

Licensed to Canyon Crest Academy HY-TEK's Meet Manager 5/8/2012 08:53 PM
 Palomar '12 - 5/8/2012 to 5/11/2012
 Poway
 Results

Girls 100 Meter Dash

Name	Year School	Prelims	H#
Preliminaries			
1 Gilson, Cecily	Poway	12.48q	1
2 Capano, Lucrezia	Rancho Berna	12.84q	2
3 Stoddart, Shawna	Westview	13.18q	1
4 Nunez, Anna	Poway	13.18q	1
5 Ford, Courtney	Ramona	13.22q	3
6 Frenkel, Jessica	Westview	13.25q	3
7 Ellis, Christina	Torrey Pines	13.29q	2
8 Barvinchak, Amanda	Rancho Berna	13.36q	3
9 Griffin, Drew	Poway	13.43q	2
10 Dunn, Deanna	Rancho Berna	13.47	3
11 Hsieh, Andrea	Torrey Pines	13.56	1
12 Gilbert, Callie	Poway	13.61	2
13 Nelson, Irene	Mt Carmel	13.61	1
14 Aspiras, Sabrina	Rancho Berna	13.64	2
14 Khatib, Lora	Torrey Pines	13.64	3
16 Mahan, Jade	Westview	13.75	3
17 Zou, Addy	Westview	13.87	3
18 Felicia, Serene	Mt Carmel	13.92	2
19 Badiozamani, Rozhon	Westview	13.95	1
19 Cross, Amelia	Mt Carmel	13.95	2
21 Turvey, Katherine	Ramona	14.19	1
22 Ortiz, Amber	Mt Carmel	14.21	1
23 LoPresti, Caroline	Ramona	14.26	2
24 Freeman, Kelci	Ramona	14.39	1
25 Sheffield, Breana	Mt Carmel	14.40	3

Girls 200 Meter Dash

Name	Year School	Prelims	H#
1 Larch-Miller, Nikki	Torrey Pines	25.09q	3
2 Hernandez, Alexis	Mt Carmel	25.49q	1
3 Gilson, Cecily	Poway	25.55q	2
4 Capano, Lucrezia	Rancho Berna	26.27q	3
5 Choy, Caitlin	Ramona	26.55q	3
6 Barvinchak, Amanda	Rancho Berna	27.12q	1
7 Griffin, Drew	Poway	27.25q	2
8 Ellis, Christina	Torrey Pines	27.32q	1
9 Nunez, Anna	Poway	27.41q	1
10 Frenkel, Jessica	Westview	27.60	2
11 Skyhar, Julia	Torrey Pines	27.72	3
12 Schall, Elyssa	Mt Carmel	27.73	2
13 Stoddart, Shawna	Westview	27.73	1
14 Gibbs, Hunter	Poway	27.90	2
15 Enos, Lauren	Rancho Berna	28.44	2
16 Nelson, Irene	Mt Carmel	28.51	3
17 Aspiras, Sabrina	Rancho Berna	28.52	1
18 Badiozamani, Rozhon	Westview	28.79	3
19 Kohler, Kendall	Ramona	28.94	1
20 Sheffield, Breana	Mt Carmel	29.51	1
21 Yen, Sally	Mt Carmel	30.25	3

22	Kyllo, Sheylyn	Mt Carmel	30.57	2
23	Freeman, Kelci	Ramona	30.62	1

Girls 400 Meter Run

Name	Year School	Prelims	H#
1	Hernandez, Alexis	Mt Carmel	56.54q 1
2	Larch-Miller, Nikki	Torrey Pines	58.11q 2
3	Choy, Caitlin	Ramona	1:00.25q 3
4	Carter, Aly	Torrey Pines	1:00.65q 2
5	Hauke, Ashley	Rancho Berna	1:01.27q 3
6	Schall, Elyssa	Mt Carmel	1:01.49q 1
7	Enos, Lauren	Rancho Berna	1:01.91q 2
8	Skyhar, Julia	Torrey Pines	1:02.14q 2
9	Gibbs, Hunter	Poway	1:02.54q 1
10	White, Mariah	Rancho Berna	1:03.05 3
11	Wetzel, Lexy	Poway	1:03.22 1
12	Kosowski, Sylvia	Torrey Pines	1:03.67 3
13	Rose, Jessica	Torrey Pines	1:04.26 1
14	Pacelli, Sarah	Torrey Pines	1:04.99 3
15	Christensen, Kalyx	Poway	1:05.48 2
16	Kohler, Kendall	Ramona	1:05.58 1
17	Nguyen, Christine	Westview	1:05.81 1
18	Luong, Vivian	Westview	1:05.94 3
19	Clark, Marcella	Poway	1:06.34 3
20	Wagner, Megan	Westview	1:06.38 2
21	Kyllo, Sheylyn	Mt Carmel	1:07.05 2
22	Yen, Sally	Mt Carmel	1:09.01 1
23	Sheffield, Breana	Mt Carmel	1:09.15 1
24	Bach, Cindy	Mt Carmel	1:10.36 2

