

T R A C K M A G A Z I N E

Covering San Diego Section Cross Country and Track & Field

VOL. I, NO. 4

NOVEMBER 4, 1994

Final meets to be raced on 'new' Morley

Imagine the following scene at the start of the CIF Championships: The crowd is hushed, expectant. The huge field of runners is poised, ready to race. The starter is giving his last-minute instructions.

"All right, gentlemen...Take one step back off the line...Now, get out your maps..."

What is this, orienteering?

That's a bit of an exaggeration, but it highlights some of the confusion in the last two weeks about the exact nature of the championship course.

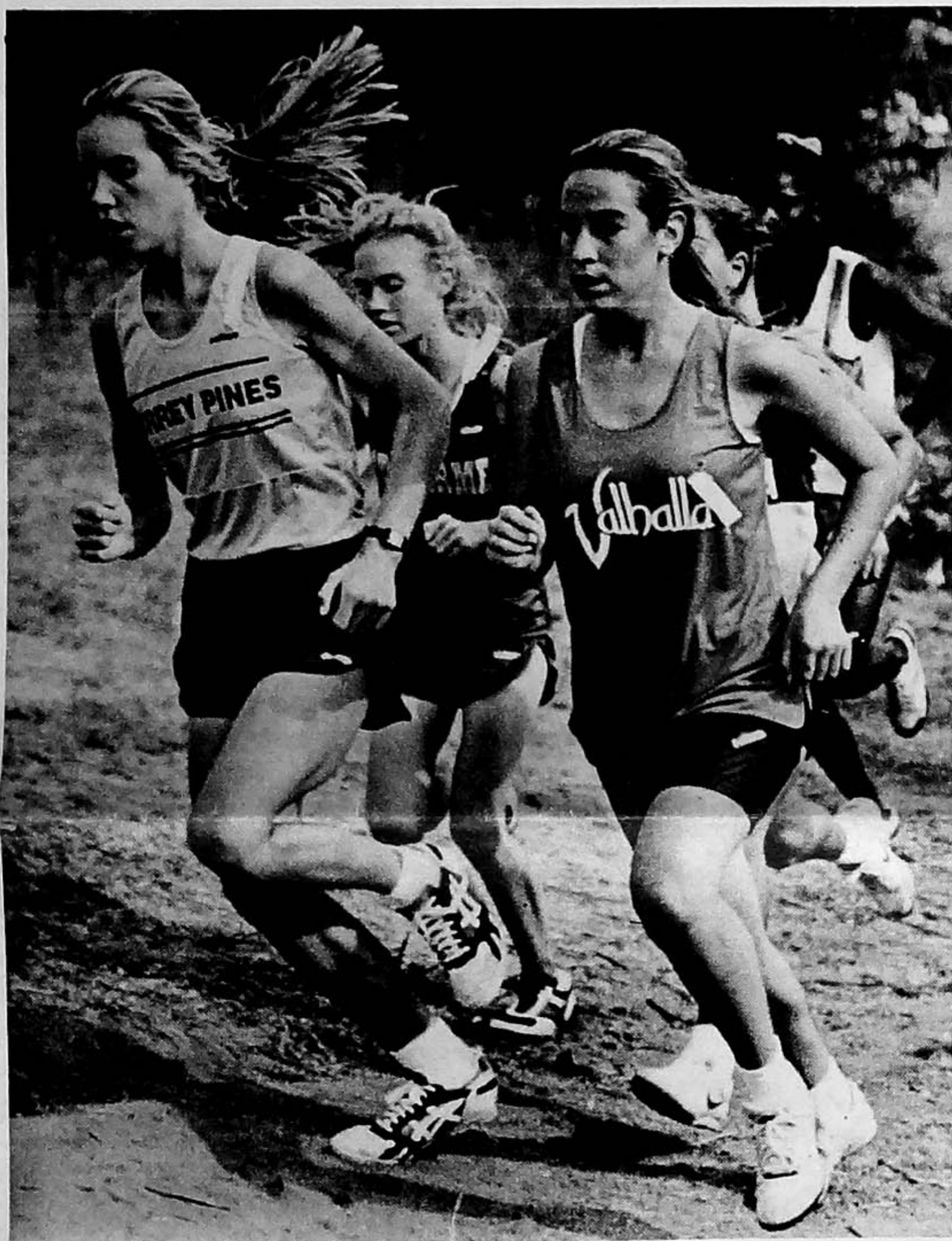
When the city's Parks and Rec department decided to seed a key portion of the CIF course, local cross country coaches quickly found out that they had limited options.

Coaches that were hosting championship meets were told that the seeded portion of the course was not to be used until at least early December.

That puts Morley on schedule to host the Footlocker National Championship meet as scheduled, but rules out the normal course for league and CIF competitions.

"We can't have the old course," Mike Cummings, this year's CIF Meet director, said. The North County Conference is this year's section meet host, and Cummings, Torrey Pines coach Brent Thorne and Rancho Buena Vista coach Tom Lux toured the facility early this week.

Their conclusions were that the course would have to be



Devon Strailiff, Torrey Pines, **Melanie Pickett**, Mt. Carmel, and **Stephanie Nelle**, Valhalla at Kit Carson Invitational.

redesigned or, "there would have to be a change of venue," according to Cummings. The change of site, especially with short notice, was the least appealing alternative, according to Cummings.

The starting line area remains the same, but the runners will have to make a turn less than 200 yards into the race. Before, they had almost a quarter-mile straight to sort themselves out.

It places more of a premium on getting a good start, especially in the races with large fields.

"That's just part of the course," Cummings said. "If you've gotta get out (fast), you've gotta get out."

"It'll be wide enough," Cummings said. "We think it's manageable. It's not the perfect solution, but it's probably the best alternative."

The hill section of the course will remain the same.

"The mile mark is almost the exact same spot," Cummings said.

Morley Field is also the site of four league championships to be held next week; the Eastern, Western, Harbor and Coastal Leagues all will contest finals there.

Some of the leagues expect to race on a variation of their dual meet course, while others want to race the "new" CIF setup.

League, CIF Finals loom for runners

Now, it's time for the good stuff. The cross country season is fast approaching the climax: a series of championship meets, each increasing in importance. The season culminates with the national championships, held right here in San Diego's own Morley Field.

But, for most rank and file team members, the ultimate meets are much sooner.

Next week is league championship week, with finals scheduled Tuesday, Wednesday, Thursday, Friday and Saturday.

The schedule:

Tuesday: Eastern League Champs, at Morley Field.

Wednesday: Western League Champs, at Morley Field.

Thursday: Harbor League Champs, at Morley Field.

Friday: Avocado and Palomar League Champs, at Kit Carson Park.

Metro League Champs, at Southwestern College.

Coastal League Champs, at Morley Field.

Saturday: Grossmont 2A and 3A Champs, at Harry Griffen Park, in La Mesa.

The last two weeks have seen some interesting developments as teams are positioning themselves for the all-important stretch run.

The last series of league dual meets were scheduled this week, with a championship or two still up for grabs, but the emphasis for most was being ready for the finals.

Among the hottest runners are Mira Mesa's Larry Henderson, Hoover's Ayub Abdusalam, Santana's Jaymie Harper, USD's Vanessa Hanley, and Torrey Pines' Devon Strailiff.

Vista's boys and girls have continued their strong recent

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SEE PAGE 3

The how and why of what we do...

Questions that I might ask of Track Magazine if I were you:
What's with the delivery system?
 Sometimes we get it in the mail, sometimes it appears at our school. What happened to those addresses we sent you?

Our delivery system is very much ad lib right now. We need to find a reliable, speedy system. Mailing to each athlete has proved to be unworkable, as well as expensive.

Until we get a system worked out, it's a combination of methods. For instance, if there's a meet on Saturday, right after publication, I use that meet for distribution.

I also make personal deliveries to many schools, driving from Fallbrook to Southwest to Valhalla. Other schools will always receive their copies in the mail.

Who gets what and when will vary with a number of factors. *TM* is printed in San Marcos, so the first deliveries will extend outward from that area. I'll skip schools that I know I'll see the next day.

If you sent an address list, you haven't wasted your time. Those rosters are extremely useful in checking names and spelling.

I don't see our school's races in your paper. Why not?

Ask your coach. We put in just about everything that is sent to us, by mail, phone or fax. We attend many meets, and make many calls in search of info, but can't reach everybody (some coaches are notoriously hard to call). We welcome all results.

A tip for the coaches: make sure your information is relatively complete. In several instances, we have received race results with only first names listed. A few other coaches sent well-prepared summaries that included only their own team's names and times. Best to send the actual results sheet, if legible.

We see our team's results sometimes but no photos. Why not?

Our photo coverage will eventually touch upon almost every team in the San Diego Section, which includes 68 schools that have cross country programs.

To date, our photo selection has been systematically random, and we factor in the quality of the photo, and the importance of the race or athlete. We are acutely aware of which teams get exposure and which don't. There are three more issues (after this one) that will cover the cross country season, so be patient.

What are you going to write about in January and February?

Not much, as it turns out.

Our publication schedule looks like this:

Next issue will publish on Nov. 18. It will cover the last week of duals and all the league championships, and will be distributed at the CIF meet on Nov. 19.

We then publish on Dec. 2, with coverage of the CIF and State championship meets.

Our last issue of the cross country season will be published on Dec. 16, with coverage of the Footlocker regionals and national championships, and a season review and wrap-up.

At that time, *TM* will be on hiatus until the start-up of track season. Before our last issue we'll announce at least a tentative publication schedule for spring.

Since you don't charge money for your magazine, where does the revenue come from?

TM is designed to be supported by advertising revenue. We have a number of advertisers that will be represented in issues

CORRECTIONS: Righting wrongs...

Either we're getting better, or our readers are letting more mistakes slip by unnoticed. The bottom line is there are fewer mistakes to report this time.

There was one case of slightly mistaken identification. Melissa Carter is the correct name for the San Marcos girl pictured in the last issue, not Melissa Cortez. I got the name from one of the finish boards at the Southern Cal Invitational, right off the handwritten tag.

I'm the last person to complain about handwriting. My own is eccentric, to say the least.

Once a prospective employer asked for a handwriting sample for analysis. My hand was a bit rusty, since I usually type everything. I didn't get the job.

There was also a serious oversight in the last issue. In writing about the Hoover cross country program, I left out an important individual.

That person is Hal Mitrovich, who coaches the Hoover girls and who was the boys and girls cross country coach when Rick Telford joined the staff.

Telford acknowledged the contribution of Mitrovich in an interview for the story, but that part of the article didn't make it into print.

Telford was talking about his career shift into coaching.

"I learned a lot from my mentors, Art Anderson (now at Crawford) and coach Mitro," Telford told me. "He (Mitrovich) was a real help to me."

When researching this story, Mitrovich was the first person I talked to. His enthusiasm for cross country was contagious, and he spoke highly of Telford, his coaching and the school's cultural melting pot.

