

A Movin' Shoes Enterprise



# TRACK MAGAZINE

Volume VI, Number 9 -- May 11, 2001

*The best in local prep track & field coverage*

*What's  
inside...*

**The dual meet season is over, and the final rankings are out. The top three girls teams were so close they could almost not be separated. The boys race for the top spot was also extremely competitive. See pages two and three.**

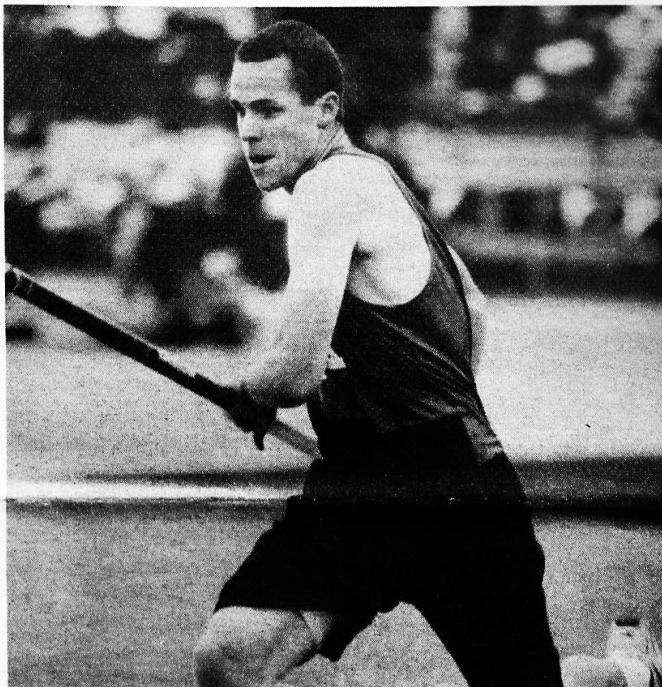
**League titles have already been determined in some events. The details are on page four.**

**Sprinters highlighted the annual Frosh/Soph Championships at West Hills. Results begin on page four.**

**This year's OG Invite was a great meet, with Jeff Hunter and others putting up top marks. See page five.**

**The latest best marks listings begin on page six. How do you rank?**

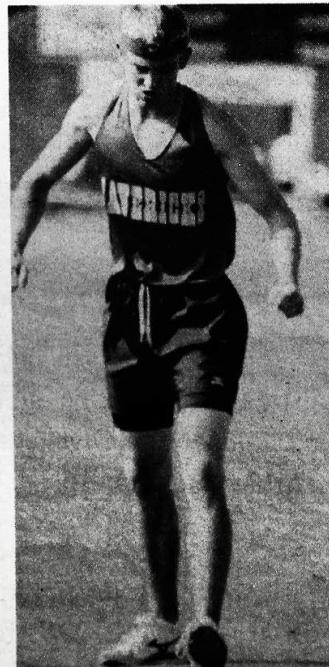
**Next Issue:  
Friday,  
May 25  
Look for it at the  
CIF Championships.**



**Greg Leavitt  
Helix**



**Jessica Eggleston  
El Camino**



**Patrick McDonough  
La Costa Canyon**

**Finals:  
Stars to  
come out  
tonight**

The section's best athletes will be on display on tracks all over the county this afternoon and tonight.

It's time for league finals, the first step in post-season competition. Most of the athletes have already come through some sort of qualifying procedure just to get to this point.

Around the county today:

The Avocado League will hold its finals at Mira Costa College. First events begin at 3 p.m.

The Valley League will stage its championships at Valley Center High School. Some field events begin at 3 p.m.

The Palomar League's best will meet at Poway High, which will be the site of the county finals later this month. First events start at 3 p.m.

All three of the city leagues will combine their meet, and this year the finals will be at UCSD's track. The usual venue, Balboa Stadium, is being renovated. The first event is at 2:30 p.m.

The Grossmont North and South will combine their championships at West Hills High, where there is a 10-lane track. The Gross-monts combine their athletes in a final race, and sort out the North/South titlists later.

And the Metro Mesa and South Bay Leagues will hold their finals at Eastlake High. It will be the first year for the Metro in their new two-league format. The South Bay and Mesa Leagues will hold separate races in most instances, although the 3200s will be combined.

A few top athletes are coming into the finals with injuries.

At the Palomar prelims, Mt. Carmel secured byes for sprinters Michael Matisen and Kristan Matisen. It remains to be seen if they are now ready.

In the Metro prelims, Sweetwater thrower Aiga Marie Taumua rested a ligament strain in her throwing hand and was byed to the finals.

Some of the league championships have already been held.

The Imperial Valley League had their finals meet on Wednesday, at Brawley, while the Southern and Coastal Leagues decided their championships on Tuesday at Escondido High. And, as usual, the Western, Eastern and Harbor leagues scheduled a number of their finals early in the week.

# TRACK MAGAZINE

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## Final rankings: Oh, so close

This year's final dual meet rankings had extremely close competition among the top teams.

The top two boys teams were not far apart, but the top three teams in the girls rankings finished in a virtual tie.

In the boys rankings, a strong Granite Hills squad just edged a well-balanced University City team. On the Track Magazine dope sheet, Granite was about five points ahead of the UC team in a mythical matchup of the two county powers.

In the girls rankings, it was even closer. Rancho Buena Vista and Rancho Bernardo fought to an actual dual meet tie in recent weeks, and both teams doped out to be two-point favorites over a strong Morse team that had many potent weapons.

Here's the details on this year's best dual teams.

### BOYS:

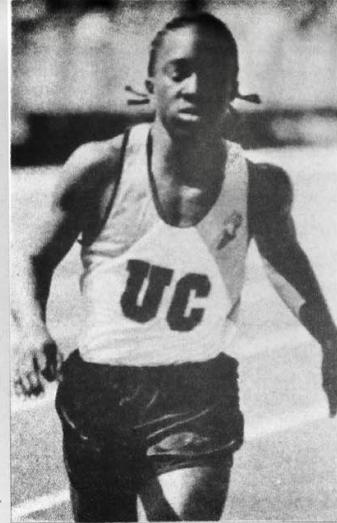
#### 1. Granite Hills.

Head coach: Jim Hunter.

There is no question that the presence of superstar Jeff Hunter raises the level of talent of his teammates. He's dominant in his best events, he's versatile, and he's a workhorse. As a result, the team can flex its talent in several directions, as needed.

Hunter is the best all-around hurdler in the section's history. He is number two, all-time, in both the 110 highs (behind Montgomery's Reggie DePass), and the 300s (behind Mount Miguel's Kevin Jones). He could end up passing one or both by year's end. He also is a pillar of both relay teams, running a strong leadoff for the 4x100 team, and running as fast as 47.8 to anchor the 4x400 team.

One internet idiot claimed that Granite Hills had no speed. Galen O'Neal ranks in the top ten in the county in both the 100 and 200 (using automatic times, not those fantasy hand times), and he's their third fastest athlete.



**DeAngelo Davies**  
University City's boys were number two.

Hunter is a blazer, and there is also sophomore David Evans (11.05, 50.1).

The throws program is one of the top two in the county this year, with Vince Clarke (57-3, 172-4) and Richie Smith (49-8, 171-10). The Eagles might be the first section school to have two throwers past 170 feet in the discus in the same season.

Other strengths: a good vault program, led by Cameron Figueroa (14-0), an always-strong distance program, (although the team has no big guns this year), and depth.

#### 2. University City.

Head coach: John Hutsel.

This school is usually speed city, but this year's team has a different look.

The speed is always there (they currently lead the section in the 4x100, with 42.14), but now the distance group is producing good athletes, and the vault program has been revitalized. Also, the team's coaches have used the depth in speed to bolster the hurdle and jump squads.

As a balanced group, this could be the best-ever UC team.

The speed is not as deadly as last year, when, at full strength, the UC short relay team was arguably as good as any in the state. But the distance runners are coming of age, and, suddenly, the team has vaulters at 14 feet and 13 feet.

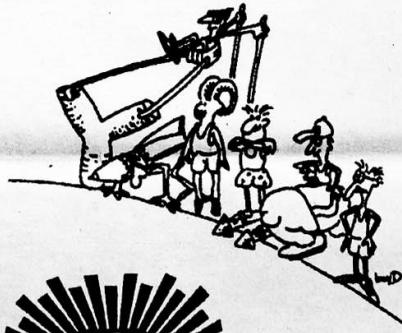
Add to that mix athletes like Isaac Simms (6-7 in the high jump, 45-2 in the triple), Blake Frazier (14.5 in the highs), DeAngelo Davies (50.40) and Chauncey Smith (10.99, 22.88). And, of course, there's those great relay squads.

#### 3. Vista.

Head coach: Pete Brooks.

They went undefeated in the always strong Palomar League, with a multi-talented group.

It begins with a core of distance runners from last fall's best county cross country team, including Ryan Montez, Eric Hernandez, Mark Baddas and several others. There



## Julian All Comers Track & Field Festival

Julian High School Track  
Saturday, July 7, 10AM

Join the fun at one of San Diego county's newest all weather tracks for some fast times at 4200 ft.

Bring your lawn chairs and sun shelters to camp out in the infield and enjoy the festivities

Open to all ages and abilities, old or young, slow or fast, this is a meet for everyone from beginners to Olympians. Entry is \$3 per event, \$2 per event for athletes under 16.

Movin Shoes' all comers format with electronic timing and event seeding by ability. Long Jump, triple jump, high jump, shot put, 110 hurdles, 100M, 200M, 400M, 800M, 1500M, 5000M, MYO (make your own) 4X400 relay.

Information: 619 466-1656 or RVandertie@AOL.com

Please see page 3.

# Final rankings: From previous page.

is also a good core group of sprinters, led by Nigel Martin.

The best vaulter is Ryan Daley (14-0). Junior Eder Arosemena is beginning to muscle up some good marks in the throws, at 53-4 and 161-10. Marcus Barard is the team's best jumper, at 21-10 and 42-11. A. J. Hunt has 15.6 and 39.8 hurdle times. There are no holes.

## GIRLS:

### 1. (Tie) Rancho Buena Vista.

Head coach: Tom Lux.

Lux thinks that this is his best girls team ever.

The core of the team is a group of top-notch versatile athletes, which can be moved around as needed.

The best is Nastassja Hall, who can run quality races from 100 meters through cross country, and who is also a fine jumper. In track, she is rarely asked to run farther than 400 meters, but she can dip under 2:20 in the 800 if it was needed. Her best marks this year are 12.34, 25.49, and 58.79 in the

sprints, and 18-0.5 in the long jump.

Other key athletes are Megan Bornes, who mostly concentrates on jumps (5-2, 17-5, 37-2), but who can also contribute a good relay leg in either baton event; and Courtney Allen, who can range from 400 to 1600 effectively. Lux can move these athletes around to cover most events.

The throws are solid, with Danielle Mitchell (34-0, 114-9) and Whitney DeWeese (32-10, 108-10), there is good distance depth with Melissa Moore and Bree Justus handling the longer races, and Renee McKinney is a good number two in the triple jump (35-1.5).

Lux lacks a fourth to fill out his relay teams, so his strategy at times has been to concede those races, and spread his good athletes around in their best individual events. That strategy helped RBV in a 68-68 tie with Rancho Bernardo.

### 1. (Tie) Rancho Bernardo.

Head coach: Don Jones.

The Broncos are not down, so much as their rivals are having great years.

As usual, the biggest strengths are the best vault group in the county, and a top distance squad.

Coach Tom Martin's vaulters are led by Molly Pascarella, at 12-0 (only RB, among local schools, has produced 12 foot vaulters). He has four others behind her that range from 10-0 to 10-7.

The distance group features Allison Hall (2:18, 5:10 and ready to drop dramatically), and Kaleena Yee (5:15, 11:17). They are potent weapons in duals, going one-two on Torrey's Julie Komosinski in the 1600, for instance, or winning dual races against Mt. Carmel girls that were running as fast as 2:22 and 11:17 (in non-winning efforts!).

The sprint group is very solid, with Laura Landry (25.65, 58.74) and Kristine Schroeder (59.27). Schroeder has been learning the long hurdles since early season, and is at 46.37 at this point.

Alexis Tate has converted from the sprints to the high jump, where she is at 5-4, and still learning.

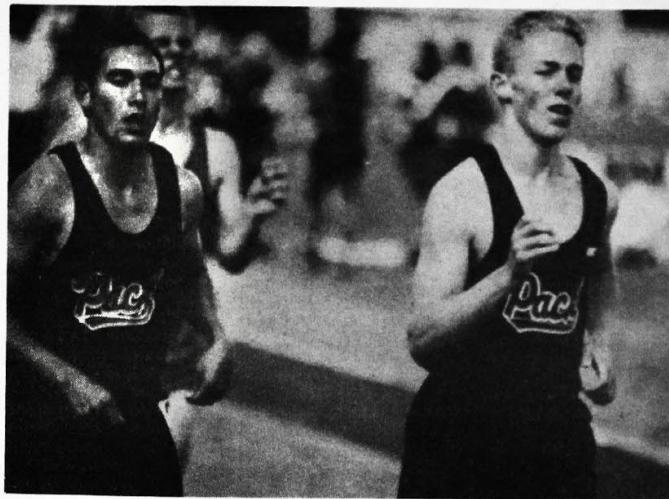
## The rankings...

The dual meet rankings are based on a combination of a compilation of marks, and on dual meet results. In most cases, teams do not compete directly, but dual results, when available, are regarded as superior to comparisons of marks, although several factors (such as the passage of many weeks) can overturn dual results.

In the case of questionable marks, common sense is used.

Marks used are from this year's season only, up through the end of the dual meet season. A team cannot now better their standing by posting improved marks in the championship meets.

**A disclaimer:** the dual rankings are not intended to be a predictor of championship meet results.



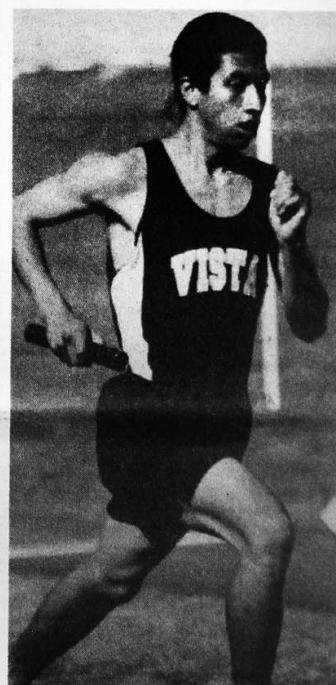
## Kevin Schible, Ross Halleland

West Hills' Grossmont North champs finished just out of the top ten, in a good year for boys teams.



## Natasha Burton

Morse's girls were a very close third.



## Eric Hernandez

Vista's Palomar champs ranked third.

finds good conditions for a 100 meters, she could claim Gail Devers' section record in that, as well. Those are Olympian efforts, as befitting an actual member of last year's Olympic team.