Girls 800 Meter Run

Name	Year School	Prelims	
1	Sammer, Katie	Rancho Berna	2:20.04q
2	Weber, Amanda	Westview	2:20.20q
3	Yang, Julia	Westview	2:20.46q
4	Seamans, Taylor	Torrey Pines	2:20.87q
5	Voyles, Lauren	Rancho Berna	2:20.92q
6	Fuller, Bryanna	Rancho Berna	2:22.35q
7	Harbison, Kaelyn	Westview	2:22.80q
8	Andino, Ellisia	Rancho Berna	2:22.84q
9	Howe, Savannah	Poway	2:23.51q
10	Bogan, Jensen	Rancho Berna	2:24.00q
11	Van Der Linde, Hanna	Mt Carmel	2:25.60q
12	Graber, Sara	Rancho Berna	2:26.29q
13	Tatro, Lexie	Torrey Pines	2:27.93
14	Pacelli, Claire	Torrey Pines	2:27.93
15	DeLong, Shelby	Mt Carmel	2:29.23
16	Jordan, Amy	Ramona	2:29.78
17	Ward, Maddy	Poway	2:30.21
18	Garcia, Elena	Mt Carmel	2:30.30
19	Green, Erin	Mt Carmel	2:30.67
20	Hager, Emma	Torrey Pines	2:32.27
21	Cokas, Nika	Mt Carmel	2:35.60
22	Whittaker, Alice	Poway	2:35.61
23	Capatinta, Astrid	Mt Carmel	2:38.51
24	Vaingankar, Uma	Mt Carmel	2:42.99
25	Tucker, Hannah	Ramona	2:49.47
26	Brown, Rachael	Ramona	2:49.82

27 Lempe, Summer Ramona 2:53.16

Girls 1600 Meter Run

Name	Year School	Prelims
1 Voyles, Lauren	Rancho Berna	5:16.59q
2 Yang, Julia	Westview	5:18.05q
3 Voyles, Danielle	Rancho Berna	5:18.59q
4 Godfrey, Jill	Poway	5:18.66q
5 Harbison, Kaelyn	Westview	5:19.12q
6 Dadkhah, Ashlyn	Torrey Pines	5:19.99q
7 Kloha, Christa	Westview	5:20.61q
8 Girolamo, Tina	Rancho Berna	5:23.47q
9 O'Connell, Kelsey	Torrey Pines	5:25.03q
10 Garcia, Elena	Mt Carmel	5:25.89q
11 Mostert, Itza	Westview	5:29.00q
12 Cortez, Lauren	Ramona	5:29.22q
13 Smith, Sophie	Poway	5:32.06
14 Ung, Victoria	Mt Carmel	5:32.29
15 McGuire, Macenzi	Torrey Pines	5:33.63
16 Ackely, Christy	Poway	5:35.22
17 Hill, Sierra	Rancho Berna	5:37.14
18 Mazzola, Anna	Ramona	5:37.24
19 Gallo, Isabella	Westview	5:37.87
20 Schwartz, Hannah	Poway	5:40.55
21 Kuck, Alyssa	Rancho Berna	5:44.96
22 Cardenas, Kaitlyn	Mt Carmel	5:46.80
23 Vaingankar, Uma	Mt Carmel	5:49.14
24 O'Connell, Taylor	Torrey Pines	5:49.87
25 Cokas, Nika	Mt Carmel	5:53.17
26 Daly, Erin	Torrey Pines	5:54.00
27 Teyton, Anais	Torrey Pines	6:00.44
28 Leon, Teresa	Ramona	6:07.10
29 Ruland, Ariana	Ramona	6:12.25

Girls 100 Meter Hurdles

Name	Year School	Prelims	H#
1 Larch-Miller, Taylor	Torrey Pines	14.92q	1
2 Garcia, Jessica	Rancho Berna	16.36q	2
3 Helman, Kelly	Ramona	16.72q	3
4 Johnson, Lucia	Torrey Pines	16.79q	3
5 Elliott, Zoe	Rancho Berna	16.81q	1
6 Shields, Leighann	Mt Carmel	16.89q	2
7 Johnson, Larissa	Poway	17.09q	1
8 Felicia, Serene	Mt Carmel	17.13q	1
9 Pidgeon, Sydney	Westview	17.48q	3
10 Sathe, Shaleen	Westview	17.56	2
11 Ismay, Alia	Poway	17.65	1
12 Roberts, Carlee	Ramona	17.83	1
13 Parker, Rianne	Mt Carmel	17.86	2
14 Nelson, Irene	Mt Carmel	17.92	3
15 Turvey, Katherine	Ramona	18.01	2
16 Hayes, Cassidy	Poway	18.14	1
17 Cowart, Kayleigh	Mt Carmel	18.41	3
18 Smith, Nicolette	Westview	18.48	3
19 Wetzell, Whitney	Poway	18.71	1
20 O'Brien, Lisa	Poway	18.71	2
21 Martin, Desi	Westview	18.73	3
22 Champ, Erin	Torrey Pines	19.78	1