"Cross country runners are my favorite athletes," he said then. "They are self-starting, they're strong-minded and they aren't ego-centric."

Hal Mitrovich is a first-class gentleman, and his omission from that story is the type of mistake that bothers me more than most.

To Coach Mitro, my apologies.

From the editor ...



to come, and we are dealing with a few others that are interested.

By necessity, the advertising is slow starting. I wanted to get at least a few issues printed, so I could have something I could show to potential advertisers.

The long range view is encouraging. We have a healthy circulation, and a good market. It's just a matter of time before we connect with businesses that want to reach our readers.

In the meantime, we are always looking for potential advertisers. If readers know of such businesses, let us know.

How many readers do you have?

Our current circulation is just over 2,900. That includes virtually every cross country athlete and coach from every area school that competes in the sport.

Are you going to include a classified ad section?

Yes. We are working up rates now. If interested, you can place an ad in the next issue by phone or mail. The cost will be inexpensive. Watch for more details in the next issue.

Any plans to expand into other areas or add new features?

We'll probably stick to covering local prep cross country and track for the near future. We do plan to add some different features in due course.

A semi-regular article about the historical legacy of this area is definitely in order, when we have the space. There's a lot of great stories to tell.

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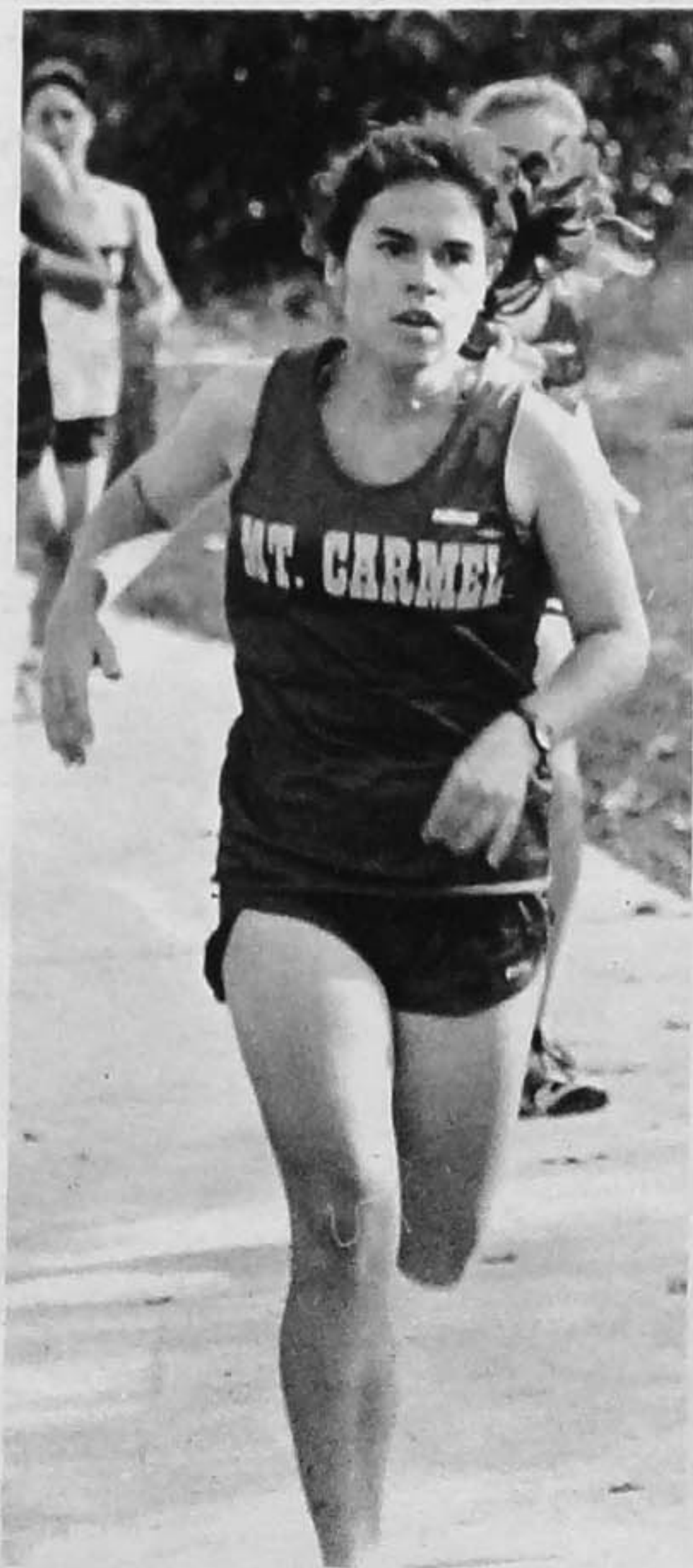
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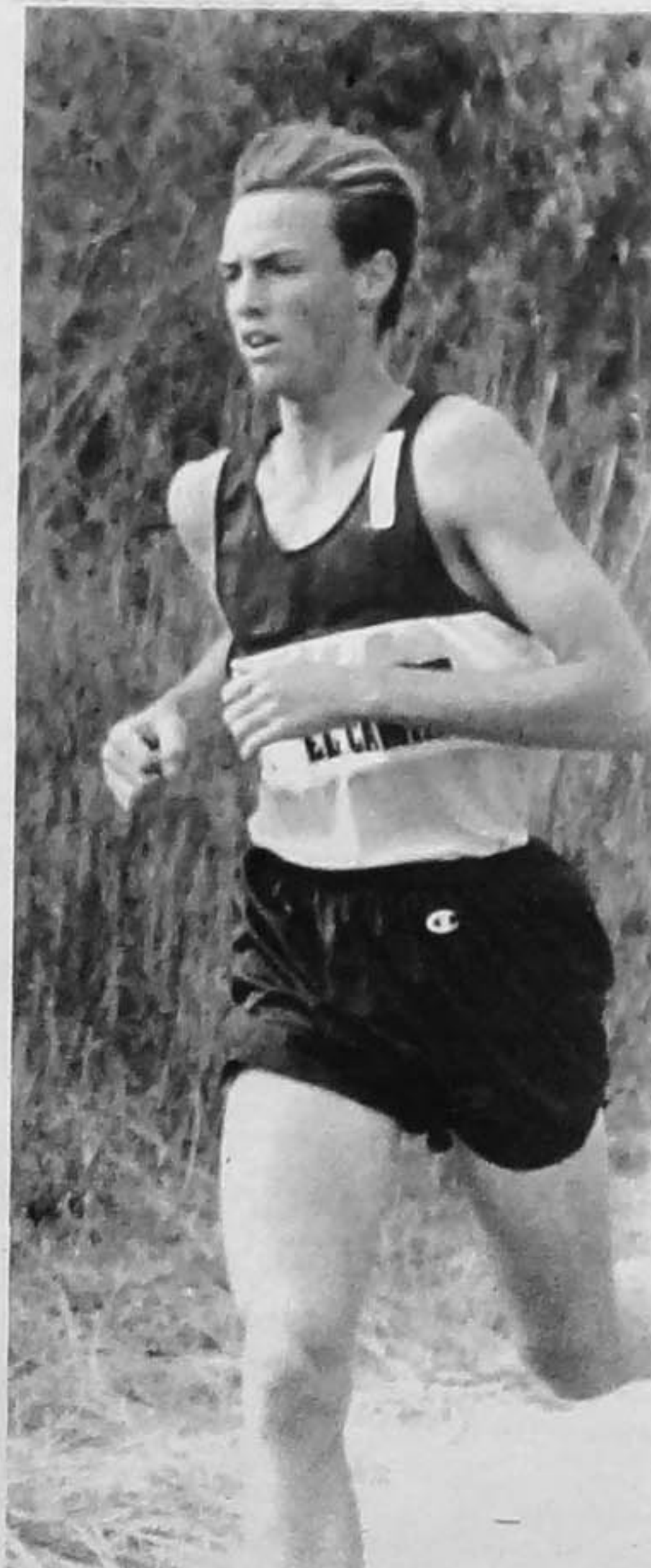
NEXT ISSUE
of
TRACK
MAGAZINE:
November 18
(Look for it at CIF Champs)
(Deadline Nov. 14)



Afran Abutin
Scripps Ranch



Maggie Johnson
Mt. Carmel



Tom Kloos
El Camino



Mariel Gray
Mira Mesa

League, CIF Finals loom for runners

FROM PAGE 1

surges, Torrey Pines' girls have not weakened, and Scripps Ranch's boys have returned to form. A number of teams have been bolstered by recent additions or returns to form of quality runners. The cream is rising to the top.

A few key dual meets have shed some light on league or CIF championships. Some teams are still struggling with health or injury problems.

A recap of the significant developments of the last two weeks.

DUAL MEETS:

Scripps Ranch boys team is back on top of their game, after a mid-season slump. The Falcons had a showdown dual with Hoover, on Oct. 26 at Morley, that both teams wanted badly.

Hoover's Abdusalam moved away from Scripps' Kevin Bowes at the two mile mark to win the individual race, but the key to the dual was back in the pack.

Scripps' David Romero moved up steadily throughout the race, and finished third, while teammates Chad Livesay and Af-ran Abutin were fourth and fifth to seal the win. The first five Scripps runners bunched up

within 36 seconds, and the Falcons won solidly, 21-36. The teams will match up again in the Western Finals, in CIF Division II, and possibly at state.

A significant double-dual involved La Jolla, USD and Scripps Ranch girls teams. It was a mini-preview of the Western Finals (add OLP to the mix and you've got most of the loop's top ten).

USD's Hanley ran away with the race, one in a series of recent impressive outings, and led her team to a one-point win over La Jolla. The Dons had key support from Erin Shea, Kristin Epperson and Amy Morrison.

The teams will dice it up again at the league's championship, with Our Lady of Peace also figuring in as a threat. Whichever team emerges as the league's best will play a key role in the CIF Division III race.

A late development saw OLP's girls upset USD in the last dual of the season. Key Don runner Erin Shea is nursing a stress fracture and sitting out selected meets. It's an open question if she'll be available for championship action

No team is running stronger, counting both boys and girls teams, than Vista. They laid low

on the last invitational weekend and then put the hammer down against Mt. Carmel and Orange Glen in a double dual, on Oct. 28.

The Vista boys team swept the first five places against a *quality Mt. Carmel team, and the Panther girls also won big, 19-39.*

For the Vista girls, it was the first win over Mt. Carmel since 1986.

"They not only beat us every year but their *worst* score was something like 20 points," Vista girls coach Paul Kinder said, recalling the long, dry spell. "The road to the Palomar League championship always goes through Mt. Carmel."

"I know that Mt. Carmel's boys didn't run very well," Vista boys coach Craig Balsley said. "They've got a better team than that."

The Sundevils have gone through a stretch of illness that dates back at least to the Poway dual. Ace Greg Nett was among the latest to be afflicted.

