughest group, and will race in Division I in the section finals, which is also very tough company.

Even in such rigorous competition, Cummings' girls have not escaped attention.

League rival Don Jones, the Rancho Bernardo coach and a careful observer of the local running scene, is impressed.

"This might be the best girls team he (Cummings) has ever had at Orange Glen," Jones said.

It's a young group. Cummings has one senior among the top nine girls. The others are all freshmen and sophomores.

Cumming is philosophical about his talent.

"I had a team like this once before," he said. "It was a boys team that was very young, and we finished fifth at CIF. But almost none of the kids returned the next year."

"This is one of the most enjoyable groups I've ever had," he said. "They seem to enjoy running. They always ask if they can go farther or if they can go harder."

"It's become a close team,

### *Poway Edges Mt. Carmel, Fallbrook*

One of the year's best non-invitational meets was a double dual involving Poway, Mt. Carmel and Fallbrook.

The meet was held at Kit Carson Park on Oct. 7.

The latest coaches' poll has all three girls squads rated in the county's top seven. The Poway and Mt. Carmel boys teams are also ranked in the top seven, while Fallbrook is just outside the top ten.

The competition was as intense and close as one would expect, given the quality.

It was Poway's day, with the Titans coming away with razor-thin victories over Mt. Carmel in both varsity races.

In girls, Poway beat the Sundevils 28-29, and Fallbrook, 26 to 31. The Poway boys edged Mt. Carmel 28-29, and beat Fallbrook 20-35. Mt. Carmel's girls beat Fallbrook 27-31 and their boys won by 23-32.

The Sundevils were weakened by illness. Two of their top five boys didn't even race.

Poway's Jessica Pound ran in a pack with Mt. Carmel's Melanie Pickett and Fallbrook's Jinna Rohde in the race's early stages

## CROSS COUNTRY RANKINGS (Coaches' Poll of Oct. 18)

### BOYS:

1. Chula Vista
  2. Vista
  3. Hoover
  4. Scripps Ranch
  5. Rancho Bernardo
  6. Poway
  7. Mt. Carmel
  8. Torrey Pines
  9. Ramona
  10. Helix
- Others: San Pasqual, Fallbrook.

### GIRLS:

1. Vista
  2. Torrey Pines
  3. Bonita Vista
  4. Poway
  5. West Hills
  6. Mt. Carmel
  7. Fallbrook
  8. Ramona
  9. La Jolla
  10. Valhalla
- Others: El Capitan, Rancho Bernardo, Orange Glen.



## Ayub, Hoover

FROM PAGE 1

and Julius Amicho, who is Sudanese. The two seem inseparable during races, and are also roommates. At Southern Cal, their times were one second apart, although they ran in different races.

Telford says the pair is "so incredibly strong willed. They are just very determined." The two are still relative newcomers to the sport, which makes Telford think "they still have the potential for significant improvement."

They now trail Abdusalam by about a minute, but part of that differential is accounted for by Ayub's quick times.

"They are really solid two and three runners," one coach observed. "But Hoover drops off after that."

Maybe not. The four man is Sefe Almedom (from Eritrea), who Telford thinks can close the gap. "He hasn't been healthy all year," he said. "But he's an emotional runner and will have big races when it counts the most."

The next three are Nasir Abdullahi (Somalia), Mario Velazco (Mexico) and Julio Acosta (Mexico), all in their first or second year of competition.

Telford thinks they, too, will begin to make up ground at the end of the season.

Where all this is leading is a head-on collision with Scripps Ranch. They'll meet in a Western League meet at Morley on Oct. 26, again in the league finals, and again, in CIF Division II. There are other quality teams in that division, such as Torrey Pines, but Hoover and Scripps will be the favorites.

Some might stereotype a team with a squad of Africans as a team having the benefit of natural talent.

Telford disagrees. "Except for Ayub, none of the others would probably be selected to run in his own country. This is all the end result of really hard work. They are just incredibly determined."

Actually, according to Telford, he's had to learn how to train his charges.

"It took me a while to find out how to work them," he said. "The first year can be very problematic. It depends on how healthy they are. Sometimes, they have had improper nutrition, which has led to stress fractures."

Telford is in his fifth year at Hoover. Originally from the University of Wisconsin (where



**Sefe Almedom**  
Hoover

he ran one year) he decided on coaching as a mid-life career switch.

"Running got me through some real tough times," he said. "I wanted to give something back to the sport."

Hoover is now ranked third in the coaches' poll, after out-running everybody except a great Vista squad at Southern Cal.

## Vista, Torrey Rip It Up

FROM PAGE 1

Fallbrook and San Pasqual.

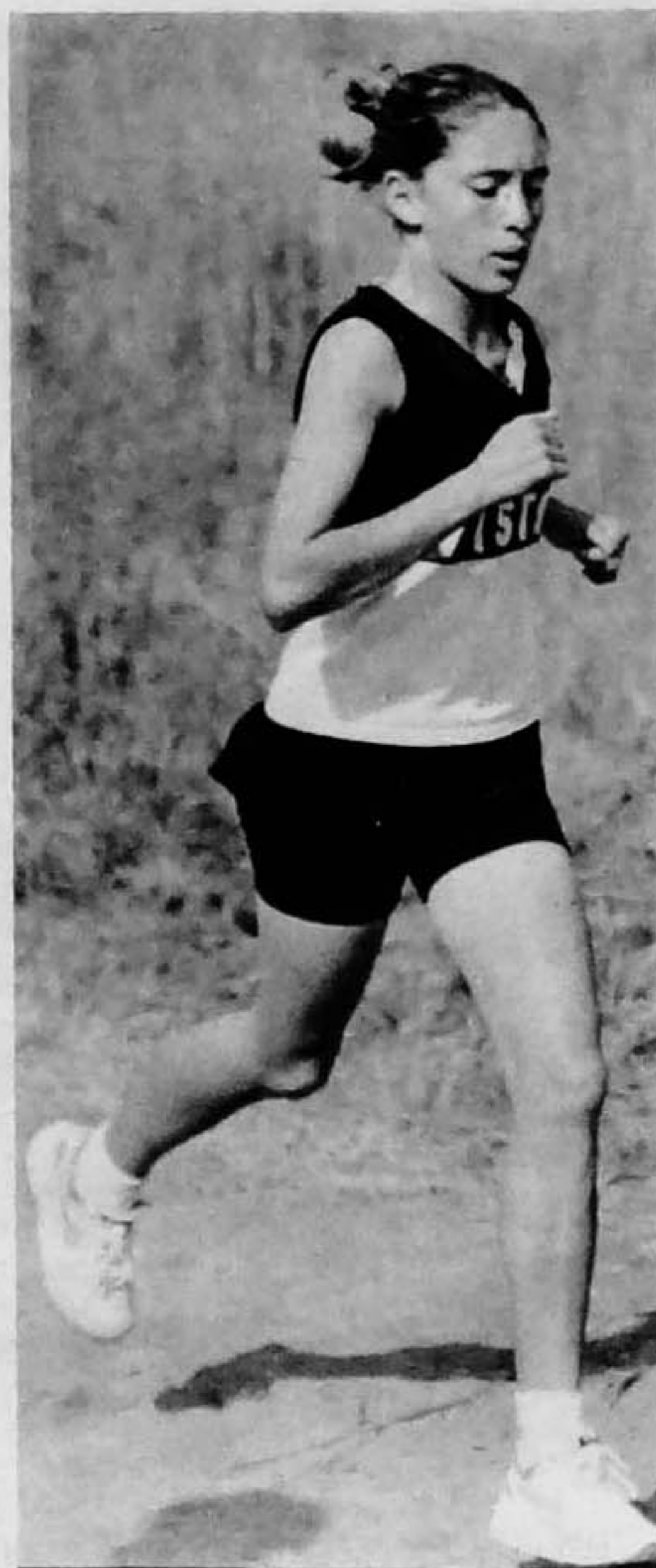
In girls results, trailing Temescal Canyon and Vista were Yucaipa, Poway, Fallbrook, Orange Glen, Bonita Vista, Rancho Bernardo, San Pasqual and Ramona.

A number of teams were missing key personnel. Some were injured or sick, and it was also PSAT testing day.

Bonita Vista's girls were surprisingly competitive despite missing Becker and their number five girl. Ramona's girls felt the loss of their number two, Erin Kilian. La Jolla's teams were missing many athletes.

Abdusalam has emerged as the county's best runner, as he beat Vista's Trevor Sybert, Ramona's Shilo Glass, El Camino's Tom Kloos, San Pasqual's Manuel Romero and Scripps' Kevin Bowes, among others.

Those runners ran in a pack through the first mile, but Sybert



**Devon Lasiter-Thurber**  
Vista

and Abdusalam edged ahead in the second mile. After the two mile mark, Sybert put on a move, but Abdusalam had the strength to win the duel, by two seconds.

Ramona's Clark won more comfortably, running the last mile by herself and winning by 10 seconds.

In other news, the Torrey Pines girls made waves despite competing half a state away.

The Falcons easily won the Division II race at San Luis Obispo, with Devon Straitiff leading the way.

What was really impressive, however, was Torrey's showing in overall results. Meet officials ran Division I and II girls together, which meant the Falcons raced head to head with powerhouse teams Peninsula and Madera. They beat both teams and Straitiff and the Falcons won the overall race.

Last year, Peninsula was second in Division I of the state meet, and had six of seven girls returning. Madera was third in Division I at state, and also had six of seven back.

It was a great team race for Torrey.

"I was out on the course," coach Brent Thorne said, "and Devon went by, followed by a pack of Peninsula girls, and then Sandi (Rabie) and a pack of our girls. I said to myself, 'what a great team race Peninsula is running.' When the runners came back, our girls had just gone bananas."



**Alejandro Villa**  
Vista



**Noelle Magana**  
Vista

There were a number of significant developments in dual meets.

Poway got the best of both Mt. Carmel and Fallbrook in a double dual at Kit Carson Park. The Poway boys and girls both won in close competition.

West Hills' girls team beat El Capitan handily, giving the Vaqueros their first league loss in five years.

USD's Vanessa Hanley and

SEE PAGE 5





Fallbrook's **Sharon Rohde**, Poway's **Ann Koscki**, and Vista's **Angela Shea** run together in Girls Number Two race at Southern Cal Invitational.



Orange Glen's **Melissa Hieb**, San Pasqual's **Marcy Marcus** and Escondido's **Shawnelle Cox** in Girls Number Two race at Southern Cal meet at Guajome Park.

## News Roundup

FROM PAGE 4

Santana's Jaymie Harper both ran impressive times in separate solo efforts.

Point Loma won big over Mira Mesa and San Diego and continues to dominate the Eastern League.

Torrey Pines girls team is winning big, most recently over 8th-ranked Ramona.

For more details, turn to the results section.

## Orange Glen

FROM PAGE 3

too. They've really bonded," he said.

The group had perhaps their best meet at the Southern California Invitational last week.

Orange Glen was sixth in team time, trailing only Vista, Poway and Fallbrook among local teams. They placed ahead of Bonita Vista, Rancho Bernardo, San Pasqual and Ramona, among others.

The coaches' poll has noticed. Orange Glen has not cracked the top ten yet, but is on the waiting list.

The team has no true ace but has strong balance. As the Southern Cal meet wore on, the Orange Glen girls rose higher and higher in the standings. Five of their girls finished ninth or above, some as high as third and fourth in their respective races.

The lead pack includes freshmen Cara Rumble and Katie Cottrell and sophs Melissa Hieb and Gina Rennix. Right behind them is another group that



**Jeff Meisner**  
Rancho Bernardo

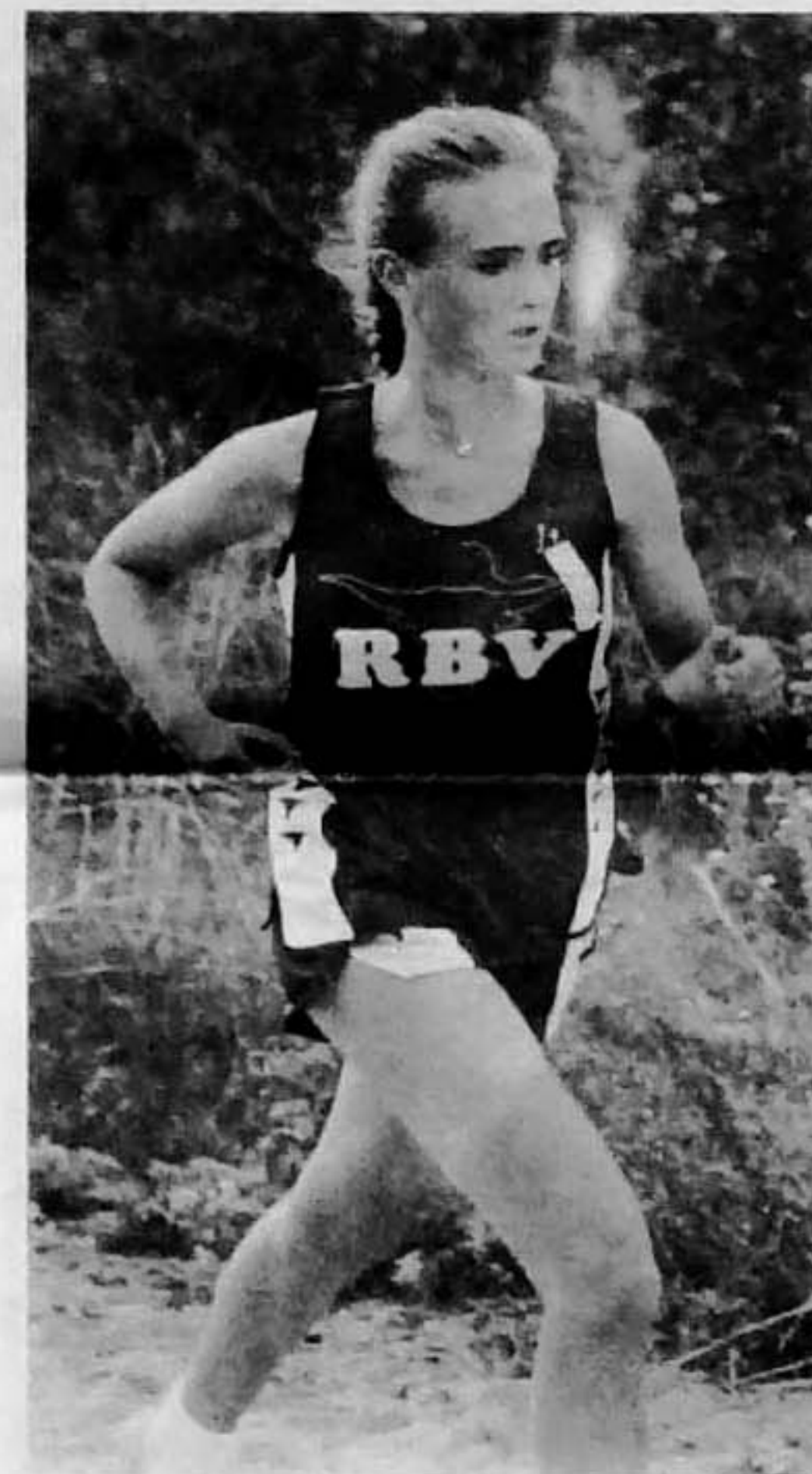
includes senior Stacy Maffei, sophs Laura Lawrence and Sara Alvarez, and freshmen Piper Lester and Kendra Goffredo.