Girls 300 Meter Hurdles

Name	Year	School	Prelims	H#
1 Larch-Miller, Taylor		Torrey Pines	43.94q	2
2 Garcia, Jessica		Rancho Berna	46.43q	1
3 Murray, Maddie		Poway	47.71q	3
4 Bednarski, Valerie		Mt Carmel	49.11q	3
5 Pidgeon, Sydney		Westview	49.31q	2
6 Pekar, Joanna		Poway	49.44q	2
7 Johnson, Lucia		Torrey Pines	50.29q	1
8 Elliott, Zoe		Rancho Berna	50.71q	1
9 White, Mariah		Rancho Berna	50.93q	3
10 Helman, Kelly		Ramona	51.11	3
11 Martin, Desi		Westview	51.17	1
12 Felicia, Serene		Mt Carmel	51.29	1
13 Parker, Rianne		Mt Carmel	51.52	2
14 Smith, Nicolette		Westview	51.66	2
15 Metz, Carly		Poway	52.04	3
16 Sathe, Shaleen		Westview	52.05	1
17 Roberts, Carlee		Ramona	52.27	3
18 Wetzell, Whitney		Poway	52.38	1
19 Gallinetti, Kelsey		Mt Carmel	53.56	2
20 Uekert, Taylor		Ramona	54.21	2
21 Lam, Elizabeth		Torrey Pines	54.29	3
22 Carpowich, Samantha		Torrey Pines	54.71	2
23 Nielsen, Emily		Mt Carmel	55.13	1

Girls High Jump

Name	Year	School	Prelims
1 Manneh, Regina		Rancho Berna	4-09.00q
1 Martin, Desi		Westview	4-09.00q
1 Brean, Brooke		Ramona	4-09.00q
1 Johnson, Lucia		Torrey Pines	4-09.00q
1 Howe, Elaina		Torrey Pines	4-09.00q
1 Tate, Tiffany		Poway	4-09.00q
1 Wildenthaler, Julia		Torrey Pines	4-09.00q
1 Culliton, Brenna		Poway	4-09.00q
1 Gorman, Jennifer		Rancho Berna	4-09.00q
10 Hsieh, Andrea		Torrey Pines	4-07.00
10 Berner, Haley		Poway	4-07.00
10 Cowart, Kayleigh		Mt Carmel	4-07.00
10 Weiss, Layah		Rancho Berna	4-07.00
10 Crawl, Paige		Mt Carmel	4-07.00
15 Edwards, Kristen		Mt Carmel	4-05.00

Girls Pole Vault

Name	Year	School	Prelims
1 Mendoza, Emily		Poway	9-05.00q
2 Yurczyk, Kaylee		Rancho Berna	8-11.00q
2 Kemmerrer, Andrea		Westview	8-11.00q
2 Brooks, Kenzie		Poway	8-11.00q
2 Lian, Mimi		Rancho Berna	8-11.00q
2 Paik, Kristine		Torrey Pines	8-11.00q
7 Stegman, Samantha		Poway	8-05.00q
7 Ismay, Alia		Poway	8-05.00q
7 Jackson, Courtney		Ramona	8-05.00q

7	Huynh, Deanna	Mt Carmel	8-05.00q
7	Kothari, Tenaya	Torrey Pines	8-05.00q
12	Sevilleja, Amanda	Rancho Berna	7-11.00
12	Bermudez, Erica	Mt Carmel	7-11.00
12	Edmondson, Hailey	Rancho Berna	7-11.00
15	Klarer, Kim	Ramona	7-05.00
15	Wu, Olivia	Mt Carmel	7-05.00
15	Pechtimaldjiam, Emeri	Westview	7-05.00
15	Doudar, Sara	Torrey Pines	7-05.00
15	Truong, Tammy	Torrey Pines	7-05.00
15	Fassett, Karena	Torrey Pines	7-05.00
21	Hetzel, Kasey	Westview	7-00.00
21	Ghai, Bani	Westview	7-00.00
21	Kim, Megan	Mt Carmel	7-00.00
21	Pilpa, Annalysa	Mt Carmel	7-00.00
21	Moon, Cindy	Torrey Pines	7-00.00