There's more to the Tigers. Amber Hood is having a great year in the throws, at 42-2 and 131-0, and gives Morse an extra dimension. Transfer LaSheena Rice has added her 17-5 jump and 25.7 200 talent to the picture. And Amonica Phipps can run quality times from 400 to 1600. Her best event is probably the 800, where she is a threat to medal at CIF.

There is great sprint and hurdle depth. The relay teams, without Monique, ran 49.2 and 4:05 at the Sundevil Invitational last month.

The team has the potential to score around 70 points at the CIF meet. And, not incidentally, they were also a great dual meet team.

# Dual Meet Rankings

## Final rankings:

### BOYS:

1. Granite Hills
2. University City
3. Vista
4. Helix
5. Valley Center
6. Sweetwater
7. Rancho Bernardo
8. Rancho Buena Vista
9. Eastlake
10. Mt. Carmel

### Others:

- West Hills
- Fallbrook
- San Pasqual
- Escondido
- Bonita Vista

### GIRLS:

1. (tie) Rancho Bernardo, Rancho Buena Vista

### 3. Morse

### 4. Helix

### 5. Fallbrook

### 6. Mt. Carmel

### 7. Torrey Pines

### 8. San Pasqual

### 9. La Costa Canyon

### 10. El Camino

### Others:

### Chula Vista

### West Hills

### Bonita Vista

### University of San Diego

### Poway



**Drew Bouchard**  
St. Augustine

## Coastal Finals

At Escondido High, Tuesday, May 8.

### BOYS:

100: Unavailable. 200: Lam (Bish-  
op's) 22.27, Hendricks (Horizon) 22.49.  
400: Lam (Bish) 50.78.  
800: Kraemer (Army Navy)  
2:02.16. 1600: Unavailable. 3200:  
Kraemer (ANA) 10:14.33.  
110 HH: Ibarra (Imperial) 15.65.  
300 LH: Unavailable.  
4x100: Unavailable. 4x400: Un-  
available.  
HJ: Stewart (San Dieguito Academy)  
5-8. PV: Mihilak (SDA) 11-0.  
LJ: Turner (Hzn) 21-4.5, Jensen  
(Bish) 20-6, Ibarra (Imp) 20-5. TJ:  
McDougal (ANA) 41-2.  
SP: Arthur (Bish) 42-0. DT: Trammel  
(La Jolla Country Day) 100-8.

### GIRLS:

100: Holiday (Hzn) 12.70, Blake  
(Francis Parker) 12.93. 200: Blake (FP)  
25.65, Holiday (Hzn) 25.96, Carlson  
(Santa Fe Christian) 27.21. 400: Blake  
(FP) 57.26, Timinsky (SDA) 58.94.  
800: Timinsky (SDA) 2:19.58, Raff-  
ray (SDA) 2:23.20. 1600: Timinsky  
(SDA) 5:13.00. 3200: Petersen (FP)  
12:06.0.  
100 H: Schultz (Calvin Christian)  
17.65. 300 LH: Schultz (CalC) 51.20.  
4x100: Francis Parker, 52.04.  
4x400: San Dieguito Academy,  
4:25.28.  
HJ: Carlson (SFC) 5-2. PV: Robbins  
(FP) 8-6, Cavanaugh (SDA) 8-0.  
LJ: Carlson (SFC) 16-8, Wiggins  
(UCD) 15-8. TJ: Zuidema (CalC) 32-8.  
SP: Akinfosile (UCD) 33-10.5. DT:  
Akinfosile (UCD) 83-2.

## Eastern Finals

At La Jolla High, Monday, May 7.

Conditions: All-weather track.

### BOYS:

3200 Final: Zelones (MiraM)  
9:45.1, Dunn (PIL) 9:54.4, Garrett (UC)  
9:54.6, Bradshaw (PIL) 10:03.0.  
Discus Final: Girtin (PIL) 149.3,  
Schuh (PIL) 140-1.

Triple Jump and Pole Vault finals  
scheduled Wednesday, May 9. All other  
finals are scheduled May 11.

### GIRLS:

3200 Final: Adair-Morris (UC)  
11:50.0, Burke (PH) 11:54.4, Cohen  
(UC) 12:04.2.

Triple Jump and Pole Vault finals  
scheduled Wednesday, May 9. All other  
finals are scheduled May 11.

## Western Finals

At La Jolla High, Monday, May 7.  
Conditions: All-weather track.

### BOYS:

3200 Final: Bouchard (StA) 9:51.5,  
S. Barrett (StA) 10:01.9, Brock (MB)  
10:03.2, Carini (USD) 10:10.4.  
Pole Vault Final: Granger (U) 12-0,  
Barry (USD) 12-0.

Triple Jump Final: Iafe (StA) 42-7,  
Nowden (MB) 42-4, Jean-Giles (Kny) 41-  
9.5.

Discus Final: Bray (MB) 148-10,  
Abbott (MB) 148-6, Learn (U) 141-11.

### GIRLS:

3200 Final: Serna (MB) 11:39.6,  
Byrne (USD) 12:08.6.

Pole Vault Final: Walkush (SR) 9-6,  
Sloyer (U) 9-0, Reese (U) 9-0, Behr (U)  
9-0, Jackson (OLP) 8-6, Clune (USD) 8-0,  
Gora (USD) 8-0, Dreszer (SR) 8-0.

Triple Jump Final: Kaemerle (USD) 32-  
2.5.

Discus Final: Kondrick (U) 117-4,

Hames (OLP) 104-6.

## Harbor Finals

At Patrick Henry High, Monday, May  
7. Conditions: DG track.

### BOYS:

3200 Final: Kumbi (Hoov) 10:09.00,  
Hassan (Hoov) 10:15.00, Assefa (Hoov)  
10:44.00.

Pole Vault Final: Herrick (Mad) 10-6,  
Tran (Craw) 10-6, Samuelz (Coro) 10-0.

Triple Jump Final: Gueston (Linc) 42-  
1, Eardmann (Coro) 39-10.25, Phan  
(Hoov) 38-9.25.

Shot Put Final: Fisher (Craw) 46-10.5,  
Lambert (Hoov) 45-5, Dingle (Coro) 43-  
11.

### GIRLS:

3200 Final: Wingert (Coro)  
13:23.00, Partridge (Claire) 13:30.00.

Pole Vault Final: Sessions (Mad) 8-5,  
Robbins (Coro) 6-9.

Triple Jump Final: Arjok (Hoov) 33-  
1.5, Wittry (Coro) 32-1.25, McGill (Chr)  
30-1.

Shot Put Final: Sullivan (Hoov) 31-3,  
Solem (Coro) 30-9, Dunn (Claire) 30-6.

## Frosh/Soph: Deun quick

Rancho Bernardo soph Deun  
White looked great at this year's  
Frosh/Soph championships.

He defeated strong fields in the  
400 (running 49.5) and the 200  
(timing 21.5), both excellent times  
on the West Hills track.

Many of this area's best  
sprinters are sophs, and White's  
victims included Reggie Bush,  
David Evans, Baumar Brumfield  
and Travis Picou. Mt. Carmel's  
Michael Matison, out with an  
injury, was a notable absentee.

Another notable effort came in  
the girls frosh pole vault, where  
RB's Nichol Kim cleared 10-3. It  
was a meet record, and the best-  
ever mark recorded by a section  
freshman.

Also notable: a 15.1 hurdle win  
by El Camino's Jessica Eggleston,  
over Escondido's Meggi Afenir.

### The results:

At West Hills High, Saturday, April 28.  
Conditions: Good. Wind a factor, but not  
as much as usual. Aiding wind for hori-  
zontal jumps, short sprint and hurdle  
races.

### BOYS:

#### 100:

Soph: Bush (Hx) 10.7, Brumfield (UC)  
10.9, Anthony (ECam) 11.0, Hutson  
(Hx) 11.1, Walker (ECam) 11.2.

#### 800:

Soph: Mateo (RBV) 2:02.6, Porter  
(LCC) 2:02.9, McCann (MIC) 2:04.1,  
Blomgren (SR) 2:04.7.

#### 1600:

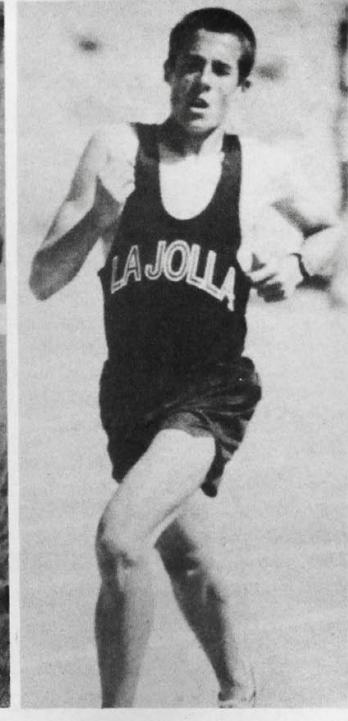
Fresh: Gonzalez (Vis) 2:06.4, Coover  
(U) 2:06.5, Moore (GH) 2:08.3.

#### 4x400:

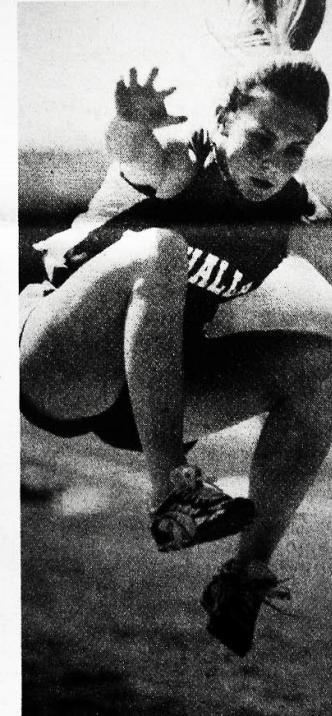
Soph: Gandolfo (ECp) 4:32.3, Gold-  
berg (MIC) 4:34.6, Mateo (RBV) 4:35.3,  
Driscoll (MnTV) 4:35.8, Huerta (UC)



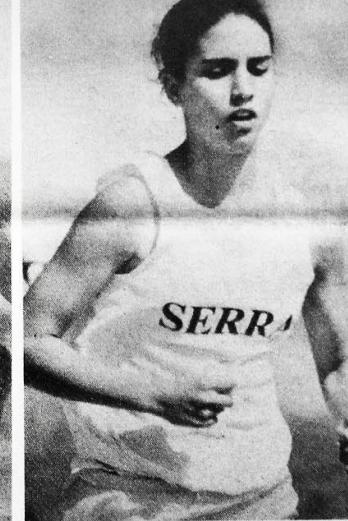
**Christine Burke**  
Patrick Henry



**Paul Coover**  
La Jolla



**Cara Filipowski**  
Valhalla



**Lauren Lynaugh**  
Serra

4:36.8, Bradshaw (PIL) 4:37.3.

Fresh: Coover (U) 4:38.4, Castillo  
(RB) 4:40.7, Middleton (UCD) 4:44.5.

3200:  
Soph: Gandolfo (ECp) 9:51.3,  
Halleland (WH) 9:59.5, Madden (Val)  
10:09.6, Driscoll (MnTV) 10:14.9,  
Ramirez (Carls) 10:16.5.

Fresh: Wagnew (Hx) 10:02.4.  
110 Hurdles:

Soph (39-inches): Hurley (Carls)  
15.4, Reina (OG) 15.7, Simental (Swe)  
15.9, Williams (Swe) 16.2, Sanderson  
(Sant) 16.7.

Fresh (36-inches): Barmer (Hx) 15.1,  
Mateljan (Fall) 17.0, Johnson (Fall) 17.1.

300 Hurdles:  
Soph (36-inches): Reina (OG) 42.1,  
Hernandez (Swe) 42.3.

Fresh (30-inches): Barmer (Hx) 41.5,  
Cono (GH) 43.6, Smith (PIL) 45.6.

4x100:  
Soph: Helix 43.3, Granite Hills 44.4,  
Mount Miguel 44.6, El Camino 44.7,  
University City 44.8, Rancho Bernardo  
45.3.

Fresh: Helix 47.0, Steele Canyon  
47.3, Monte Vista 47.4.

4x400:  
Soph: Granite Hills 3:36.2, Helix  
3:37.4, University City 3:37.7.

Fresh: Fallbrook 3:44.1, Helix

Please see page 5.



Donte Brooks  
Steele Canyon

## Frosh/Soph: From previous page.

**3:345.9, Grossmont 3:49.2.**  
High Jump:  
Soph: Cross (RBV) 6-0, Walker (ECam) 5-10, Smith (Hx) 5-10.  
Frosh: Menke (Vis) 5-10.  
Pole Vault:  
Soph: Mathies (RB) 13-0, Miller (RB) 13-0, Nyberg (UC) 12-6, Romero (Swe) 12-0, Masterson (Vis) 12-0.  
Frosh: Hill (WH) 11-7, Medina (Swe) 10-6, Orme (LCC) 10-6.  
Long Jump:  
Soph: Picou (MIM) 21-11.25, Barnes (RBV) 21-5.5, Hutzon (Hx) 21-5.25, Smith (Mor) 21-0.25, Smith (Hx) 20-11.25, Walker (ECam) 20-1.25.  
Frosh: Guinto (MnIV) 21-1.75, Guinto (MnIV) 20-6, Blue (Hx) 20-0.25.  
Triple Jump:  
Soph: Williams (Swe) 44-4, Barnes (RBV) 43-2.5, Rosure (Swe) 41-7.75.  
Frosh: Guinto (MnIV) 40-0, Mayville (SR) 39-1, Long (SICyn) 38-8.  
Shot Put:  
Soph (12 pounds): Ellis (RB) 49-8.5, Bray (MB) 49-3.5, Dascenzo (Hx) 44-1.  
Frosh (10 pounds): McCall (Mor) 45-10, Silva (RBV) 42-0, Sartain (Hx) 41-3.  
Discus Throw:  
Soph: Bray (MB) 144-9, Ellis (RB) 143-0, Baer (East) 135-8, McFadden (ECam) 134-11, Weller (GH) 133-1.  
Frosh: Toledo (Swe) 110-0, Tickel (PH) 110-0, McCall (Mor) 106-7.

### GIRLS:

**100:**  
Soph: Lowery (Mor) 12.5, Hackett (Mor) 12.6, Anderson (Ser) 12.7.  
Frosh: Diego (ECam) 12.5, Neal (Ptl) 12.6, Fox (Gro) 12.7, Rodgers (CP) 12.8.  
**200:**  
Soph: Rother (Fall) 25.9, Bryant (MIM) 26.4, Hackett (Mor) 26.7, Lowery (Mor) 26.9, Hankins (MIM) 27.1, Harper (GH) 27.2.  
Frosh: Diego (ECam) 26.0, Smiley (Ser) 26.3, Fox (Gro) 26.3, Willingham (Hx) 26.4, Rodgers (CP) 26.7, Liggins (RB) 26.9.