"On any given week they'll switch places," Cummings said.

Against San Dieguito in a dual meet, the first eight girls had a spread of 1:12.

At Southern Cal, the nine girls ranged from 16:48 to 18:17, a spread of 1:29, all in separate races.

At the current rate of improvement, Orange Glen is a threat to crack the rankings by the end of the year.



**Lynne Hermansen**  
Rancho Buena Vista

## West Hills to Race in Division III

West Hills will race this year in Division III when the championship meets begin, despite a story in these pages that indicated the Wolfpack would move up to Division II.

That move might only be a year away, however, as West Hills has recently seen a significant influx of students, due to an open enrollment policy. The freshman class, which does not count against enrollment for purposes of determining state divisions, numbers 700 students.

The impact of West Hills' eventual placement affects both Division II and III.

In Division II girls, West Hills would have definitely figured into the mix. Now, Torrey Pines will contend with El Capitan, Valhalla and San Pasqual.

In Division III, the West Hills girls will run head-on into La Jolla, OLP, USD, Santana and Ramona. The two teams that emerge from that bunch will be contenders at state.

The West Hills boys will be a contender in Division III, going against Ramona, St. Augustine, Mission Bay, La Jolla and USD.

The individual girls race in Division III should be a dandy. West Hills frosh Alexis Rendina, Santana's Jaymie Harper, Ramona's Veronica Clark, USD's Vanessa Hanley, La Jolla's Leah Walkey and Shannon O'Connor and OLP's Michelle O'Connor and Sarah Janes all bear watching.

## At Ramona, the Track is Finished, But Not Debate

Construction of a new track at Ramona High School is near completion, but the project has been anything but smooth.

Controversy has marked the project, even as Ramona Unified board members have apparently been satisfied by a report that the track is up to specs.

It was reported at one point that the oval was not a full 400 meters in length, although administration officials and contractors are convinced that the track is accurately laid out.

One measurement that is widely accepted is the track's width, which is 352 inches: that means nine lanes will measure a maximum of 39 inches each.

Adjustments to either measurement will be extremely difficult to make, as the oval is surrounded on three sides by a concrete sidewalk.



## *Weather Cool, Racing Hot at Southern Cal*



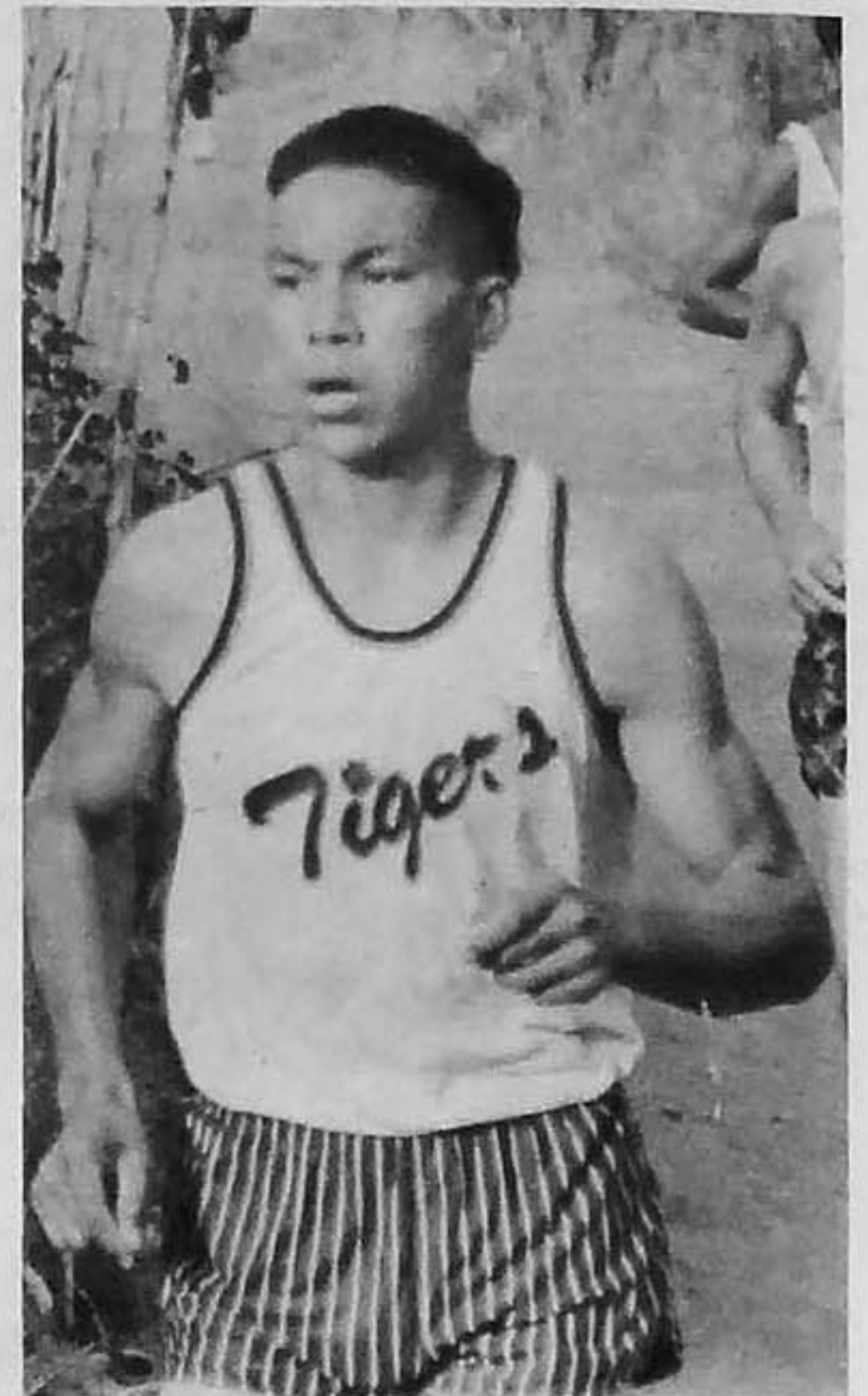
**Veronica Clark**  
Ramona



**Ty Stewart**  
Scripps Ranch



**Christy Beckman**  
San Pasqual



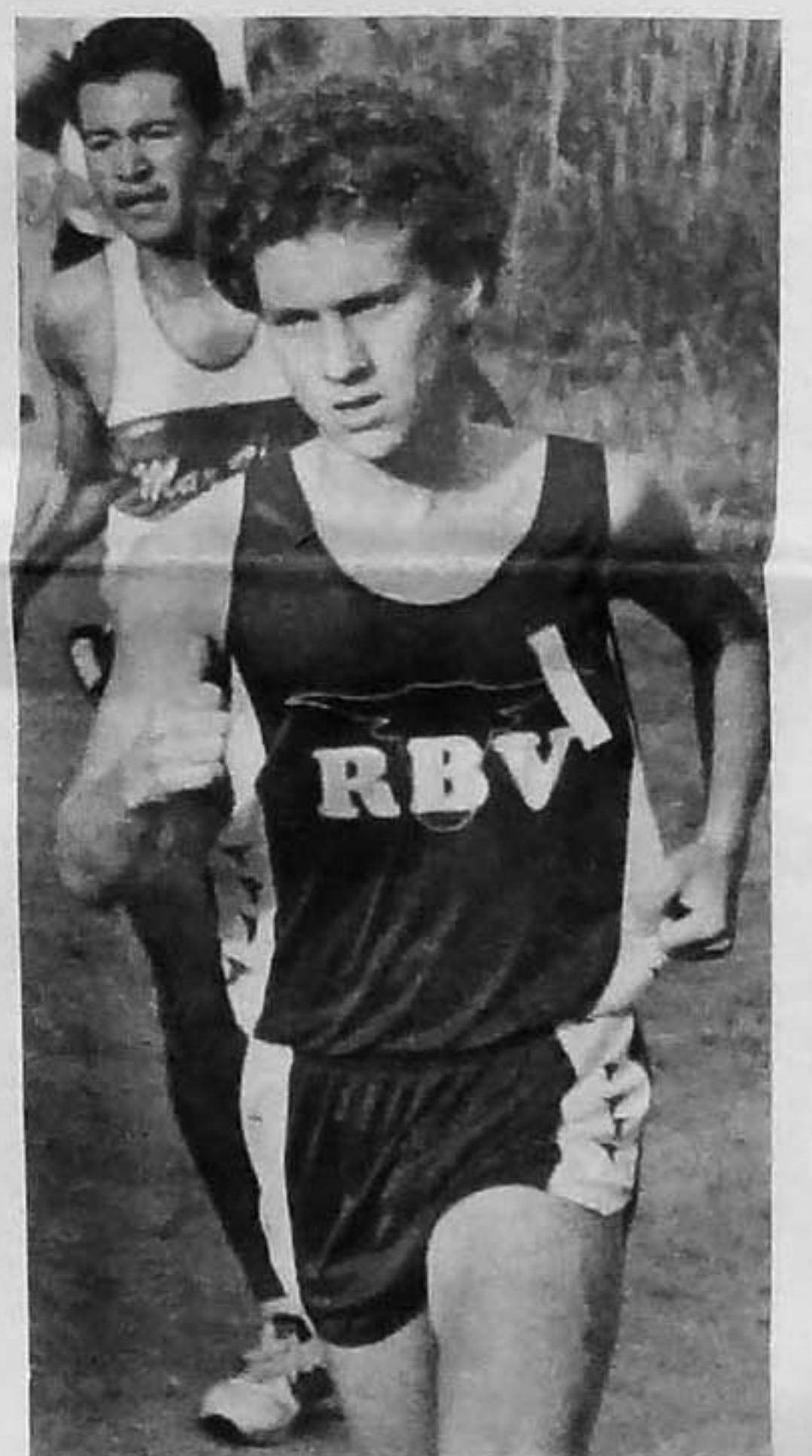
**John Bermudez**  
Morse



**Thuy Nguyen**  
Bonita Vista



**Antonio Sandoval**  
Castle Park



**Mike Wilson**  
Rancho Buena Vista



**Matt Galaviz**  
Rancho Bernardo



**Scott Taylor**  
Bonita Vista



**Tricia Mattson**  
Fallbrook



**Melissa Cortez**  
San Marcos



## Southern Cal Invite

at Guajome Regional Park, Sat., Oct.  
16. Weather: Overcast and cool.

### GIRLS (2.45 Miles):

#### NUMBER ONE:

1. Veronica Clark, Ramona, 15:04; 2. Mindy Brown, Yucaipa, 15:14; 3. Jessica Pound, Poway, 15:21; 4. Shelby Horgan, Temescal Canyon, 15:26; 5. Jinna Rohde, Fallbrook, 15:31.

6. Kelly Peterson, Escondido, 15:38; 7. Sonia Rodriguez, Vista, 15:52; 8. Rosie Costello, Bonita Vista, 15:55; 9. Christy Beckman, San Pasqual, 16:00; 10. Shannon O'Connor, La Jolla, 16:03.

11. Jessica Anderson, Carlsbad, 16:04; 12. Sarah Schmidt, Scripps Ranch, 16:25; 13. Priscilla Munoz, Coachella Valley, 16:32; 14. Jessica Cabrera, Sweetwater, 16:35; 15. Stephanie Hancock, Rancho Bernardo, 16:38.

16. Cara Rumble, Orange Glen, 16:55; 17. Lynne Hermansen, Rancho Buena Vista, 17:21; 18. John Reena, Claremont, 17:38; 19. Delia Rosales, Castle Park, 18:22; 20. Rigat Woldu, Hoover, 19:58.

#### NUMBER TWO:

1. Ellen Muench, TemC, 15:40; 2. Meghann Phillips, BonV, 15:55; 3. Ann Koscki, Pow, 15:59; 4. Angela Shea, Vst, 16:04; 5. Serena Meyer, Yuc, 16:08.

6. Sharon Rohde, Fall, 16:13; 7. Melissa Hieb, OG, 16:48; 8. Laura Carpenter, RBV, 16:50; 9. Shawnelle Cox, Esc, 16:55; 10. Amy Kitchen, RBdo, 16:56.

11. Jenny Roane, Ram, 16:58; 12. Jill Hannaman, ScR, 17:05; 13. Marcy Marcus, SPsq, 17:05; 14. Marshal Ibanez, Claremont, 17:12; 15. Ashley Walters, LJ, 17:15.

16. Geneva Parker, Swtr, 17:17; 17. Melissa Cortez, San Marcos, 17:31; 18. Christina Delgadillo, Hilltop, 17:58; 19. Barara Flores, CPk, 18:10; 20. Blance Lopez, CoVal, 19:25.