Girls Long Jump

Name	Year School	Prelims	
1	Larch-Miller, Nikki	Torrey Pines	18-00.00q
2	Carmichael, Christina	Rancho Berna	16-05.50q
3	Ellison, Lauren	Rancho Berna	15-09.50q
4	Dunn, Deanna	Rancho Berna	15-08.00q
5	Carter, Alyson	Torrey Pines	15-07.50q
6	Ford, Courtney	Ramona	15-03.00q
7	Stoddart, Shawna	Westview	15-01.50q
8	Hsieh, Andrea	Torrey Pines	15-01.25q
9	Mahan, Jade	Westview	14-11.00q
10	McClintick, Alyssa	Mt Carmel	14-09.50
10	Wang, Yisha	Mt Carmel	14-09.50
12	Glatthorn, Jillian	Torrey Pines	14-08.50
13	Shields, Leighann	Mt Carmel	14-04.00
14	Hayes, Cassidy	Poway	14-02.50
15	Ellis, Christina	Torrey Pines	14-02.25
16	Leatherman, Amy	Mt Carmel	13-09.00
17	Wagner, Megan	Westview	13-07.00
18	Jose, Natalie	Poway	13-06.50
19	Guasti, Callie	Ramona	13-05.50
20	Gutierrez, Clarissa	Westview	13-05.00
21	Ressler, Natalie	Westview	13-04.00
22	LoPresti, Caroline	Ramona	12-07.75
23	Ahlstrom, Elisabeth	Rancho Berna	12-04.00

Girls Triple Jump

Name	Year School	Prelims	
1	Wildenthaler, Julia	Torrey Pines	34-10.50q
2	Ellison, Lauren	Rancho Berna	34-09.00q
3	Wang, Yisha	Mt Carmel	34-06.00q
4	Carmichael, Christina	Rancho Berna	33-00.50q
5	Howe, Lauren	Torrey Pines	33-00.00q
6	Jordan, Cassie	Torrey Pines	32-07.00q
7	Shields, Leighann	Mt Carmel	32-05.50q
8	Hsieh, Andrea	Torrey Pines	32-04.00q
9	Dao, Caitlin	Torrey Pines	32-01.00q
10	Dunn, Deanna	Rancho Berna	31-06.00
10	Guasti, Callie	Ramona	31-06.00
12	Edwards, Kristen	Mt Carmel	30-10.00
13	Lee, Hanna	Torrey Pines	30-08.50

14	Ressler, Natalie	Westview	30-00.50
15	Jose, Natalie	Poway	29-10.50
16	Ahlstrom, Elisabeth	Rancho Berna	29-05.75
17	Gutierrez, Clarissa	Westview	29-02.00
18	Fortunato, Lilly	Ramona	28-11.50
19	Baljon, Jesalyn	Poway	28-05.00
20	Leatherman, Amy	Mt Carmel	28-04.50
21	Graytok, Anessa	Poway	28-02.00
22	Macasa, Ashley	Poway	28-01.25
23	Duong, Tana	Mt Carmel	24-03.50

Girls Shot Put

Name	Year School	Prelims
1	Walker, Brandi	Rancho Berna 36-08.00q
2	Gerard, Hayley	Mt Carmel 33-05.00q
3	Tate, Tiffany	Poway 32-09.00q
4	James, Madison	Poway 32-05.00q
5	Lore, Crystal	Torrey Pines 31-10.00q
6	Harvey, Aaliyah	Torrey Pines 31-07.00q
7	Banegas, Karah	Ramona 31-00.00q
8	Ellis, Erica	Westview 30-09.00q
9	Bojorges, Jessica	Mt Carmel 30-07.00q
9	Polina, Taylor	Poway 30-07.00q
11	Mehus, Brooke	Poway 29-10.00
12	Day, Becky	Mt Carmel 29-06.00
13	McCardall, Jacquelin	Rancho Berna 29-01.00
14	Nguyen, Tanya	Mt Carmel 28-10.00
15	Leighton, Hailey	Mt Carmel 28-00.00
16	Gee, Becca	Rancho Berna 27-08.00
17	Buggeln, Carolyn	Ramona 27-01.00
18	Verhostadt, Camille	Rancho Berna 27-00.00
19	Habhab, Dina	Torrey Pines 26-09.00
20	Ibrahim, Tanya	Westview 25-10.00
21	Calhoun, Taylor	Torrey Pines 25-07.00
21	Cha, Esther	Westview 25-07.00
23	Allam, Lobna	Westview 24-00.00
24	Carter, Hanah	Ramona 23-07.00

Girls Discus Throw

Name	Year School	Prelims
1	Ellis, Erica	Westview 104-03q
2	Walker, Brandi	Rancho Berna 102-06q
3	Verhostadt, Camille	Rancho Berna 101-05q
4	James, Madison	Poway 98-11q
5	Lore, Crystal	Torrey Pines 94-06.50q
6	McCardall, Jacquelin	Rancho Berna 91-02q
7	Buono, Alexa	Poway 86-08q
8	Bojorges, Jessica	Mt Carmel 85-07q
9	Mehus, Brooke	Poway 83-05q
10	Buyuktimikin, Arda	Torrey Pines 81-01
11	Gee, Becca	Rancho Berna 79-08
12	Armendarzi, Anastasia	Torrey Pines 78-06
13	Leighton, Hailey	Mt Carmel 77-05
14	Allam, Lobna	Westview 76-10
15	Schalk, Kerigan	Westview 75-00
16	Nguyen, Tanya	Mt Carmel 74-06
17	Ibrahim, Tanya	Westview 67-09
18	Darby, Brittany	Torrey Pines 67-06

