

Frontier League Championships 2012 - 5/10/2012

Helix High School

Results - CIF San Diego Section Finals

Women 100 Meter Dash

| Name | Yr | Team | Finals |
|---------------------|----|------|--------|
| Finals | | | |
| 1 Jones, Rajonae | 10 | HSHS | 13.53 |
| 2 Acheron, Brittney | 9 | HTCV | 13.67 |
| 3 Daniel, Sydney | 10 | ROAC | 13.70 |
| 4 Shortall, Taylor | 11 | RVVL | 13.82 |
| 5 Fox, Jenee | 10 | ROAC | 13.87 |
| 6 Newcomb, Valeria | 10 | HITE | 13.98 |
| 7 Spinato, Chloe | 12 | MACH | 14.05 |
| 8 Soberon, Monica | 11 | CAAC | 14.33 |

Women 200 Meter Dash

| Name | Yr | Team | Finals |
|---------------------|----|------|--------|
| Finals | | | |
| 1 Jones, Rajonae | 10 | HSHS | 28.11 |
| 2 Fregoso, Grace | 9 | HTCV | 28.66 |
| 3 Soberon, Monica | 11 | CAAC | 28.92 |
| 4 Acheron, Brittney | 9 | HTCV | 28.94 |
| 5 Newcomb, Valeria | 10 | HITE | 29.37 |
| 6 Fox, Jenee | 10 | ROAC | 29.95 |
| 7 Smith, Zuri | 9 | HTCV | 30.41 |
| 8 Titcomb, Sydney | 9 | HTNC | 30.43 |

Women 400 Meter Run

| Name | Yr | Team | Finals |
|-----------------------|----|------|---------|
| Finals | | | |
| 1 Fregoso, Grace | 9 | HTCV | 1:04.38 |
| 2 Stephanie, Moore | 11 | CAAC | 1:05.35 |
| 3 Titcomb, Sydney | 9 | HTNC | 1:09.47 |
| 4 Barry, Sophie | 9 | CAAC | 1:10.19 |
| 5 Botha, Bianca | 9 | ROAC | 1:11.60 |
| 6 Buenviaje, Katarina | 9 | HTCV | 1:11.84 |
| 7 Alderete, Haley | 12 | HTCV | 1:11.96 |
| 8 Nickerson, Marlena | 9 | HSHS | 1:17.56 |

Women 800 Meter Run

| Name | Yr | Team | Finals |
|------------------------|----|------|---------|
| Finals | | | |
| 1 Federici, Simone | 11 | HITE | 2:33.68 |
| 2 Stephanie, Moore | 11 | CAAC | 2:45.38 |
| 3 Garcia, Michelle | 10 | HITE | 2:45.39 |
| 4 Redlinger, Mary | 10 | RVVL | 2:55.70 |
| 5 Velazquez, Stephanie | 10 | HSHS | 3:03.70 |
| 6 Buenviaje, Katarina | 9 | HTCV | 3:09.34 |
| 7 Nelson, Carissa | 12 | MACH | 3:11.06 |
| 8 Alderete, Haley | 12 | HTCV | 3:11.90 |

Women 1600 Meter Run

| Name | Yr | Team | Finals |
|--------------------|----|------|---------|
| Finals | | | |
| 1 Federici, Simone | 11 | HITE | 5:33.96 |
| 2 Guirant, Iliana | 11 | HITE | 5:43.69 |
| 3 Garcia, Michelle | 10 | HITE | 6:06.40 |
| 4 Negrete, Ninfa | 10 | HSHS | 6:13.36 |
| 5 Redlinger, Mary | 10 | RVVL | 6:21.77 |

| | | | |
|------------------------|----|------|---------|
| 6 Cook, Emmy | 9 | MACH | 6:47.70 |
| 7 Mota, Olivia | 12 | HSHS | 7:06.21 |
| 8 Velazquez, Stephanie | 10 | HSHS | 7:11.10 |
| 9 Chavez, Erina | 9 | HTNC | 7:23.78 |
| 10 Brikis, Helena | 12 | HTNC | 7:33.52 |