21. Heather Diaz, Mar Vista, 20:10; 22. Abeba Hailu, Hoov, 20:52.

#### NUMBER THREE:

1. Sunny Schafer, TemC, 15:51; 2. Tricia Mattson, Fall, 16:05; 3. Lisa Vasek, Pow, 16:14; 4. Noelle Magana, Vst, 16:26; 5. Vickie Whiteside, Yuc, 16:29.

6. Shannon Kilian, Esc, 16:47; 7. Kate Owca, RBdo, 17:03; 8. Katy Farber, SMar, 17:12; 9. Katie Cottrell, OG, 17:19; 10. Naomi Johnson, CPk, 17:21.

11. Marcy Phillips, Ram, 17:21; 12. Lauren Freiser, ScR, 17:38; 13. Thuy Nguyen, BoV, 17:38; 14. Hiedi Sanchez, Swtr, 18:10; 15. Claire Wells, SPsq, 18:20.

16. Abbie Erler, Clar, 18:26; 17. Halle Markus, LJ, 18:30; 18. Lauren Wells, RBV, 18:56; 19. Kipko Ilkeeki, Hill, 19:11; 20. Miriam Mendez, Oceanside, 19:45.

21. Yadira Galarzoy, CoVal, 20:01; 22. Mirella Orduno, MarV, 20:03.

#### NUMBER FOUR:

1. Sarah Haradon, TemC, 16:24; 2. Devon Lasiter-Thurber, Vst, 16:43; 3. Gina Renix, OG, 17:04; 4. Christina Kitchen, RBdo, 17:16; 5. Kristi Bauer, Yuc, 17:17.

6. Kathryn Cook, Fall, 17:31; 7. Erin Behrman, SPsq, 17:34; 8. Lori Bridger, Pow, 17:42; 9. Kathleen Barrera, BoV, 17:43; 10. Annie Holliday, RBV, 17:52.

11. Sarah Shepherd, Ram, 17:59; 12. Jenny Bennitt, Clar, 18:30; 13. Sunny Nordmarken, LJ, 18:44; 14. Macrina Rosales, CPk, 18:49; 15. Adriana Medina, Swtr, 19:22.

16. Silvia Navarro, Ocsd, 19:50; 17. Kiersten Lund, Carl, 20:13; 18. Sabrina Gongora, Hoov, 20:51; 19. Sabrina Robles, Hill, 20:57; 20. Michelle Galarza, CoVal, 21:25.

21. Vanessa Guzman, MarV, 23:39

#### NUMBER FIVE:

1. Natalie Forsyth, Vst, 16:24; 2. Christin Ray, Yuc, 17:05; 3. Brook Carnagey,

TemC, 17:19; 4. Kristin Schaitel, Pow, 17:36; 5. Corinne Kircher, RBdo, 17:44.

6. Heather Christofk, SMar, 17:49; 7. Michelle Klein, SPsq, 17:54; 8. Norma Morales, El Camino, 17:55; 9. Katie Kerr, Fall, 17:57; 10. Shante Tarbel, Ram, 18:12.

11. Jennifer Hart, RBV, 18:14; 12. Le Banh, Clar, 18:15; 13. Stacy Maffei, OG, 18:16; 14. Laurel Burkhalter, Carl, 18:19; 15. Marcelle Romero, BoV, 18:19.

16. Mia Solvesson, LJ, 18:40; 17. Catalina Angeles, Ocsd, 19:38; 18. Karla Banos, Swtr, 19:41; 19. Monica Garza, CoVal, 20:25; 20. Lidya Sarmiento, MarV, 21:27.

21. Dannette Cedley, CPk, 22:04; 22. Beth Sorrell, Hill, 22:44.

#### NUMBER SIX:

1. Kelly Allen, TemC, 16:54; 2. Vanessa Higuera, Vst, 17:08; 3. Hillary Carlson, Yuc, 17:28; 4. Alma Izusaga, SMar, 17:46; 5. Tamika Braud, ECam, 17:51.

6. Kendra Goffredo, OG, 17:59; 7. Sarah Weber, Fall, 18:05; 8. Ashley Ball, Clar, 18:11; 9. Jennifer Martinez, BoV, 18:37; 10. Sara Sullivan, SPsq, 18:53.

11. Michelle Flores, Pow, 18:56; 12. Amy Jorgenson, RBdo, 19:02; 13. Tiffany Trayer, RBV, 19:15; 14. Kelly Eubanks, Carl, 19:42; 15. Rachael Johnson, CPk, 19:48.

16. Barbara Chio, Morse, 19:58; 17. Perla Navarro, Swtr, 20:15; 18. Erin Mote, LJ, 21:03; 19. Ellen Rymer, Ram, 21:12; 20. Marlene Garza, CoVal, 21:14.

21. Galdina Yanez, Ocsd, 21:25; 22. Mary Reader, Hill, 24:06; 23. Fabiela Figueroa, MarV, 24:29.

#### NUMBER SEVEN

1. Kim Welsh, Yuc, 16:54; 2. Jackie Diaz, Vst, 16:58; 3. Vanessa Brenta, TemC, 17:34; 4. Laura Lawrence, OG, 17:36; 5. Kasey Shemwell, Pow, 17:48.

6. Louise Lambert, Fall, 18:22; 7. Kristine Smith, RBV, 18:30; 8. Jane Brian, SPsq, 18:38; 9. Heather Haas, Clar, 18:45; 10. Melissa Mitchell, Ram, 19:03.

11. Vicki Sanchez, LJ, 19:15; 12. Francisca Geyer, BoV, 19:37; 13. Michelle Ratnam, Palm Springs, 19:37; 14. Cade Fulton, RBdo, 19:40; 15. Reginos Calderon, CoVal, 20:53.

16. Erin Peterson, Swtr, 21:45; 17. Kaylyn Ewing, Ocsd, 23:24; 18. Michelle Mathis, Hill, no time.

#### LARGE SCHOOL JV:

1. Fatima El Farrah, Vst, 17:24; 2. Sara Alvarez, OG, 17:42; 3. Michelle Roach, Vst, 17:54; 4. Tiffani Kinder, Vst, 18:01; 5. Frances Aguilar, Mt. Carmel, 18:12.

#### SMALL SCHOOL JV:

1. Christy Miller, Yuc, 18:06; 2. Sadhibh Hartel, Yuc, 18:36; 3. Nicole Johnson, Yuc, 18:37; 4. Shannon Grisworld, Yuc, 18:54; 5. Holly Spencer, TemC, 18:57.

#### NOVICE or FRESHMAN:

1. Julie Davidson, Vst, 17:00; 2. Darlene Lee, Vst, 17:49; 3. Maizland, Yuc, 18:17; 4. Piper Lester, OG, 18:17; 5. Kristina Stasko, ScR, 18:18.

### BOYS (3.1 Miles):

#### NUMBER ONE:

1. Ayub Abdusalam, Hoover, 16:19; 2. Trevor Sybert, Vista, 16:21; 3. Shilo Glass, Ramona, 16:28; 4. Tom Kloos, El Camino, 16:39; 5. Manuel Romero, San Pasqual, 16:47.

6. Gerardo Guevara, San Marcos, 17:01; 7. Kevin Bowes, Scripps Ranch, 17:05; 8. Travis Kirtley, Poway, 17:12; 9. Manuel Andrade, Coachella Valley, 17:12; 10. Aaron Smith, Bonita Vista, 17:17.

11. Jeff Meisner, Rancho Bernardo, 17:21; 12. Giovanni Lopez, Escondido, 17:27; 13. Hamed Aryafar, Yucaipa, 17:27; 14. Adrian Ramirez, Castle Park, 17:44; 15. Brett Weaver, Fallbrook, 18:01.

16. Zac Read, Hilltop, 18:08; 17. Ricardo Lopez, Sweetwater, 18:16; 18. Alex Pregler,

Palm Springs, 18:25; 19. John Bermudez, Morse, 18:25; 20. Matt Holmes, Claremont, 18:28.

21. Jose Aspericueta, Mar Vista, 18:30; 22. Robert Lopez, Orange Glen, 18:38; 23. Josh Flesher, La Jolla, 18:45; 24. Mike Wilson, Rancho Buena Vista, 19:13; 25. Sergio Ibanez, Castle Park, 20:51.

#### NUMBER TWO:

1. Jason Land, Vst, 16:48; 2. Galen Reid, Ram, 17:09; 3. Brent Edson, Yuc, 17:10; 4. Francis Bachu, Hoov, 17:16; 5. Fernando Rodriguez, SPsq, 17:16.

6. Jose Barajas, Swtr, 17:22; 7. Jake McNeely, Pow, 17:40; 8. Ryan Short, RBdo, 17:47; 9. Noe Contreras, SMrc, 17:49; 10. Mario Alonzo, CoVal, 17:49.

11. Ryan Coughlin, Fall, 18:02; 12. Scott Taylor, BoV, 18:08; 13. Antonio Sandoval, CPk, 18:13; 14. Ty Stewart, ScR, 18:15; 15. Ryan Johnson, Cbad, 18:15.

16. Eleazar Alvarado, Esc, 18:27; 17. Mike McNulty, LJ, 18:35; 18. Paul Grazer, PmSp, 18:37; 19. Sean Menton, Clar, 18:51; 20. Andrew Perez, Hill, 19:03.

21. Kurt Gatewood, RBV, 19:11; 22. Will Bigler, OG, 19:46; 23. Jason Powell, MarV, 19:52.

#### NUMBER THREE:

1. Steve Ketcham, Vst, 17:05; 2. Julius Amicho, Hoov, 17:15; 3. Chad Livesay, ScR, 17:20; 4. Sean Clendaniel, Yuc, 17:24; 5. Eron Tello, RBdo, 17:42.

6. Jesse Davis, Pow, 17:48; 7. Scott Batluk, Fall, 17:53; 8. Matt Rice, BoV, 18:01; 9. Juan Nunez, Swtr, 18:03; 10. Adram Webb, PmSp, 18:05.

11. Diego Ash, SPsq, 18:05; 12. Jaimal Hornbacher, RBV, 18:17; 13. David Carrillo, CoVal, 18:31; 14. Nereo Araujo, SMrc, 18:34; 15. David Hewitt, LJ, 18:39.

16. Joshua Middlesworth, CPk, 18:42; 17. Sabino Romero, Ocsd, 18:50; 18. Fred Greene, Hill, 18:52; 19. Steven Meek, Esc, 18:53; 20. Todd Dion, OG, 18:54.

21. Tim Miller, Ram, 19:08; 22. Miles Remer, Clar, 19:18; 23. Mark Jacobs, Cbad, 20:10; 24. Esteban Rocha, MarV, 20:57.

#### NUMBER FOUR:

1. Alejandro Villa, Vst, 17:21; 2. Matt Galaviz, RBdo, 17:35; 3. Marland Impey, Pow, 17:51; 4. Ryan Casey, BoV, 18:02; 5. David Romero, ScR, 18:07.

6. Tim Alford, Yuc, 18:08; 7. Eduardo Avalos, CoVal, 18:11; 8. Memo Escobedo, Fall, 18:13; 9. Sefe Almedon, Hoov, 18:18; 10. James Adams, Ram, 18:27.

11. Adam Brown, SPsq, 18:33; 12. David Dunbar, LJ, 18:36; 13. Israel Barrios, SMrc, 18:40; 14. Jesse Tasso, Swtr, 18:44; 15. Sherwin Arce, Ocsd, 18:52.

16. Nick Leschly, Clar, 19:05; 17. Galvan Gerardo, Esc, 19:06; 18. Eddie Stanzack, Hill, 19:33; 19. Andy Sanchez, PmSp, 19:47; 20. Jason Duran, Cbad, 19:50.

21. Eladio Garcia, RBV, 20:11; 22. Cody Defrate, MarV, 20:22; 23. Damien Clifton, CPk, 20:44.

#### NUMBER FIVE:

1. Afran Abutin, ScR, 17:16; 2. Joe Briceno, Vst, 17:24; 3. Steve Sorensen, Yuc, 18:00; 4. Mike Brown, RBdo, 18:01; 5. Mario Velazco, Hoov, 18:11.

6. Eric Mattson, Fall, 18:20; 7. David Shofstall, Ram, 18:32; 8. Jimmy Corcoran, BoV, 18:34; 9. Noel Ramirez, SMrc, 18:38; 10. Ismeal Pena, SPsq, 18:44.

11. Eddie Adam, PmSp, 18:54; 12. Alonso Guzman, Swtr, 18:56; 13. Rusty Dalrymple, Pow, 18:57; 14. Jorge Del Hierro, CPk, 18:57; 15. Thai Chon, Ocsd, 19:02.

16. Gus Martinez, CoVal, 19:07; 17. Caleb Lanting, OG, 19:12; 18. Andrew Bro, Clar, 19:20; 19. Alex Mendoza, Hill, 19:23; 20. Vinnie Meade, Cbad, 19:47.