Vista's teams, meanwhile, keep getting stronger. The boys team recently added transfer Joe Briceno to their top five, while the girls team got quality runner Ivette Solano off the ineligibility list.

A sidebar to the Vista/Mt. Carmel race was the further emergence of the fast-improving Orange Glen girls. They beat Mt. Carmel in that meet, by 27-28, and are now a ranked team. The Patriots used strong races by their 3-4-5 runners to win the meet.

CROSS COUNTRY RANKINGS (Coaches' Poll of November 1)

BOYS:

1. Vista
 2. Chula Vista
 3. Scripps Ranch
 4. Hoover
 5. Poway
 6. Rancho Bernardo
 7. Torrey Pines
 8. San Pasqual
 9. Mt. Carmel
 10. San Dieguito
- Others:** Fallbrook, Helix, Ramona, St. Augustine

GIRLS:

1. Torrey Pines
 2. Vista
 3. Bonita Vista
 4. Poway
 5. West Hills
 6. Ramona
 7. Fallbrook
 8. Santana
 9. Orange Glen
 10. San Pasqual
- Others:** Mt. Carmel, Rancho Bernardo, Granite Hills, La Jolla

STATE RANKINGS, PAGE 12

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League, CIF Finals loom for runners

FROM PAGE 3

Chula Vista's boys continue to run well. They dominated decent Bonita Vista and Castle Park teams in a double dual, packing in five of the first eight runners against the two schools.

Also in the Metro, Bonita Vista's girls continue to hold the fort until Claire Becker returns, while Montgomery's boys have kept some championship hopes alive with recent strong performances.

Valhalla's and Granite Hills' girls teams are both unbeaten in the Grossmont 3A League, heading for a showdown on the final day of the season. Valhalla's Stephanie Nelle is primed for the finals, while Granite Hills has been strengthened by the recent addition of Stacey Murphy, last year's frosh flash.

The Helix boys are on cruise mode in the Grossmont 3A, and West Hills' boys continue to pace the Grossmont 2A.

The league's 2A girls meet could be a wide-open affair. West Hills' girls will probably go into the the league finals unbeaten but Santana's girls, with Jaymie Harper laying waste to course records, are pulling on the leaders. When the two teams met on Oct. 28, West Hills came away with a 27-29 win.

El Capitan will also be a factor, as team leaders Larissa Gregerson and Jenny Card are running well, and the pack is starting to coalesce behind them. The team went 1 through 9 against El Cajon in a recent dual.

Crawford's girls team beat Coronado handily in a Harbor League dual, 20-37. The Colts put five girls across in a span of 1:08 to finish 2-3-4-5-6 behind Coronado's Jessica Lunt. They thus claimed at least a share of the league crown.

Also in the Harbor League, Clairemont beat Lincoln in a dual that has implications for later competition in the CIF Division IV meet. One of those teams will likely qualify for Fresno, after Coronado. Lincoln was missing ace Ismail Mohamed in the loss to the Chiefs, which means the rematch is up for grabs.

Point Loma's boys team is beating all comers in the Eastern League. They recently bested Patrick Henry on Oct. 25, although neither team was at its best. Henry was missing top gun



Danielle Valentino, Carrie Hemerick and Jaclyn Nolan
Part of the Torrey Pines pack.



Kristi O'Grady and September McHugh
Santana's surprising two-three runners.

Alex Gonzales, while the Pointers prevailed despite a sub-par race from their number one, Chris Werdenberg. The Pointers officially wrapped up the dual meet title with a win against Kearny.

Mira Mesa's Larry Henderson has been impressive, and might rank with Hoover's Abdu-salam as the best section boy runner.

The pair have not met in direct competition this season, although the Hoover ace has bested Henderson's times in separate races at the Bronco and

Mt. Carmel Invites.

Henderson is hot, running a course record at Kit Carson and getting amped up in duals. On Nov. 1, he clocked 15:00 on the "new" Morley dual layout.

North County teams making moves includes San Dieguito's boys and both San Pasqual teams.

San Dieguito opened a few eyes with a 16-39 thumping of a good Fallbrook team, with Noah Randles and Chris Gabriel leading the way. Fallbrook's boys were just coming off a strong Mt. SAC effort.

San Pasqual's boys are gathering strength, evidenced by a 24-31 win over Ramona. Although the Pasqual girls were beaten by Ramona, 25-30, they showed enough to be considered a factor in CIF Division II.

Poway's boys team beat Rancho Bernardo in a meet that was punctuated by a freak injury. RB's number two, Ryan Sanders, was nearing the finish and holding third place when he tripped, fell and shattered his elbow.

He was assisted to his feet by teammates and finished seventh, but the setback was enough to turn the meet around. Sanders now wears a cast from shoulder to wrist and his availability for the remainder of the season is questionable, to say the least.

"We just have to go on," a clearly frustrated RB coach Don Jones said. The Broncos have battled injuries all season and seemed to be getting healthy at last, before this latest setback.

Poway's girls have had some recent bouts with illness, although the worst seems to be over. Jessica Pound sat out Mt. SAC, but ran against RB. Lisa Callan was lost to the team in mid-season with mononucleosis.

The Coastal League is no closer to determining a clear-cut boys team leader.

Calvin Christian and Bishop's both recently beat Francis Parker in duals and will clash in the final week, but no team has really stood out.

Individually, Tri-City's Ryan Swanson bested Julian's Todd Lewis in a dual, and thus became the favorite to win the league race.

Bishop's girls have no real challenger and have added depth with Marissa Hurwitz' return to competition. Nichola Lowry is injured, and possibly gone for the year.

MT. SAC:

Chula Vista's boys team faced the toughest competition, in the Division I Sweepstakes team race. That field included fourteen state-ranked teams, including powerhouse Thousand Oaks.

Chula Vista was seventh in the race, using a tight pack, with a spread of 45 seconds from one through five. In team times, the Spartans were 50 seconds behind the second place team, Jesuit of Carmichael.

Race winner Thousand Oaks was on another level entirely. They packed in five runners in 42 seconds, taking spots 3-8-9-13-16 in a loaded field.

Best local individual run-

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League, CIF Finals loom for runners

FROM PAGE 4

ners at Mt. SAC were El Camino's Tom Kloos, who ran 15:37 on the demanding 3.0-mile course, and Ramona's Veronica Clark, who was timed in 18:38.

Fallbrook's Sharon Rohde also had a notable effort. She ran 19:24, and became the second fastest Fallbrook girl to run at Mt. SAC. The school's best, of course, was Milena Glusac, who clocked 17:15 in 1992.

Glusac's time was also a course record for all schools until this year's meet, when Santa Rosa sophomore Julia Stamps ran an amazing 16:58. Stamps ran her last half mile in 2:26 to slice a big chunk off Glusac's mark, and establish herself as an early favorite for the Footlocker Nationals next month.

Coronado's boys team made a name for themselves at SAC, when they won the Division IV Sweepstakes race. The Islanders won a close race against Maranatha and Salesian. The scoring was so close (Coronado 80, both Maranatha and Salesian 83), that Coronado coach Mel Bechtel and his team didn't even know they won the race until the next day.

Junior Trevor Clarke and senior Mike Aguilar led the effort, placing fourth and seventh.

The Islanders are now ranked fifth in the state in Division IV, and are heavy favorites in the CIF Division IV race.

"That's one of the reasons we wanted to go up there (to Mt. SAC)," Bechtel said. "We wanted that good competition."



Milena Rodriguez
Point Loma



Chad Livesay, Scripps Ranch, leads **Francis Bachu**, Hoover, in dual.



Alex Gonzales
Patrick Henry



Delia Rosales
Castle Park

Coronado has been a power locally in Division IV in recent years, but, "This might be my best team," Bechtel said.

Other section teams that won races included La Jolla (girls varsity Div. III); Mission Bay (boys varsity Div. III); West Hills (boys frosh Div. III); and Poway (boys frosh Div. I).

West Hills' girls, led by Alexis Rendina, went 1-2-6 in a Div. III frosh race, but didn't field a full team.

Bonita Vista's girls, still without a rehabbing Claire Becker, continue to impress. They were fourth in the Division II team sweepstakes race.

KIT CARSON:

The Kit Carson Invitational, now in its second year, continues to grow as an alternative to Mt. SAC.

Mira Mesa's Henderson creamed the old meet record for boys, running 15:38 for 3.1 miles. He chopped 18 seconds off the old mark, held by San Pasqual's Manuel Romero.

Grossmont's David McQuitty was also under the old record, at 15:47.

The girls meet record was under similar attack. Mira Mesa's Mariel Gray ran 15:47 to establish the mark last year.

Santana's Harper broke it in the Division II race with 15:44, and Torrey's Straitiff topped that in the Division I race (15:31). Valhalla's Stephanie Nelle (15:41) and Vista's Sonia Rodriguez (15:45) also dipped under the old mark.

Team winners included Mt. Carmel's and San Pasqual's boys, and Torrey Pines' and Santana's girls. Vista's teams took a low-key approach to the meet, entering only a handful of boys and spreading their girls out among several races.

RESULTS:

Kit Carson Invite:

at Kit Carson Park, Sat., Oct. 22.
Conditions: Slight overcast, mild temperatures.

BOYS (3.1 Miles):

DIV. I VARSITY:

TEAMS: Mt. Carmel, Point Loma, Grossmont.

1. Larry Henderson, Mira Mesa, 15:38; 2. Dave McQuitty, Grossmont, 15:47; 3. Gerardo Guevara, San Marcos, 16:20; 4. Charley Hulsey, Torrey Pines, 16:21; 5. Chris Werdenberg, Point Loma, 16:24.

6. Jim Dunigan, Mt. Carmel, 16:27; 7. Joe Briceno, Vista, 16:30; 8. Chris Gabriel, San Dieguito, 16:33; 9. Luis Garcia, TPines, 16:35; 10. Mike Compean, MtC, 16:39.

11. Noah Randles, SDgto, 16:39; 12.

Jose Barajas, Sweetwater, 16:40; 13. Noe Contreras, SM, 16:40; 14. David Magnuson, TPines, 16:40; 15. Danny Sanchez, El Capitan, 16:43.

16. Steve Daynes, Grss, 16:46; 17. Matt Dos Santos, MtC, 16:47; 18. Burt Romero, MtC, 16:50; 19. Lee Barrett, PtL, 16:51; 20. Roger Delgado, MtC, 16:55.

21. Ricardo Lopez, Swtr, 16:56; 22. Eustorgio Perez, SDgto, 16:56; 23. Tyler Mack, TPines, 16:57; 24. Daniel Luecht, Valhalla, 17:05; 25. Mark Savel, PtL, 17:10.

26. Jesse Jasso, Swtr, 17:13; 27. Jimmy Mazzeo, Grss, 17:15; 28. Travis Kermott, Val, 17:19; 29. Matt Konold, Grss, 17:19; 30. Gabe Taylor, SDgto, 17:20.