19 Morgan, Nia	Mt Carmel	59-09.50
20 Day, Becky	Mt Carmel	0.75

Boys 100 Meter Dash

Name	Year School	Prelims	H#
1 Gross, Nehemiah	Poway	11.31q	3
2 Pater, Scott	Mt Carmel	11.32q	2
3 Lucas, Brandon	Poway	11.42q	1
4 Haratyk, Sean	Torrey Pines	11.43q	2
5 Brooks, Giovanni	Rancho Berna	11.44q	3
6 Mudd, Lance	Poway	11.47q	2
7 Paggett, Glenn	Rancho Berna	11.57q	1
8 Lachica, Syaariq	Mt Carmel	11.63q	1
9 Nguyen, Jason	Torrey Pines	11.65q	1
10 Bautista, Aldrin	Mt Carmel	11.65	3
11 Elwell, Tyler	Torrey Pines	11.67	3
12 Cherek, Nathan	Ramona	11.73	2
13 Kremp, Eric	Westview	11.81	3
14 Chen, Eric	Westview	11.84	1
15 Sheppard, Michael	Torrey Pines	11.84	2
16 Troyer, Jacob	Rancho Berna	11.85	2
17 Wood, Colton	Ramona	12.06	2
18 Song, Jacob	Mt Carmel	12.14	3
19 Goldsworthy, Dylan	Rancho Berna	12.15	3
20 Glotfelty, Christian	Ramona	12.20	1
21 Gansch, Brandon	Ramona	12.21	3
22 Neria, Javier	Mt Carmel	12.26	2
23 Sinclair, James	Mt Carmel	12.41	1

Boys 200 Meter Dash

Name	Year School	Prelims	H#
1 Harder, Caine	Westview	22.35q	2
2 Pater, Scott	Mt Carmel	22.76q	2
3 Gross, Nehemiah	Poway	22.79q	3
4 Grigoriev, Alex	Rancho Berna	22.85q	1
5 Haratyk, Sean	Torrey Pines	23.04q	3
6 Ozenbaugh, Sam	Poway	23.30q	2
7 Paggett, Glenn	Rancho Berna	23.31q	1
8 Koontz, Jacob	Mt Carmel	23.34q	3
9 Gronotte, Alex	Westview	23.42q	2
10 Lucas, Brandon	Poway	23.43	2
11 Bullock, Maurice	Mt Carmel	23.45	2
12 Bautista, Aldrin	Mt Carmel	23.58	1
13 Troyer, Jacob	Rancho Berna	23.75	3
14 Brooks, Giovanni	Rancho Berna	23.81	3
15 Chen, Eric	Westview	23.85	1
16 Nguyen, Jason	Torrey Pines	24.08	1
17 Cherek, Nathan	Ramona	24.13	3
18 Hsieh, Conway	Torrey Pines	24.33	2
19 Neria, Javier	Mt Carmel	24.58	3
20 Song, Jacob	Mt Carmel	24.59	3
21 Kuzminsky, Jack	Torrey Pines	24.60	2
22 Wood, Colton	Ramona	24.77	1
23 Edwards, Mitchell	Ramona	25.01	1
24 Orgas, Angelo	Mt Carmel	25.02	2
25 Bell, Austin	Ramona	25.15	1

Boys 400 Meter Run

Name	Year	School	Prelims	H#
1 Babiash, Derek		Poway	49.62q	3
2 Harder, Caine		Westview	49.79q	3
3 Gronotte, Alex		Westview	49.79q	2
4 Grigoriev, Alex		Rancho Berna	49.99q	1
5 Ozenbaugh, Sam		Poway	50.30q	1
6 Bullock, Maurice		Mt Carmel	51.17q	2
7 Sorensen, Andrew		Westview	51.33q	2
8 Good, Michael		Westview	51.90q	1
9 Koontz, Jacob		Mt Carmel	52.23q	3
10 Kuzminsky, Jack		Torrey Pines	52.35	3
11 Hsieh, Conway		Torrey Pines	53.03	2
12 Corona, Cesar		Ramona	53.07	1
13 Holstrom, Michael		Rancho Berna	53.39	2
14 Beatty, Parker		Mt Carmel	54.12	3
15 Minnocci, Austin		Ramona	54.69	3
16 Edwards, Mitchell		Ramona	54.86	1
17 Hadley, Kevin		Torrey Pines	55.38	3
18 Edgington, Cody		Poway	55.40	1
19 Stanton, Tim		Torrey Pines	55.41	3
20 Corona, Francisco		Ramona	55.82	2
21 Huppert, Joey		Torrey Pines	56.31	2
22 Sinlao, Justin		Mt Carmel	56.49	2
23 Devlin, Robert		Rancho Berna	56.95	2
24 Orgas, Angelo		Mt Carmel	57.32	1
25 Tran, Michael		Mt Carmel	57.52	3