**400:**  
Soph: Bryant (MIM) 61.3, Grantling (Mor) 61.9, Hankins (MIM) 61.9, Duff (VC) 62.1, Kaemler (USD) 62.8.  
Frosh: Willingham (Hx) 61.3, McLean (Vis) 61.9, Mayer (MnIV) 62.4, Easterling (Ser) 62.7, Christian (Mor) 62.8, Wiltry (Coro) 63.1.

**800:**  
Soph: Stolas (GH) 2:27.3, Rideout (SP) 2:27.9, Mother (ECp) 2:28.2, Ooms (UC) 2:28.7.  
Frosh: Gabriel (UC) 2:24.8, Poras (East) 2:25.7, Raffray (SDgto) 2:26.6.  
**1600:**  
Soph: Farrior (Hx) 5:24.9, de Carvalho (UC) 5:29.9, Jord (UC) 5:30.1, Ooms (UC) 5:32.6, Straight (Val) 5:33.2, Ramos (Fall) 5:34.6.

Frosh: Boswick (UC) 5:23.7, St. Laurent (ECam) 4:24.1, Scott (SP) 5:28.3, Bledsoe (MIC) 5:30.7, Gillespie (WH) 5:31.0, Wingert (Coro) 5:31.2.

### 3200:

Soph: Farrior (Hx) 11:58.3, Walker (GH) 12:12.8, Swigart (UCD) 12:20.7.

Frosh: Reithmeier (SP) 11:36.3, Stalnaker (Ram) 11:38.7, Hough (VC) 11:58.6, From (SP) 12:14.7, Burke (PH) 12:15.9.

### 100 H:

Soph: Eggleston (ECam) 15.1, Afenir (Esc) 15.5, Tanner (Gro) 15.6, Hawkins (Mor) 15.7, Tiegen (ECp) 16.1, Davis (ECam) 16.5.

Frosh: White (RB) 15.9, Blue (GH) 17.0, Shriner (MnIV) 17.6.

### 300 LH:

Soph: Davis (ECam) 47.6, Tiegen (ECp) 48.7, Afenir (Esc) 49.0, Sassano (RB) 50.2, Alvord (VC) 50.4.

Frosh: White (RB) 48.8, Burton (Mor) 48.9, Shriner (MnIV) 50.9.

### 4x100:

Soph: Morse 50.6, Escondido 51.6, Mount Miguel 52.0, Serra 52.3, Valley Center 52.5.

Frosh: Rancho Bernardo 52.3, Grossmont 53.8, Monte Vista 54.2.

### 4x400:

Soph: Morse 4:21.2, Valley Center 4:26.8, Escondido 4:26.8.

Frosh: Monte Vista 4:23.6.

### High Jump:

Soph: Jackson (Carls) 5-0, Tronerud (WH) 5-0, Campbell (Val) 5-0, Ransom (Sant) 5-0.

Frosh: Shriner (MnIV).

### Pole Vault:

Soph: Navidi (RB) 9-6, Moyer (Carls) 9-6, Walkush (SR) 9-6, Leyvas (RB) 9-0, Filipowski (Val) 9-0, Reese (U) 8-6, Strick (WH) 8-6.

Frosh: Kim (RB) 10-3, Scarborough (RBV) 8-6.

### Long Jump:

Soph: Dulin (RB) 16-10, Kryger (VC) 16-9, Filipowski (Val) 16-2, Priest (SP) 16-0.

Frosh: Willingham (Hx) 16-9, Erna (SP) 16-4, Rychal (Val) 15-10, Galea (ECp) 15-4.75, Bush (Esc) 15-4.75, Gibbs (ECam) 15-4.25.

### Triple Jump:

Soph: Anderson (Ser) 35-7, Williams (MnIV) 34-4.25, Tavaauu (Swe) 33-4.5, Singleton (PH) 33-1.5, Dulin (RB) 32-9.75.

Frosh: Coogan (LCC) 32-9.25, Williams (U) 32-4, Wittry (Coro) 31-11.

### Shot Put:

Soph: Griffin (WH) 34-5, Laurent (ECam) 32-9.5, Singley (WH) 32-4, Vandervort (SP) 31-9.

Frosh: Oakland (ECam) 31-10, DeWeese (RBV) 31-1, Karneze (RB) 30-2.

### Discus Throw:

Soph: Young (East) 111-5, McKinney (Val) 108-7, Kondrick (U) 103-1.

Frosh: DeWeese (RBV) 99-8, Olvera (WH) 90-8, Quiroz (Swe) 82-4.

## Orange Glen Great meet; Hunter was amazing

Granite Hills hurdler Jeff Hunter put on a great show at this year's Orange Glen Invitational, but there were fine marks everywhere.

One factor was the event's move to the track at Escondido High. The conditions were ideal, the track was fast, and the athletes, after consecutive weekends of damp conditions, were primed.

Hunter was the meet's unquestioned star. With no aiding wind, he ran the 110 highs in 14.05 to move to number two, all-time, in section history. He later returned to scream through the 300s in



Taylor Hewson, Ryan Skerl  
Orange Glen Valley Center

36.76, which also ranks him number two in section history.

He finished off the night with a 47.8 relay anchor to help his team to a win in the 4x400 in 3:25.

Granite had run 3:19 a week earlier, but on this night they were holding out soph David Evans for the next day's frosh/soph meet.

In the 110 highs, Montgomery's Reggie DePass leads the all-time local list at 13.86, with Hunter edging ahead of RB's Bobby Salimi (14.08, last year) into second.

In the 300s, Hunter trails only Mount Miguel's Kevin Jones, who ran 36.44 in 1988.

It seems likely that the Granite Hills senior will give at least one of those records a challenge before the season is over.

West Hills senior Ben Aragon ran a rare 3200, and looked great, running a mostly solo 9:13.88, with a sub 62-second last lap that indicated plenty of gas left in the tank.

The 800 was top quality, with Fallbrook's Jimmy Ungrich making a good solo run at the meet record, and falling just short at 1:54.18. He towed a good field that included Cooper Bachman at 1:55.97, Matt Johnson at 1:56.99, and Stephen Servis at 1:58.48.

The sprints were quick, with Monte Vista's Richard Del Rincon doubling at 10.95 and 22.07, and Valley Center's D. J. Contreras running a 22.27/49.24 long-sprint double.

There were good efforts in the field, as well.

Granite Hills' Vince Clarke PRd at 57-3 in the shot, and teammate Richie Smith won the disc at 171-10. Three other disc throwers went 159 feet or better.

In the vault, Point Loma's Adrian Ruark and Helix jumper Greg Leavitt both cleared 14-6, and both later had good attempts at 15 feet.



Filiberto Martinez  
El Cajon Valley

La Costa Canyon's Patrick McDonough was the class of the high jumpers, clearing 6-6. He had one close attempt at a meet record 6-8, knocking it off with his heels.

The facility was great, but the meet also ran super smoothly under meet director Randy Boozer.

It was a joint effort, with Valley Center's Mike Cummings running the timing system that allowed him to announce times while the runners were practically still on the track. If the move to Escondido is permanent, teams will be fighting to get in next year.

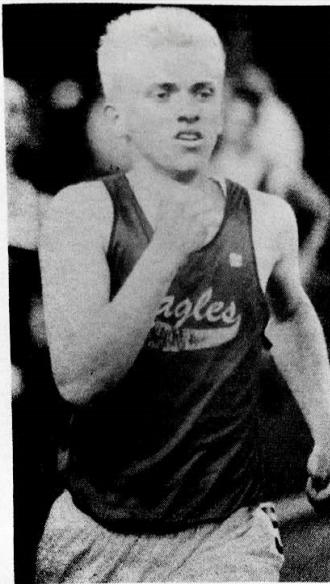
The results:

At Escondido High, Friday, April 27. Conditions: Nearly perfect. Wind not a factor, track fast, temperatures mild.

### BOYS:

**100:** Invite: Del Rincon (MnIV) 10.95, Thompson (Swe) 11.08, Harper (MB) 11.17, O'Neal (GH) 11.18, Cunningham

Please see page 6.



**Matt Johnson**  
San Pasqual

## OG Invite: From previous page.

(SR) 11.31.

Race 4: Evans (GH) 11.05.

200:

Invite: Del Rincon (MnIV) 22.07, Contreras (VC) 22.27, O'Neal (GH) 22.44, Cunningham (SR) 22.52, Mendoza (MB) 22.79, Thompson (Swe) 22.80, Fitzpatrick (Esc) 22.81, Markham (ANA) 23.27.

Race 2: Lewis (MnIV) 22.90, Scott (Sant) 23.02. Race 3: Carroll (Hx) 22.85. Race 4: Cooper (WH) 23.43. 400:

Invite: Contreras (VC) 49.24, Buchanon (Oc) 49.87, Mendoza (MB) 50.29, Cueva (Esc) 50.39, Andre (SP) 51.49.

Race 1: Dalton (USD) 51.70, Reed (SIA) 52.58. Race 2: Scott (Sant) 52.41, Perez (MnIV) 53.63. Race 3: Sampson (CP) 51.74, McClurg (CP) 53.00. Race 4: Ramsey (WH) 53.04. 800:

Invite: Ungicht (Fall) 1:54.18, Bachman (VC) 1:55.97, Johnson (SP) 1:56.99, Servis (Esc) 1:58.48, Fierro (USD) 1:59.59, Schible (WH) 2:00.31, Bono (GH) 2:01.07, Savage (WH) 2:01.30, Pastrana (East) 2:02.77, Torres (Swe) 2:03.44, Dionela (Swe) 2:03.66.

Race 4: Gausepohl (Fall) 2:02.0. 1600:

Invite: Kraemer (ANA) 4:25.36, Polito (VC) 4:27.21, Gausepohl (Fall) 4:31.11, Whitson (BV) 4:34.95, Bartonicik (GH) 4:35.23, Aginiga (Hill) 4:35.96, Raudaskoski (SR) 4:36.16.

Race 2: Swier (MnV) 4:35.90, Skerl (VC) 4:39.23, Hewson (OG) 4:43.34. Race 4: Berdeski (BV) 4:42.1, Ritchie (BV) 4:43.4.

3200:

Invite: Aragon (WH) 9:13.88, Williams (Hx) 9:40.22, Kraemer (ANA) 9:48.87, Whitson (BV) 9:53.05, Bouchard (SIA) 9:55.19, Abdirizak (Swe) 9:57.87, Thielen (USD) 10:06.03, Aginiga (Hill) 10:07.52, Ef. Carrillo (GH) 10:10.06, Zelones (SR) 10:10.6, Rankin (MnIV) 10:14.26.

Race 1&2: Carini (USD) 10:14.54. Race 3&4: Rivera (GH) 10:10.9, Luperio (Fall) 10:16.85, Guardado (Swe) 10:18.89.

110 Hh:

Invite: Hunter (GH) 14.05, Everett (SP) 14.93, Harvey (Swe) 14.99, Enriquez (SIA) 15.27, Cunningham (WH) 15.48, Frinell (Fall) 15.62, Stroh (VC) 15.67, Bartels (East) 16.09, Curry (East) 16.14.

Race 1: Ibarra (Imp) 15.50. Race 2: Lewis (MnIV) 15.44, Feehan (Esc) 15.70, Dacus (VC) 16.67, Sanderson (Sant) 16.71. Race 3: Baca (East) 16.19, Hillary (BV) 16.62. Race 4: Taylor (GH) 16.02, McLeod (Fall) 16.45. 300 Hh:

Invite: Hunter (GH) 36.76, Vargas (BV) 39.77, Cunningham (WH) 40.03, Enriquez (SIA) 40.69, Stroh (VC) 41.98. Race 2: Nowden (MB) 41.03, Fuselier (SP) 42.29, Dacus (VC) 42.7. Race 4: Hillary (BV) 41.38, Lonzon (Mont) 41.97, Taylor (GH) 42.39, Reeder (WH) 42.60, McLeod (Fall) 42.9.

4x100:

Invite: Granite Hills 42.61, Sweetwater 43.81, Oceanside 44.86. Race 1: St. Augustine 45.23, Army Navy 45.36, USD 45.57. Race 2: Escondido 43.85, Valley Center 44.00, San Pasqual 45.53. Race 3: Helix 44.07, Eastlake 44.42, Castle Park 45.22, Grossmont 45.68. Race 4: Fallbrook 45.30.

4x400:

Not available.

High Jump:

Invite: McDonough (LCC) 6-6, Curry (East) 6-4, Skrzypczak (VC) 5-10. Divisions 3&4: Anderson (LCC) 5-10. Pole Vault:

Invite: Ruark (PIL) 14-6, Leavitt (Hx) 14-6, Marshall (WH) 14-0, Warner (Carls) 13-6, Aleman (East) 13-6, Beaman (VC) 13-0, Figueiroa (GH) 13-0, Kesar (Fall) 13-0, Reeder (WH) 12-6, Sabin (SP) 12-6, Romero (Swe) 12-0, Harlin (Fall) 12-0.

Long Jump:

Invite: Harvey (Swe) 22-1.5, Skrzypczak (VC) 21-8.5, Carroll (Hx) 21-12.5, Aguirre (Gro) 21-0, Buchanan (Oc) 20-10.5.

Divisions 1&2: Nowden (MB) 21-5. Divisions 3x4: Kenney (Hill) 20-4, Dixon (Oc) 20-4, Sanders (CP) 20-2.

Triple Jump:

Invite: Harvey (Swe) 44-2.5. Divisions 1&2: Nowden (MB) 42-11, Feehan (Esc) 41-11.5, Ibarra (Imp) 41-1.75, Blackmon (Mod) 41-0.25.

Divisions 3&4: Sanders (CP) 41-9.75. Shot Put:

Invite: Clarke (GH) 57-3.25, Foster (BV) 52-0, Driggs (Swe) 51-11.25, Bray (MB) 50-7.25, Smith (GH) 49-8.5, Hansen (Hill) 47-8, Abbott (MB) 47-0.5, Rangel (East) 46-7.

Divisions 1&2: Carr (VC) 45-5.75, Girton (PIL) 45-3. Divisions 3&4: Charles (Swe) 51-2.25, Feijano (Swe) 49-1.25, Thompson (Fall) 47-10.75, Moran (Fall) 45-4.

Discus Throw:

Invite: Smith (GH) 171-10, Thompson (Fall) 161-3, Rangel (East) 160-8, Abbott (MB) 159-6, Bray (MB) 147-11, Girton (PIL) 142-4, Driggs (Swe) 141-0, Cayas (BV) 140-3, Critt (Oc) 140-2, Wilson (Sant) 137-0.