31. Robert Lopez, Orange Glen, 17:23; 32. Clarke Graves, PtL, 17:28; 33. Mark Larson, MtC, 17:29; 34. Noel Ramirez, SM, 17:31; 35. John Bradshaw, PtL, 17:31.

DIV. II VARSITY:

TEAMS: San Pasqual 39, St. Augustine 58, Montgomery 99, Kearny 110, Serra 173, Santana 180, University City 190, Parker 221, Bishop's 225.

1. Manuel Romero, San Pasqual, 16:05; 2. Fernando Rodriguez, SP, 16:28; 3. Adrian

Rodriguez, Montgomery, 16:45; 4. Thomas Juarez, Mont, 16:55; 5. Diego Ash, SP, 17:04.

6. Alex Gonzales, Patrick Henry, 17:06; 7. J. C. Gross, St. Augustine, 17:08; 8. Martin Reyes, StA, 17:09; 9. Titus Chawech, Crawford, 17:18; 10. Kevin Hauser, StA, 17:20.

11. Yohannes Tewelde, Craw, 17:21; 12. Ezra Ash, SP, 17:27; 13. Seresent Abreha, PH, 17:32; 14. Aaron Adragna, Santana, 17:32; 15. Doug Singer, Sant, 17:32.

16. Jeremy Durant, StA, 17:44; 17. Oscar Noriega, StA, 17:48; 18. Abdul Adam, Kearny, 17:49; 19. Gerardo Pena, SP, 17:52; 20. Jeremy Hall, Mont, 17:57.

21. Nathan Garcia, Clairemont, 18:03; 22. Xaviera Laniz, Mont, 18:14; 23. Julio Guerrero, SP, 18:19; 24. Dave Scheibal, University City, 18:20; 25. Phil Lery, PH, 18:31.

26. Ray Madhi, PH, 18:33; 27. Kevin Cosgriff, Francis Parker, 18:39; 28. Jason Kwok, SP, 18:45; 29. Chris McNurlan, Serra, 18:52; 30. James Wiseman, Ser, 18:53.

31. Miles Shumilak, Bishop's, 18:56; 32. Cameron Shea, UC, 18:57; 33. Mark Pet-



Thomas Juarez
Montgomery

Kit Carson Invite:

FROM PAGE 5

erson, Claire, 19:00; 34. George DeLuca, Ser, 19:02; 35. Dave Lovell, FP, 19:02.

36. Ken Furer, Ser, 19:10; 37. Nick Smal, UC, 19:15; 38. Cadiz, Rancho del Campo, 19:27; 39. Bobby Brown, Sant,

19:29; 40. Kendall Burdett, PH, 29.
41. Travis Klingforth, Christian, 19:30;
42. Mark Petitfils, Sant, 19:33; 43. Steve Scher, FP, 19:38; 44. Joe Lott, Ser, 19:39;
45. Simon Baird, UC, 19:42.

DIV. I FROSH/SOPH:

TEAMS: Valhalla 40, Mira Mesa 66, Mt. Carmel 100, Vista 104, Point Loma 117, Orange Glen 208, Torrey Pines 211.

1. Gonzalo Garcia, Vista, 16:34; 2. Tony Harris, MirM, 17:15; 3. David Hayes, PtL, 17:29; 4. Erik Lassen, Val, 17:34; 5. Jim Doroski, Val, 17:37.

6. Sean Nugent, Val, 17:45; 7. Andrew Smith, Vst, 17:50; 8. Charles Wilson, SM, 17:51; 9. Carlito Cantil, MirM, 17:55; 10. Ijara Bambao, Vst, 17:58.

11. Michael Fuller, MirM, 17:58; 12. Bryon Lamorandier, Val, 18:08; 13. Chad Scialabba, Val, 18:16; 14. Chris Stearns, PtL, 18:35; 15. Josh Cumming, MtC, 18:35.

16. Jason Polleta, MtC, 18:36; 17. Hong Castejon, MirM, 18:39; 18. Ray Regno, MtC, 18:43; 19. David Cower, MtC, 18:44; 20. Joey McClure, OG, 18:49.

21. James Braine, SM, 18:50; 22. Matt Zdunich, Val, 18:52; 23. Alan Asbeck, TP, 18:54; 24. Mike Williams, Southwest, 19:05; 25. Jose Muniz, PH, 19:07.

26. Jimmy Lery, PH, 19:10; 27. B. J. Comin, MirM, 19:19; 28. Allan Rosales, MirM, 19:19; 29. Justin Markland, PtL, 19:23; 30. Pablo Espino, SM, 19:26.

DIV. II FROSH/SOPH:

TEAMS: El Capitan 38, San Pasqual 90, Grossmont 105, Mt. Carmel 106.

1. Matt Borunda, StA, 17:22; 2. David Boland, ECap, 17:23; 3. Brian Janes, StA, 17:54; 4. Miguel Gallarzo, Swtr, 18:10; 5. Tony Principe, ECap, 18:13.

6. Brian Sullivan, StA, 18:16; 7. Colin Bond, ECap, 18:26; 8. Kevin Larson, Grss, 18:45; 9. Justin Scarfeo, La Jolla Country Day, 18:49; 10. Richard Kalling, MtC, 18:53.



Mimi Luchans, Patrick Henry, and Chrissy Monyelle, Crawford

11. Jake Gregeson, ECap, 19:02; 12. David Sedlak, MtC, 19:12; 13. Jarred Payne, ECap, 19:13; 14. Colter Bollinger, Grss, 19:17; 15. Ramiro Escamilla, SP, 19:25.

16. Ryan Wajert, SP, 19:35; 17. Horge Malta, StA, 19:37; 18. Mike Perez, SP, 19:41; 19. Andy Palmer, ECap, 19:41; 20. Joshua Ost, SP, 19:44.

GIRLS (2.5 Miles):

DIV. I VARSITY:

TEAMS: Torrey Pines 34, Vista 90, Mt. Carmel 99, Valhalla 101, San Marcos 121, Orange Glen 132, Mira Mesa 145, Grossmont 204, San Dieguito 243.

1. Devon Straitiff, Torrey Pines, 15:31; 2. Stephanie Nelle, Valhalla, 15:41; 3. Sonia Rodriguez, Vista, 15:45; 4. Mariel Gray, Mira Mesa, 15:52; 5. Melanie Pickett, Mt. Carmel, 15:57.

6. Sandi Rabie, TPines, 16:11; 7. Angela Shea, Vst, 16:18; 8. Carrie Hemerick, TPines, 16:21; 9. Bethany Bogart, TPines, 16:22; 10. Danielle Valentino, TPines, 16:23.

11. Danica Buckley, Val, 16:24; 12. Melissa Carter, San Marcos, 16:29; 13. Ivette Solano, Vst, 16:31; 14. Christine Alford, MtC, 16:32; 15. Becka Instone, TPines, 16:35.

16. Kelly Halligan, Val, 16:36; 17. Cara Rumble, Orange Glen, 16:38; 18. Maggie Johnson, MtC, 16:44; 19. Jaclyn Nolan, TPines, 16:45; 20. Debbie Hughes, SM, 16:53.

21. Melissa Hieb, OG, 16:53; 22. Katy Farber, SM, 16:54; 23. Gina Rennix, OG, 17:02; 24. Geneva Parker, Sweetwater, 17:08; 25. Margie Broselle, Val, 17:11.

26. Alisa Thwing, Mira Mesa, 17:13; 27. Renee DeLaTorre, Grossmont, 17:14; 28. Jennifer Grooms, MirM, 17:15; 29. Jackie Diaz, Vst, 17:16; 30. Kim Ricks, MtC, 17:18.

31. Katie Cottrell, OG, 17:26; 32. Amy Slansky, MtC, 17:28; 33. Alexis Gutierrez, SM, 17:32; 34. Alma Izazga, SM, 17:34; 35. Megan Graves, MtC, 17:37.

36. Rachel Kalmar, Grss, 17:37; 37. Jennifer Lindsay, Grss, 17:37; 38. Michelle Roach, Vst, 17:42; 39. Traci Joy, MtC, 17:42; 40. Laura Lawrence, OG, 17:48.

41. Jessica Grooms, MirM, 17:49; 42. Fatima El Farrah, Vst, 17:54; 43. Kim Weaver, San Dieguito, 17:57; 44. Anne Hitchcock, SDgto, 17:57; 45. Sara Alvarez, OG, 17:58.

46. Heather Madsen, MirM, 18:09; 47. Emily Bennett, Val, 18:19; 48. Christy Feehan, SDgto, 18:20; 49. Alexa Mercado, SDgto, 18:27; 50. Kristen Lee, Val, 18:27.

51. Zoe Lieberman, Grss, 18:27; 52. Courtney Hoeptner, Val, 18:27; 53. Inga

Who's Hot...

Best Section Runners at Mt. SAC:

GIRLS:

Veronica Clark, Ramona	18:38
Sharon Rohde, Fallbrook	19:24
Ann Koscki, Poway	19:47
Rosie Costello, Bonita Vista	19:47
Jinna Rohde, Fallbrook	19:48
Vanessa Hanley, USD	19:52
Tricia Mattson, Fallbrook	19:53
Shannon O'Connor, La Jolla	19:53
Meghann Phillips, Bonita Vista	19:54
Jessica Lunt, Coronado	20:03
Erin Shea, USD	20:19
Alexis Rendina, West Hills	20:23
Lisa Vasek, Poway	20:28
Jessica Anderson, Carlsbad	20:31
Leah Walkey, La Jolla	20:31

BOYS:

Tom Kloos, El Camino	15:37
Ruben Carrillo, Chula Vista	15:58
Ross Damman, USD	16:11
Travis Kirtley, Poway	16:11
Jorge Martinez, Chula Vista	16:19
Jason White, Chula Vista	16:22
Shilo Glass, Ramona	16:25
Aaron Smith, Bonita Vista	16:27
Trevor Clarke, Coronado	16:35
Jonathan Holmes, Mission Bay	16:35
Jose Ramirez, Chula Vista	16:35
Matt Dunn, Chula Vista	16:43
Adrian Ramirez, Castle Park	16:45
Aaron Blood, West Hills	16:51
Jesse Davis, Poway	16:55