21. Spencer Hatch, Esc, 20:30; 22. Ty Sieckman, LJ, 20:39; 23. Leon Renteria, MarV, 21:32; 24. Omar Lopez, TemC, 22:11.

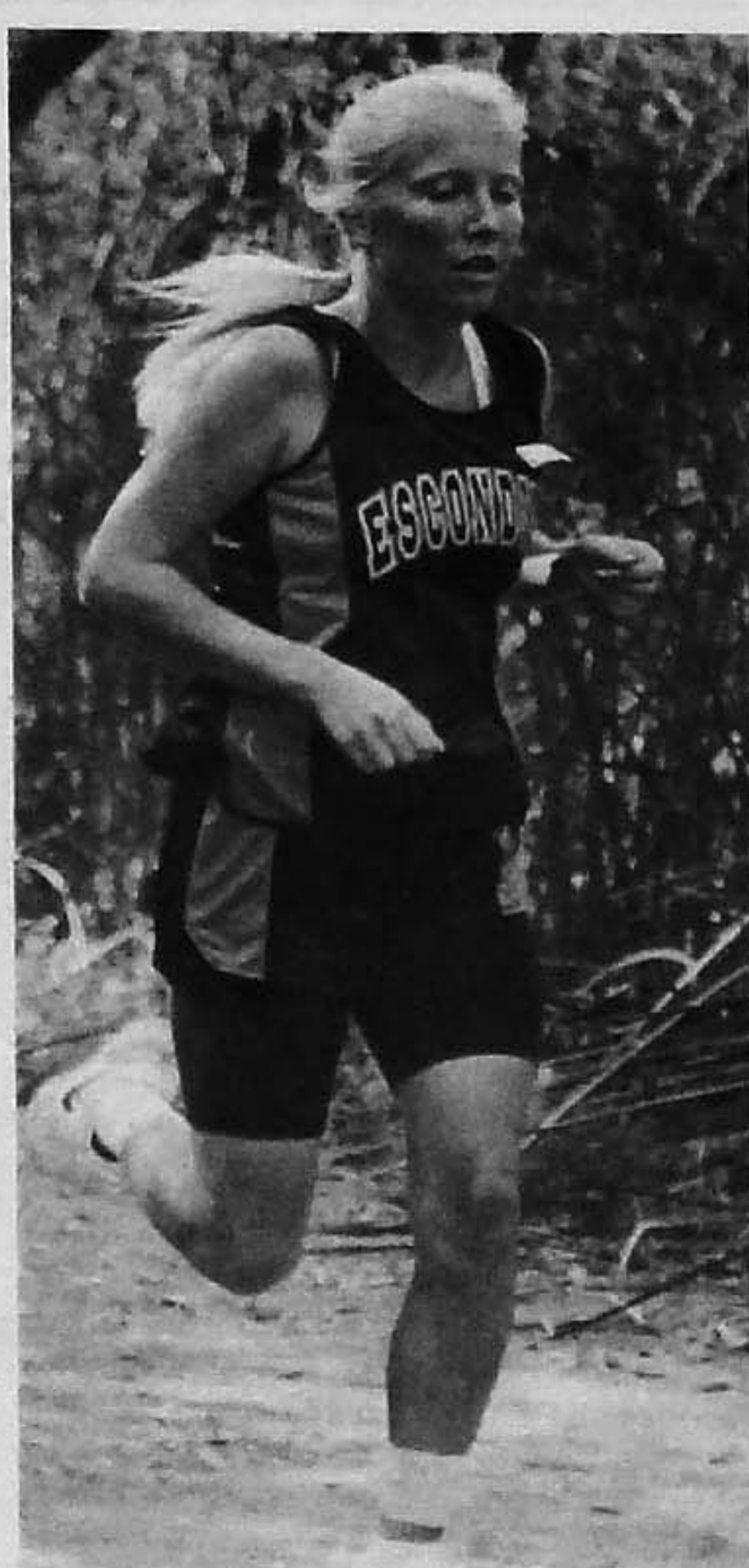




**David Romero**  
Scripps Ranch



**Adrian Ramirez**  
Castle Park



**Shannon Kilian**  
Escondido



**Lisa Vasek**  
Poway

## Southern Cal Invite

FROM PAGE 7

### NUMBER SIX:

1. Gonzalo Garcia, Vst, 17:43; 2. Brent Bolton, ScR, 17:50; 3. Nasir Abdullahi, Hoov, 18:19; 4. Chris Lutgendorf, Fall, 18:31; 5. Eddie Castaneda, CoVal, 18:38.

6. Sean Zanderson, Pow, 18:46; 7. Brian Walker, TemC, 18:47; 8. Jorge Ramos, Ram, 18:54; 9. John Chase, Yuc, 18:58; 10. Javier Gonzalez, Swtr, 19:03.

11. Ezra Ash, SPsq, 19:07; 12. Mike LaBrecque, RBdo, 19:12; 13. Quoc Nguyen, BoV, 19:15; 14. Indy Ortiz, RBV, 19:22; 15. Sean Keating, SMrc, 19:27.

16. David Burke, LJ, 19:46; 17. Elias Dominguez, ECam, 19:55; 18. Jeff Miller, Esc, 20:09; 19. Ryan Lanning, OG, 20:22; 20. Larry Castorena, Clar, 20:32.

21. Charlie Cushman, Cbad, 20:39; 22. Richard Soukenka, Ocsd, 20:41; 23. Jose Flores, CPk, 20:46; 24. Drapper Rivers, Morse, 22:00; 25. Everett Greene, Hill, no time.

### NUMBER SEVEN:

1. Andrew Gharst, Pow, 18:09; 2. Cesar Rodriguez, Vst, 18:21; 3. James Chang, Fall, 18:35; 4. Bobby Denny, Ram, 18:42; 5. Julio Acosta, Hoov, 18:51.

6. Matt Leighton, ScR, 19:16; 7. Henry DeJesus, Hill, 19:22; 8. Michael Miller, Esc, 19:23; 9. Miguel Gallarzo, Swtr, 19:27; 10. Gil Roman, SPsq, 19:34.

11. Ocampo Santiago, CoVal, 19:36; 12. Tom Whisenant, RBdo, 19:37; 13. Mat LaPorte, TemC, 19:42; 14. Joe Villasenor, ECam, 19:44; 15. Ray Chacon, LJ, 19:48.

16. Travis Williamson, Yuc, 19:52; 17. Ben Warner, Clar, 19:55; 18. Mike Deguzman, BoV, 19:58; 19. Ryan Adam, SMrc, 20:07; 20. John Van Dyke, Cbad, 21:09.

21. Esteban Rocha, MarV, 21:10; 22. Elliott King, Morse, 21:11; 23. Robert Ainley, Ocsd, 21:31; 24. Ryan Abuan, CPk, 21:44; 25. Victor Barbosa, RBV, 21:47.

26. Jorge Velarde, PmSp, 24:18.

### LARGE SCHOOL JV:

1. Burt Romero, Mt. Carmel, 18:08; 2. Trent Sybert, Vst, 18:14; 3. Josh Stewart, Fall, 18:23; 4. Ben Hauck, Fall, 18:29; 5. Brian Strachan, Pow, 18:47.

### SMALL SCHOOL JV:

1. R. J. Wenger, ScR, 18:43; 2. Ron

Anderson, ScR, 19:01; 3. George Escobar, Ram, 19:09; 4. Domingo Felix, CoVal, 19:14; 5. Jason Veroster, ECam, 19:16.

### NOVICE or FRESHMAN:

1. David Young, ECam, 18:20; 2. Alvaro Reyes, Ram, 18:50; 3. Mike Burlington, SMrc, 19:01; 4. Andrew Smith, Vst, 19:12; 5. Eric Armstrong, Pow, 19:22.

## OLP Girls, Both Torrey Teams Win at San Luis Obispo

at Cal Poly, San Luis Obispo, Sat., Oct. 15. Conditions: Rolling hills and windy.

### BOYS (3.1 Miles):

#### DIVISION II:

**TEAMS:** 1. Torrey Pines 35, 2. Napa 50, 3. Righetti 62.

**IND.:** 5. Charley Hulsey (Torrey Pines) 16:59; 6. John Carney (TP) 17:16; 7. Tyler Mack (TP) 17:21; 8. Luis Garcia (TP) 17:22; 9. Dave Magnuson (TP) 17:27; 17. Andrew Gardner (TP) 18:44; 25. Jeremy Shaw (TP) 19:14.

**NOTABLE:** In combined Divisions I and II (the races were run together), the above individuals placed: 16. Hulsey, 24. Carney, 25. Mack, 26. Garcia, 32. Magnuson, 50. Gardner, 66. Shaw. Division I schools included Madera (3rd in State Div. I last year), Peninsula (5th at State), and Camarillo.

#### DIVISION III:

**TEAMS:** 1. St. Francis 35, 6. St. Augustine 154.

**IND.:** 17. Matt Borunda (St. Augustine) 17:53; 21. J. C. Gross (StA) 17:56; 32. Jeremy Durant (StA) 18:11; 38. Martin Reyes (StA) 18:23; 51. Kevin Hauser (StA) 18:40; 52. Oscar Noriega (StA) 18:42; 57. Chris Leon (StA) 18:57; 58. Brian Janes (StA) 18:59; 67. Brian Sullivan (StA) 19:16; 92. Barry Bryant (StA) 20:29; 99. Avid Tompkins (StA) 21:07.

#### DIVISION IV:

**IND.:** 8. Todd Lewis (Julian) 17:19; 35. Aaron Voss (Julian) 18:33.

**NOTABLE:** Division IV featured teams such as Morro Bay (2nd in Div. IV at State last year) and Taft (9th at State).

### GIRLS (3.1 Miles):

#### DIVISION II:

**TEAMS:** 1. Torrey Pines 19, 2. Napa 58, 3. Righetti 62, 4. Highland 108.

**IND.:** 1. Devon Straitiff (Torrey Pines) 19:17; 3. Sandi Rabie (TP) 20:06; 4. Bethany Bogart (TP) 20:20; 5. Carrie Hemerick (TP) 20:22; 6. Danielle Valentino (TP) 20:27; 7. Becka Instone (TP) 20:38; 8. Jaclyn Nolan (TP) 20:53; 12. Sarah Percy (TP) 20:56; 15. Erin Burke (TP) 21:10. Also, Sarah McManus (TP) 21:53; Kristin Roth (TP) 21:55; Kristin Branson (TP) 22:27.

**NOTABLE:** Girls Division I and II races were run together, with Division I featuring schools such as Peninsula and Madera (2nd and 3rd in State Div. I last year). Torrey Pines beat both and won the overall race. Individual places in overall race for above girls: 1. Straitiff, 7. Rabie, 9. Bogart, 10. Hemerick, 13. Valentino, 16. Instone, 20. Nolan, 22. Percy, 25. Burke, 34. McManus, 35. Roth, 44. Branson.

#### DIVISION III:

**TEAMS:** 1. Our Lady of Peace 64, 2. San Luis Obispo 65, 3. Atascadero 69.

**IND.:** 5. Katie Wisniew (Our Lady of Peace) 21:14; 14. Michelle O'Connor (OLP) 21:51; 16. Sarah Janes (OLP) 21:56; 22. Sarah Wisniew (OLP) 22:14; 23. Victoria Smith (OLP) 22:20; 39. Jenna Graciano (OLP) 23:06; 53. Holly Mayores (OLP) 23:43.

## Chula Vista, Ayub Lead Area Runners at Huntington Beach

at Huntington Beach, Sat., Oct. 8. Conditions: Hot.

### BOYS (3.0 Miles):

#### DIVISION II:

**TEAMS:** 1. Thousand Oaks 26, 2. Chula Vista 75, 3. Hoover 98, 4. San Diego 157, 5. Point Loma 158, 10. Patrick Henry 279.

**IND.:** 1. O'Doherty (Thousand Oaks) 15:01; 2. Ayub Abdusalam (Hoover) 15:38; 3. Fisher (TOaks) 15:50; 4. Disney (TOaks) 15:55; 5. Jason White (Chula Vista) 16:00; 6. Ruben Carrillo (CV) 16:01; 11. Chris Werdenberg

SEE PAGE 9



## Huntington Beach

FROM PAGE 8

(Point Loma) 16:27; **12.** Francis Bachu (H) 16:29; **15.** Julius Amicho (H) 16:34; **16.** Gabriel Murillo (San Diego) 16:38; **18.** Jose Ramirez (CV) 16:40; **21.** Matt Dunn (CV) 16:56; **24.** Alvarez (SD) 16:59; **25.** Jorge Martinez (CV) 17:00; **26.** Alex Gonzales (Patrick Henry) 17:01; **29.** Mike Staton (PH) 17:05; **30.** David Hayes (PtL) 17:06; **31.** Lee Barrett (PtL) 17:08; **34.** Sefe Almedom (H) 17:16; **35.** Nasir Abdullahi (H) 17:18; **36.** Elvaraz (SD) 17:19; **39.** Martinez (SD) 17:25; **40.** Clarke Graves (PtL) 17:25; **42.** Chavez (SD) 17:27; **45.** Seresent Abreha (PH) 17:31; **46.** Mark Savel (PtL) 17:33; **49.** Montalvo (SD) 17:36; **53.** Victor Jackson (CV) 17:43; **79.** Phil Lery (PH) 18:27; **90.** Sergio Cuero (CV) 18:50; **100.** Ray Madhi (PH) 19:05; **124.** Noe Avila (PH) 20:00.  
**JV:** **9.** Robert Jackson (CV) 18:21; **10.** Sherwin Briones (CV) 18:35; **14.** Seth Subar (CV) 18:48; **16.** Chuck Wycoff (CV) 18:58; **26.** Dominic Provence (CV) 19:36; **34.** Willie Sanchez (PH) 19:59.  
**FROSH:** **9.** Rosario Martinez (CV) 19:03; **12.** Jose Zurita (CV) 19:19; **17.** Jimmy Lery (PH) 19:43.

### GIRLS (3.0 Miles):

#### DIVISION II:

**IND.:** **56.** Hillery McDade (Patrick Henry) 22:34; **74.** Mimi Luchans (PH) 23:32; **101.** Cheryl Go (PH) 25:23; **106.** Sara Console (PH) 25:59.

## DUALS:

### Patrick Henry, Madison

at Lake Murray, Tues., Sept. 13.

#### BOYS (3.1 Miles):

##### Patrick Henry 18, Madison 44

(Henry finishers only): **1.** Mike Staton (Patrick Henry) 16:49; **2.** Alex Gonzales (PH) 16:50; **4.** Seresent Abreha (PH) 17:00; **5.** Phil Lery (PH) 17:58; **6.** Eddie Garcia (PH) 18:41; **7.** Ray Madhi (PH) 18:52; **9.** Mohammad Irani (PH) 19:06; **10.** Jose Muniz (PH) 19:42.