Women 3200 Meter Run

| Name | Yr | Team | Finals |
|--------------------|----|------|----------|
| Finals | | | |
| 1 Guirant, Iliana | 11 | HITE | 12:27.78 |
| 2 Garcia, Michelle | 10 | HITE | 14:36.88 |
| 3 Cook, Emmy | 9 | MACH | 15:40.90 |
| 4 West, Mariana | 9 | HTCV | 16:18.59 |
| 5 Mota, Olivia | 12 | HSHS | 16:24.64 |

Women 100 Meter Hurdles

| Name | Yr | Team | Finals |
|-------------------|----|------|--------|
| Finals | | | |
| 1 Harper, Hailey | 12 | MACH | 18.25 |
| 2 Spinato, Chloe | 12 | MACH | 19.44 |
| 3 Orozco, Cindy | 12 | HSHS | 19.45 |
| 4 Bragg, Graciela | 10 | HITE | 19.68 |
| 5 French, Kelly | 10 | ROAC | 20.64 |
| 6 Botha, Bianca | 9 | ROAC | 20.73 |
| 7 Kidane, Feven | 9 | GOMP | 21.85 |
| 8 Salcedo, Sarah | 10 | HSHS | 23.08 |

Women 300 Meter Hurdles

| Name | Yr | Team | Finals |
|--------------------|----|------|---------|
| Finals | | | |
| 1 Harper, Hailey | 12 | MACH | 52.97 |
| 2 Orozco, Cindy | 12 | HSHS | 54.66 |
| 3 Bragg, Graciela | 10 | HITE | 56.25 |
| 4 Strahan, Shannon | 12 | RVVL | 56.63 |
| 5 Salcedo, Sarah | 10 | HSHS | 1:02.76 |
| 6 Kidane, Feven | 9 | GOMP | 1:05.66 |

Women 4x100 Meter Relay

| Team | Relay | Finals |
|--------------------------|---------------------|--------|
| Finals | | |
| 1 Health Sciences High | | 52.83 |
| Elser, Andrea 12 | Orozco, Cindy 12 | |
| Sanchez, Alex 12 | Jones, Rajonae 10 | |
| 2 Rock Academy/sd | | 54.38 |
| Moser, Meghan 10 | Daniel, Sydney 10 | |
| Cozacos, Dalena 9 | Fox, Jenee 10 | |
| 3 High Tech High (Cv) | | 55.50 |
| Smith, Zuri 9 | Sheehan, Isabel 9 | |
| Acheron, Brittney 9 | Castro, Jessica 9 | |
| 4 Maranatha Christian /s | | 56.20 |
| Spinato, Chloe 12 | Levi, Kathleen 10 | |
| Lee, Joanne 12 | Harper, Hailey 12 | |
| 5 River Valley /sd | | 57.21 |
| Strahan, Shannon 12 | Edwards, Miranda 11 | |
| Walters, Cassidy 10 | Redlinger, Mary 10 | |

| | | |
|-----------------------|-------------------|---------|
| 6 High Tech High (Nc) | | 1:02.23 |
| Vivian, Mason 9 | Brikis, Helena 12 | |
| Chavez, Erina 9 | Titcomb, Sydney 9 | |

Women 4x400 Meter Relay

| Team | Relay | Finals |
|--------------------------|---------------------|---------|
| Finals | | |
| 1 High Tech High /sd | | 4:26.25 |
| Garcia, Michelle 10 | Burns, Hannah 12 | |
| Federici, Simone 11 | Guirant, Iliana 11 | |
| 2 Health Sciences High | | 4:29.59 |
| Elser, Andrea 12 | Sanchez, Alex 12 | |
| Torres, Kathy 10 | Orozco, Cindy 12 | |
| 3 Rock Academy/sd | | 4:46.13 |
| Botha, Bianca 9 | Cozacos, Dalena 9 | |
| Moser, Meghan 10 | Daniel, Sydney 10 | |
| 4 High Tech High (Cv) | | 4:47.26 |
| Buenviaje, Katarina 9 | Alderete, Haley 12 | |
| Acheron, Brittney 9 | Fregoso, Grace 9 | |
| 5 High Tech High (Nc) | | 5:18.00 |
| Vivian, Mason 9 | Brikis, Helena 12 | |
| Chavez, Erina 9 | Titcomb, Sydney 9 | |
| 6 Maranatha Christian /s | | 5:27.69 |
| Tcheun, Josie 11 | Nelson, Carissa 12 | |
| Garmer, Caitlyn 12 | Lee, Joanne 12 | |
| 7 Health Sciences High | B | 5:35.15 |
| Bennett, Artrice 10 | Conrad, Morgan 10 | |
| Peinado, Arianna 9 | Mercado, Samantha 9 | |