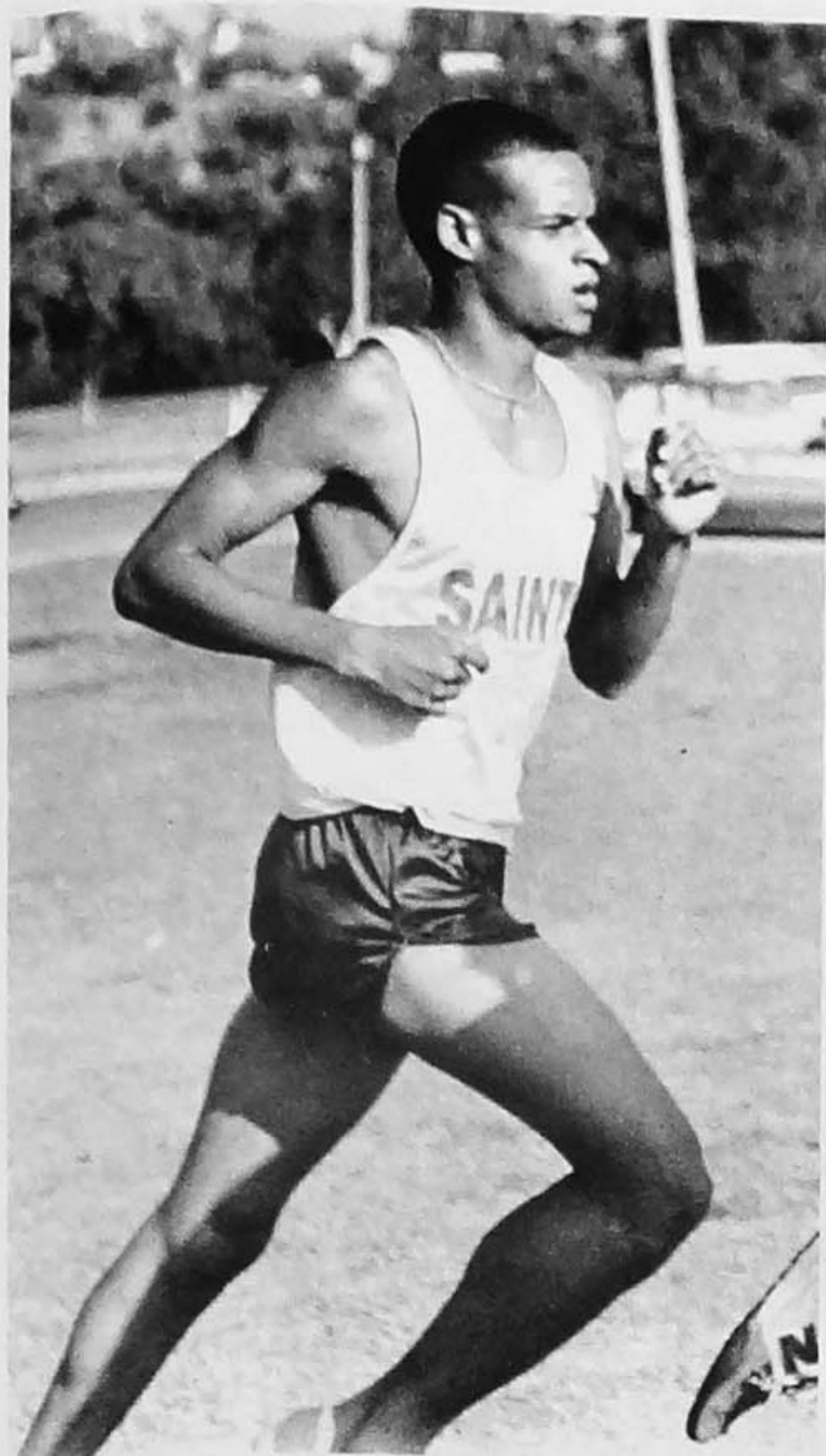
Fastest Runners at Kit Carson:

GIRLS:

Devon Straitiff, Torrey Pines	15:31
Stephanie Nelle, Valhalla	15:41
Jaymie Harper, Santana	15:44
Sonia Rodriguez, Vista	15:45
Mariel Gray, Mira Mesa	15:52
Melanie Pickett, Mt. Carmel	15:57
Christy Beckman, San Pasqual	16:01
Larissa Gregerson, El Capitan	16:04
Jenny Card, El Capitan	16:05
Sandi Rabie, Torrey Pines	16:11
Angela Shea, Vista	16:18
Carrie Hemerick, Torrey Pines	16:21
Bethany Bogart, Torrey Pines	16:22
Danielle Valentino, Torrey Pines	16:23
Danica Buckley, Valhalla	16:24

BOYS:

Larry Henderson, Mira Mesa	15:38
David McQuitty, Grossmont	15:47
Manuel Romero, San Pasqual	16:05
Gerardo Guevara, San Marcos	16:20
Charley Hulsey, Torrey Pines	16:21
Chris Werdenberg, Point Loma	16:24
Jim Dunigan, Mt. Carmel	16:27
Fernando Rodriguez, San Pasqual	16:28
Joe Briceno, Vista	16:30
Chris Gabriel, San Dieguito	16:33
Gonzalo Garcia, Vista	16:34
Luis Garcia, Torrey Pines	16:35
Mike Compean, Mt. Carmel	16:39
Jose Barajas, Sweetwater	16:40
Noe Contreras, San Marcos	16:40



J. C. Gross
St. Augustine

Kit Carson Invite:

FROM PAGE 6

Lintvedt, Grss, 18:28; **54.** Stacy Maffei, OG, 18:34; **55.** Monica Brown, Grss, 19:00.

56. Dana Simmonds, SM, 19:27; **57.** Ro-Anne Bermio, Southwest, 19:35; **58.** Mindy Yapple, Val, 19:56; **59.** Lisa Peterson, SDgt, 20:00; **60.** Ashley Loomis, SDgt, 20:51.

DIV. II VARSITY:

TEAMS: Santana 33, El Capitan 55, Bishop's 91, Patrick Henry 103, Montgomery 163, Christian 175.

1. Jaymie Harper, Santana, 15:44; **2.** Christy Beckman, San Pasqual, 16:01; **3.** Larissa Gregerson, El Capitan, 16:04; **4.** Jenny Card, ECap, 16:05; **5.** Marissa Hurwitz, Bishop's, 17:07.

6. Kristi O'Grady, Sant, 17:14; **7.** September McHugh, Sant, 17:16; **8.** Hillery McDade, Patrick Henry, 17:32; **9.** Milinda Benitez, Sant, 18:04; **10.** Kerie O'Grady, Sant, 18:06.

11. Allison Maalis, Montgomery, 18:07; **12.** Mary Beth Muchmore, Bish, 18:11; **13.** Amber Smock, ECap, 18:23; **14.** Gabe Popoff, Bish, 18:26; **15.** Janelle Honings, Clairemont, 18:32.

16. Kristi Jenkins, ECap, 18:32; **17.** Mimi Luchans, PH, 18:41; **18.** Christine Monyelle, Crawford, 18:53; **19.** Olivia Fredricksen, ECap, 19:08; **20.** Stephanie Keane, University City, 19:14.

21. Jami Schleger, Sant, 19:17; **22.** Christine Basic, Kearny, 19:19; **23.** Cheryl Go, PH, 19:21; **24.** Cassie Springer, PH, 19:38; **25.** Trinh Phan, Craw, 19:41.

26. Stephanie Pettigrew, Bish, 19:45; **27.** Jennifer Honings, Claire, 19:46; **28.** Kim Buegge, Christian, 19:48; **29.** Esther Volper, Mont, 19:55; **30.** Lorissa Prescott, Chr, 20:02.

31. Cassie Santos, PH, 20:05; **32.** Norlynn Calimim, UC, 20:24; **33.** Sonya Wall, Francis Parker, 20:35; **34.** Brooke Miller, Bish, 20:39; **35.** Melody Fogelstrom, Sant, 20:43.

36. Sara Console, PH, 20:49; **37.** Joy Le Beau, Chr, 21:01; **38.** Karalee Keener, Chr, 21:25; **39.** Carrie Shumaker, Mont, 21:50; **40.** Toby Howard, Mont, 21:56.

DIV. I FROSH/SOPH:

TEAMS: Vista A 25, Torrey Pines 33, Sweetwater 111, Mira Mesa 117, Orange Glen 146.

1. Noelle Magana, Vst, 16:25; **2.** Devon Lasiter-Thurber, Vst, 16:41; **3.** Jessica Cabrera, Sweetwater, 16:49; **4.** Erica Batiz, Vst, 16:59; **5.** Kristin Branson, TPines, 17:16.

6. Jill Coad, TPines, 17:18; **7.** Vanessa Higuera, Vst, 17:23; **8.** Hiedi Sanchez, Swtr, 17:34; **9.** Sarah McManus, TPines, 17:38; **10.** Kristin Roth, TPines, 17:41.

11. Julie Davidson, Vst, 17:48; **12.** Darlene Lee, Vst, 18:10; **13.** Rachel Greer, TPines, 18:33; **14.** Erin Collins, Vst, 18:34; **15.** Melinda Gray, MirM, 18:40.

16. Liz Dudeck, TPines, 19:18; **17.** Zephyr Fletcher, TPines, 19:26; **18.** Bryna Flaim, TPines, 19:29; **19.** Mary Frakes, MirM, 19:46; **20.** Laura Hilton, TPines, 19:54.

21. Marianna LaRosa, TPines, 19:59; **22.** Sandra Thompson, SM, 20:10; **23.** Huong Huynh, MirM, 20:12; **24.** Laura Matulich, MirM, 20:22; **25.** Elsie Ramsey, TPines, 20:36.

DIV. II FROSH/SOPH:

TEAMS: Vista B 31, University City 80, El Capitan 81, Crawford 91.

1. Tiffany Fay, ECap, 17:25; **2.** Maria Moreno, Crawford, 17:55; **3.** Jenny Bergen, University City, 18:29; **4.** Jessica Warfield, Vst, 18:32; **5.** Serena Adamiec, Vst, 18:40.

6. Anna Colwell, Vst, 18:59; **7.** Mariana Barajas, Vst, 19:00; **8.** Vanessa Myron, SP, 19:01; **9.** Josie Garcia, Vst, 19:29; **10.** Amber Conner, Claire, 19:30.

11. Jessica Brannon, Vst, 19:35; **12.** Heather Ray, Francis Parker, 19:37; **13.** Brooke Schroeder, Vst, 20:01; **14.** Kendra Grether, UC, 20:09; **15.** Heidi Carrasquel, Serra, 20:12.

16. Kendra Shaw, Craw, 20:15; **17.** Kari Jensen, ECap, 20:18; **18.** Somer Reynolds, UC, 20:27; **19.** Devon Gonzales, ECap, 20:50; **20.** Elizabeth Collister, UC, 21:02.

21. Carrie Hinricksen, ECap, 21:16; **22.** Julie Davidson, Craw, 21:26; **23.** Miriam Ammerling, ECap, 21:29; **24.** Sam Saengsome, Craw, 21:31; **25.** Angela Campos, UC, 21:40.

Mt. SAC Invite:

at Mt. San Antonio College, Walnut, Friday and Saturday, Oct. 21 and 22.

GIRLS (3.0 Miles):

SWEEPSTAKES DIVISION I:

Race 319, Saturday.

Teams: **1.** Thousand Oaks 65 (1:36:31); **2.** Trabuco Hills 172 (1:40:48); **3.** El Toro 173 (1:41:17). **Section teams:** **15.** Poway 336 (1:46:08).