#### GIRLS (2.5 Miles):

##### Patrick Henry 16, Madison 45

(Henry finishers only): **1.** Ros Litchfield (PH) 17:02; **2.** Hillery McDade (PH) 17:06; **3.** Mimi Luchans (PH) 18:51; **4.** Maria Brunker (PH) 17:24; **6.** Cheryl Go (PH) 18:01; **8.** Sara Console (PH) 18:38; **9.** Bernie Richardson (PH) 19:08; **10.** Cassie Santos (PH) 19:08.

### Mira Mesa, Serra, Kearny

at Morley Field, Tues., Oct. 4.

#### BOYS (3.0 Miles):

##### Mira Mesa 16, Kearny 48

##### Mira Mesa 22, Serra 32

##### Serra 23, Kearny 36

**1.** Larry Henderson, Mira Mesa, 16:45.

#### GIRLS (2.55 Miles):

##### Mira Mesa 15, Kearny 50

##### Mira Mesa 15, Serra 50

##### Serra 20, Kearny 43

**1.** Mariel Gray, Mira Mesa, 16:23.

### Patrick Henry, San Diego

Tues., Oct. 4.

#### BOYS (3.0 Miles):

##### San Diego 23, Patrick Henry 32

(Henry finishers only): **2.** Phil Lery (Patrick Henry) 16:37; **3.** Alex Gonzales (PH) 16:40; **6.** Mike Staton (PH) 17:04; **9.** Seresent Abreha (PH) 17:28; **10.** Mohammad Irani (PH) 18:00.

#### GIRLS:

##### Patrick Henry 20, San Diego 43

(Henry finishers only): **2.** Hillery McDade (PH) 18:23; **3.** Mimi Luchans (PH) 18:51; **4.**

Ros Litchfield (PH) 19:10; **5.** Maria Brunker (PH) 19:24; **6.** Kim Krause (PH) 19:41; **7.** Cheryl Go (PH) 19:49; **8.** Cassie Springer (PH) 20:09; **9.** Sara Console (PH) 20:14; **10.** Cassie Santos (PH) 20:35.

### Point Loma, Morse

at Morley Field, Weds., Oct. 5.

#### BOYS (3.0 Miles):

##### Point Loma 15, Morse 46

**1.** Werdenberg, Point Loma, 16:30.

#### GIRLS (2.6 Miles):

##### Point Loma 17, Morse 45

**1.** Northam, Point Loma, 17:02.

### Monte Vista, Santana

at Monte Vista, Thurs., Oct. 6.

#### BOYS (3.2 Miles):

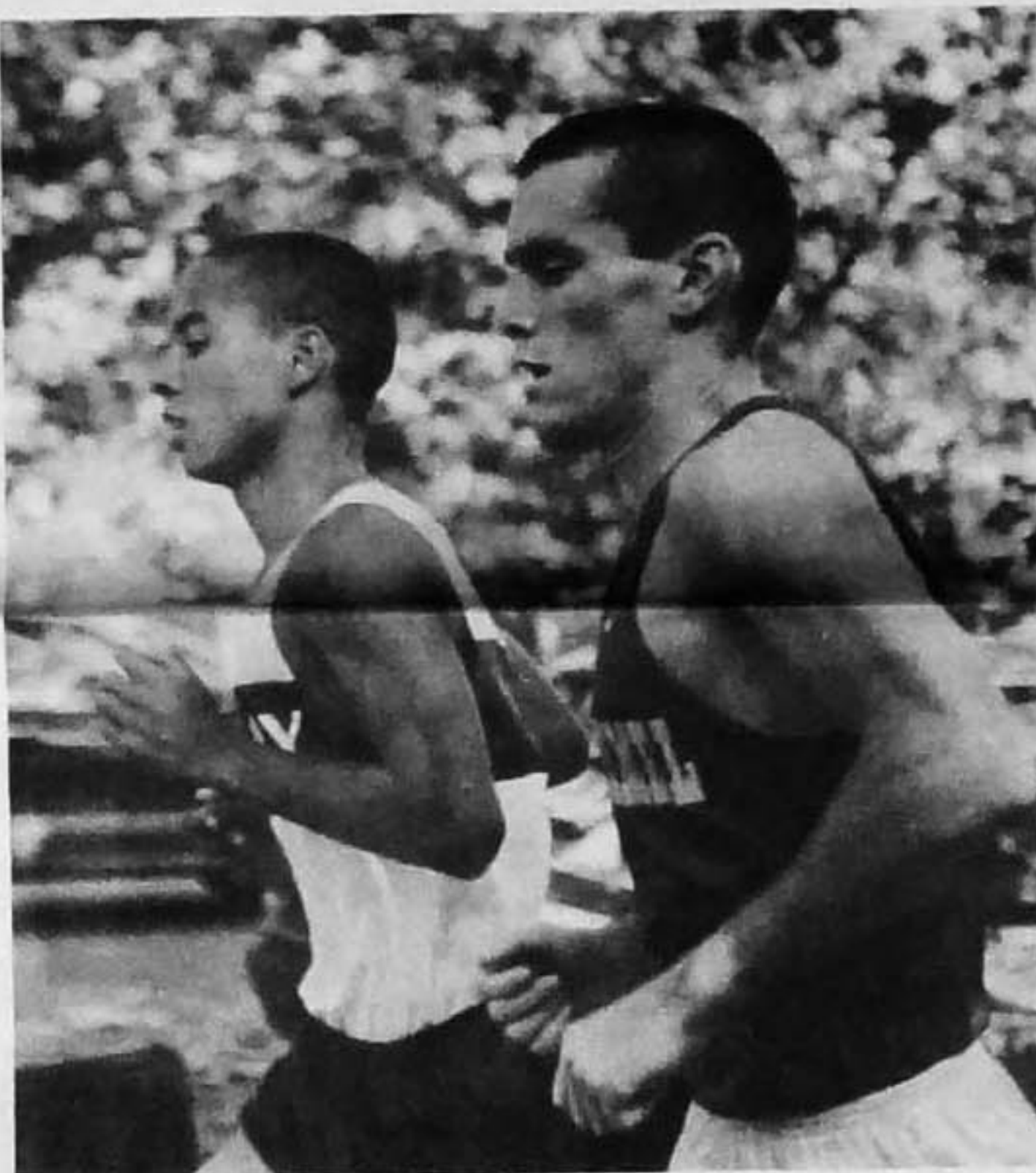
##### Monte Vista 22, Santana 36

**1.** Gay, Monte Vista, 17:12.

#### GIRLS (2.2 Miles):

##### Santana 17, Monte Vista 40

**1.** Jaymie Harper, Santana, 13:03; **2.** Kristi O'Grady, S, 13:57; **3.** September McHugh, S, 14:21; **4.** Tina Torge, Monte Vista, 14:52; **5.** Milinda Benitez, S, 15:03; **6.** Kerie O'Grady, S, 15:15; **7.** Christie Torge, MV, 15:27; **8.** Haley Banks, MV, 15:31; **9.** Gabriella Cannon, S, 15:33; **10.** Jami Schleger, S, 15:40.



Scott Davis, Poway, Greg Nett, Mt. Carmel

### Orange Glen, San Dieguito

at Kit Carson Park, Thurs., Oct. 6.

#### BOYS (3.1 Miles):

##### San Dieguito 29, Orange Glen 38

**1.** Chris Gabriel, San Dieguito, 17:03; **2.** Noah Randello, SD, 17:12; **3.** Robert Lopez, Orange Glen, 17:41; **4.** Bota Campos, SD, 17:41; **5.** Artemio Jimenez, OG, 17:49; **6.** Kyle Van Buskin, SD, 17:53; **7.** Todd Young, OG, 18:09; **8.** Nathan Anderson, SD, 18:21; **9.** David Dennis, SD, 18:25; **10.** Chris Coakley, SD, 18:32.

#### GIRLS (2.5 Miles):

##### Orange Glen 16, San Dieguito 47

**1.** Cara Rumble, Orange Glen, 17:14; **2.** Melissa Hieb, OG, 17:27; **3.** Katy Cottrell, OG, 17:33; **4.** Gina Rennix, OG, 17:36; **5.** Anne Hitchcock, San Dieguito, 18:07; **6.** Stacy Maffei, OG, 18:10; **7.** Kendra Goffredo, OG, 18:11; **8.** Laura Lawrence, OG, 18:12; **9.** Kim Weaver, SD, 18:21; **10.** Sera Alvarez, OG, 18:26.

### Chula Vista, Eastlake

at Rohr Park, Thurs., Oct. 6.

#### BOYS (3.1 Miles):

##### Chula Vista 18, Eastlake 43

**1.** Larry Romero, Chula Vista, 16:54; **2.** Ruben Carrillo, CV, 17:04; **3.** M. Camacho, Eastlake, 17:34; **4.** Jason White, CV, 18:34; **5.** Jorge Martinez, CV, 18:34; **6.** Matt Dunn, CV, 18:35; **7.** Iichinikahata, E, 18:40; **8.** Jose Ramirez, CV, 18:41; **9.** Marco Huerta, CV,

19:41; **10.** Victor Jackson, CV, 19:41.

#### GIRLS (2.2 Miles):

##### Chula Vista 25, Eastlake 36

**1.** M. Cervantes, Eastlake, 14:31; **2.** Lentz, E, 14:32; **3.** Aura DeTrinidad, Chula Vista, 14:47; **4.** Elizabeth Gonzales, CV, 16:26; **5.** Nika Dunn, CV, 16:27; **6.** Melissa Domingo, CV, 16:27; **7.** Amber Matthies, CV, 16:30; **8.** Christina Araujo, CV, 16:32; **9.** Julia Wood, CV, 16:41; **10.** Abbie McConnell, CV, 16:42.

### Poway, Mt. Carmel, Fallbrook

at Kit Carson Park, Fri., Oct. 7.

#### BOYS (3.1 MILES):

##### Poway 28, Mt. Carmel 29

##### Poway 20, Fallbrook 35

##### Mt. Carmel 23, Poway 32

**1.** Nett, Mt. Carmel, 16:14; **2.** Kirtley, Poway, 16:14; **3.** Compean, MC, 16:56; **4.** Impey, P, 17:00; **5.** Delgato, MC, 17:02; **6.** Davis, P, 17:02; **7.** Weaver, Fallbrook, 17:08; **8.** Batiuk, F, 17:09; **9.** McNeely, P, 17:09; **10.** Escobedo, F, 17:16; **11.** Feng, MC, 17:19; **12.** Williamson, P, 17:22; **13.** Mattson, F, 17:23; **14.** Coughlin, F, 17:25; **15.** Dalrymple, P, 17:29; **16.** Zanderson, P, 17:30; **17.** Schuil, MC, 17:32; **18.** Gharst, P, 17:39; **19.** Dosantos, MC, 17:45; **20.** Larson, MC, 17:46.

#### GIRLS (2.4 Miles):

##### Poway 28, Mt. Carmel 29

##### Poway 26, Fallbrook 31

##### Mt. Carmel 27, Fallbrook 31

**1.** Pound, Poway, 15:53; **2.** Pickett, Mt. Carmel, 16:10; **3.** J. Rohde, Fallbrook, 16:15; **4.** Koscki, P, 16:24; **5.** Mattson, F, 16:31; **6.** S. Rohde, F, 16:37; **7.** Vasek, P, 16:38; **8.** Alford, MC, 16:55; **9.** Ricks, MC, 17:40; **10.** Johnson, MC, 17:42; **11.** Flores, P, 17:50; **12.** Joy, MC, 17:55; **13.** Cobb, MC, 18:00; **14.** Cook, F, 18:00; **15.** Graves, MC, 18:02; **16.** Schaitel, P, 18:02; **17.** Bridger, P, 18:16; **18.** Shemwell, P, 18:19; **19.** Webber, F, 18:27; **20.** Fischer, P, 18:40.

### Montgomery, Castle Park,

### Southwest

at Montgomery High, Fri., Oct. 7.

#### BOYS (3.0 Miles):

##### Montgomery 27, Castle Park 28

##### Montgomery 26, Southwest 31

##### Castle Park 23, Southwest 32

**1.** Adrian Ramirez, Castle Park, 16:23; **2.** Thomas Juarez, Montgomery, 16:55; **3.** Adrian Rodriguez, M, 17:05; **4.** Antonio Sandoval, CP, 17:38; **5.** Reggie DePass, M, 17:41; **6.** Joshua Middlesworth, CP, 17:44; **7.** Jose Sanchez, Southwest, 17:48; **8.** Jose Torres, S, 17:59; **9.** Dustin Smith, S, 18:03; **10.** Vicente Ruiz, S, 18:48.

#### GIRLS (2.35 Miles):

##### Castle Park 21, Montgomery 37

##### Montgomery 24, Southwest 33

##### Castle Park 17, Southwest 41

**1.** Delia Rosales, Castle Park, 16:20; **2.** Barbara Flores, CP, 16:24; **3.** Gilda Arellano, Montgomery, 16:37; **4.** Alison Maalis, M, 16:42; **5.** N. Johnson, CP, 17:17; **6.** Macrina Rosales, CP, 17:36; **7.** Roanne Bermio, Southwest, 18:08; **8.** Cindy Chapin, S, 18:21; **9.** R. Johnson, CP, 18:29; **10.** Diana Rubio, CP, 19:06.

### West Hills, El Capitan

at West Hills High, Fri., Oct. 7.