Women High Jump

| Name | Yr | Team | Finals |
|--------------------|----|------|----------|
| Finals | | | |
| 1 Elser, Andrea | 12 | HSHS | 4-08.00 |
| 2 Spinato, Chloe | 12 | MACH | 4-06.00 |
| 3 Edwards, Miranda | 11 | RVVL | J4-06.00 |
| 4 Federici, Simone | 11 | HITE | 4-00.00 |
| 4 Guirant, Iliana | 11 | HITE | 4-00.00 |

Women Long Jump

| Name | Yr | Team | Finals |
|----------------------|----|------|----------|
| Finals | | | |
| 1 Edwards, Miranda | 11 | RVVL | 16-00.00 |
| 2 Sanchez, Alex | 12 | HSHS | 14-02.00 |
| 3 Strahan, Shannon | 12 | RVVL | 13-09.75 |
| 4 Newcomb, Valeria | 10 | HITE | 13-06.50 |
| 5 Barry, Sophie | 9 | CAAC | 12-10.25 |
| 6 Sheehan, Isabel | 9 | HTCV | 12-05.00 |
| 7 Mitchell, Brittney | 11 | ROAC | 11-10.50 |
| 8 Ortiz, Treeana | 12 | ROAC | 10-11.25 |

Women Triple Jump

| Name | Yr | Team | Finals |
|--------------------|----|------|----------|
| Finals | | | |
| 1 Edwards, Miranda | 11 | RVVL | 34-08.50 |
| 2 Barry, Sophie | 9 | CAAC | 32-02.50 |
| 3 French, Kelly | 10 | ROAC | 27-04.50 |

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Results - CIF San Diego Section Finals

Women Shot Put

| Name | Yr | Team | Finals |
|------------------------|----|------|----------|
| Finals | | | |
| 1 Hunt, Imani | 12 | HSHS | 28-04.25 |
| 2 Hannington, Rebecca | 12 | RVVL | 27-09.75 |
| 3 Leasau, Justina | 11 | GOMP | 27-08.75 |
| 4 Roche, Julia | 12 | HTCV | 27-08.50 |
| 5 Valladares, Candy | 11 | GOMP | 25-11.50 |
| 6 Cullum, Taylor | 11 | HSHS | 21-11.75 |
| 7 Zetterlund, Brittany | 12 | MACH | 21-01.50 |

Women Discus Throw

| Name | Yr | Team | Finals |
|-----------------------|----|------|--------|
| Finals | | | |
| 1 Roche, Julia | 12 | HTCV | 83-00 |
| 2 Cullum, Taylor | 11 | HSHS | 73-01 |
| 3 Strahan, Shannon | 12 | RVVL | 72-00 |
| 4 Hannington, Rebecca | 12 | RVVL | 67-02 |
| 5 Leasau, Justina | 11 | GOMP | 64-07 |
| 6 Hunt, Imani | 12 | HSHS | 63-05 |
| 7 Albertson, Amanda | 10 | RVVL | 58-07 |
| 8 Valladares, Candy | 11 | GOMP | 57-04 |

Men 100 Meter Dash

| Name | Yr | Team | Finals |
|-----------------|----|------|--------|
| Finals | | | |
| 1 Lewison, Luke | 11 | MACH | 11.51 |
| 2 Rozar, John | 11 | HITE | 11.82 |
| 3 Stamp, Jessie | 9 | ROAC | 12.10 |
| 4 Duka, Dan | 11 | MACH | 12.12 |
| 5 Boon, Stan | 12 | HITE | 12.17 |