Divisions 1&2: Ruzich (SP) 149-4, Payne (Sant) 140-0, Colegrove (Esc) 132-8. Divisions 3&4: Stephens (CP) 144-1, Lawrence (Gro) 135-2, Baer (East) 131-4, Moran (Fall) 131-1, Blevins (GH) 130-11.

## Best 2001 Marks:

NOTE: Minimum standards for marks listed are identical to San Diego Union-Tribune standards.

Converted times from yard distances are noted (example: 52.4c), and conversions are based on the Track & Field News BIG RED BOOK.

In the 100, 200, 4x100 Relay, 100 Hurdles and 110 High Hurdles, separate lists are maintained for hand times and automatic times.

In all other events, hand times and automatic times are combined on the same lists. The hand times are in tenths of a second, and automatic times are in hundredths. On our lists, they are ranked in numerical order although it is recognized that automatic times are 0.24 seconds faster than hand times. Thus, a 51.23 (automatic) is superior to a 51.0 (hand), although we don't list them that way.

Please notify Track Magazine with corrections, omissions or additions.

## BOYS:

Marks received by May 9.

100:

Automatic time:

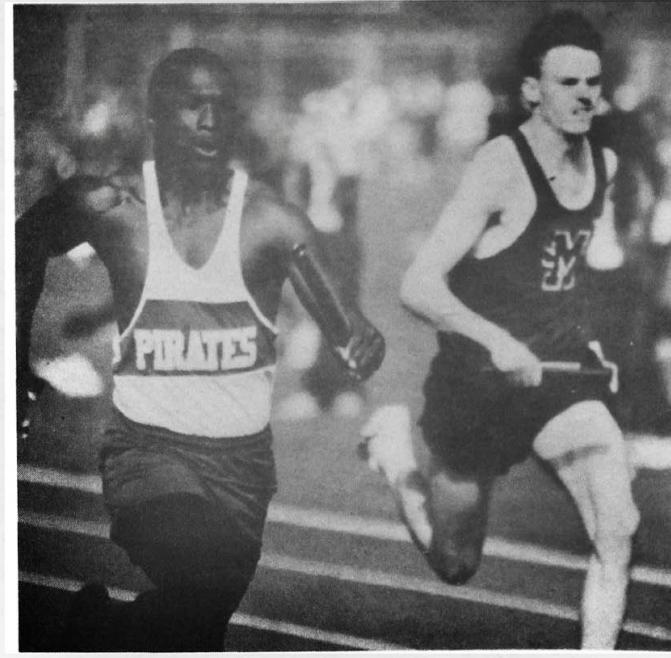
10.90 Michael Matis, MIC

10.95 Reggie Bush, Hx

10.95 Richard Del Rincon, MnIV

10.99 Chauncey Smith, UC

11.05 David Evans, GH



**Elijah Brunson, Travis Picou**  
Oceanside Mount Miguel



**Darren Fitzpatrick**  
Escondido

11.08	Allen Thompson, Sweet
11.08	Shaunta Harper, MB
11.16	Michael Johnson, Serra
11.17	Nigel Martin, Vista
11.18	Galen O'Neal, GH
11.21	Thomas Moory, Morse
11.21	Darren Fitzpatrick, Esc
11.22	Baumar Brumfield, UC
11.27	Bryce Yeaton, Ram
11.27	DeAngelo Davies, UC
11.30	David Himchak, MIC
11.31	Clarence Cunningham, SR
11.32	Mike Marshall, RBV
11.33	Boris McDaniels, Linc
11.33	Curtis Flowers, SP
11.38	Anthony Lewis, UC
11.38	Dustin Graham, RB
11.41	Nick Lewis, MontV
11.45	Cory Jones, Linc
Hand time, no wind readings:	
10.4	Blake Frazier, UC
10.4	Reggie Bush, Hx
10.5	Richard Del Rincon, MnIV
10.5	Choucey Smith, UC
10.6	Marcellus Edwards, Braw
10.6	Nigel Martin, Vista
10.6	Shaunta Harper, MB
10.7	Jamal Tate, Hoov
10.7	Michael Matis, MIC
10.7	Jason Macklin, Vista
10.7	Anthony Hellum, Cent, EC
10.7	Michael Johnson, Serra
10.7	Nick Banks, Kny
10.7	Baumar Brumfield, UC
10.8	Brian McIntosh, Gross
10.8	Gerell Henderson, Cent, EC
10.8	Cory Jones, Linc
10.8	John Principato, Gross
10.8	Travis Picou, MIM
10.8	Allen Thompson, Sweet
10.9	Galen O'Neal, GH
10.9	Fiat Johnson, Serra
10.9	Will Buchanan, Oc
10.9	Adam Gajio, MirAM
10.9	Darrell Hutson, Hx
10.9	David Evans, GH
10.9	Billy Walker, ECam
10.9	Nick Lewis, MontV
10.9	Anthony Lewis, UC
10.9	Mike Marshall, RBV
10.9	Alvin Debose, CV
10.9	Chris Shuster, WH
11.0	Clarence Cunningham, SR
11.0	Napoleon McNeal, Mont
11.0	Anthony Sabal, Cent, EC
11.0	Curtis Flowers, SP
11.0	DeMarcus Small, East
11.0	Deun White, RB
11.0	Jeff McNeal, Mont
11.0	Mark Whaley, East
11.0	Matt Pitcher, RBV
11.0	Darren Fitzpatrick, Esc
11.0	Ian Moreland, Morse
11.0	David Himchak, MIC
11.0	Bryce Yeaton, Ram
11.0	Kenyatta Williams, Mont
11.0	Jose Chavez, Clxco
11.0	Speedy Anthony, ECam
11.0	Josh Cooper, WH
11.1	Richard Moss, LJ
11.1	Dustin Graham, RB
11.1	Maurice Williams, CP
11.1	Randon Jorgensen, Vista
11.1	Angelo Vargas, BV
11.1	Nate Skrzypczak, VC
11.1	Terrence Johnson, Swest, EC
11.1	Henderson, MirAM
200:	Automatic time:
21.93	Deun White, RB
22.07	Richard Del Rincon, MnIV
22.20	Reggie Bush, Hx
22.27	D. J. Contreras, VC
22.27	Bernard Lam, Bish
22.28	Choucey Smith, UC
22.29	Cory Jones, Linc
22.35	Nigel Martin, Vis
22.44	Galen O'Neal, GH
22.49	David Hendricks, Hrnz
22.52	Clarence Cunningham, SR
22.58	Pat Mahoney, MIC
22.62	Michael Johnson, Serra
22.71	Allen Thompson, Sweet
22.73	Jamal Tate, Hoov
22.76	John Greene, Craw
22.79	David Evans, GH
22.81	Eder Mendoza, MB
22.82	Darren Fitzpatrick, Esc
22.85	Baumar Brumfield, UC
22.85	Marcus Carroll, Hx
22.88	Mike Marshall, RBV
22.90	Nick Lewis, MontV
22.94	Paul Rosales, Pow
22.94	DeAngelo Davies, UC
22.97	Jose Rodriguez, LJ
22.98	Shaunta Harper, MB
23.02	Walter Scott, Sant
23.03	Travis Picou, MIM
23.10	Gabe Uribe, MIC
Hand time, no wind reading:	
21.5	Deun White, RB

Please see page 7.

# Boys Marks:

From previous page.

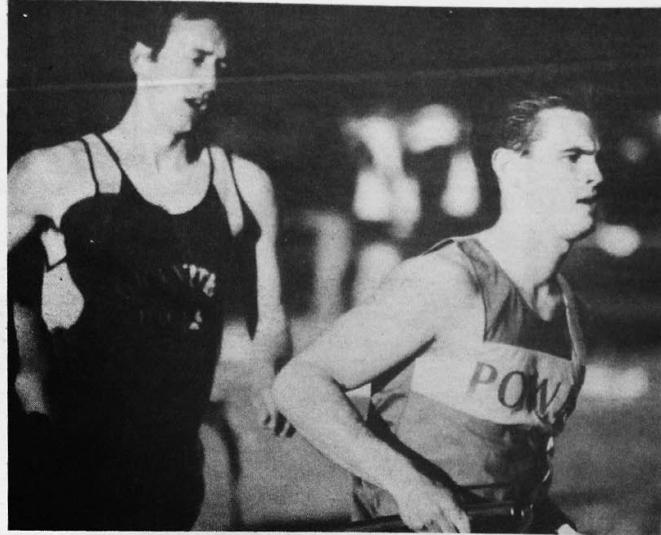
21.7	Reggie Bush, Hx
21.7	Richard Del Rincon, MontV
21.7	Nigel Martin, Vista
21.9	Michael Matisson, MIC
21.9	D. J. Contreras, VC
22.0	David Hendricks, Hrzn
22.1	Reggie Bush, Hx
22.1c	Allen Thompson, Sweet
22.2	David Evans, GH
22.2	Cory Jones, Linc
22.2	Mike Marshall, RBV
22.3c	Travis Picou, MtM
22.3	Galen O'Neal, GH
22.3	Baumard Brumfield, UC
22.4	Jamal Tate, Hoov
22.4	Bernard Lam, Bish
22.4	Darren Fitzpatrick, Esc
22.4	Shaunta Harper, MB
22.4c	Marcus Carroll, Hx
22.5	Clarence Cunningham, SR
22.5	Pat Mahoney, MIC
22.6c	John Greene, Craw
22.6	Mike Johnson, Serra
22.6c	Eder Mendoza, MB
22.6	Jose Rodriguez, LI
22.7	Herman Nuckles, SM
22.7c	Eddie Thomas, MontV
22.7	Tyree Jones, ECam
22.7	Chaucee Smith, UC
22.8	Quentin Anderson, Val
22.8	Fiat Johnson, Serra
22.8	Steve Maldonado, Vista
22.9	Curtis Flowers, SP
22.9	Avante Agurs, Gross
22.9	Josh Cooper, WH

## 400:

49.0	Eddie Thomas, MontV
49.24	D. J. Contreras, VC
49.29	Deun White, RB
49.3c	Jeff Hunter, GH
49.7	Brady Douglas, MtM
49.8	Nico Cueva, Esc
49.87	Will Buchanon, Oc
49.94	Ferris Galyon, RBV
50.06	Hunter Reddick, Morse
50.1	David Evans, GH
50.20	Todd Watkins, Hx
50.2c	Reggie Bush, Hx
50.2	Steve Maldonado, Vista
50.29	Eder Mendoza, MB (50.2h)
50.40	DeAngelo Davies, UC
50.58	Fiat Johnson, Serra
50.66	Pat Mahoney, MIC
50.78	Bernard Lam, Bish
50.8	Ben Aragon, WH
50.8	Lester Cole, Linc
50.89	Paul Rosales, Pow
50.9	Scott LaCaze, TP
51.0	Matt Andre, SP
51.1	DarNell Talbert, MIC
51.3	Brandon Barnes, RBV
51.4	Justin McCullough, Swest, EC
51.47	Sal Bono, GH
51.5c	Boris McDaniel, Linc
51.5	Quentin Anderson, Val
51.70	Steve Dalton, USD
51.7	Demetrius Westbrooks, Morse
51.7	Chris Pettit, Ram
51.7c	Marcus Carroll, Hx
51.7	Jeff McNeal, Mont
51.71	Jeremy Taylor, Vista
51.74	DeMarco Sampson, CP
51.9	David Hendricks, Hrzn
51.9	Al Toeks, ECV
51.9c	Tyree Jones, ECam
52.0	Avante Agurs, Gross
52.0	Mario Fierro, USD
52.0c	Jimmy Ungricht, Fall
52.1	Walter Scott, Sant
52.2	Ross Ramsey, WH
52.2	Torres, Braw
52.2	Brandon McNally, East
52.2	Cooper Bachman, VC

## 800:

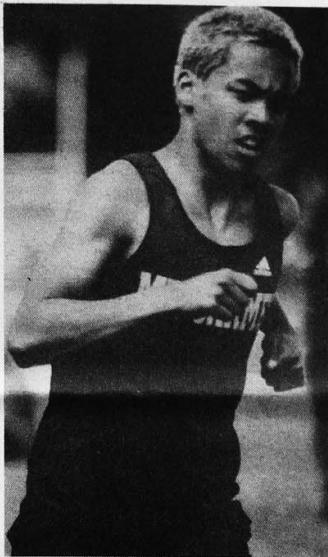
1:53.42	Jimmy Ungricht, Fall
1:53.45	Ben Aragon, WH
1:55.97	Cooper Bachman, VC
1:56.0	Nico Cueva, Esc
1:56.99	Matt Johnson, SP
1:57.2	Chris Ferrier, LI
1:58.0	Abadir Barre, MIC
1:58.48	Steven Servis, Esc
1:58.5c	David Santos, Val
1:58.8	Aaron Powell, Pow
1:59.12	Devon Lyons-Quirk, Pow
1:59.13	Artemio Mateo, RBV
1:59.18	Mario Fierro, USD
1:59.3	Alan Aradanas, MIC
1:59.6	Mark Baddeas, Vista
2:00.0	Eric Dunn, Ptl
2:00.0c	Leigh Carter, Hx
2:00.3	Ricky Roane, Ram
2:00.31	Kevin Schible, WH
2:00.5	Ryan Montez, Vista
2:00.8	Will Kraemer, ANA
2:01.07	Sal Bono, GH
2:01.12	Chris Tanks, RB



**Sean Bartonicek, Aaron Powell**  
Granite Hills Poway



**Eder Mendoza**  
Mission Bay



**Alan Aradanas**  
Mt. Carmel

2:01.2	Chris Gausepoli, Fall
2:01.30	Sean Savage, WH
2:01.4c	Moraleja, MtM
2:02.0	Nick Kelleher, Vista
2:02.57	Brian Perez, RBV
2:02.77	Isaac Pastrana, East
2:02.79	Doug Marsh, MIC
2:02.9	Drew Porter, LCC
2:03.09	Barrett Larson, LCC
2:03.1	Raul Cobian, Braw
<b>1500:</b>	
3:54.63	Ben Aragon, WH
Conversion to 1600 (according to T&F News conversion tables):	
4:11.9	Aragon
<b>1600:</b>	
4:18.6	Ben Aragon, WH
4:18.76	Abadir Barre, MIC
4:20.3	Devon Lyons-Quirk, Pow
4:20.95	Will Kraemer, ANA
4:24.99	David Santos, Val
4:25.7	Jimmy Ungricht, Fall
4:26.8	Ryan Montez, Vista
4:27.21	Gu Polito, VC
4:27.4	Cooper Bachman, VC
4:29.39	Eric Hernandez, Vista
4:29.70	Alan Aradanas, MIC
4:30.1	Eric Dunn, Ptl
4:31.11	Chris Gausepoli, Fall
4:31.17	Adam Goldberg, MIC
4:31.72	Luke McGinnis, Pow
4:31.80	Andrew Garrett, UC
4:31.8	Chris Ferrier, LI
4:32.13	Benny Gandolfo, ECp