#### BOYS (3.1 Miles):

##### West Hills 20, El Capitan 37

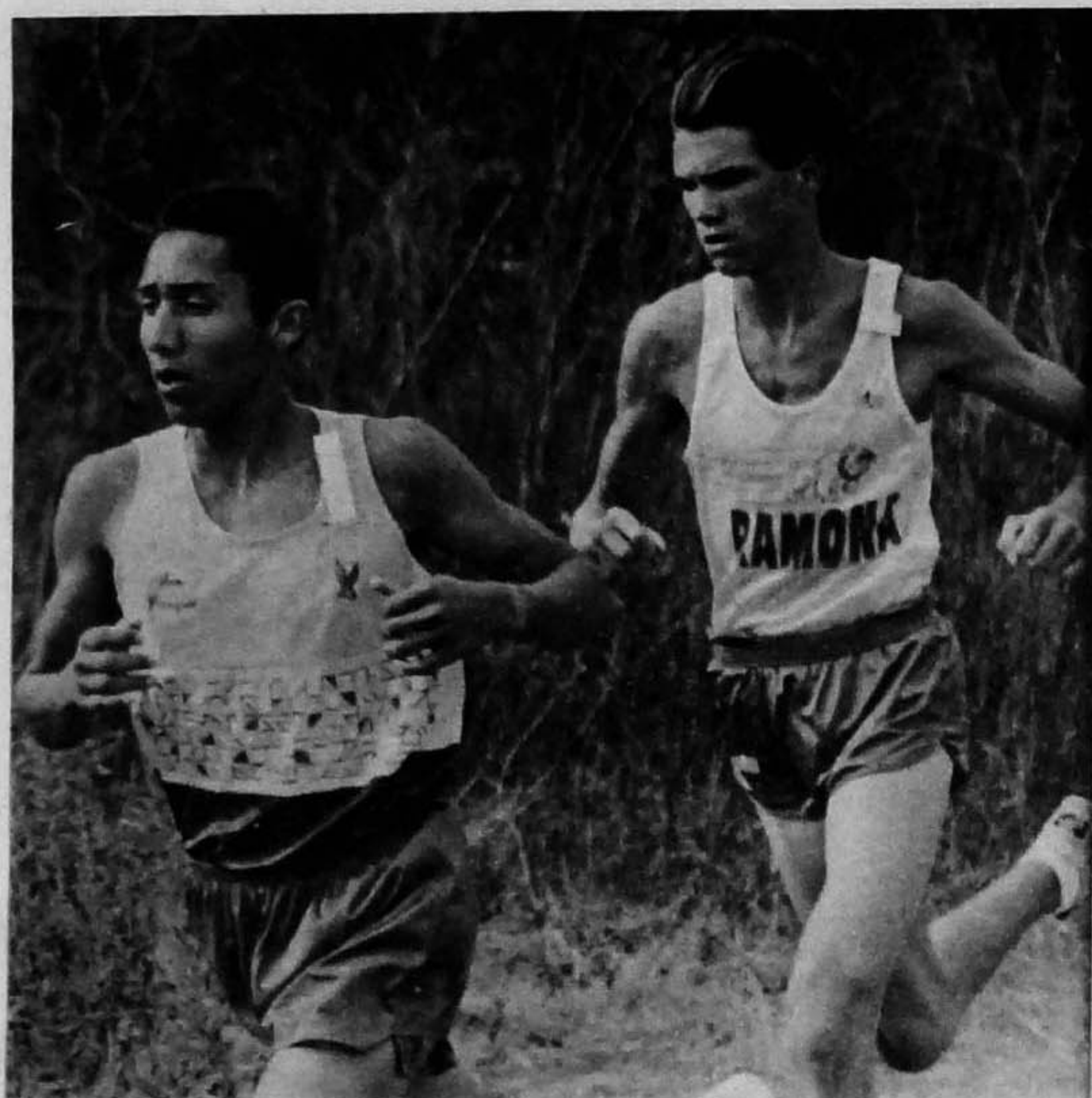
**1.** Stewart Blain, West Hills, 17:14.

#### GIRLS (2.45 Miles):

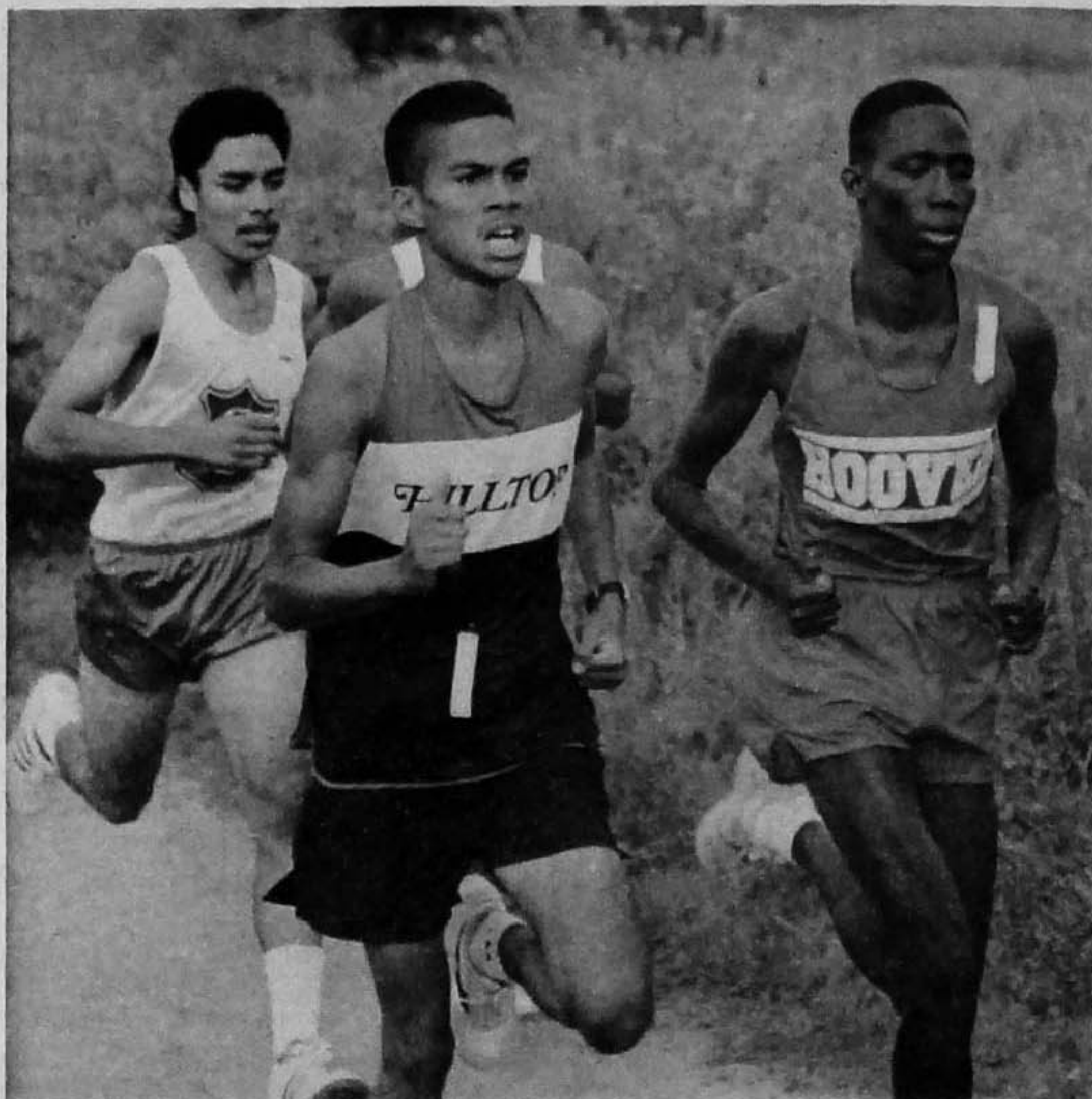
##### West Hills 23, El Capitan 35

**1.** Alexis Rendina, West Hills, 15:36; **2.** Larissa Gregerson, El Capitan, 15:41; **3.** Jenny Card, EC, 15:43; **4.** Jenny Holdzkom, WH, 16:02; **5.** Shelley Van Winkle, WH, 16:08; **6.** Heather Holford, WH, 16:48; **7.** Becca Weingartner, WH, 17:09; **8.** Hannele Stephens, WH, 17:12; **9.** Smock, EC, 17:16; **10.** Carrie Vickery, EC, 17:24.





**Manuel Romero**, San Pasqual, and **Shilo Glass**, Ramona



Hoover's **Julius Amicho** paces Hilltop's **Fred Greene** and Rancho Bernardo's **Eron Tello** early in Boys Number Three race at Southern Cal meet.

## DUALS:

### Helix, Valhalla

at Lindo Lake Park, Fri., Oct. 7.

#### BOYS (3.1 Miles):

**Helix 22, Valhalla 34**

1. Chappell, Helix, 17:08; 2. Coe, H, 17:19; 3. Muckey, H, 17:30; 4. Luecht, V, 17:38; 5. Nava, H, 17:43; 6. Magoffin, V, 18:06; 7. Piper, V, 18:10; 8. Nugent, V, 18:12; 9. Doroski, V, 18:14; 10. Kermott, V, 18:16.

### Carlsbad, El Camino

at Calaveras Hills, Fri., Oct. 7.

#### BOYS (3.1 Miles):

**Carlsbad 26, El Camino 29**

1. Tom Kloos, El Camino, 18:08; 2. Sergio Ibanez, Carlsbad, 19:15; 3. Ryan Johnson, C, 19:19; 4. David Young, EC, 19:46; 5. Mark Jacobs, C, 19:56; 6. Vinnie Meade, C, 20:02; 7. Paul Wilcox, EC, 20:08; 8. Jason Verostek, EC, 20:22; 9. Elias Dominguez, EC, 20:32; 10. Jason Duran, C, 20:38.

#### GIRLS (2.5 Miles):

**El Camino 25, Carlsbad 30**

1. Jessica Anderson, Carlsbad, 16:31; 2. Tamika Braud, El Camino, 17:53; 3. Griselda Orosco, C, 18:07; 4. Angie Brown, EC, 18:08; 5. Norma Morales, EC, 18:10; 6. Erin Glazer, EC, 18:12; 7. Kelly Eubanks, C, 19:09; 8. Jennifer Burbank, EC, 19:18; 9. Deanna Wright, C, 19:18; 10. Laurel Burkhalter, C, 19:25.

### Escondido, Ramona,

### Torrey Pines

at Jesmond Dene Park, Fri., Oct. 7.

#### BOYS (3.1 Miles):

**Torrey Pines 18, Escondido 39**

**Torrey Pines 24, Ramona 31**

**Ramona 24, Escondido 32**

1. Shilo Glass (Ramona) 17:17; 2. Charley Hulsey (Torrey Pines) 17:23; 3. Galen Reid (R) 17:32; 4. John Carney (TP) 17:49; 5. Giovanni Lopez (Escondido) 17:50; 6. David Magnuson (TP) 17:53; 7. Tyler Mack (TP) 18:07; 8. Luis Garcia (TP) 18:09; 9. Lopez (E) 18:19; 10. Eleazar Alvarado (E) 18:20.

#### GIRLS (2.3 Miles):

**Torrey Pines 19, Ramona 44**

**Torrey Pines 19, Escondido 44**

**Ramona 23, Escondido 38**

1. Devon Straitiff (Torrey Pines) 14:16; 2.

Veronica Clark (Ramona) 14:17; 3. Kelly Peterson (Escondido) 14:32; 4. Sandy Rabie (TP) 15:03; 5. Danielle Valentino (TP) 15:21; 6. Carrie Hemerick (TP) 15:25; 7. Shawnelle Cox (E) 15:28; 8. Sarah Percy (TP) 15:33; 9. Kristin Roth (TP) 15:36; 10. Bethany Bogart (TP) 15:39.

### Bonita Vista, Sweetwater,

### Hilltop

at Hilltop High, Fri., Oct. 7.

#### BOYS (3.0 Miles):

**Bonita Vista 18, Hilltop 41**

**Sweetwater 23, Hilltop 32**

**Bonita Vista 21, Sweetwater 37**

1. Aaron Smith, Bonita Vista, 17:10.

#### GIRLS (2.25 Miles):

**Bonita Vista 18, Hilltop 40**

**Sweetwater 27, Hilltop 29**

**Bonita Vista 18, Sweetwater 41**

1. Rosie Costello, Bonita Vista, 14:34.

### Point Loma, Mira Mesa

at Morley Field, Tues., Oct. 11.

#### BOYS (3.0 Miles):

**Point Loma 22, Mira Mesa 39**

1. Larry Henderson (Mira Mesa) 15:47.

#### GIRLS (2.55 Miles):

**Mira Mesa 26, Point Loma 29**

1. Mariel Gray (Mira Mesa) 16:16.

### Morse, San Diego

at Morley Field, Tues., Oct. 11.

#### GIRLS (2.55 Miles):

**Morse 26, San Diego 29**

1. Guerra (San Diego) 17:58.

### Patrick Henry, Junipero Serra

Tues., Oct. 11.

#### BOYS (3.0 Miles):

**Patrick Henry 15, Serra 50**

(Henry finishers only): 1. Alex Gonzales (Patrick Henry) 16:50; 2. Seresent Abreha (PH) 17:11; 3. Phil Lery (PH) 17:17; 4. Mike Staton (PH) 17:36; 5. Mohammad Irani (PH) 18:01; 6. Ray Madhi (PH) 18:24; 10. Eddie Garcia (PH) 19:01.

#### GIRLS:

**Patrick Henry 15, Serra 50**

(Henry finishers only): 1. Hillery McDade

(PH) 18:26; 2. Mimi Luchans (PH) 19:24; 3. Kim Krause (PH) 19:59; 4. Sara Console (PH) 20:19; 5. Cheryl Go (PH) 20:36; 7. Cassie Santos (PH) 21:01; 8. Elizabeth Torok (PH) 21:39; 9. Rebecca Everett (PH) 21:48.

### La Jolla, Hoover, Madison

at Morley Field, Weds., Oct. 12.

#### BOYS (3.0 Miles):

**Hoover 17, La Jolla 41**

**Hoover 16, Madison 45**

**La Jolla 20, Madison 41**

1. Ayub Abdulalam (Hoover) 15:53.

#### GIRLS (2.55 Miles):

**La Jolla 15, Madison 48**

1. Shannon O'Connor (La Jolla) 16:15.

### USD, University City

at Morley Field, Weds., Oct. 12.