Men 200 Meter Dash

| Name | Yr | Team | Finals |
|--------------------|----|------|--------|
| Finals | | | |
| 1 Lewison, Luke | 11 | MACH | 23.50 |
| 2 Iniguez, Roberto | 10 | HTCV | 23.99 |
| 3 Rozar, John | 11 | HITE | 24.36 |
| 4 Boon, Stan | 12 | HITE | 24.66 |
| 5 Duka, Dan | 11 | MACH | 24.73 |
| 6 Calas, Jaben | 10 | HSHS | 24.83 |
| 7 Cordice, Rojilio | 12 | GOMP | 25.29 |
| 8 Venable, Johnny | 10 | ROAC | 25.41 |

Men 400 Meter Run

| Name | Yr | Team | Finals |
|-----------------------|----|------|--------|
| Finals | | | |
| 1 Iniguez, Roberto | 10 | HTCV | 53.86 |
| 2 Littleton, Dominick | 10 | HITE | 54.72 |
| 3 Mejia, Jorge | 10 | HTCV | 55.73 |
| 4 Batten, Caleb | 11 | MACH | 56.22 |
| 5 Botha, Ryno | 9 | ROAC | 57.47 |
| 6 Bragg, Hunter | 10 | HITE | 58.78 |
| 7 Reece-Rosas, Mario | 11 | HTCV | 59.13 |

Men 800 Meter Run

| Name | Yr | Team | Finals |
|-------------------|----|------|---------|
| Finals | | | |
| 1 Wilson, Daniel | 11 | HITE | 2:02.52 |
| 2 Sills, Michael | 10 | ROAC | 2:10.65 |
| 3 Espe, David | 11 | HITE | 2:12.98 |
| 4 Paris, Ted | 10 | HITE | 2:17.88 |
| 5 Ortega, Michael | 11 | HITE | 2:18.80 |
| 6 Sausser, Brian | 9 | MACH | 2:20.59 |
| 7 Wilson, Josh | 9 | HITE | 2:28.35 |

Men 1600 Meter Run

| Name | Yr | Team | Finals |
|--------------------|----|------|---------|
| Finals | | | |
| 1 Holthaus, Hunter | 12 | HITE | 4:38.41 |
| 2 LaCarra, Manuel | 11 | HITE | 4:49.94 |
| 3 Ortega, Michael | 11 | HITE | 4:56.34 |
| 4 Sausser, Brian | 9 | MACH | 5:00.44 |
| 5 Fucella, David | 11 | ROAC | 5:01.44 |
| 6 Blume, Bryson | 9 | HITE | 5:04.44 |
| 7 Wilson, Josh | 9 | HITE | 5:10.34 |
| 8 Novak, Ryan | 9 | HTNC | 5:10.44 |
| 9 Roth, Travis | 9 | HITE | 5:28.74 |
| 10 Blatler, Albert | 12 | HSHS | 5:29.74 |

Men 3200 Meter Run

| Name | Yr | Team | Finals |
|--------------------|----|------|----------|
| Finals | | | |
| 1 Holthaus, Hunter | 12 | HITE | 10:19.60 |
| 2 LaCarra, Manuel | 11 | HITE | 10:51.47 |
| 3 Blume, Bryson | 9 | HITE | 11:10.28 |
| 4 Fucella, David | 11 | ROAC | 11:34.77 |
| 5 Wright, Matthew | 9 | ROAC | 11:49.84 |
| 6 Roberts, Alec | 11 | ROAC | 11:55.94 |
| 7 Blatler, Albert | 12 | HSHS | 12:20.88 |
| 8 Jesus, Pineda | 10 | HTNC | 13:09.44 |
| 9 Reyes, Michael | 10 | HSHS | 14:36.44 |