9:38.5

9:39.2	Devin Lyons-Quirk, Pow
9:39.3	Ryan Montez, Vista
9:40.9	Gus Polito, VC
9:43.30	Alan Aradanas, MIC
9:45.1	Brandon Zelones, MiraM
9:45.3	Andrew Garrett, UC
9:45.42	Luke McGinnis, Pow
9:47.7c	David Santos, Val
9:48.3	Brad Liber, UC
9:50.8	Ross Halleland, WH
9:51.5	Drew Bouchard, STA
9:52.9	Ryan Skerl, VC
9:53.05	Dustin Whitson, BV
9:53.4	Kenny Lawrence, Ram
9:53.6	David Ignacio, SM
9:54.4	Eric Dunn, Ptl
9:54.5	Efrain Carrillo, GH
9:57.87	Abdi Abdizak, Sweet
9:58.0	Adam Goldberg, MIC
9:58.7	Ramon German, Vista
9:59.4	Solomon Kumbi, Hoov
9:59.99	Babey Wagnew, Hx
10:01.8	Haji Hassan, Hoov
10:01.9	Sean Barrett, STA
10:02.0	Carlos Sanchez, Ram
10:03.0	Brian Bradshaw, Ptl
10:03.1	Nathan Aginiga, Hill
10:03.2	Kevin Brock, MB
10:03.6	Aaron Trunnell, RBV
10:04.6	Zack Neilsen, MIC
10:04.7	Dan Tanks, RB
10:05.0c	Luke Haywas, ECam
10:06.03	Brian Thielen, USD
10:06.3	Kip Madden, Val
10:09.1	Jon Shellhammer, Ram
10:09.5	Mike Bell, WH
10:10.4	Michael Carini, USD
10:10.6	Justin Zelones, SR
10:10.9	Josh Rivera, GH
10:12.4	Navid Hassanzadeh, TP
10:12.90	Andres Padilla, CV
10:13.48	Sal Acevedo, Swest, EC
10:13.5	Tye Lidman, TP

## 110 High Hurdles:

Automatic time:

14.05	Jeff Hunter, GH
14.74	DarNell Talbert, MIC
14.93	Jon Everett, SP
14.99	Trandon Harvey, Sweet
15.03	Blake Frazier, UC
15.24	Trent Stroh, VC
15.27	Nathan Enriquez, STA
15.30	Jerel Woods, Linc
15.33	John Dudek, TP
15.39	Bryon Barmer, Hx
15.40	Brandon Barnes, RBV
15.44	Nick Lewis, MontV
15.48	Ryan Bartsch, East
15.48	Mike Cunningham, WH
15.50	Gabe Ibarra, Imp
15.52	Tray Muehback, TP
15.58	John Feehan, Esc
15.59	Pat Lockwood, Pow
15.62	Tim Frinell, Fall
15.66	Jake Symons, Claire
15.80	Tim Bailey, UC
15.88	Pat Benitez, MiraM
15.91	Richard Encinas, Braw
16.02	Aaron Barnhill, SM
16.02	Brian Taylor, GH
16.12	Angelo Vargas, BV
16.13	Chris Reino, OG
16.14	Wade Curry, East
16.17	Tim Frinell, Fall
16.19	Marcel Baca, East
Hand time, no wind reading:	
14.0	Jeff Hunter, GH
14.5	DarNell Talbert, MIC
14.5	Blake Frazier, UC
14.8	Trandon Harvey, Sweet
14.8	Nick Lewis, MontV
14.9	Ryan Bartsch, East
14.9	Jon Everett, SP
14.9	Oleg Khardonov, LI
15.0	Tray Muehback, TP
15.0	Mike Cunningham, WH
15.0	Jerel Woods, Linc
15.1	Tim Frinell, Fall
15.1	Nathan Enriquez, STA
15.1	Bryon Barmer, Hx
15.1	Reggie Grigsby, ECam
15.2	John Dudek, TP
15.2	Richard Encinas, Braw
15.2	Trent Stroh, VC
15.2	Brandon Barnes, RBV
15.3	Jake Symons, Claire
15.3	Aaron Barnhill, SM
15.4	Pat Benitez, MiraM
15.4	Osvaldo Simental, Sweet
15.4	Kurt Hurley, Carls
15.5	Tim Bailey, UC
15.6	Wade Curry, East
15.6	Tres Talbert, RB
15.6	Jose Luis Salazar, Swest, EC
15.6	Matt McChristian, SR
15.6	Jeremiah McLeod, Fall
15.6	A. J. Hunt, Vista
15.7	John Feehan, Esc
15.7	Angelo Vargas, BV

Please see page 8.

# Boys Marks:

From previous page.

15.7	Brian Taylor, GH
15.7	Chris Reina, OG
15.8	Travis Bailey, CV
15.8	Josh Hargis, Vista
15.8	David Paco, Clxco
15.9	Pat Lockwood, Pow
16.0	Rashard Holmes, RB
16.0	Sorida Phan, Hoov
16.1	Damian Young, Val
16.2	Julia Torres, CV
16.2	Frank Muramoto, Gross
16.2	Clayton Marshall, WH
16.2	Reynoso, VC
16.2	Jonathan Anderson, UC
16.3	Arthur Mickelsen, Morse
16.3	Nick Sanderson, Sant
16.3	Mike Mateljan, Fall
16.3	Jamar Williams, Sweet
16.3	George Garcia, Mont

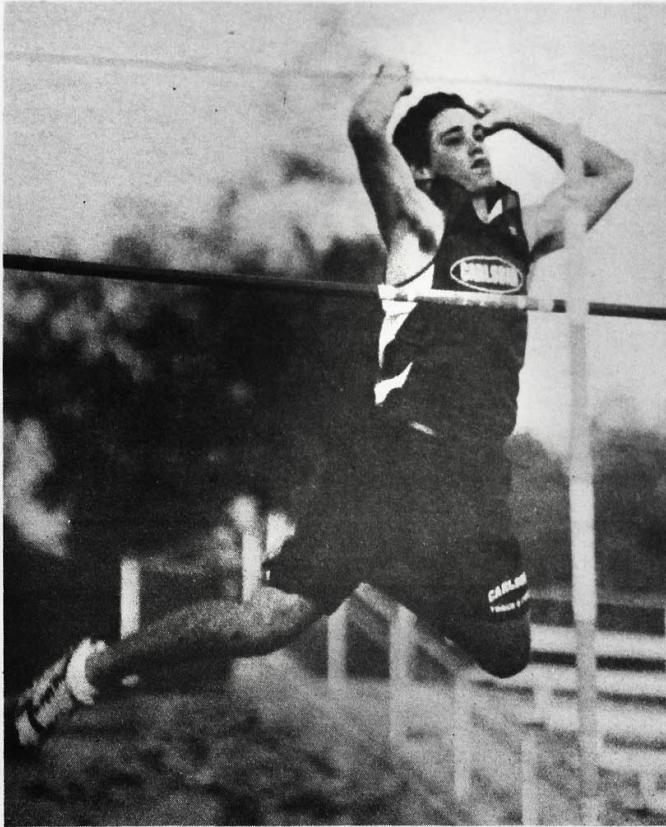
## 300 Int. Hurdles:

36.76	Jeff Hunter, GH
38.6	DarNell Talbert, MtC
39.3	Angelo Vargas, BV
39.5	Mike Cunningham, WH
39.6	Aaron Barnhill, SM
39.7	Ryan Bartsch, East
39.78	Pat Lockwood, Pow
39.79	Brandon Barnes, RBV
39.8	A. J. Hunt, Vista
39.8c	Alton Gilbert, Linc
40.1	Scott LaCaze, TP
40.4	Trent Stroh, VC
40.52	Eddie Thomas, MontV
40.69	Nathan Enriquez, STA
40.79	Sal Herrera, Esc
40.8	Said Nelson, RB
40.8	Jimmy Ungricht, Fall
40.8	Tim Frinell, Fall
41.0	Justin Gruber, ECp
41.03	Shannon Nowden, MB
41.1c	Ryan Welter, GH
41.1	Chris Hayward, ECam
41.3	Jake Symons, Claire
41.3	Richard Encinas, Braw
41.38	Justin Hilary, BV
41.39	Jon Everette, SP
41.4	Tres Talbert, RB
41.6c	Nick Lewis, MontV
41.6	Craig Constan, Swest, SD
41.7	Chris Reina, OG
41.7c	Jeremiah McLeod, Fall
41.7	Paul Oden, CV
41.80	Adam Contreras, VC
41.8	Oleg Kharatonov, LJ
41.9	Bruce Buckner, MtM
41.9	Beville, Mont
41.93	Chris Fuslier, SP (41.9h)
41.97	Marlon Lonzon, Mont
42.0	Gabe Ibarra, Imp
42.0c	Kurt Hurley, Carls
42.0	Brian Taylor, GH
42.0c	Bryon Barmer, Hx
42.09	Jeremy Adams, Ram
42.17	Dylan Dacus, VC
42.26	Richard Libby, Esc
42.3	Travis Bailey, CV
42.3	John Brubaker, TP
42.3	Sorida Phan, Hoov
42.3	Alfonso Hernandez, Sweet
42.53	John Dudek, TP
42.60	Jason Reeder, WH
42.6	Matt McChristian, SR
42.6	Richard Santana, Braw

## 4x100 Relay:

Automatic time:

42.14	University City
42.41	Serra
42.61	Granite Hills
42.69	Lincoln
42.90	Helix
42.98	Mt. Carmel
43.40	Sweetwater
43.64	Morse
43.85	Escondido
43.98	Valley Center
43.98	Rancho Buena Vista
44.25	Rancho Bernardo
44.29	San Marcos
44.34	Monte Vista
44.38	San Pasqual
44.42	Eastlake
44.51	Oceanside
44.62	Mount Miguel
44.78	Ramona
44.83	The Bishop's School
44.84	West Hills
44.97	Vista
45.13	La Costa Canyon
45.17	Fallbrook
45.22	Castle Park
45.23	St. Augustine
45.24	Mira Mesa
45.36	Army Navy Academy
45.57	University of San Diego



Tim Warner  
Carlsbad



Nate Skrzypczak  
Valley Center

Jon Everette  
San Pasqual

45.68	Grossmont
45.69	Valhalla
45.76	Crawford
Hand time:	
42.4	Helix
42.5c	Granite Hills
42.5	Serra
42.6c	Monte Vista
42.8	University City
42.9c	Lincoln
43.0	Mt. Carmel
43.0	Mount Miguel
43.1	Sweetwater
43.1	Vista
43.4	Morse
43.4	La Costa Canyon
43.7	Ramona
43.8	Montgomery
43.8	Escondido
44.0	San Marcos
44.1	Rancho Bernardo
44.1	El Camino
44.2	Eastlake

44.2c	Mission Bay
44.2	The Bishop's School
44.2	San Pasqual
44.3	Central, El Centro
44.3	Kearny
44.3	Horizon
44.4	Oceanside
44.4	Rancho Buena Vista
44.5	Torrey Pines
44.6	Castle Park
44.6	Valley Center
44.6	St. Augustine
44.7	Carlsbad
44.7	Hoover
44.8	Southwest, El Centro
44.9c	San Diego
44.9	Chula Vista
44.9	West Hills
44.9	Army Navy Academy
44.9	La Jolla

## 4x400 Relay:

3:19.1	Granite Hills
3:20.06	Lincoln
3:23.7	Mt. Carmel
3:24.4	Vista
3:26.1	Escondido

3:26.7	Helix
3:27.3	Monte Vista
3:28.27	University City
3:28.3	Fallbrook
3:28.55	Poway
3:30.0	San Pasqual
3:30.3	Valley Center
3:30.64	Morse
3:30.99	Rancho Buena Vista
3:31.4	Torrey Pines
3:31.55	West Hills
3:31.7	Rancho Bernardo
3:33.0	La Costa Canyon
3:33.0	Ramona
3:34.4	Brawley
3:34.84	Serra
3:35.0	University of San Diego
3:35.7	Castle Park
3:35.81	Eastlake
3:36.1	La Jolla
3:36.5	Valhalla
3:36.78	Carlsbad
3:36.85	Mount Miguel
3:37.0c	Bonita Vista
3:39.8	Chula Vista

## High Jump:

6-7	Pat McDonough, LCC
6-7	Isaac Simms, UC
6-6	Bobby Okenwa, Morse
6-6	Austin Neudecker, BV
6-4	Wade Curry, East
6-4	John Fehan, Esc
6-4	Keno White, RB
6-4	Cameron Pykles, Hx
6-3	Trandon Harvey, Sweet
6-2	Blake Frazier, UC
6-2	Billy Walker, ECam
6-2	Jeremy Cross, RBV
6-2	Cole Marton, Carls
6-2	Zack Miller, RB
6-0	Natalie Nahiwawa, WH
6-0	Trent Stroh, VC
6-0	Michael Menke, Vista
6-0	Jimmy Gaunt, TP
6-0	Pat Hargrave, TP
6-0	Nate Skrzypczak, VC
6-0	Chris Greene, Ram
6-0	Jonathan Sledge, Sant
6-0	Aaron Barnhill, SM
6-0	Oswaldo Simental, Sweet
6-0	David Paco, Clxco
6-0	Tashauna Nahiwawa, WH
6-0	Rollins, MtC
6-0	Spencer, East
6-0	Jerel Woods, Linc

## Pole Vault:

14-9	Adrian Ruark, PtL
14-9	Greg Leavitt, Hx
14-7	Zack Miller, RB
14-6	Mike Hill, RB
14-6	Ryan Spitz, RB
14-1	Chris Dorminy, RB
14-1	Tim Warner, Carls
14-0	Cameron Figueroa, GH
14-0	Clayton Marshall, WH
14-0	Bart Valle, UC
14-0	Tony Garcia, WH
14-0	Ryan Daley, Vista
13-9	Zach Salazar, Pow
13-8	Devon Aleman, East
13-8	Kaysey Kaeser, Fall
13-7	Chris Spehar, RB
13-7	Billy Matthies, RB
13-6	Frank Vasquez, East
13-6	Josh Malmuth, TP
13-6	Josh Earhart, Miram
13-6	Scott Sabin, SP
13-1	Joe Harlin, Fall
13-0	Jason Reeder, WH
13-0	Brian Heimburge, Pow
13-0	Chris Schott, ECp
13-0	Fernando Romero, Sweet
13-0	Mike Cunningham, WH
13-0	Terrill Beaman, VC
13-0	Brendan Hawkins, SP
13-0	Chris Hori, OG
13-0	Eric Nyberg, UC
12-7	Charlie Montgomery, Gross
12-6	Robbie Masterson, Vista
12-6	Mike Braman, LCC
12-6	Alex Ortega, CV
12-1	Joey Suyat, Serra
12-1	Aaron Peterson, Hill
12-0	Justin Sandling, RBV
12-0	Perkins, ECp
12-0	Aldrich Galimba, Esc
12-0	DeCiero, GH
12-0	Aaron Knowlton, MtC
12-0	Ryan Granger, LJ
12-0	Favor, Miram
12-0	Sibenthal, SP
12-0	Gabe Uribe, MtC
12-0	Barry, USD

## Long Jump:

22-11	Thomas Mooley, Morse
22-10	Trandon Harvey, Sweet
22-7	Demetrius Westbrook, Morse
22-6.25	Will Buchanon, Oc
22-6.26	Nate Skrzypczak, VC
22-4	Clarence Cunningham, SR
22-4	Travis Picou, MtM

Please see page 9.