#### BOYS (3.1 Miles):

**USD 18, University City 40**

1. Ross Dammann, USD, 15:51; 2. Dave Mitendorf, USD, 17:30; 3. Derrek Kverno, USD, 17:33; 4. David Scheibal, University City, 18:13; 5. Jeff Dean, USD, 18:38; 6. Cameron Shea, UC, 18:41; 7. Mike Duggan, USD, 18:59; 8. Nate Clapp, USD, 19:01; 9. C. J. Malcom, UC, 19:09; 10. Nick Small, UC, 19:13.

#### GIRLS (2.45 Miles):

**USD 15, University City 49**

1. Vanessa Hanley, USD, 16:09; 2. Erin Shea, USD, 16:55; 3. Kristen Epperson, USD, 17:23; 4. Amy Morrison, USD, 17:46; 5. Autumn Patton, USD, 18:00; 6. Susan Gustaro, USD, 18:34; 7. Jenny Bergen, University City, 18:49; 8. Erin Greene, USD, 19:08; 9. Kendra Cummings, USD, 19:41; 10. Brooke Rhinehart, UC, 19:42.

**NOTABLE:** Vanessa Hanley's 16:09 was fastest girls time to date on new Morley Field course, at least in Western League.

### El Capitan, Santana

at Lindo Lake Park, Weds., Oct. 12.

#### GIRLS (2.15 Miles):

**El Capitan 25, Santana 30**

1. Jaymie Harper, Santana, 12:18; 2. Larissa Gregerson, El Capitan, 12:51; 3. Jennifer

SEE PAGE 11



# DUALS:

FROM PAGE 10

Card, EC, 13:02; 4. Stephanie Kindreich, EC, 13:23; 5. September McHugh, S, 13:29; 6. Kristi O'Grady, S, 13:44; 7. Sarah Jager, EC, 13:56; 8. Kerie O'Grady, S, 14:03; 9. Carrie Vickery, EC, 14:06; 10. Milinda Benitez, S, 14:25.

## BOYS (3.1 Miles):

**El Capitan 17, Santana 44**

1. Danny Sanchez, El Capitan, 17:13; 2. Boland, EC, 17:29; 3. Bishop, EC, 17:55; 4. Orozco, EC, 17:56; 5. Singer, Santana, 18:11; 6. Adragna, S, 18:27; 7. Principe, EC, 18:31; 8. Gregerson, EC, 18:31; 9. Syles, EC, 18:48; 10. Cannuli, S, 18:57.

## Scripps Ranch, Mission Bay, St. Augustine/OLP

at Morley Field, Weds., Oct. 12. Clear and mildly warm.

## BOYS (3.0 Miles):

**Scripps Ranch 15, St. Augustine 48  
Scripps Ranch 19, Mission Bay 42  
St. Augustine 28, Mission Bay 30**

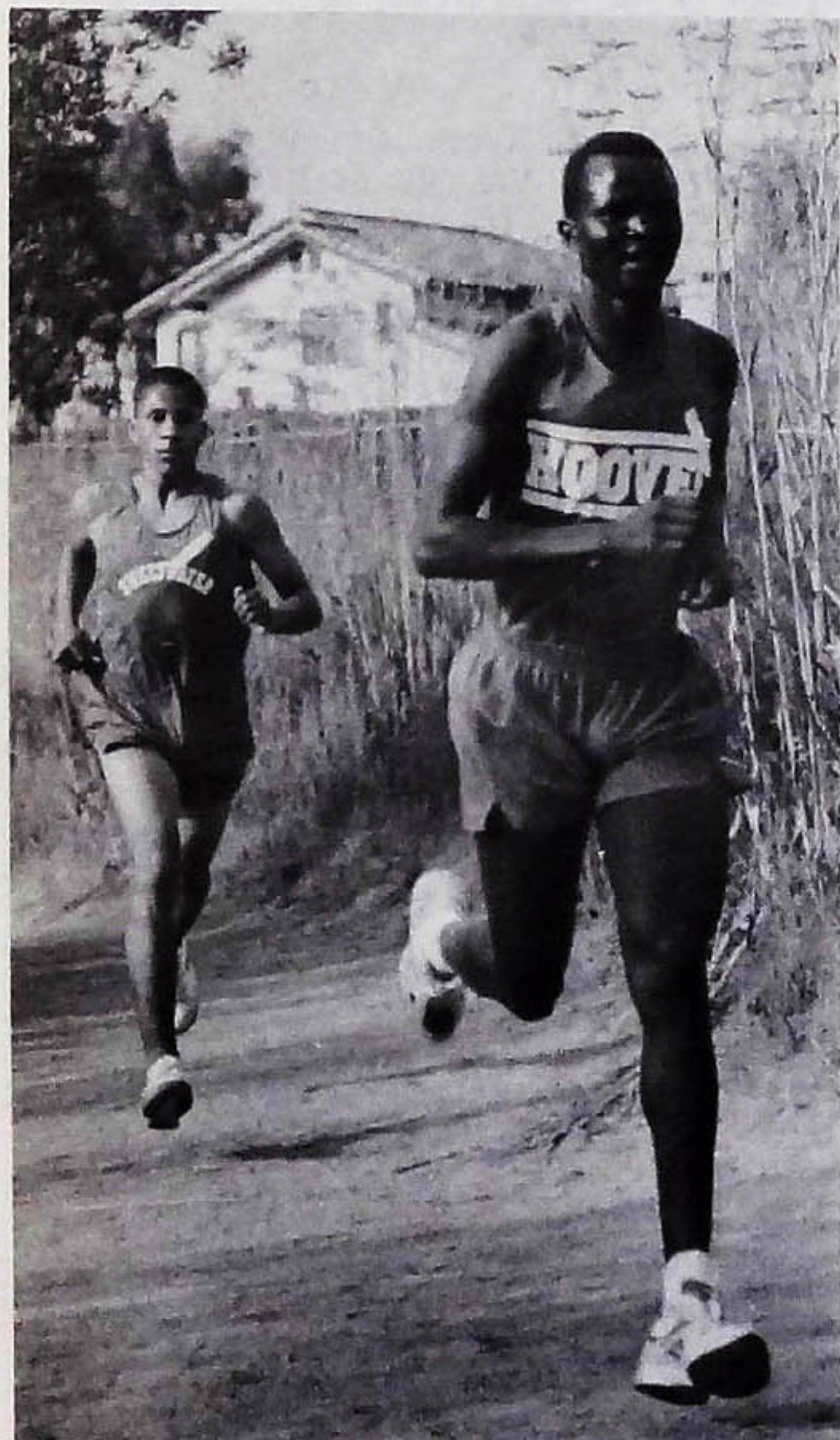
1. Kevin Bowes (Scripps Ranch) 15:42; 2. Jonathan Holmes (Mission Bay) 15:55; 3. Afran Abutin (SR) 15:59; 4. Ty Stewart (SR) 16:02; 5. David Romero (SR) 16:15; 6. Chad Livesay (SR) 16:17; 7. Brent Bolton (SR) 16:34; 8. Sean Bottego (MB) 16:39; 9. Martin Reyes (St. Augustine) 16:44; 10. Noriega (StA) 16:45.

## GIRLS (2.6 Miles):

**Scripps Ranch 20, Mission Bay 37  
OLP 20, Scripps Ranch 41  
OLP 15, Mission Bay 48**

1. Sarah Schmidt (Scripps Ranch) 16:33; 2. Sarah Janes (Our Lady of Peace) 17:07; 3. Keays (OLP) 17:12; 4. Katie Wisniew (OLP) 17:21; 5. Michelle O'Connor (OLP) 17:32; 6. Victoria Smith (OLP) 17:33; 7. Jill Hannaman (SR) 17:35; 8. Moeller (Mission Bay) 18:08; 9. Sarah Wisniew (OLP) 18:12; 10. Jenna Graciano (OLP) 18:39.

**Jr. Varsity Boys:** 1. Ron Anderson (Scripps Ranch) 16:56.



Francis Bachu, Hoover, leads Sweetwater's Jose Barajas.

## Lincoln, Crawford, Gompers at Morley Field, Thurs., Oct. 13.

### BOYS:

**Lincoln 23, Crawford 32**

**Crawford 22, Gompers 39**

**Lincoln 22, Gompers 35**

1. Tewelde, Crawford, 16:40; 2. Mohamed, Lincoln, 16:42; 3. Brown, Gompers, 16:52; 4. Fessehai, Lin, 16:58; 5. Chawech, Cr, 17:50; 6. Cates, Gom, 17:59; 7. Abraham, Lin, 18:03; 8. Travis, Lin, 18:30; 9. Pellici, Lin, 18:31; 10. Tu, Cr, 18:54.

### GIRLS:

**Crawford 17, Lincoln 43**

**Crawford 15, Gompers 45**

**Lincoln 20, Gompers 35**

1. Kenney, Crawford, 18:15; 2. Monyelle, Cr, 18:50; 3. Moreno, Cr, 19:18; 4. Brondstetter, Lincoln, 19:24; 5. Phan Trung, Cr, 19:29; 6. Phan Trinh, Cr, 19:38; 7. Robinson, Lin, 19:54; 8. Shaw, Cr, 20:41; 9. Lover, Lin, 20:42; 10. Parmeyer, Gompers, 21:13.



Melanie Pickett

Mt. Carmel

## Calvin Christian, LJCD, Julian

at Jesmond Dene Park, Thurs., Oct. 13. Cool.

### BOYS (3.1 Miles):

**Calvin Christian 17, LJCD 42**

**Julian, no score**

1. Todd Lewis (Julian) 19:03; 2. Aaron Voss (J) 19:15; 3. J. Young (Calvin Christian) 19:42; 4. W. Wilgenburg (CC) 20:07; 5. J. Memmelaar (CC) 20:15; 6. J. Scarfeo (La Jolla Country Day) 20:23; 7. J. Silva (CC) 20:35; 8. Nathan Hall (CC) 20:39; 9. Mark Cable (J) 20:55; 10. Doug Kok (CC) 21:04.

### GIRLS (2.3 Miles):

**No Score; Calvin Christian wins by forfeit over both schools.**

1. Leslie DeJager (Calvin Christian) 16:56; 2. L. Carter (CC) 18:01; 3. Allegra Hollenbeck (Julian) 18:07; 4. Amanda Shipley (CC) 18:08; 5. Erin McDonough (J) 20:03.

## Grossmont, Valhalla

at Griffin Park, Fri., Oct. 14. Cold, windy.

### BOYS:

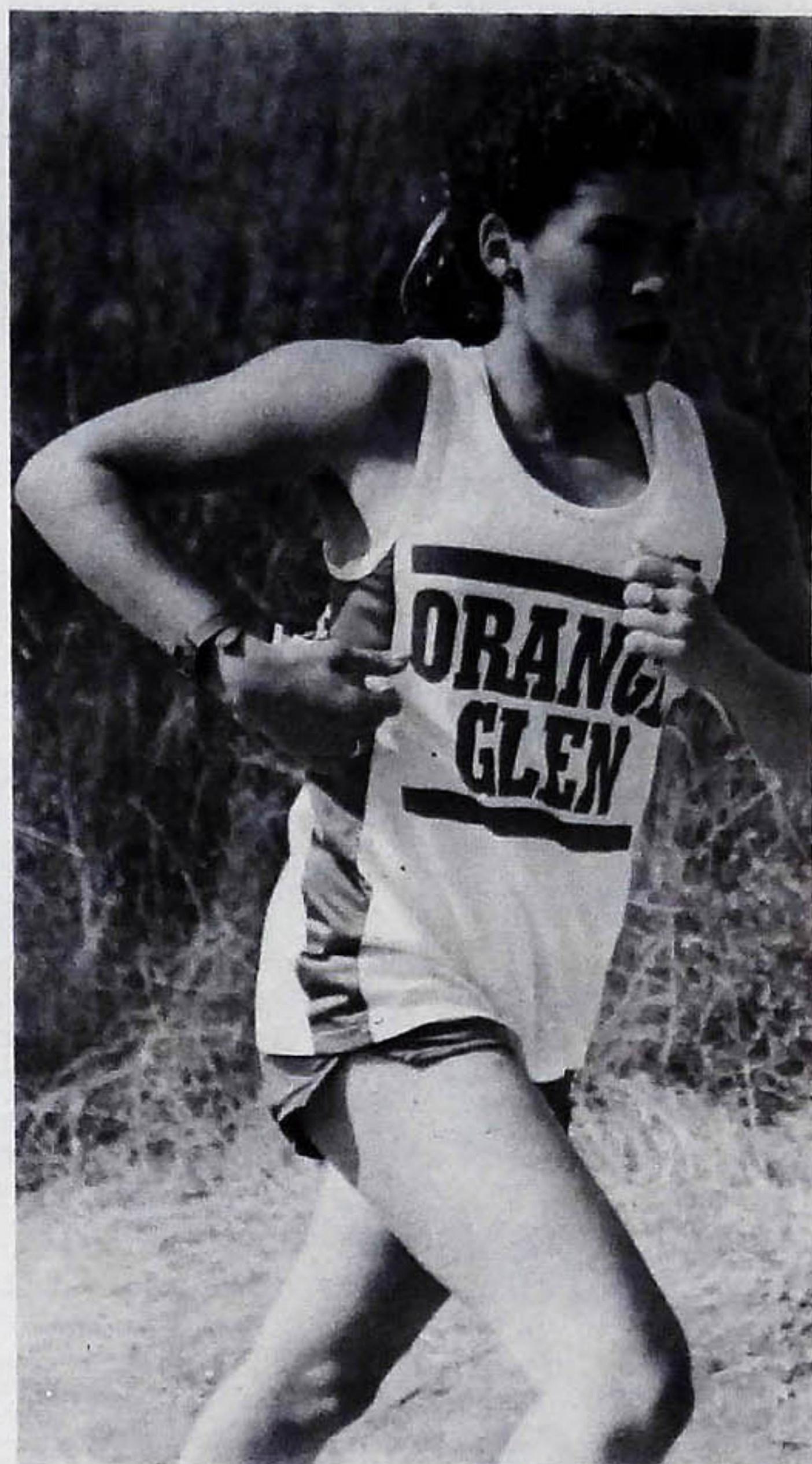
**Grossmont 20, Valhalla 35**

1. David McQuitty (Grossmont) 16:27; 2. Steve Daynes (G) 16:59; 3. Nic Magoffin (Valhalla) 17:01; 4. Matt Konold (G) 17:29; 5. Jimmy Mazzeo (G) 17:34; 6. Doroski (V) 17:44; 7. Travis Kermatt (V) 17:47; 8. Kiflom Abraha (G) 17:50; 9. Ryan Hilton (V) 17:50; 10. Justin Piper (V) 17:52.