Boys 800 Meter Run

Name	Year	School	Prelims
1 Senese, Jared		Mt Carmel	1:57.45q
2 Mihalik, Kevin		Rancho Berna	1:57.89q
3 Schall, Ryan		Westview	1:58.18q
4 Barnes, Tanner		Mt Carmel	1:59.24q
5 McCann, Patrick		Mt Carmel	1:59.36q
6 Bueno, Alex		Mt Carmel	1:59.52q
7 Tansey, Chris		Poway	1:59.53q
8 Hayen, Eric		Poway	1:59.58q
9 Cremer, Justin		Torrey Pines	2:00.26q
10 Mull, Nathan		Poway	2:00.34q
11 Richardson, Alec		Ramona	2:00.66q
12 Avila, Max		Torrey Pines	2:01.82q
13 Ennis, Adrian		Rancho Berna	2:02.28
14 Weber, John		Westview	2:02.32
15 Pilar, Jose		Ramona	2:03.23
16 Fallon, Regis		Poway	2:05.58
17 Andrews, Colin		Rancho Berna	2:06.04
18 Lentz, Jesse		Poway	2:06.70
19 McMahan, Tyler		Mt Carmel	2:06.74
20 Hardin, Wesley		Ramona	2:06.79
21 Barnes, Nick		Torrey Pines	2:07.14
22 Smith, Matthew		Mt Carmel	2:07.36
23 Jafek, Ben		Torrey Pines	2:08.35
24 Long, Matt		Poway	2:08.67
25 Edwards, Max		Ramona	2:10.18
26 Yeung, Sean		Westview	2:10.70
27 Bailey, Dawson		Torrey Pines	2:11.91
28 Kinsey, Timothy		Mt Carmel	2:12.17
29 Collignon, Gregg		Rancho Berna	2:12.61

30 Colburn, Connor Torrey Pines 2:25.89

Boys 1600 Meter Run

Name	Year School	Prelims
1 Riley, Forrest	Ramona	4:26.13q
2 Hayen, Eric	Poway	4:26.59q
3 Braude, Tal	Torrey Pines	4:27.13q
4 Kumar, Arjun	Torrey Pines	4:27.21q
5 Tansey, Chris	Poway	4:27.62q
6 Mihalik, Kevin	Rancho Berna	4:28.84q
7 Schall, Ryan	Westview	4:29.24q
8 Morton, Derek	Mt Carmel	4:29.51q
9 Ryan, Garrett	Westview	4:31.00q
10 Gee, Brendan	Rancho Berna	4:37.45q
11 Tucker, Alex	Westview	4:38.88q
12 Gantzer, Graham	Ramona	4:40.25q
13 Pelletier, Alex	Rancho Berna	4:40.78
14 Smirniotis, James	Westview	4:41.20
15 Thomas, Cory	Ramona	4:43.07
16 Mckay, Donny	Ramona	4:43.16
17 Corotis, John	Poway	4:44.27
18 Edwards, Max	Ramona	4:46.32
19 Shaw, Nick	Poway	4:46.33
20 Barge, Matt	Torrey Pines	4:47.65
21 Schmidt, Sean	Rancho Berna	4:48.12
22 Diamant, Noah	Torrey Pines	4:49.65
23 Filmore, Quinn	Poway	4:51.44
24 Bosse, Luke	Mt Carmel	4:51.55
25 DeLong, Garrett	Mt Carmel	4:52.71
26 Jauregui, Anthony	Ramona	4:53.11
27 Quintana, Santiago	Torrey Pines	4:53.56
28 Cassidy, Brendan	Poway	4:54.89
29 Chintala, Jack	Poway	4:55.20

Boys 110 Meter Hurdles

Name	Year School	Prelims	H#
1 Galloway, Ryan	Poway	15.20q	2
2 McCracken, Devan	Mt Carmel	15.27q	1
3 Basinger, Matt	Poway	15.60q	3
4 Bradford, Alex	Poway	16.14q	2
5 Alvarez, Jack	Torrey Pines	16.17q	3
6 Peterson, Zachary	Westview	16.19q	3
7 Guzman, Nick	Mt Carmel	16.21q	1
8 Crandall, Cole	Poway	16.37q	2
9 Weikel, Nick	Poway	16.68q	2
10 Marshall, Robert	Westview	16.79	1
11 Carpowich, Brian	Torrey Pines	17.23	1
12 Lachica, Syaariq	Mt Carmel	17.27	3
13 Hager, Dustin	Ramona	17.50	2
14 Nguyen, Anthony	Torrey Pines	17.52	2
15 Patel, Chintain	Rancho Berna	17.54	1
16 Stone, Parker	Westview	17.69	1
17 Lester, Jordan	Poway	18.11	3
18 Jin, Thomas	Torrey Pines	18.26	3
19 Reeves, Chris	Torrey Pines	18.33	1
20 Mercer, Tyler	Mt Carmel	18.63	2
21 Tharani, Anil	Rancho Berna	18.79	3
22 Scott, Wyatt	Ramona	19.00	2