Men 110 Meter Hurdles

| Name | Yr | Team | Finals |
|-------------------------|----|------|--------|
| Finals | | | |
| 1 Brathwaite, Donovan | 11 | KCCH | 17.37 |
| 2 Breton-Blake, Rolando | 12 | HTCV | 17.82 |
| 3 Jonsson, Jared | 11 | MACH | 18.19 |
| 4 Villa, Adrian | 12 | ROAC | 19.25 |
| 5 Bragg, Hunter | 10 | HITE | 19.65 |
| 6 Gummer, Grady | 9 | HTNC | 20.47 |
| 7 Dudley, Julian | 10 | HTNC | 20.49 |

Men 300 Meter Hurdles

| Name | Yr | Team | Finals |
|-------------------------|----|------|--------|
| Finals | | | |
| 1 Breton-Blake, Rolando | 12 | HTCV | 44.89 |
| 2 Brathwaite, Donovan | 11 | KCCH | 45.37 |
| 3 Hutchinson, Justin | 10 | HITE | 47.67 |
| 4 Bragg, Hunter | 10 | HITE | 48.43 |

5 Dudley, Julian 10 HTNC 50.54

Men 4x100 Meter Relay

| Team | Relay | Finals |
|---------------------------|-----------------------|--------|
| Finals | | |
| 1 Maranatha Christian /s | | 47.07 |
| Lewison, Luke 11 | Spinato, Chris 9 | |
| Duka, Dan 11 | Clark, Marcus 12 | |
| 2 Health Sciences High /s | | 47.53 |
| Castillo, Eriberto 10 | Al-Amin, Niijan 11 | |
| Calas, Jaben 10 | Lopez, Miguel 11 | |
| 3 High Tech High (Cv) /s | | 47.74 |
| Breton-Blake, Rolando 11 | Castro, Danny 12 | |
| Mejia, Jorge 10 | Iniguez, Roberto 10 | |
| 4 Rock Academy/sd | | 47.96 |
| Correria, Marcus 11 | Stamp, Jessie 9 | |
| Venable, Johnny 10 | Botha, Ryno 9 | |
| 5 High Tech High (Nc) /s | | 51.50 |
| Dudley, Julian 10 | Novak, Ryan 9 | |
| Gummer, Grady 9 | Erokhin, Nicholas 10 | |
| 6 High Tech High /sd | | 54.17 |
| Peterson, Dane 12 | Aligada, Paolo 12 | |
| Boon, Stan 12 | Rozar, John 11 | |
| 7 High Tech High (Nc) /s | B | 57.56 |
| Heo, Joseph 10 | Freeman, Reece 9 | |
| Jesus, Pineda 10 | Barragan, Erick 10 | |
| 8 Maranatha Christian /s | B | 57.67 |
| Good, Michael 10 | Guerrero, Jonathan 10 | |
| Nelson, Ben 10 | Wurtzler, Blake 11 | |

Men 4x400 Meter Relay

| Team | Relay | Finals |
|---------------------------|------------------------|---------|
| Finals | | |
| 1 High Tech High /sd | | 3:49.03 |
| Espe, David 11 | Wilson, Daniel 11 | |
| Ortega, Michael 11 | Littleton, Dominick 10 | |
| 2 High Tech High (Cv) /s | | 3:52.56 |
| Mejia, Jorge 10 | Breton-Blake, Rolando | |
| Castro, Danny 12 | Iniguez, Roberto 10 | |
| 3 Health Sciences High /s | | 3:53.94 |
| Castillo, Eriberto 10 | Guevara, Dale 12 | |
| Al-Amin, Niijan 11 | Lopez, Miguel 11 | |
| 4 Rock Academy/sd | | 4:00.63 |
| Correria, Marcus 11 | Contreras, Francisco 9 | |
| Sills, Michael 10 | Botha, Ryno 9 | |
| 5 High Tech High /sd | B | 4:03.36 |
| Hutchinson, Justin 10 | Wren, Taylor 12 | |
| Sanchez, Andrew 9 | Bragg, Hunter 10 | |
| 6 Maranatha Christian /s | | 4:16.07 |
| Sausser, Brian 9 | Good, Michael 10 | |
| Nelson, Ben 10 | Batten, Caleb 11 | |
| 7 High Tech High (Nc) /s | | 4:17.75 |
| Gummer, Grady 9 | Novak, Ryan 9 | |
| Freeman, Reece 9 | Heo, Joseph 10 | |
| 8 High Tech High (Nc) /s | B | 4:32.81 |
| Dudley, Julian 10 | Barragan, Erick 10 | |
| Jesus, Pineda 10 | Rose, Liam 10 | |