# Boys Marks:

From previous page.

22-4	Dean Wu, UC
22-4	Alton Gilbert, Linc
22-3	Eric Rogers, Morse
22-3	Herman Nuckles, SM
22-2	Avante Agurs, Gross
22-1	Arquis Lawson, Linc
22-0.75	Chris Greene, Ram
21-11.75	Darrell Hutson, Hx
21-10	Jeff Hunter, GH
21-10	Marcus Barard, Vista
21-9	Tim Bailey, UC
21-8	Jerel Woods, Linc
21-7.25	Keno White, RB
21-7	Brandon Roberson, Morse
21-7	Chaucee Smith, UC
21-7	John Feehan, Esc
21-7	Alex Fromer, MTC
21-6.5	Austin Neudecker, BV
21-5.5	Brandon Barnes, RBV
21-5	Shannon Nowden, MB
21-4.5	Vinnie Weathers, Serra
21-4	Marcus Turner, Hrzn
21-2	Franklin Allen, CV
21-1.5	Ryan Guy, LCC
21-1.25	Marcus Carroll, Hx
21-1	Rashard Holmes, RB
20-0.75	Vinnie Williams, Serra
21-0.25	Marcus Smith, Morse
20-11.25	Charles Smith, Hx
20-10.5	Walter Scott, Sant
20-10	A. Kenney, Hill
20-10	Scott Mullin, GH
20-9	Kenyatta Williams, Mont
20-9	Bobby Okenwa, Morse
20-9	Jermaine Jordan, MontV
20-9	Jason Dixon, Oc
20-9	Chris Poche, SP
20-8.5	Rony Jean-Giles, Kny
20-8	Ishaijuwan Saunders, CP
20-7	Anthony Hellum, Cent, EC
20-7	Leonard Caples, East
20-6	Nathan Armstrong, Clxco
20-6	Alex Guinto, MontV
20-6	Mike Iafe, STA
20-6	Steve Jensen, Bish
20-5	Jon Everett, SP
20-5	Gabe Ibarra, Imp
20-4.75	Jose Salazar, Sweet, UC
20-4	John Long, UC
20-4	Ralph Haynes, RB
20-4	Davis, STA

## Triple Jump:

48-3	Trandon Harvey, Sweet
48-8	Will Buchanon, Oc
45-9.5	Nate Skrzypczak, VC
45-9	Austin Neudecker, BV
45-2	Isaac Simms, UC
44-9	Avante Agurs, Gross
44-7.5	Keno White, RB
44-6	Tim Bailey, UC
44-5	Eric Rogers, Morse
44-4	Brandon Roberson, Morse
44-4	Jamar Williams, Sweet
43-10.75	Marcus Carroll, Hx
43-9.5	Chris Greene, Ram
43-8	Ishaijuwan Saunders, CP
43-6	Chris Poche, SP
43-3	Brandon Roberson, Morse
43-2.75	Thomas Mootry, Morse
43-2.5	Brandon Barnes, RBV
43-1	Rashard Holmes, RB
42-11	Marcus Barard, Vista
42-11	Shannon Nowden, MB
42-10.5	Matt Lesenyie, RBV
42-10	Rony Jean-Giles, Kny
42-7.25	Franklin Allen, CV
42-7	Mike Sullivan, RB
42-7	Mike Iafe, STA
42-5.5	Joe Hauser, Vista
42-5	Ralph Haynes, RB
42-3	John Feehan, Esc
42-3	Blake Frazier, UC
42-3	Jordan Rosure, Sweet
42-1	Elvin Gueston, Linc
42-0.75	Jay Wessel, Hill
41-11	Nate Gillespie, ECV
41-10.5	Jose Luis Salazar, Sweet, EC
41-7	Jermaine Jordan, MontV
41-6.5	Natalie Nahwawa, WH
41-6	Jamal Mayers, ECam
41-4	Llanes, MTC
41-3.75	Alex Foster, TP
41-3	John Long, UC
41-3	Stefan Foster, Mont
41-3	Wade Curry, East
41-2.5	Oleg Kheratonov, U
41-2	Phillip McDougal, ANA
41-1.75	Gabe Ibarra, Imp
41-0.25	Korye Blackmon, Mad
41-0	Jason Dixon, Oc

Possibly windy:

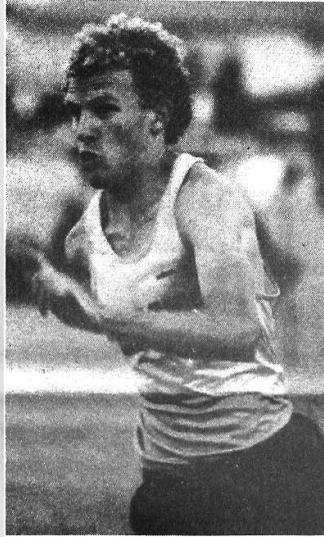
44-1	Torres, MTC
58-11	Eric Holzhauer, RBV
57-3.25	Vince Clarke, GH
53-10	Anthony DeBoer, RBV
53-4	Eder Arosemena, Vista



**Mike Hill**  
Rancho Bernardo



**Jeremy Driggs**  
Sweetwater



**Austin Neudecker**  
Bonita Vista



**Jared Bray**  
Mission Bay

52-4	Marco Gonzalez, VC
52-3	Russell Foster, BV
52-1	Jeremy Driggs, Sweet
51-7.5	Moses Rangel, East
51-2.25	Wesley Charles, Sweet
50-11	Reynaldo Stephens, CP
50-9.5	Nick Alotta, RB
50-7.25	Jared Bray, MB
50-2.5	Sam Mendoza, Hx
49-8.5	Richie Smith, GH
49-8.5	Tyler Ellis, RB
49-3	Erik Hansen, Hill
49-1.25	Patrick Fejaran, Sweet
49-0.5	Mark Lozano, ECP
48-11	Greg Pulaski, TP
48-10	Jensen Cayas, BV
48-8	David Abbott, MB
47-10.75	Dan Thompson, Fall
47-3.5	Thomas Nolan, VC
47-3	Brandon Fisher, Craw
47-1.5	Jon Canlas, SM
47-0	Kevin Wilson, Sant
46-8	Carl Atkinson, BV
46-5	Adam Payne, Sant
46-0	Josh Halsey, RBV
45-11.75	Brandon Wellcome, Braw
45-11.5	David Brainerd, SR
45-11.5	Mike Moran, Fall
45-11	John Rettig, Hx
45-10.25	Smith, Esc
45-9.5	Kevin Carr, VC
45-8.5	Michael Matison, MTC
45-5	Danny Phan, UC
45-5	Joe Oyas, GH
45-5	George Molifua, Carls
45-5	Cornelius Lambert, Hoov
45-3.75	Cliff Learn, Ll
45-3.5	John Crite, Oc
45-3	Dion Girton, Ptl
45-2	Martinez, Braw
45-1	Matt Groinek, TP
45-1	Mo Rodriguez, OG
45-1	Glen Ludwig, Val

45-0.5	Sal Luna, Val
45-0	Benito Kere, RB
45-0	Adrian Bredell, MB
45-0	Heather Galea, ECP
45-0	Marla Mason, CV
45-0	Ashley Hackett, Morse
45-0	Monique Henderson, Morse
45-0	Nastassja Hall, RBV
45-0	Zikarra Beverly, USD
45-0	Stephanie Blake, FP
45-0	Shannan Hawes, Hx
45-0	Kristan Matison, MTC
45-0	Shauna Hackett, Morse
45-0	Elisa Holiday, Hrzn
45-0	Latoya Summerville, SR
45-0	Marla Mason, CV
45-0	Kaitlyn Doe, TP
45-0	Jackson, Kny
45-0	Aiesha Singleton, PH
45-0	Tamara Neal, Ptl
45-0	Kristen Carlson, SFC
45-0	Jasmine Winfield, Oc
45-0	Anne James, RB
45-0	Sparkle Anderson, Serra
45-0	Megan Brown, Val
45-0	Bridget Fox, Gross
45-0	Alicia Lowery, Morse
45-0	Crystal Hinton, Linc
45-0	Hand time, no wind readings:
11.9	Monique Henderson, Morse
12.0	Shannan Hawes, Hx
12.0	Kristan Matison, MTC
12.0	Zikarra Beverly, USD
12.1	Nastassja Hall, RBV
12.1	Bridget Fox, Gross
12.2	Taryn Jones, Hoov
12.2	Tiffany Lowery, SP
12.3	Jessica Thomas, ECP
12.3	Naomi Mattos, Fall
12.3	Kaitlyn Doe, TP
12.3	Latoya Summerville, SR
12.3	Cassandra Patterson, CP
12.4	Heather Galea, ECP
12.4	Faith Lin, Ll
12.4	Evon Willingham, Hx
12.4	Hall, Serra
12.4	Jonelle Smiley, Serra
12.4	Kieanna Shannon, Hoov
12.5	Shauna Hackett, Morse
12.5	Alicia Lowery, Morse
12.5	Joanna Diego, ECP
12.5	Laura Landry, RB
12.5	Sparkle Anderson, Serra
12.6	Daniela Fromer, MTC
12.6	Marla Mason, CV
12.6	Ashley Heger, WH
12.6	Phoebe Perkins, MontV
12.6	Tamora Neal, Ptl
12.6	Meggi Afenir, Esc
12.6	Aiesha Singleton, PH
12.6	LaKendra McKenzie, Hx
12.7	Chelsi Bush, Esc
12.7	Anne James, RB
12.7	Erika Roshell, Mad
12.7	Megan Brown, Val
12.7	Nicole Roher, Fall
12.8	Nayelli Kryger, VC
12.8	Jackie Jenkins, Kny
12.8	LaQuisha Rodgers, CP
12.8	Tanera Jones, MTC
12.8	Ashley Liggins, RB
12.8	Kristie Erna, SP

142-5	Greg Pulaski, TP
141-4	Brandon Wellcome, Braw
141-3	Eric Perrault, Fall
140-2	Rory Canfield, Hx
140-2	Chris Welter, WH
139-11	Scott Colegrave, Esc
139-8	Brandon Fisher, Craw
138-10	Vincent Rosario, Miram
138-6	Jerrel Robinson, WH
138-3	Archie Nevarez, Fall
138-2	Mike Moran, Fall
138-0	Wesley Charles, Sweet
137-0	Sal Luna, Val
136-11	Jon Canlas, SM
136-8	Carl Atkinson, BV
136-8	Ryan Sargent, Ram
136-1	Kevin Baer, East
135-6	Cody Gocke, ECP
135-4	Pat Fejear, Sweet
135-2	Ace Lawrence, Gross
134-11	Ronnie McFadden, ECP
134-5	Keith Nason, MTC
134-0	Cornelius Lambert, Hoov
133-4	Jose Gutierrez, Braw
133-3	Joe Oyas, GH
133-3	Russell Foster, BV
132-11	Justin Vold, CP
132-9	Ryan Bobadilla, UC
132-9	Justin Rich, BV
132-6	Jake Blevins, GH
132-0	Sal Carrera, MarV

## GIRLS:

Marks received by May 9.

### 100:

Automatic time:	
11.68	M. Henderson, Mor (w: -1.1)
12.34	Nastassja Hall, RBV
12.48	Zikarra Beverly, USD
12.59	Stephanie Blake, FP
12.64	Shannan Hawes, Hx
12.67	Kristan Matison, MTC
12.70	Shauna Hackett, Morse
12.70	Elisa Holiday, Hrzn
12.78	Latoya Summerville, SR
12.79	Marla Mason, CV
12.79	Kaitlyn Doe, TP
12.87	Jackson, Kny
12.90	Aiesha Singleton, PH
12.95	Tamara Neal, Ptl
13.00	Kristen Carlson, SFC
13.03	Jasmine Winfield, Oc
13.03	Anne James, RB
13.13	Sparkle Anderson, Serra
13.13	Megan Brown, Val
13.15	Bridget Fox, Gross
13.20	Alicia Lowery, Morse
13.30	Crystal Hinton, Linc
13.30	Hand time, no wind readings:
11.9	Monique Henderson, Morse
12.0	Shannan Hawes, Hx
12.0	Kristan Matison, MTC
12.1	Zikarra Beverly, USD
12.1	Bridget Fox, Gross
12.2	Taryn Jones, Hoov
12.2	Tiffany Lowery, SP
12.3	Jessica Thomas, ECP
12.3	Naomi Mattos, Fall
12.3	Kaitlyn Doe, TP
12.3	Latoya Summerville, SR
12.3	Cassandra Patterson, CP
12.4	Heather Galea, ECP
12.4	Faith Lin, Ll
12.4	Evon Willingham, Hx
12.4	Hall, Serra
12.4	Jonelle Smiley, Serra
12.4	Kieanna Shannon, Hoov
12.5	Shauna Hackett, Morse
12.5	Alicia Lowery, Morse
12.5	Joanna Diego, ECP
12.5	Laura Landry, RB
12.5	Sparkle Anderson, Serra
12.6	Daniela Fromer, MTC
12.6	Marla Mason, CV
12.6	Ashley Heger, WH
12.6	Phoebe Perkins, MontV
12.6	Tamora Neal, Ptl
12.6	Meggi Afenir, Esc
12.6	Aiesha Singleton, PH
12.6	LaKendra McKenzie, Hx
12.7	Chelsi Bush, Esc
12.7	Anne James, RB
12.7	Erika Roshell, Mad
12.7	Megan Brown, Val
12.7	Nicole Roher, Fall
12.8	Nayelli Kryger, VC
12.8	Jackie Jenkins, Kny
12.8	LaQuisha Rodgers, CP
12.8	Tanera Jones, MTC
12.8	Ashley Liggins, RB
12.8	Kristie Erna, SP

Please see page 10.

# Girls Marks:

From previous page.