### GIRLS:

**Valhalla 16, Grossmont 41**

1. Stephanie Nelle (Valhalla) 14:29; 2. Kelley Halligan (V) 14:55; 3. Danica Buckley (V) 15:09; 4. Margie Broselle (V) 15:21; 5. Jennifer Lindsey (Grossmont) 15:33; 6. Bennet (V) 15:49; 7. Rachel Kalmar (G) 15:55; 8. Zoe Lieberman (G) 16:03; 9. Renee DeLaTorre (G) 16:05; 10. Kee (V) 16:20.



Gina Rennix

Orange Glen

## Coronado, Lincoln

at Morley Field, Mon., Oct. 17.

### BOYS (3.1 Miles):

**Coronado 18, Lincoln 43**

1. Trevor Clarke (Coronado) 16:00; 2. Mike Aguilar (C) 16:31; 3. Cheyne Jones (C) 16:45; 4. Mohamed Ismail (Lincoln) 17:02; 5. Jason Talbott (C) 17:08; 6. Tilihan Fessehai (L) 17:18; 7. Patrick Loerch (C) 17:34; 8. Ryan Boney (C) 18:22; 9. Josh Roberts (C) 18:32; 10. Bashier Ibrahim (L) 18:54.

### GIRLS (2.55 Miles):

**Coronado 25, Lincoln 38**

1. Jessica Lunt (Coronado) 17:24; 2. Theresa Brondstetter (Lincoln) 19:32; 3. Jasmine Watts (C) 19:46; 4. Beth Cole (C) 19:50; 5. Artea Dunn (L) 19:57; 6. Nicole Carver (C) 20:25; 7. Toni Barraza (C) 20:34; 8. Kiymeisha Lover (L) 21:06; 9. Brigid Ryan (C) 21:47; 10. Jessie Garcia (C) 22:21.

## Point Loma, San Diego, Serra

at Morley Field, Tues., Oct. 18.

### BOYS (3.0 Miles):

**Point Loma 19, San Diego 39**

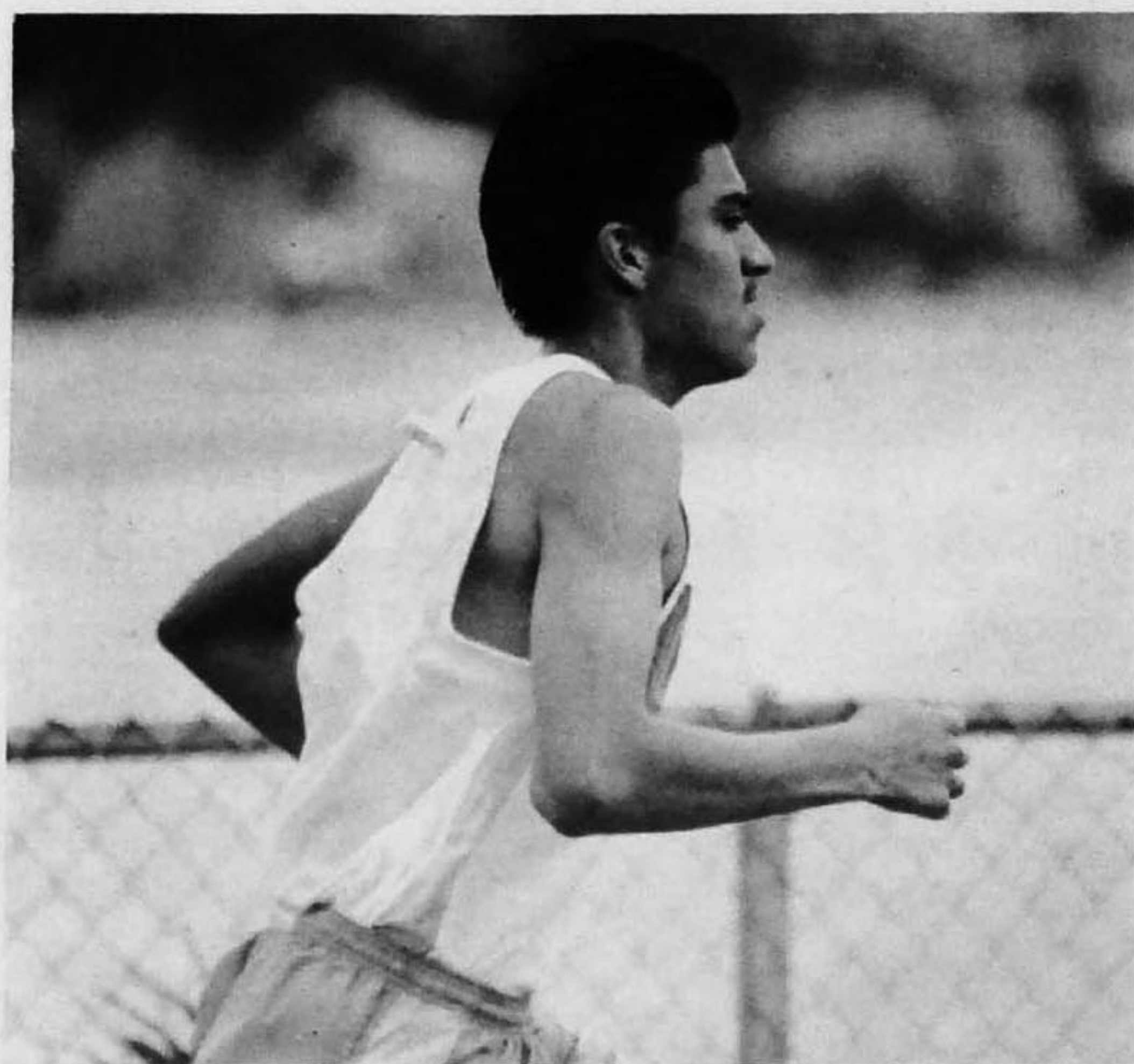
**Point Loma 15, Serra 50**

**San Diego 15, Serra 50**

1. Chris Werdenberg (Point Loma) 16:07; 2. N. Alvarez (San Diego) 16:23; 3. Clarke Graves (PtL) 16:29; 4. Lee Barrett (PtL) 16:30; 5. Hayden Schuler (PtL) 16:36; 6. Mark Savel (PtL) 16:37; 7. A. Alvarez (SD) 16:42; 8. Peter Kleinsasser (PtL) 16:50; 9. Girmal (SD) 16:55; 10. Montano (SD) 17:00.

NEXT ISSUE  
of  
TRACK  
MAGAZINE:  
November 4  
(Deadline Oct. 31)





Jorge Martinez, Chula Vista



Josh Flesher, La Jolla, and Zac Read, Hilltop

## TEAM TIMES:

**Southern California Invitational  
at Guajome Park, Saturday, Oct. 15  
(Total times, entries in varsity races)**

### **GIRLS (2.45 Miles):**

#### **TEMESCAL CANYON (115:08)**

Hargan 15:26, Muench 15:40, Schafer 15:51, Haradon 16:24, Carnagey 17:19, Allen 16:54, Brenta 17:34.

#### **VISTA (115:35)**

Rodriguez 15:52, Shea 16:04, Magana 16:26, Lasiter-Thurber 16:43, Forsyth 16:24, Higuera 17:08, Diaz 16:58.

#### **YUCAIPA (116:35)**

#### **POWAY (119:36)**

Pound 15:21, Koscki 15:59, Vasek 16:14, Bridger 17:42, Schaitel 17:36, Flores 18:56, Shemwell 17:48.

#### **FALLBROOK (119:44)**

J. Rohde 15:31, S. Rohde 16:13, Mattson 16:05, Cook 17:31, Kerr 17:57, Weber 18:05, Lambert 18:22.

#### **ORANGE GLEN (121:57)**

Rumble 16:55, Hieb 16:48, Cottrell 17:19, Rennix 17:04, Maffei 18:16, Goffredo 17:59, Lawrence 17:36.

#### **BONITA VISTA (123:44)**

Costello 15:55, Phillips 15:55, Nguyen 17:38, Barrera 17:43, Romero 18:19, Martinez 18:37, Geyer 19:37.

#### **RANCHO BERNARDO (124:19)**

Hancock 16:38, A. Kitchen 16:56, Owca 17:03, C. Kitchen 17:16, Kircher 17:44, Jorgenson 19:02, Fulton 19:40.

#### **SAN PASQUAL (124:24)**

Beckman 16:00, Marcus 17:05, Wells 18:20, Behrman 17:34, Klein 17:54, Sullivan 18:53, Brian 18:38.

#### **RAMONA (125:49)**

Clark 15:04, Roane 16:58, Phillips 17:21, Shepherd 17:59, Tarbel 18:12, Rymer 21:12, Mitchell 19:03.

#### **CLAREMONT (126:57)**

#### **RANCHO BUENA VISTA (126:58)**

Hermansen 17:21, Carpenter 16:50, Wells 18:56, Holliday 17:52, Hart 18:14, Trayer 19:15, Smith 18:30.

#### **LA JOLLA (129:30)**

O'Connor 16:03, Walters 17:15, Markus

18:30, Nordmarken 18:44, Solvesson 18:40, Mote 21:03, Sanchez 19:15.

#### **SWEETWATER (133:05)**

Cabrera 16:35, Parker 17:17, Sanchez 18:10, Medina 19:22, Banos 19:41, Navarro 20:15, Peterson 21:45.

#### **COACHELLA VALLEY (139:55)**

#### **INCOMPLETE TEAMS:**

Hilltop, Mar Vista, Hoover, San Marcos, Oceanside, Palm Springs, Morse, El Camino, Castle Park, Carlsbad, Escondido, Scripps Ranch

#### **SIGNIFICANT ABSENTEES:**

Claire Becker, Bonita Vista; Erin Kilian, Ramona; Leah Walkey and several others, La Jolla

### **BOYS (3.1 Miles):**

#### **VISTA (121:03)**

Trev. Sybert 16:21, Land 16:48, Ketcham 17:05, Villa 17:21, Briceno 17:24, Garcia 17:43, Rodriguez 18:21.

#### **HOOVER (124:29)**

Abdusalam 16:19, Bachu 17:16, Amicho 17:15, Almedom 18:18, Velazco 18:11, Abdullahi 18:19, Acosta 18:51.

#### **SCRIPPS RANCH (125:09)**

Bowes 17:05, Stewart 18:15, Livesay 17:20, Romero 18:07, Abutin 17:16, Bolton 17:50, Leighton 19:16.

#### **POWAY (126:43)**

Kirtley 17:12, McNeely 17:40, Davis 17:48, Impey 17:51, Dalrymple 18:57, Zanderson 18:46, Gharst 18:09.

#### **YUCAIPA (126:59)**

#### **RANCHO BERNARDO (127:15)**

Meisner 17:21, Short 17:47, Tello 17:42, Galaviz 17:35, Brown 18:01, LaBrecque 19:12, Whisenant 19:37.

#### **RAMONA (127:20)**

Glass 16:28, Reid 17:09, Miller 19:08, Adams 18:27, Shofstall 18:32, Ramos 18:54, Denny 18:42.

#### **FALLBROOK (127:35)**

Weaver 18:01, Coughlin 18:02, Batiuk 17:53,

Escobedo 18:13, Mattson 18:20, Lutgendorf 18:31, Chang 18:35.

#### **SAN PASQUAL (128:06)**

Romero 16:47, Rodriguez 17:16, D. Ash 18:05, Brown 18:33, Pena 18:44, E. Ash 19:07, Roman 19:34.

#### **COACHELLA VALLEY (129:04)**

#### **BONITA VISTA (129:15)**

Smith 17:17, Taylor 18:08, Rice 18:01, Casey 18:02, Corcoran 18:34, Nguyen 19:15, Deguzman 19:58.

#### **SWEETWATER (129:51)**

Lopez 18:16, Barajas 17:22, Nunez 18:03, Tasso 18:44, Guzman 18:56, Gonzalez 19:03, Gallarzo 19:27.

#### **SAN MARCOS (130:16)**

Guevara 17:01, Contreras 17:49, Araujo 18:34, Barrios 18:40, Ramirez 18:38, Keating 19:27, Adam 20:07.

#### **ESCONDIDO (133:55)**

Lopez 17:27, Alvarado 18:27, Meek 18:53, Gerardo 19:06, Hatch 20:30, J. Miller 20:09, M. Miller 19:23.

#### **LA JOLLA (134:48)**

Flesher 18:45, McNulty 18:35, Hewitt 18:39, Dunbar 18:36, Sieckman 20:39, Burke 19:46, Chacon 19:48.

#### **CLAREMONT (135:09)**

#### **CASTLE PARK (136:39)**

Ramirez 17:44, Sandoval 18:13, Middlesworth 18:42, Clifton 20:44, Del Hierro 18:57, Flores 20:40, Abuan 21:44.

#### **CARLSBAD (140:41)**

Ibanez 20:51, Johnson 18:15, Jacobs 20:10, Duran 19:50, Meade 19:47, Cushman 20:39, Van Dyke 21:09.

#### **HILLTOP (No total time)**

Read 18:08, Perez 19:03, F. Greene 18:52, Stanzack 19:33, Mendoza 19:23, E. Greene no official time, De Jesus 19:22.

#### **INCOMPLETE TEAMS:**

Temescal Canyon, Orange Glen, Mar Vista, El Camino, Rancho Buena Vista, Morse, Oceanside, Palm Springs.

#### **SIGNIFICANT ABSENTEES:**

Sanders and Larson, Rancho Bernardo.