Frontier League Championships 2012 - 5/10/2012

Helix High School

Results - CIF San Diego Section Finals

9 Larson, Derek 11 HITE 70-02

Men High Jump

| Name | Yr | Team | Finals |
|--------------------|----|------|----------|
| Finals | | | |
| 1 Jonsson, Jared | 11 | MACH | 5-06.00 |
| 2 Ahmed, Yusef | 10 | HSHS | 5-04.00 |
| 2 Espe, David | 11 | HITE | 5-04.00 |
| 4 Villa, Adrian | 12 | ROAC | 5-02.00 |
| 5 Correria, Marcus | 11 | ROAC | J5-02.00 |
| 6 Ali, Omar | 10 | HSHS | 5-00.00 |
| 7 Roth, Travis | 9 | HITE | 4-10.00 |

Men Long Jump

| Name | Yr | Team | Finals |
|-----------------------|----|------|----------|
| Finals | | | |
| 1 Rozar, John | 11 | HITE | 19-04.25 |
| 2 Lewison, Luke | 11 | MACH | 19-04.00 |
| 3 Cordice, Rojilio | 12 | GOMP | 18-07.25 |
| 4 Brathwaite, Donovan | 11 | KCCH | 18-03.25 |
| 5 Botha, Ryno | 9 | ROAC | 17-05.00 |
| 6 Al-Amin, Niijan | 11 | HSHS | 17-00.50 |
| 7 Fletcher, Blane | 9 | CAAC | 16-02.00 |
| 8 Erokhin, Nicholas | 10 | HTNC | 15-10.00 |
| 9 Stamp, Jessie | 9 | ROAC | 1-02.50 |

Men Triple Jump

| Name | Yr | Team | Finals |
|-------------------|----|------|----------|
| Finals | | | |
| 1 Stamp, Jessie | 9 | ROAC | 39-10.00 |
| 2 Calas, Jaben | 10 | HSHS | 35-09.50 |
| 3 Fletcher, Blane | 9 | CAAC | 35-08.75 |
| 4 Hamilton, Matri | 9 | HTCV | 34-08.00 |
| 5 Nolan, Sean | 12 | RVVL | 29-11.50 |

Men Shot Put

| Name | Yr | Team | Finals |
|---------------------|----|------|----------|
| Finals | | | |
| 1 Black, Norman | 10 | HITE | 35-03.00 |
| 2 Morovati, Ali | 11 | ROAC | 34-10.50 |
| 3 Duka, Dan | 11 | MACH | 33-11.50 |
| 4 Ruiz, Rey | 12 | HTCV | 33-02.00 |
| 5 Larson, Derek | 11 | HITE | 31-04.25 |
| 6 Perry, Jordan | 10 | ROAC | 28-09.50 |
| 7 Erokhin, Nicholas | 10 | HTNC | 28-07.75 |
| 8 Joseph, Jawan | 10 | HSHS | 28-04.00 |

Men Discus Throw

| Name | Yr | Team | Finals |
|----------------------|----|------|--------|
| Finals | | | |
| 1 Black, Norman | 10 | HITE | 103-10 |
| 2 Ruiz, Rey | 12 | HTCV | 101-06 |
| 3 Morovati, Ali | 11 | ROAC | 88-10 |
| 4 Courmouis, Taz | 10 | ROAC | 84-10 |
| 5 Zaragoza, Timothy | 11 | HITE | 76-08 |
| 6 Frederick, Patrick | 10 | ROAC | 75-01 |
| 7 Frick, Daniel | 12 | RVVL | 71-08 |
| 8 Gonzalez, Adrian | 11 | HITE | 70-04 |