23	Chrichlow, Keyshaun	Ramona	19.19	3
24	Sinclair, James	Mt Carmel	19.59	1
25	McIntosh, Boone	Ramona	19.60	1

Boys 300 Meter Hurdles

Name	Year	School	Prelims	H#
1	Peterson, Zachary	Westview	40.98q	1
2	Marshall, Robert	Westview	41.57q	3
3	Lachica, Syaariq	Mt Carmel	41.75q	1
3	French, Chris	Poway	41.75q	2
5	Galloway, Ryan	Poway	41.91q	3
6	Basinger, Matt	Poway	42.60q	2
7	Alvarez, Jack	Torrey Pines	42.62q	1
8	Paris, Nick	Poway	42.70q	2
9	Warneke, Timothy	Mt Carmel	43.54q	2
10	Hager, Dustin	Ramona	43.89	1
11	Reeves, Chris	Torrey Pines	43.89	3
12	Nguyen, Anthony	Torrey Pines	44.04	2
13	Tharani, Anil	Rancho Berna	44.15	2
14	Crandall, Cole	Poway	44.17	1
15	Stone, Parker	Westview	44.69	3
16	Patel, Chintain	Rancho Berna	44.99	3
17	Weikel, Nick	Poway	45.13	1
18	Carpowich, Brian	Torrey Pines	45.89	3
19	Seydel, David	Torrey Pines	46.00	3
20	Cahill, Mackenzie	Ramona	46.16	1
21	Mercer, Tyler	Mt Carmel	46.48	2
22	Scott, Wyatt	Ramona	46.72	1
23	Barnat, Ben	Ramona	47.25	2
24	Moore, Tylan	Mt Carmel	48.54	2

Boys High Jump

Name	Year	School	Prelims
1	Hyson, Isaiah	Rancho Berna	5-05.00q
1	Bobba, Vishal	Mt Carmel	5-05.00q
1	Gordon, James	Rancho Berna	5-05.00q
1	Depolo, Sean	Torrey Pines	5-05.00q
1	Plueger, Matthew	Mt Carmel	5-05.00q
1	Bush, Charlie	Poway	5-05.00q
1	Pavlovics, Jake	Rancho Berna	5-05.00q
1	Williams, Cody	Westview	5-05.00q
1	Yamane, Ryan	Rancho Berna	5-05.00q

Boys Pole Vault

Name	Year	School	Prelims
1	Ludwig, Josh	Rancho Berna	12-09.00q
1	Holstrom, Patrick	Rancho Berna	12-09.00q
1	Bush, Charlie	Poway	12-09.00q
1	Sanford, Chasen	Torrey Pines	12-09.00q
1	Jesme, Stephen	Westview	12-09.00q
1	Zacchilli, Ryan	Rancho Berna	12-09.00q
1	Delgado, Oliver	Rancho Berna	12-09.00q
1	Pater, Kyle	Mt Carmel	12-09.00q
1	Evangelista, Richard	Rancho Berna	12-09.00q
1	Poole, Sean	Poway	12-09.00q
11	Randolph, Ian	Poway	12-03.00

11	Sutherland, Cody	Westview	12-03.00
13	Jones, Dylan	Torrey Pines	11-09.00
13	OH, Charles	Westview	11-09.00
15	Logan, Caleb	Mt Carmel	10-03.00
15	Lichtenburg, John	Torrey Pines	10-03.00
17	Millen, Darrell	Ramona	9-09.00
17	Burgos, Tyler	Ramona	9-09.00
17	Simmons, Chase	Ramona	9-09.00