State ranking of teams entering race: **1.** Thousand Oaks, **3.** Irvine, **4.** El Toro, **5.** Peninsula, **8.** Poway, **10.** Madera.

Individual: **1.** Kay Martens, Thousand Oaks, 18:24. **Section runners:** **20.** Ann Koscki, Poway, 19:47; **41.** Lisa Vasek, Poway, 20:28; **85.** Lori Bridger, Poway, 21:38; **87.** Kristin Schaitel, Poway, 21:44; **103.** Kim Fischer, Poway, 22:31.

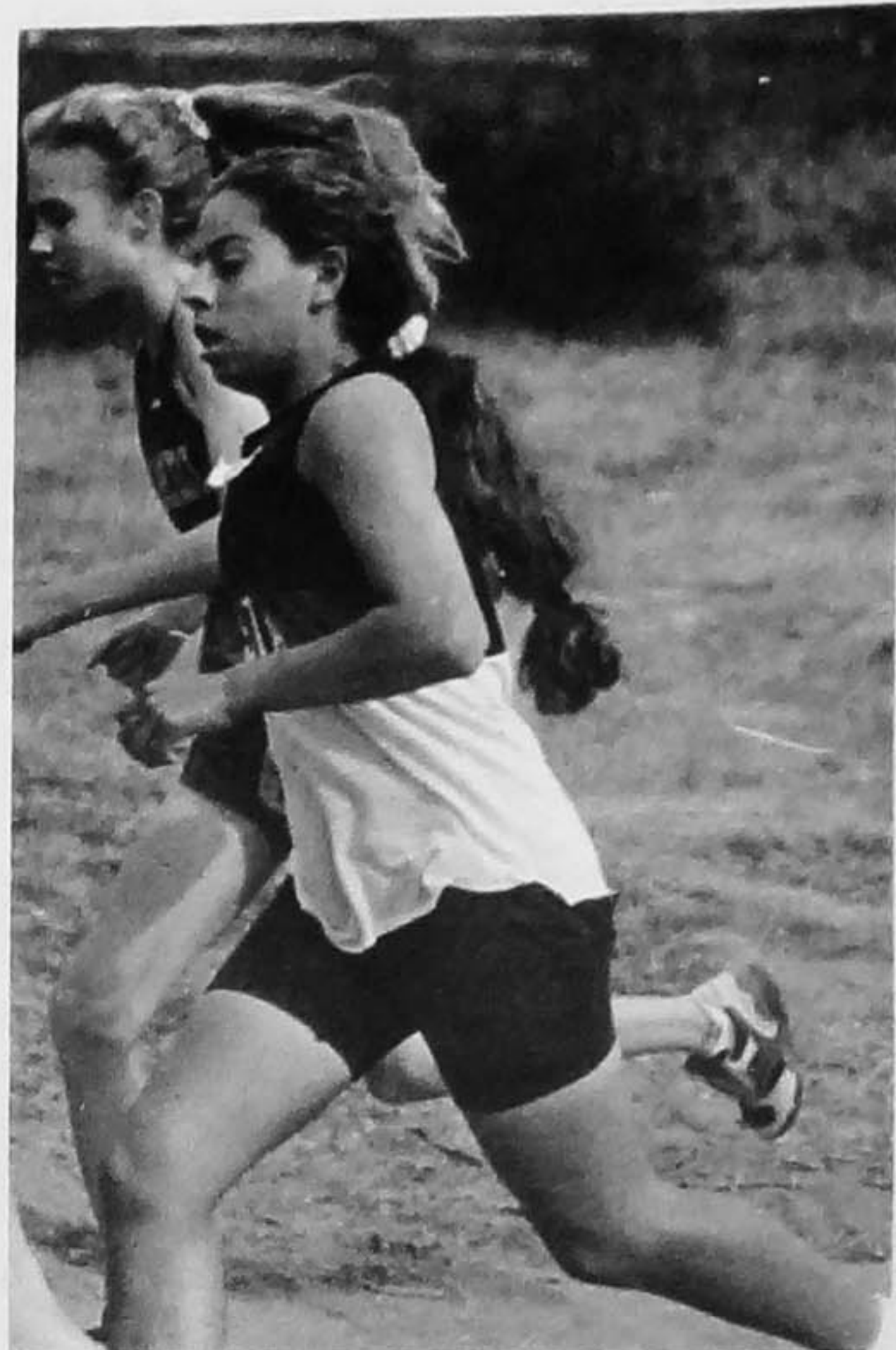
SWEEPSTAKES DIVISION II:

Race 318, Saturday.

Teams: **1.** Agoura 105 (1:43:26); **2.** Leland 143 (1:45:52); **3.** San Clemente 150 (1:47:24); **4.** Bonita Vista 167 (1:46:49). **Other section teams:** Chula Vista, individuals.

State ranking of teams entering race: **10.** Agoura.

Individual: **1.** Julia Stamps, Santa Rosa, 16:58 (New course record, old record 17:15, Milena Glusac, Fallbrook, 1992); **2.** Emily Allison, Leland, 18:10; **3.** Amy Skieresz, Ag-



Sonia Rodriguez, Vista and **Melanie Pickett**, Mt. Carmel

oura, 18:56. **Section runners:** **12.** Rosie Costello, Bonita Vista, 19:47; **14.** Meghann Phillips, Bonita Vista, 19:54; **42.** Elizabeth Gonzalez, Chula Vista, 22:15.

SWEEPSTAKES DIVISION III:

Race 228, Friday.

Teams: **1.** Clayton Valley 63 (1:35:58); **2.** Temescal Canyon 103 (1:38:16); **3.** Santa Margarita 159 (1:41:53). **Section teams:** **10.** Ramona 291 (1:45:54).

State ranking of teams entering race: **1.** Clayton Valley, **2.** Temescal Canyon, **4.** Santa Margarita, **5.** Corona Del Mar, **8.** Foothill, Santa Ana, **9.** Ramona, **10.** Northgate.

Individual: **1.** Heather Garritson, Buena Park, 17:49. **Section runners:** **5.** Veronica Clark, Ramona, 18:38; **58.** Marcy Phillips, Ramona, 21:26; **62.** Erin Kilian, Ramona, 21:34; **64.** Sarah Shepard, Ramona, 21:37; **101.** Allison Cebe, Ramona, 23:39.

SWEEPSTAKES DIVISION IV:

Race 227, Friday.

Teams: **1.** Sacred Heart 83 (1:46:35); **2.** Lutheran, Orange 100 (1:47:49); **3.** Laguna Beach 131 (1:49:37). **Section teams:** **11.** Coronado 278 (1:57:23).

State ranking of teams entering race: **5.** Lutheran, Orange, **8.** Chaminade.

Individual: **1.** Shalunna Fullove, Louisville, 19:31; **2.** Jessica Lunt, Coronado, 20:03.

VARSITY DIVISION I:

Race 315, Saturday.

6. Fallbrook 198 (1:45:06). **4.** Sharon Rohde, Fallbrook, 19:24; **10.** Jinna Rohde, Fall, 19:48; **11.** Tricia Mattson, Fall, 19:53.

Race 313, Saturday.

Rancho Buena Vista, individuals. **7.** Lynne Hermansen, Rancho Buena Vista, 20:45; **8.** Laura Carpenter, RBV, 20:45.

VARSITY DIVISION II:

Race 332, Saturday.

7. Point Loma 215; **11.** Carlsbad 349; **17.** Mar Vista 541, **18.** Hilltop; Mount Miguel, El Camino, Monte Vista, individuals.

5. Jessica Anderson, Carlsbad, 20:31; **11.** Angel Reed, El Camino, 21:00.

Race 331, Saturday.

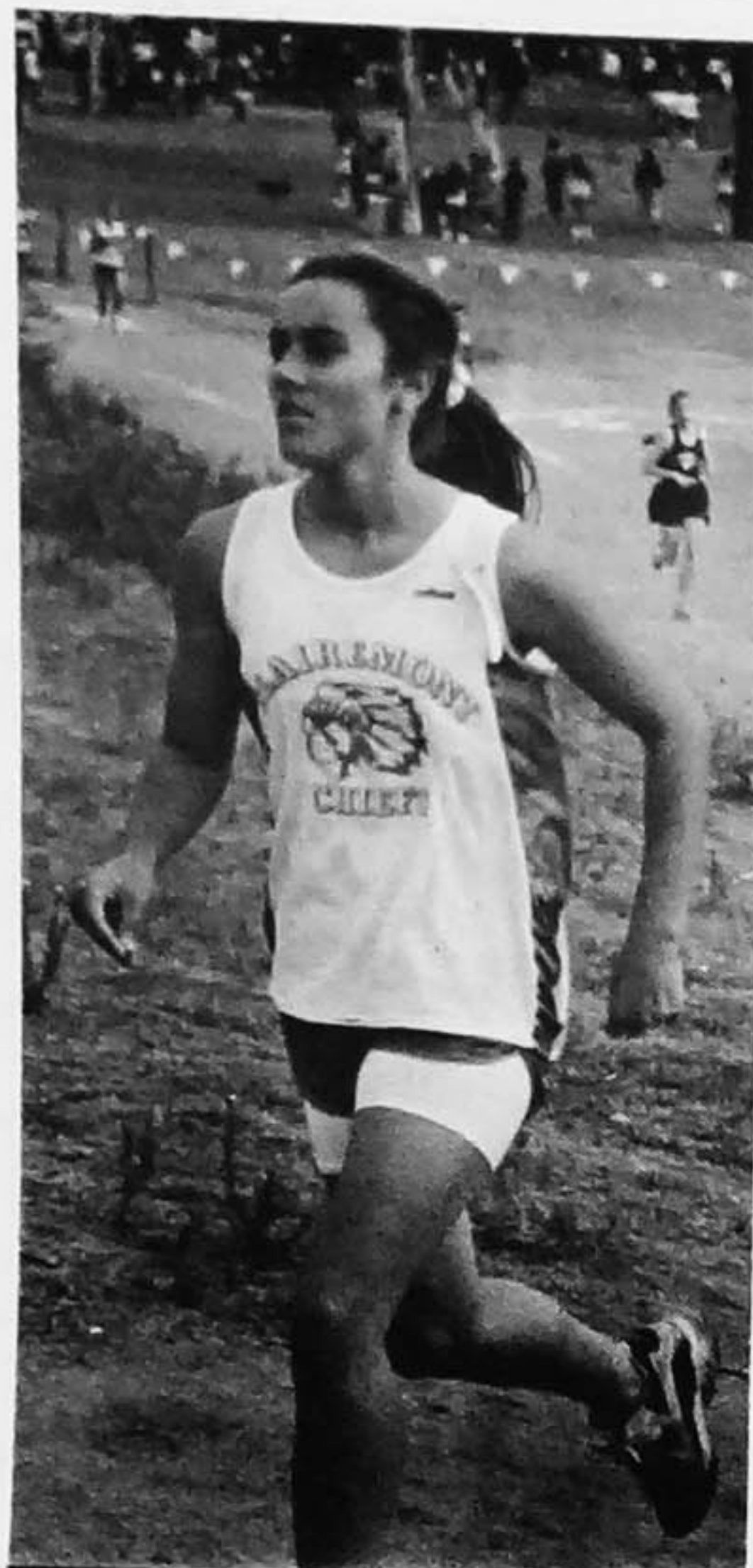
5. San Marcos 162 (1:56:11); **6.** Castle Park 182; **11.** Helix 307.