25.65	Laura Landry, RB
25.92	Zikarra Beverly, USD
25.96	Elisa Holiday, Hrnz
26.18	Katlyn Doe, TP
26.43	Tiffany Lowery, SP
26.66	Faith Lin, LJ
26.68	Denisha Bryant, MIM
26.76	Jasmine Winfield, Oc
26.80	Valerie Evans, SP
26.88	Naomi Mattos, Fall
26.89	Bridget Fox, Gross
26.93	Marla Mason, CV
26.93	Jackson, Kny
26.93	Anne James, RB
26.96	Alexis Rampaull, Pow
26.99	LaSheena Rice, Morse
27.13	Cassie McLean, Vista
27.13	Ashley Liggins, RB
27.19	Jessie Ooms, UC
27.21	Kristen Carlson, SFC
27.24	Aubree Duff, VC
27.27	Megan Brown, Val
27.29	Niesha French, GH
27.32	Shauna Hackett, Morse

Hand time, no wind readings:

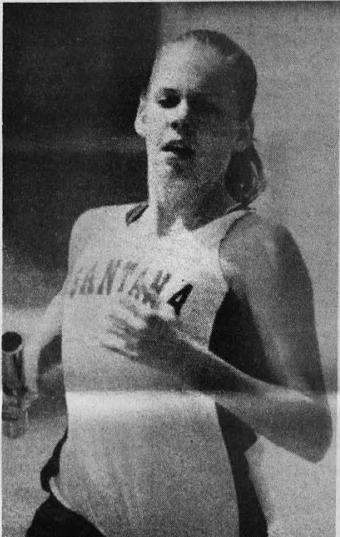
24.3	Monique Henderson, Morse
24.9	Shannan Hawes, Hx
24.9	Zikarra Beverly, USD
25.2	Nastassja Hall, RBV
25.6	Stephanie Blake, FP
25.6	Taryn Jones, Hoov
25.7	LaSheena Rice, Morse
25.7	Faith Lin, LJ
25.7c	Naomi Mattos, Fall
25.8	Laura Landry, RB
25.9	Nicole Rother, Fall
26.0	Kristan Matison, MIM
26.0	Jolanda Diego, ECam
26.0	Elisa Holiday, Hrnz
26.1	Megan Brown, Val
26.2	Denisha Bryant, MIM
26.3	Tiffany Lowery, SP
26.3	Cassandra Patterson, CP
26.3	Kaitlyn Doe, TP
26.3	Jonelle Smiley, Serra
26.3	Bridget Fox, Gross
26.4	Evan Willingham, Hx
26.5	Jenna Timinsky, SDgtoA
26.5	Phoebe Perkins, MontV
26.5	Latoya Summerville, SR
26.6	Erin Willis, OLP
26.7	Tiffany Davis, ECam
26.7	Jasmine Winfield, Oc
26.7c	Nadia Sanders, Hill
26.7	Shauna Hackett, Morse
26.7	LaQuisha Rodgers, CP
26.8	Erika Holmes, Swest, EC
26.8	Niesha French, GH
26.8	Audrey Pound, Pow
26.8	Heather Galea, ECp
26.9	Alicia Lowery, Morse
26.9	Ashley Liggins, RB
26.9	Valerie Evans, SP
27.0	Jackie Jenkins, Kny
27.1	Tamara Neal, PIL
27.1	Marla Mason, CV
27.1	Ashlee Hegner, WH
27.1	Lauren McCabe, LCC
27.1	Dominique Hankins, MIM
27.1c	Princess Mitchell, Sweet
27.2	Cassie McLean, Vista
27.2c	Eva Tanner, Gross
27.2	Rachel Snare, SR
27.2	Shaneka Williams, Hoov
27.2	Raelene Harper, GH
27.2	Hall, Serra
27.3	Sparkle Anderson, Serra

## 400:

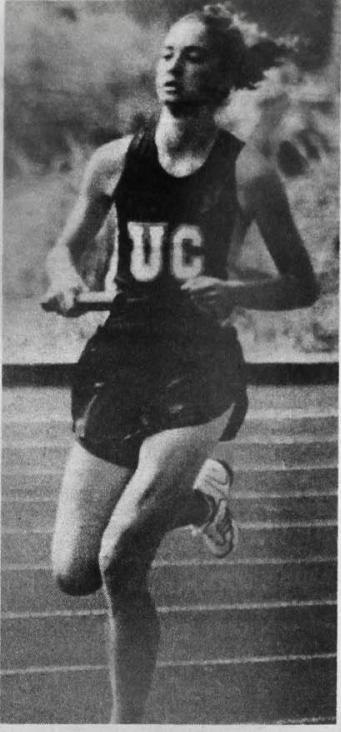
52.51	Monique Henderson, Morse
57.1	Naomi Mattos, Fall
57.25	Stephanie Blake, FP
57.6	Whitney Schmucker, LJ
58.74	Laura Landry, RB
58.79	Nastassja Hall, RBV
58.9	Nicole Rother, Fall
58.9c	Shannan Hawes, Hx
58.94	Jenna Timinsky, SDgtoA
59.0c	Denisha Bryant, MIM
59.27	Kristine Schroeder, RB
59.4	Eva Holiday, Hrnz
59.5	Evan Willingham, Hx
59.6c	Phoebe Perkins, MontV
59.8	Cassie McLean, Vista
59.9	Kristan Matison, MIM
60.0	Molly Gabriel, UC
60.0	Jasmine Winfield, Oc
60.34	Aubree Duff, VC
60.41	Tiffany Lowery, SP
60.5	Jolanda Diego, ECam
60.52	Audrey Pound, Pow (60.5h)
60.6	Kerry Kelly-Cochrane, USD
61.1	Julie Komosinski, TP
61.1c	Dominique Hankins, MIM
61.1c	Hollie Mayer, MontV
61.2c	Bernadette Grantling, Morse



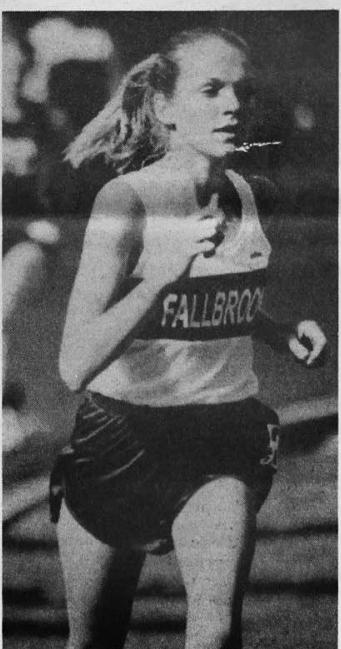
**Ashleigh Davis**  
El Camino



**Jaime Ransom**  
Santana



**Molly Gabriel**  
University City



**Katie Matlack**  
Fallbrook

2:24.10	Ashlee Dere, MIM
2:24.2	Nicole Mier, SM
2:24.71	Rebecca Bostwick, UC
2:24.86	Carly Mecklenburg, TP
2:25.20	Marie Raffray, SDgtoA
2:25.51	Nastassja Hall, RBV
2:25.6	Courtney Stolls, GH
2:25.70	Emily Thomas, MIM
2:25.7	Jackie Paras, East
2:25.9	Haley Moore, TP
2:26.0	Jasmine Marquez, ECp
2:26.8c	Stephanie Baird, Hx
2:26.9	Kaleena Yee, RB
2:27.0	Natalie Gattrell, SR
2:27.30	Lidia de Carvalho, UC
2:27.4	Desiree Leek, LJ
2:27.8	Banta, WH
2:27.9	Nikki Rideout, SP
2:27.9	Ashley Hernandez, Gross
2:27.9	Rose Serna, MB
2:28.0	Loretta Kilmer, Ram
2:28.0	K. Benjamin, WH
2:28.1	Claire Rethmeier, SP
2:28.2	Roxanne Mather, ECp
2:28.31	Anna Hough, VC
2:28.4	Maria McGaughan, CP
2:28.56	Cristina Toland, Esc
2:28.68	Dulce Alvarez, BV

<b>1500:</b>	
4.42.13	Desiree Davila, Hill
4.46.7	Jenna Timinsky, SDgtoA
4.50.39	Allison Hall, RB
4.51.0	Loretta Kilmer, Ram
Conversions to 1600 (according to T&F News conversion tables):	
5.03.0	David
5.07.7	Timinsky
5.12.2	Hall
5.12.5	Kilmer

<b>1600:</b>	
4:58.05	Desiree Davila, Hill
5:08.94	Jasmine Marquez, ECp
5:09.4	Dani Schuster, TP
5:10.0	Allison Hall, RB
5:12.47	Katie Matlack, Fall
5:12.9	Julie Komosinski, TP
5:13.00	Jenna Timinsky, SDgtoA
5:13.4	Desiree Leek, LJ
5:13.8	Courtney Allen, RV
5:14.3	Rachel Farrior, Hx
5:15.8	Kaleena Yee, RB
5:16.2c	Stephanie Baird, Hx
5:19.7	Loretta Kilmer, Ram
5:21.39	Ashlee Dere, MIC
5:21.50	Rebecca Bostwick, UC
5:21.9	Anna Hough, VC
5:22.5	Amonica Phipps, Morse
5:22.8	St. Laurent, ECam
5:24.0	Nicole Mier, SM
5:24.1	Sarah St. Laurent, ECam
5:24.2	Deanna Sick, MIC
5:24.3	Kristina Nugent, WH
5:24.48	Kristina Maletz, Pow
5:24.6	Claire Rethmeier, SP
5:24.64	Rachel Good, Pow
5:25.5	Courtney Allen, RV
5:25.75	Manal Yamout, MIC
5:25.8	Lauren Jerd, UC
5:26.16	Lorin Scott, SP
5:26.26	Shawna Winfrey, WH
5:26.45	Brittany Bledsoe, MIC
5:26.6	Amber Straight, Val
5:26.67	Danae Hough, VC
5:27.x	Haley Moore, TP
5:28.3	Krista Romley, TP
5:28.85	Mishon Stalnaker, Ram
5:28.x	Sabrina St. Laurent, ECam
5:29.24	Rose Serna, MB
5:29.5	Halah Barre, MIC
5:30.0	Lidia de Carvalho, UC
5:31.0	Kaili Shumilak, Bish
5:31.0	Elaine Gillespie, WH
5:31.0	Michelle Guerrero, LJ
5:31.1	Brittany Bledsoe, MIC
5:31.2	Katherine Wingert, Coro
5:31.8	Katie O'Connell, Carls
5:32.0	Morgan Soule, LCC
5:32.6	Jessie Ooms, UC
5:32.x	Brenna Williams, TP
5:33.7	Melissa Ramos, Fall
5:33.9	Chessa Adsit-Morris, UC
5:33.x	Carly Mecklenburg, TP
5:34.76	Julie Pitts, Gross
5:35.0	Anne-Marie Byrne, USD
5:35.1	Brittany Pierce, MIC
5:35.16	Darla Reader, CV
5:35.6	Courtney Stolis, GH
5:36.72	Melissa Moore, RV
<b>3200:</b>	
10:40.2	Desiree Davila, Hill
11:03.0	Loretta Kilmer, Ram
11:17.10	Jasmine Marquez, ECp
11:17.2	Jenna Timinsky, SDgtoA
11:17.46	Ashlee Dere, MIC
11:17.5	Kaleena Yee, RB
11:20.9	Katie Matlack, Fall
11:23.6	Chessa Adsit-Morris, UC
11:24.04	Stephanie Baird, Hx
11:27.6	Allison Hall, RB
11:28.7	Rose Serna, MB
11:34.8	Deanna Sick, MIC
11:35.9	Julie Komosinski, TP
11:36.3	Claire Rethmeier, SP
11:37.9	Rebecca Bostwick, UC
11:38.7	Mishon Stalnaker, Ram
11:46.2	Rachel Good, Pow
11:46.2	Kristina Maletz, Pow
11:48.6	Sabrina St. Laurent, ECam
11:50.43	Melissa Moore, RV
11:52.0	St. Laurent, ECam
11:53.05	Danae Hough, VC
11:53.1c	Rachel Farrior, Hx
11:54.4	Christine Burke, PH
11:55.5	Shawna Winfrey, WH
11:56.0	Manal Yamout, MIC
11:56.86	Sylvia Mendez, Braw
11:57.5	Desiree Leek, LJ
11:57.6	Halab Barre, MIC
11:57.89	Kate Branson, BV
11:58.4c	Cindy Walker, GH
11:58.7	Chandra Farmham, WH
12:00.0	Joanne Southard, WH
12:00.9	Melissa Ramos, Fall
12:04.0	Sarah St. Laurent, ECam
12:04.2	Laura Cohen, UC
12:04.3	Carly Mecklenburg, TP
12:06.0	Angela Petersen, FP
12:06.1	Pati Romero, East

Please see page 11.

# Girls Marks:

From previous page.

12:06.8	Samantha From, SP
12:07.55	Nicole Mier, SM
12:08.6	Anne-Marie Byrne, USD
12:08.86	Juli Pitts, Gross
12:09.x	Brenna Williams, TP
12:10.3	Audrey Harter, MIC
12:10.7	Bree Justus, RBV
12:12.98	Sara Cates, Carls
12:14.2c	Laura Sanders, Val
12:14.5	Maija Rohde, Fall
12:15.1	Krista Romley, TP
12:15.2	Liz Edwards, UJ

**100 Hurdles:**

Automatic time:

15.30	Bryeanna Barmer, Hx
15.53	Meggi Afenir, Esc
15.59	Jessica Eggleston, ECam
15.66	Audrey Pound, Pow
16.13	Breanna White, RB
16.25	Morgan Albin, SP
16.54	Tanera Jones, MIC
16.70	Eva Tanner, Gross
16.73	Darcy Fox, WH
16.73	Erin Asay, Sweet
16.76	Lyric Tiegen, ECp
16.84	Kristina Andrews, Pow
17.16	Alex Sims, CV
17.19	Alie Ribner, TP
17.33	Katherine Dostal, WH
17.35	Lani Kuhlow, Coro
17.35	Aimee Rolls, OG
17.45	B. J. Hayes, East
17.45	Biggs, RBV
17.64	Marianna Lugo, MB
17.65	Kath Schultz, CalC
17.66	Pam Dang, MirAM

Hand time, no wind reading:

15.1	Jessica Eggleston, ECam
15.2	Bryeanna Barmer, Hx
15.2	Meggi Afenir, Esc
15.6	Eva Tanner, Gross
15.7	Cheryl Hawkins, Morse
15.8	Audrey Pound, Pow
15.8	Morgan Albin, SP
15.8	Lyric Tiegen, ECp
15.9	Breanna White, RB
16.1	Marquita Travis, Braw
16.1	Alex Sims, CV
16.2	Kieanna Shannon, Hoov
16.2	Erin Asay, Sweet
16.4	Katherine Dostal, WH
16.5	Natasha Burton, Morse
16.5	Alie Ribner, TP
16.5	Lani Kuhlow, Coro
16.5	Ashleigh Davis, ECam
16.6	Creslyn Harnish, OLP
16.7	Erica Schim, LCC
16.7	Laura Maurer, Fall
16.7	Darcy Fox, WH
16.8	Brooke Alvard, VC
16.8	Ashley Shriver, MontV
16.8	Beatrice Tuanuu, Sweet