Boys Long Jump

Name	Year School	Prelims	
1	Babiash, Derek	Poway	22-02.50q
2	Hang, Andy	Mt Carmel	20-11.00q
3	Nguyen, Arthur	Mt Carmel	20-09.50q
4	Mudd, Lance	Poway	20-07.50q
5	Pater, Scott	Mt Carmel	20-06.00q
6	Fouquette, Joe	Torrey Pines	20-03.00q
7	Moore, Aaron	Torrey Pines	20-00.50q
8	Guasti, Connor	Ramona	20-00.00q
9	Gross, Isaiah	Poway	19-10.00q
9	Huppert, Joey	Torrey Pines	19-10.00q
11	Willingham, Nolan	Rancho Berna	19-09.00
12	Kremp, Eric	Westview	19-08.00
13	Robbins, Tyler	Rancho Berna	19-06.50
14	Bakke, Zach	Poway	19-03.50
14	Valentine, Drew	Westview	19-03.50
16	Helson, Michael	Rancho Berna	19-01.00
17	Leano, Justin	Westview	19-00.50
18	Gallegos, Jake	Ramona	18-06.00
19	Pasha, Imad	Rancho Berna	18-04.50
20	Gansch, Brandon	Ramona	17-11.00
20	Koelmel, Corey	Torrey Pines	17-11.00
20	Spees, Ryan	Ramona	17-11.00
23	Dart, Garrett	Ramona	17-08.00
24	Brown, Alan	Mt Carmel	16-02.50

Boys Triple Jump

Name	Year School	Prelims	
1	Nguyen, Arthur	Mt Carmel	44-10.00q
2	Nishikida, Dean	Torrey Pines	42-07.50q
3	Hang, Andy	Mt Carmel	41-02.50q
4	Guzman, Nick	Mt Carmel	41-00.00q
5	Guasti, Connor	Ramona	40-09.00q
6	Brown, Alan	Mt Carmel	40-08.50q
7	Soykok, Tanner	Westview	40-08.00q
8	Fouquette, Joe	Torrey Pines	40-04.50q
9	Plueger, Matthew	Mt Carmel	40-02.50q
10	Koelmel, Corey	Torrey Pines	39-11.50
10	Skinner, Scott	Torrey Pines	39-11.50
12	Villarin, Gabe	Westview	39-03.00
13	Willingham, Nolan	Rancho Berna	39-00.00
13	Helson, Michael	Rancho Berna	39-00.00
15	Goldsworthy, Dylan	Rancho Berna	38-09.00
16	Nahar, Nolan	Westview	38-01.00
17	Pasha, Imad	Rancho Berna	37-04.00
18	Bakke, Zach	Poway	36-10.00
19	Kwack, Thomas	Westview	36-07.00
20	Dart, Garrett	Ramona	35-10.00

21 Gansch, Brandon	Ramona	35-05.00
22 Jansen, Colton	Ramona	33-07.00

Boys Shot Put

Name	Year School	Prelims
1 Alsadek, Jacob	Torrey Pines	49-01.00q
2 Barker, Cody	Rancho Berna	47-05.00q
3 Ivey, Shemar	Rancho Berna	46-08.00q
4 Johnson, Preston	Ramona	46-07.00q
5 Maneval, Andrew	Torrey Pines	46-06.00q
6 Smith, Jalen	Mt Carmel	44-00.00q
7 Ng, Shawn	Rancho Berna	43-05.00q
8 Long, Charlie	Poway	43-01.50q
9 Cacha, Tyler	Mt Carmel	41-08.00q
10 Stoffel, Jonathan	Rancho Berna	41-04.00
11 Vantol, Daniel	Ramona	41-03.50
12 Rudeen, Eric	Poway	40-07.50
13 Kasl, Tyler	Poway	40-06.00
14 Warner, Keith	Torrey Pines	40-03.50
15 Pinkowski, Kyler	Westview	39-02.00
16 Flores, Marco	Poway	39-01.00
16 Mehaffie, Paul	Ramona	39-01.00
18 Miller, Chance	Ramona	38-04.00
19 Turner, Art	Mt Carmel	38-03.00
20 Tanielu, Robert	Westview	36-02.00
21 Saintarbor, Matt	Westview	33-09.50

Boys Discus Throw

Name	Year School	Prelims
1 Smith, Jalen	Mt Carmel	138-06q
2 Long, Charlie	Poway	137-06.50q
3 Cacha, Tyler	Mt Carmel	129-01q
4 Barker, Cody	Rancho Berna	124-11q
5 Lee, Wes	Torrey Pines	123-00q
6 Maneval, Andrew	Torrey Pines	122-03q
7 Pace, Austin	Poway	120-00q
8 Schultz, Kyle	Westview	116-05q
9 Delvie, Neil	Poway	115-11q
10 Ng, Shawn	Rancho Berna	115-07
11 Stoffel, Jonathan	Rancho Berna	114-03.50
12 Mehaffie, Paul	Ramona	113-10
13 Kinsey, Andrew	Mt Carmel	113-02
14 Saintarbor, Matt	Westview	111-06
15 Turner, Art	Mt Carmel	105-01
16 Johnson, Preston	Ramona	104-01
17 Ashby, Kyle	Torrey Pines	100-03
18 Hellemn, Brian	Poway	100-00
19 Brodt, Tommy	Torrey Pines	99-10.50
20 Valino, Josh	Ramona	98-06
21 Summers, Derek	Ramona	96-02
22 Pinkowski, Kyler	Westview	91-04
23 Phan, Dennis	Mt Carmel	91-03