9. Autumn Otjens, Helix, 21:51; **13.** Delia Rosales, Castle Park 22:10.

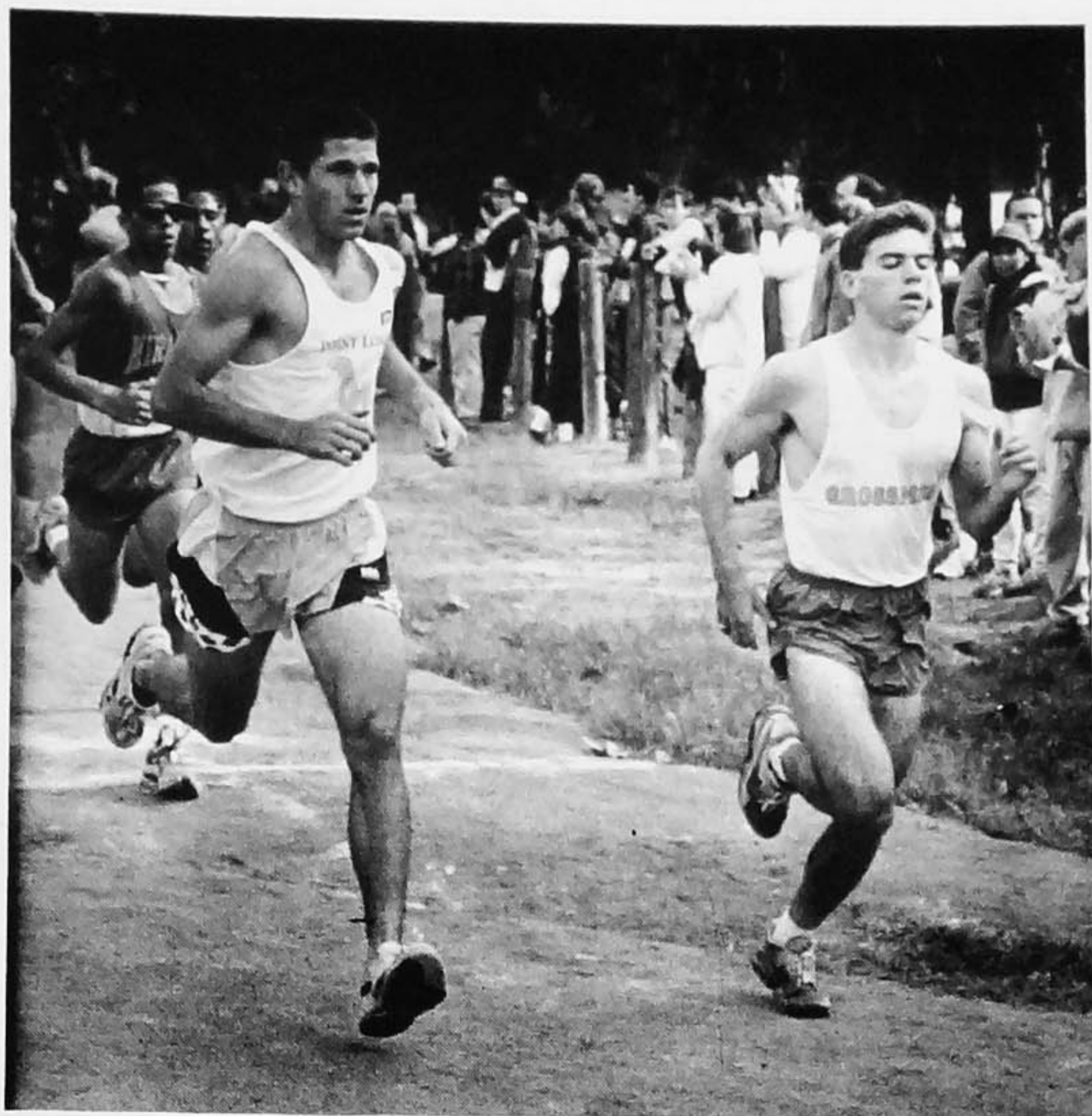
VARSITY DIVISION III:

Race 221, Friday.

1. La Jolla 77 (1:47:30); **13.** Mission Bay 383.



Janelle Honings
Clairemont



Chris Werdenberg, Point Loma, and **David McQuitty**,
Grossmont, lead Mira Mesa's **Larry Henderson** at Kit Carson.



Kevin Cosgriff
Francis Parker

Mt. SAC Invite:

FROM PAGE 7

1. Shannon O'Connor, La Jolla, 19:53;
3. Leah Walkey, La Jolla, 20:31; 5. Clodagh
Rafferty, La Jolla, 20:54; 11. Rachel Moeller,
Mission Bay, 21:30; 32. Robin Kremsdorf,
La Jolla, 22:55; 36. Halle Markus, La Jolla,
23:07.

Race 220, Friday.

13. Eastlake 328; USD, individuals.

2. Vanessa Hanley, USD, 19:52; 13.

Maria Cervantes, Eastlake, 22:05.

VARSITY DIVISION IV:

Race 209, Friday.

Lincoln, individuals.

15. Theresa Brondstetter, Lincoln, 23:25.

SOPH, DIVISION I:

Race 320, Saturday.

Poway, individuals.

14. Laura Rankin, Poway, 22:40.

SOPH, DIVISION II:

Race 338, Saturday.

Monte Vista, individuals.

14. Tina Torge, Monte Vista, 22:42.

SOPH, DIVISION III:

Race 223, Friday.

6. La Jolla 252; West Hills, USD,
individuals.

1. Erin Shea, USD, 20:19; 6. Autumn
Patton, USD, 21:59; 7. Hannele Stephens,
West Hills, 22:01; 18. Kara Dose, La Jolla,
23:37.

FROSH, DIVISION I:

Race 326, Saturday.

2. Poway 68 (1:56:06).

3. Kasey Shemwell, Poway, 22:23; 4.
Hollie Babione, Poway, 22:27; 18. Katy
Sharp, Poway, 23:40; 19. Corrine Behringer,
Poway, 23:40.

FROSH, DIVISION III:

Race 224, Friday.

4. La Jolla 176 (2:03:06); 5. USD 260
(2:08:30); West Hills, individuals.

1. Alexis Rendina, West Hills, 20:23; 2.
Shelley Van Winkle, West Hills, 20:58; 6.
Becca Weingartner, West Hills, 22:18; 22.
Sunny Nordmarken, La Jolla, 23:23; 24.
Sarah Garcia, West Hills, 23:34.

JV, DIVISION I:

Race 305, Saturday.

11. Poway 337.

24. Carisa Chavez, Poway, 22:56.
Race 304, Saturday.

1. Rancho Buena Vista 80 (1:54:11); 6.
Fallbrook 273.

2. Annie Holliday, Rancho Buena Vista,
21:31; 7. Kristina Smith, RBV, 22:14; 9.
Tiffany Trayer, RBV, 22:26.

JV, DIVISION III:

Race 222, Friday.

2. La Jolla 114 (2:04:19); 4. Ramona 172
(2:07:29); USD, individuals.

1. Amy Morrison, USD, 21:30; 10. Erin
Green, USD, 23:51; 11. Tammy Rich, La
Jolla, 23:58.

BOYS (3.0 Miles):

SWEEPSTAKES DIVISION I (Team):

Race 316, Saturday.

Teams: 1. Thousand Oaks 49 (1:18:19);
2. Jesuit 149 (1:21:07); 3. Peninsula 167
(1:21:22); 4. Camarillo 170 (1:20:47). Section
teams: 7. Chula Vista 190 (1:21:57).

State ranking of teams entering race: 1.
Thousand Oaks, 2. Peninsula, 3. Hart, 5.
Chula Vista, 6. Camarillo, 7. Arroyo, 8. Bell-
armine, 9. Santa Ana, 10. Santa Ana Valley.
Also (Division II rankings): 1. Jesuit, 3.
Palmdale, 4. Arvin, 6. Edison, Huntington
Beach. Also, McFarland (1 in Div. IV)

Individual: 1. Eleazar Hernandez, Cama-
rillo, 15:02; 2. Antonio Arce, Palmdale, 15:09;
3. Keith O'Doherty, Thousand Oaks. Section
runners: 18. Ruben Carrillo, Chula Vista,
15:58; 33. Jason White, CV, 16:19; 35. Jorge
Martinez, CV, 16:22; 47. Jose Ramirez, CV,
16:35; 57. Matt Dunn, CV, 16:43; also, Marco
Huerta, CV, 17:11; Victor Jackson, CV,
18:05.

SWEEPSTAKES DIVISION I (Individual):

Race 317, Saturday.

Teams: 1. De La Salle 130 (1:22:27), 2.
Wilson 143 (1:23:44) 3. Agoura 151
(1:23:31). Section teams: El Camino, individ-
uals.

Individual: 1. James Liu, Temple, 15:21.
Section runners: 5. Tom Kloos, El Camino,
15:37.

SWEEPSTAKES, DIVISION III:

Race 226, Friday.

Teams: 1. Livermore 86 (1:21:37); 2.
Nordhoff 140 (1:23:41); 3. St. Francis, La
Canada 155 (1:24:20). Section teams: 13. Ra-
mona 285, 17. West Hills.

State ranking of teams entering race: 1.

Nordhoff, 2. Livermore, 6. Newport Harbor,
8. Corona Del Mar, 9. St. Francis, La Can-
ada.

Individual: 1. Steve Immel, Livermore.
Section run-ners: 14. Shilo Glass, Ramona,
16:25; 31. Aaron Blood, West Hills, 16:59;
39. Galen Reid, Ramona, 17:06; 58. Stewart
Blain, West Hills, 17:29; 71. Jorge Ramos,
Ramona, 17:48; 80. Bob Denny, Ramona,
17:59; 81. Lee Vasquez, Ramona, 18:02;
105. Randy Bennett, West Hills, 18:39;
109. Matt Stuart, West Hills, 18:53.

SWEEPSTAKES, DIVISION IV:

Race 225, Friday.

Teams: 1. Coronado 80 (1:27:45); 2.
Maranatha 83 (1:27:36); 3. Salesian 83
(1:27:57).

State ranking of teams entering race: 5.
Salesian, 7. Bret Harte, 8. Coronado, 9.
Maranatha.

Individual: 1. David Brackett, Calaveras,
16:08. Section runners: 4. Trevor Clarke,
Coronado, 16:35; 7. Mike Aguilar, Coronado,
17:01.