16.9	Ashleigh Penrod, TP
16.9	B. J. Hayes, East
16.9	Tanera Jones, MIC
17.0	Kristina Andrews, Pow
17.0	Laiah Blue, WH
17.0	Aimee Rolls, OG
17.1	Devon Williamson, Morse
17.1	Kayleigh Knudson, BV
17.2	Pam Dang, MirAM
17.2	Amanda Perry, USD
17.3	Johanna Suasa, CV
17.3	Mary Macera, SM
17.4	Melody Demel, Fall
17.4	Burnett, Braw
17.4	Jennifer Black, Sweet, EC
17.4	Elise Orlando, MirAM
17.4	Marianna Lugo, MB
17.5	Nini Herron, ECV
17.5	Lisa Malchow, East

**300 Low Hurdles:**

45.37	Audrey Pound, Pow
45.55	Unika Smith, Linc
46.06	Bryeanna Barmer, Hx
46.37	Kristine Schroeder, RB
46.6	Morgan Albin, SP
46.72	Erica Schim, LCC
47.1	Jessica Eggleston, ECam
47.23	Tanera Jones, MIC
47.55	Breanna White, RB
47.6	Ashleigh Davis, ECam
47.87	Meggi Afenir, Esc
48.1c	Laura Maurer, Fall
48.1	Erika Bolden, Morse
48.5	Amanda Perry, USD
48.51	Jackie Johnson, MIC
48.7	Nicole Woolfolk, MB
48.76	Lyric Tiegen, ECp (48.7h)
48.8	Natasha Burton, Morse
48.9	Trista Turner, RBV
48.9	Gadriyyah Abdullah, MIM
49.11	Kayleigh Knudson, BV
49.17	Brooke Alvard, VC
49.2	Aimee Rolls, OG
49.51	Kieanna Shannon, Hoov
49.6	Royceleen Holmes, BV



**Kristen Carlson**  
Santa Fe Christian



**Phoebe Perkins**  
Monte Vista



**Pati Romero**  
Eastlake,  
**Sara Reid**  
Point Loma

49.9	Ashley Shriver, MonIV
49.9	Shante Sawyer, Swest, SD
50.0	Kerry McCall, USD
50.02	Kristina Andrews, Pow
50.04	Harper, Pow
50.1	Melodie Tao, RB
50.1	Gloria Martinez, CP
50.1	Jennifer Black, Sweet, EC
50.1c	Luisa Diaz, Fall
50.17	Lauren McCabe, LCC
50.27	Erin Asay, Sweet

**4x100:**

Automatic time:

48.21	Morse
49.90	Mt. Carmel
50.43	San Pasqual
50.54	Helix
51.05	Fallbrook
51.44	Monte Vista
51.45	Rancho Buena Vista
51.45	Chula Vista
51.56	Escondido
51.62	Scripps Ranch
51.64	Rancho Bernardo
51.66	Mount Miguel
51.68	Valhalla
51.75	University of San Diego
52.04	Serra
52.04	Francis Parker
52.23	Granite Hills
52.28	Valley Center
52.31	Lincoln
52.32	Poway
52.35	Vista
52.37	West Hills
52.47	Bonita Vista
52.53	Sweetwater
48.9	Helix
49.2	Morse
49.5	El Camino
49.9	Rancho Bernardo
49.9c	Castle Park
50.1	San Pasqual
50.4c	Mount Miguel

Hand time:

Automatic time:

48.9	Helix
49.2	Morse
49.5	El Camino
49.9	Rancho Bernardo
49.9c	Castle Park
50.1	San Pasqual
50.4c	Mount Miguel

4:17.1	El Capitan
4:17.2	Southwest, EC
4:18.0c	Valhalla
4:18.4c	Granite Hills
4:19.4	El Camino
4:19.52	Valley Center
4:19.6	Grossmont
4:20.0	University City
4:20.1	Hilltop
4:20.1c	Sweetwater
4:20.1c	Bonita Vista
4:21.3	Chula Vista
4:22.1	West Hills
4:22.13	Escondido
4:22.9	Eastlake
4:23.3	San Pasqual
4:23.5	Lincoln

**High Jump:**

5-6	Lauren Jones, TP
5-4	Alex Jackson, Carls
5-4	Alexis Tate, RB
5-4	Eva Tanner, Gross
5-4	Kristen Carlson, SFC
5-4	Misty Brewster, GH
5-2	Megan Barnes, RBV
5-2	Kate Bartkiewicz, CV
5-2	Jaime Ransom, Sant
5-2	Shelene Gutierrez, RB
5-0	Leah Cole, VC
5-0	Katie Brown, SM
5-0	Colleen Walker, TP
5-0	Amonica Phipps, Morse
5-0	Andrea Taylor, BV
5-0	Becky Bamberger, BV
5-0	Athena Clune, USD
5-0	Taylor Cassidy, OC
5-0	Shunnae Buckner, Linc
5-0	Ashley Shriver, MonIV
5-0	Keera Toussaint, SP
5-0	Valerie Evans, SP
5-0	Renee McKinney, RBV
5-0	Beth Tronerud, WH
5-0	Sade Campbell, Val
5-0	White, Hoov

**Pole Vault:**

12-0	Molly Pascarella, RB
11-0	Janea Russ, GH
11-0	Betsy Halliburton, TP
10-7	Marissa Earle, RB
10-6	Erin Asay, Sweet
10-3	Brenna Moyer, Carls
10-3	Nichol Kim, RB
10-1	Liz Leyvas, RB
10-0	Marie Nowinski, MirAM
10-0	Elise Orlando, MirAM
10-0	Beth Vieira, Pil
10-0	Ama Navidi, RB
9-8	Megan Sage, MIC
9-6	Terri Lopez, WH
9-6	Megan Wilkinson, East
9-6	Anastasia Fiebler, VC
9-6	Tabitha Pierce, VC
9-6	Anne Walkush, SR
9-3	Laura Betts, RBV
9-3	Lindsay Scarborough, RBV
9-1	Shannon Clark, RB
9-0	Sandra Fisher, SM
9-0	Corinne Lee, Gross
9-0	Susana Hodgers, CV
9-0	Jillian Debaras, MIC
9-0	Christina Sloyer, LI
9-0	Cara Filipowski, Val
9-0	Theresa Acosta, Vista
9-0	Heather Reese, LI
9-0	Lauren Behr, LI
8-10	Ashley Booth, MonIV
8-6	Emily Dennis, LCC
8-6	Julie Strick, WH
8-6	Becky Gausepohl, Fall
8-6	Desiree Dreszer, SR
8-6	Becky Monroe, MirAM
8-6	Athena Clune, USD
8-6	Chandra Zeman, SP
8-6	Rosina Garcia, OG
8-6	Lauren Matucci, Carls
8-6	H. Zeman, SP
8-6	Eva Tanner, Gross
8-6	Jackson, OLP
8-6	Monica Robbins, FP
8-5	Sheena Sessions, Mad

**Long Jump:**

18-6.25	Naomi Mattos, Fall
18-3	Usha Kuzhipallil, LCC
18-0.5	Nastassia Hall, RBV
18-0	Jessica Thomas, ECam
17-5.25	LaSheena Rice, Morse
17-5	Megan Barnes, RBV
17-3.5	Kristie Ernau, SP
17-1.25	Nayelli Kriger, VC
17-0.5	Evan Willingham, Hx
16-10	Rachel Dulin, RB
16-8	Kristen Carlson, SFC
16-7	Angela Fazio, Gross
16-6.5	Sparkle Anderson, Serra
16-6	Zikara Beverly, USD
16-5.5	Cheresa Brown, PH
16-4.75	Ashlee Hegner, WH
16-4	Darcy Fox, WH
16-4	Taylor Cassidy, OC

**Please see page 12.**

## Girls Marks:

From previous page.

16-3	Joy Hannibal, BV
16-2	Bre Priest, SP
16-2	Cara Filipowski, Val
16-1	Laura Landry, RB
16-0	Carrie Kaemerle, USD
16-0	Katherine Dostal, WH
15-11.75	Qadriyyah Abdullah, MtM
15-10	Yvonne Shammash, Gross
15-10	Malia McClurg, GH
15-10	Leslie Rychal, Val
15-9.5	Tesaj Goodman, UC
15-9.5	Jackie Mandy, CV
15-9.25	Melanie Mincks, VC
15-9	Chelsi Bush, Esc
15-9	Misty Brewster, GH
15-8.5	Erika Holmes, Swest, EC
15-8.5	Ka. Ernau, SP
15-8	Letijah Crockett, MtM
15-8	Katie Blakely, Esc
15-8	B. J. Hayes, East
15-8	Jill Alsup, MIC
15-8	Candice Wiggins, LLCD
15-7.25	Marquita Travis, Braw
15-7	Allison Kwan, BV
15-6.5	Deitra Manley, Linc
15-6.5	Ijahi Barnes, MtM
15-6	Alanna Barnes, Hoov
15-5	Andrea Taylor, BV

### Triple Jump:

37-2	Megan Barnes, RBV
36-2	Joy Hannibal, BV
35-10.25	Jessica Eggleston, ECam
35-7.75	Dani McNeely, LCC
35-7.25	Jessica Thomas, ECam
35-7	Sparkle Anderson, Serra
35-1.5	Renee McKinney, RBV
34-9	Melodi Williams, ECV
34-8	Aiesha Singleton, PH
34-7.5	Jennifer Greene, RB
34-4.25	Desiree Williams, MonIV
34-2	Tiaro Rae, East
34-1	Katie Blakely, Esc
33-11.5	Beatrice Tavanau, Sweet
33-11.5	Marquita Travis, Braw
33-9	Melissa Cornett, WH
33-9	Alyse Coogan, LCC
33-8.5	Kyra Marshall, Morse
33-7	Devon Williamson, Morse
33-5.5	Andrea Taylor, BV
33-4.75	Qadriyyah Abdullah, MtM
33-4	B. J. Hayes, East
33-4	Nadia Salahuddin, Hill
33-3	Erica Trapps, SP
33-3	Angela Fazio, Gross



**Molly Pascarella**  
Rancho Bernardo

33-1.5	Atong Arjok, Hoov
33-0	Cesena, SDgloA
33-0	Rachel Dulin, RB
32-10.5	Lauren Levine, Ram
32-9	Laura Maurer, Fall
32-8	Alex Sims, CV
32-8	Kara Zuidema, CalC
32-7	Jenny Hauser, Vista

### Shot Put:

44-4.5	Aiga Marie Taumua, Sweet
42-5.25	Carrie Johnson, Fall
42-2	Amber Hood, Morse
41-0	Raeanna Makihale, SM
39-7	Brianna Makihale, SM
36-9	Shemika Morris, SR
36-8	Becky Southward, ECp
36-2	Cynthia Flores, Braw
35-7.5	Kim Griffin, WH
35-7.5	Cynthia Concha, Sweet
35-5	Latoya Rickman, Oc

35-4.5	Crystal Harrell, Fall
34-11	Candace Doung, MTC
34-10.5	Cynthia Sorrell, Vista
34-10	Rachel Johansen, MontV
34-9	Crystal Barber, Vista
34-7	Sandra Maginnis, ECp
34-6	Marquita Travis, Braw
34-6	Ruby Udeh, Morse
34-5.75	Brittany Moon-Battung, Pow.
34-2	Kim Villareal, BV
34-0.5	Danielle Mitchell, RBV
33-10.5	Martinique Akinfosile, LCD
33-9	Sarah Smitter, SP
33-7	Jessica Harris, GH
33-6	Monica Dereld, WH
33-4.5	Jessica Kondrick, LI
33-1.5	Hillaria Mateo, CP
33-0	Linea Rusthoven, OG
32-11	Soledad Gonzalez, East
32-10.5	Samantha Singley, WH

# MOVIN SHOES

San Diego's

# FIELD and TRACK

CENTERS

Spikes

Batons

Bags

Books

Info

Shots

Discus

Watches

Clothes

Equipment

SINCE 1977

Pacific Beach  
(858) 373-2310

La Mesa  
(619) 466-1656

Encinitas  
(760) 634-2353

32-10	Whitney DeWeese, RBV
32-9.5	Rebecca Boh, SP
32-9	Lauren Laurent, ECam
32-9	Grace Golk, ECV
32-8.25	Kali Vandevort, SP
32-7	Cassi Maciejeski, VC
32-2	Natalie Maurer, USD
32-1.5	Theresa Acosta, Vista
32-1	Sarah Byrne, Ram
32-1	Jane Fajardo, MTC
32-0	Grace Hancock, RB
32-0	Courtney Peters, TP

### Discus Throw:

143-8	Carrie Johnson, Fall
140-3	Brianna Makihale, SM
131-0	Amber Hood, Morse
122-7	Shannon Young, East
119-7	Latoya Rickman, Oc
119-3	Samantha Singley, WH
118-1	Brittany Moon-Battung, Pow.
117-4	Jessica Kondrick, LI
117-1	Alexandra Ray, TP
116-6	Raeanna Makihale, SM
114-9	Danielle Mitchell, RBV
114-1	Anne Marie Zamazal, Carls
112-4	Jackie Turpin, Sant
111-6	Ashley Seilhan, MTC
111-6	Cynthia Concha, Sweet
111-2	Diana McKinney, Val
111-0	Heather Bolles, BV
109-3	Mandy Schatzinger, Ram
109-2	Aiga Marie Taumua, Sweet
109-1	Hillaria Mateo, CP
108-10	Whitney DeWeese, RBV
108-3	Lena Fanene, Carls
107-5	Sarah Smitter, SP
106-11	Alex Tabas, Carls
106-11	Aqueelah Brown, Linc
106-1	Crystal Dyer, Vista
105-5	Kelley Veruk, RBV
104-11	Lauren Laurent, ECam
104-10	Shemika Morris, SR
104-7	Sandra Maginnis, ECp
104-6	Taryn Hames, OLP
104-6	Rebecca Boh, SP
104-4	Caroline Dessert, Sweet, EC
104-4	Cynthia Flores, Braw
104-2	Michelle Prentice, Esc
103-9	Michelle Singleton, Craw
103-6	Kim Villareal, BV
103-5	Cassie Maciejeski, VC
103-4	Sarah Byrne, Ram
103-1	Melissa Karnaze, RB
102-10	Kim Griffin, WH
102-8	Crystal Harrell, Fall
101-11	Ruby Udeh, Morse
101-10	Alicia Joseph, BV
101-8	Stacy Martinovich, East
101-7	Kara Smith, VC
101-5	Audrey Sullivan, Hoov
101-3	Courtney Peters, TP
101-0	Becky Southward, ECp