



IT'S ALWAYS SUMMER IN SAN DIEGO

All ages and abilities are welcome. You may compete in any or all of the meets.

**Series Director: Paul Greer**

Phone: (858) 573-1500

[www.sandiego.usatf.org](http://www.sandiego.usatf.org)

**Pre-Registration on [www.Athletic.Net](http://www.Athletic.Net) \$7.00 per event (with additional \$2 online service fee)**

**Day of Event Registration \$10 per event on Meet Day**

*Visit us on Facebook and Instagram. You must register for your specific event 30 minutes prior.*

**Saturday, December 9, 2023**

San Diego State University  
San Diego State Choc Sportsman Track  
Contact: Rick Reaser  
[RICK-REASER@msn.com](mailto:RICK-REASER@msn.com)

**Saturday, January 20, 2024**

University City High School  
Contact: John Hutsel at  
[jhutsel@sandi.net](mailto:jhutsel@sandi.net)

**Saturday, February 3, 2024**

Patrick Henry High School  
Contact: Eddie Ramos  
[eramos228@yahoo.com](mailto:eramos228@yahoo.com)

**Saturday, March 2, 2024**

Poway High School  
Contact: Rebecca Buswell  
[rebeccabuswell@hotmail.com](mailto:rebeccabuswell@hotmail.com)

**Wednesday, May 29, 2024**

Cal State San Marcos  
Contact: Torrey Olson  
[tolson@csusm.edu](mailto:tolson@csusm.edu)

**Wednesday, June 12, 2024**

Cuyamaca College  
Contact: Thom Hunt at  
[coachhunt619@gmail.com](mailto:coachhunt619@gmail.com)

**Wednesday, July 10, 2024**

San Diego Mesa College  
Contact: Sean Ricketts at  
[sricketts@sdccd.edu](mailto:sricketts@sdccd.edu)

**Wednesday, July 31, 2024**

Monte Vista High School  
Contact: David Crabtree  
[dcrabtree@guhsd.net](mailto:dcrabtree@guhsd.net)

**Event Schedule**

**Track Events**

- Hurdles (100 or 400 meters)
- Mid-Distance (800 meters to Mile)
- Sprint (100-200 meters)
- Distance (3000-5000 meters)
- Long Sprint (400 meters)

**Field Events**

- Shot Put
- Long Jump
- High Jump
- Pole Vault.

**Like Our Facebook Page:**

<https://www.facebook.com/usatf.sandiego>

**Follow Us on Instagram: @ sandiegousatf**