VARSITY DIVISION I:

Race 312, Saturday.

4. Poway 129 (1:24:36); 6. Fallbrook
167; Rancho Buena Vista, individuals.

3. Travis Kirtley, Poway, 16:11; 22.
Jesse Davis, Poway, 16:55; 25. Marland
Impey, Poway, 16:57; 27. Brett Weaver,
Fallbrook, 16:58; 28. 16:59; 31. Scott Ba-
tiuk, Fallbrook, 17:02; 37. Memo Escobedo,
Fallbrook, 17:15; 38. Rusty Dalrymple,
Poway, 17:16; 41. Paul Williamson, Poway,
17:17; 44. Eric Mattson, Fallbrook, 17:19;
Also, Josh Stewart, Fallbrook, 17:25; Jake
McNeely, Poway, 17:57.

Race 310, Saturday.

4. Bonita Vista 136 (1:26:52).

3. Aaron Smith, Bonita Vista, 16:27; 14.
Scott Taylor, Bonita Vista, 17:00.

VARSITY DIVISION II:

10. Hilltop 314; 13. Carlsbad 364; Castle
Park, individuals.

5. Adrian Ramirez, Castle Park, 16:45.

VARSITY DIVISION III:

Race 219, Friday.

Teams: 1. Mission Bay 94 (1:28:34); 2.
La Jolla 110 (1:30:32); USD, Madison, indiv-
iduals.

1. Ross Damman, USD, 16:11; 3. Jon-
athan Holmes, Mission Bay 16:35; 6. Nick
Hamlin, Madison, 16:59; 7. Ivan Osuna,

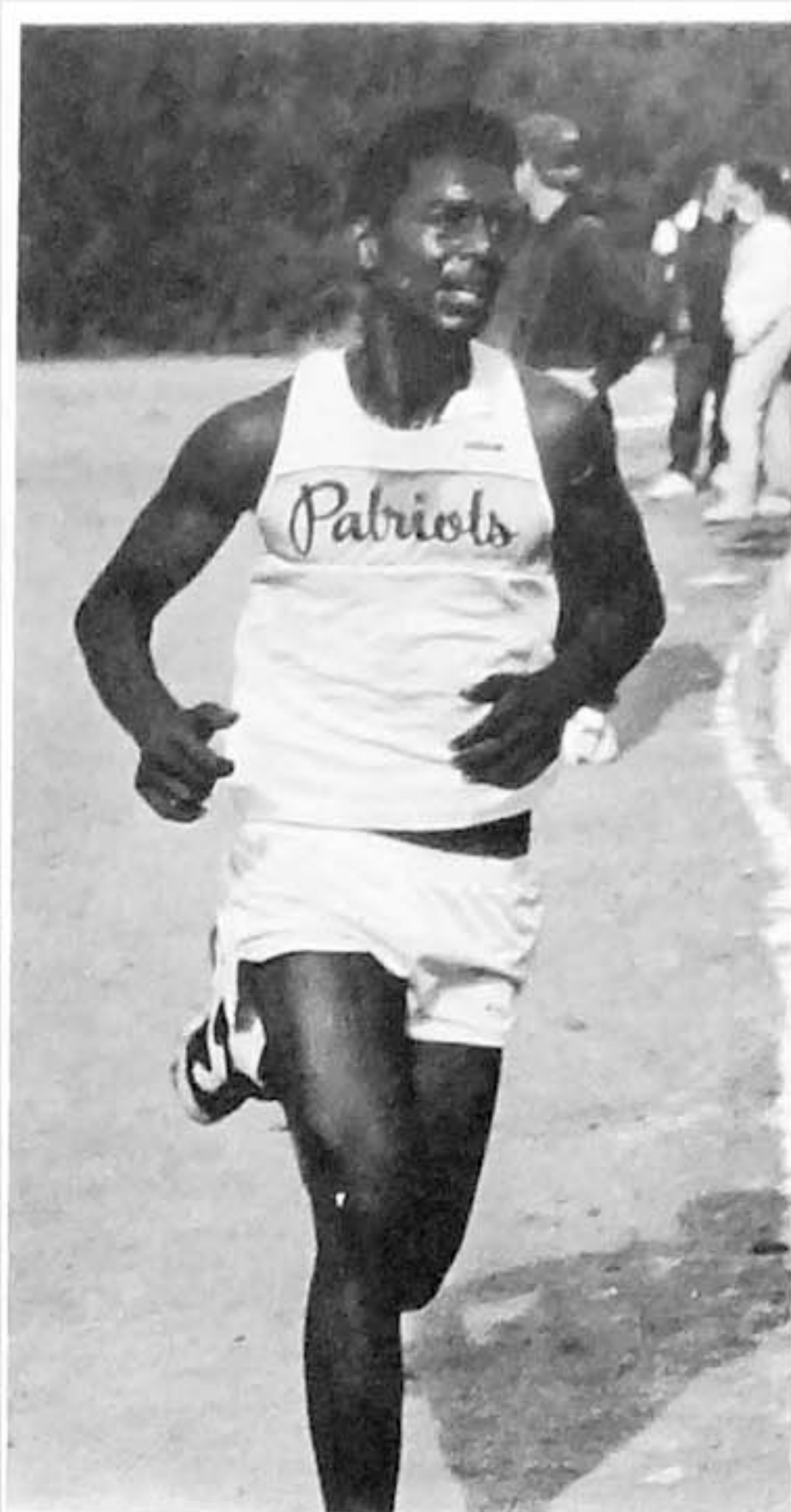
SEE PAGE 9



Hillery McDade
Patrick Henry



Mike Compean
Mt. Carmel



Seresent Abreha
Patrick Henry



Brent Bolton
Scripps Ranch

Mt. SAC Invite:

FROM PAGE 8

Mission Bay, 17:10; **9.** Sean Bottego, Mission Bay, 17:24.

VARSITY DIVISION IV:

Race 207, Friday.

5. Lincoln Prep 207 (1:35:25).

8. Ismail Mohamad, Lincoln, 17:37; **10.** Tillihan Fessehai, Lincoln, 17:44.

SOPH DIVISION I:

Race 307, Saturday.

2. Rancho Buena Vista 92 (1:30:03).

3. Fernando Blanco, Rancho Buena Vista, 17:17; **5.** Jamal Hornbacher, RBV, 17:22; **10.** Eladio Garcia, RBV, 17:40.

Race 308, Saturday.

Teams: **5.** Poway 189 (1:37:48).

20. James Tutrow, Poway, 18:32; **27.** Brent Zettel, Poway, 18:58; **32.** Dom Brown, Poway, 19:14; **45.** Chris Tidwell, Poway, 19:49.

SOPH DIVISION II:

Race 339, Saturday.

14. Carlsbad 371; **21.** Helix 680; San Marcos, Mount Miguel, individuals.

9. David Schible, Mount Miguel, 18:07.

SOPH DIVISION III:

Race 215, Friday.

3. Ramona 100 (1:33:05); **8.** La Jolla 274 (1:43:26); **9.** West Hills 275 (1:44:42).

3. James Adams, Ramona, 17:30; **5.** Tim Miller, Ramona, 17:47; **8.** Chris Nagao, West Hills, 17:56; **15.** David Shofstall, Ramona, 18:25; **20.** Tommy Corbin, West Hills, 18:36; **24.** George Escobar, Ramona, 18:45.

FROSH DIVISION I:

Race 324, Saturday.

Teams: **1.** Poway 69 (1:32:03); **11.** Fallbrook, 360.

2. Andrew Gharst, Poway, 17:44; **6.** Scott Strachan, Pow, 18:02; **13.** Eric Armstrong, Pow, 18:26; **20.** Jacob Davies, Pow, 18:49; **28.** Ryan Franzen, Pow, 19:02.

FROSH DIVISION II:

Race 335, Saturday.

2. Helix 125 (1:38:15); **8.** Mount Miguel 319; San Marcos, Mar Vista, individuals. **3.** Amanuel Gebru, Helix, 18:11; **4.** Solomon Riskie, Helix, 18:18.

Race 336, Saturday.

Monte Vista, El Camino, individuals.

2. David Young, El Camino, 17:44.

FROSH DIVISION III:

Race 217, Friday.

1. West Hills 90 (1:39:15); Ramona, La

Jolla, individuals.

2. David Dunbar, La Jolla, 18:07; **3.** Dustin Diaz, West Hills, 18:21; **6.** Eric Mattern, West Hills, 19:01; **11.** Josh Stein, Ramona, 19:25; **14.** Eric Meier, West Hills, 19:31; **27.** Alex Blain, West Hills, 20:52.

JV DIVISION I:

Race 302, Saturday.

6. Rancho Buena Vista 188; **8.** Poway 331.

39. Pete Sorensen, Poway, 18:51; **52.** Dan Whitmore, Poway, 19:18; **74.** Glenn Moss, Poway, 20:04; **80.** Jon Melot, Poway, 20:07.

Race 303, Saturday.

2. Fallbrook 94 (1:30:48).

4. James Chang, Fallbrook, 17:35; **5.** Ben Hauck, Fallbrook, 17:40.

JV DIVISION IV:

Race 201, Friday.

3. Coronado 143 (1:43:07).

9. Terry Loerch, Coronado, 19:37; **12.** Josh Richards, Coronado, 19:51.

DUALS:

Hoover, Madison, La Jolla

at Morley Field, Weds., Oct. 12.

BOYS (3.0 Miles):

Hoover 17, La Jolla 41

Hoover 16, Madison 45

La Jolla 20, Madison 41

1. Ayub Abdusalam, Hoover, 15:53; **2.** Francis Bachu, H, 16:24; **3.** Julius Amicho, H, 16:29; **4.** Sefe Almedom, H, 16:30; **5.** Nick Hamlin, Madison, 16:32; **6.** Josh Flesher, La Jolla, 17:05; **7.** Dave McNulty, LJ, 17:07; **8.** Nasir Abdullahi, H, 17:09; **9.** Mario Velazco, H, 17:17; **10.** Perlin, LJ, 17:18.

St. Augustine, Madison

at Morley Field, Weds., Oct. 19.

BOYS (3.0 Miles): St. Augustine 20, Madison 43.

Scripps Ranch, La Jolla, USD

at Morley Field, Weds., Oct. 19. Clear, mild.

BOYS (3.0 Miles):

Scripps Ranch 15, La Jolla 50

Scripps Ranch 19, USD 44

La Jolla 20, USD 39

1. Kevin Bowes, Scripps Ranch, 15:27; **2.**

Ross Damman, USD, 15:54; **3.** Afran Abutin, SR, 16:02; **4.** Chad Livesay, SR, 16:15; **5.** David Romero, SR, 16:42; **6.** Ty Stewart, SR, 16:46; **7.** Brent Bolton, SR, 17:00; **8.** R. Anderson, SR, 17:06; **9.** Josh Flesher, La Jolla, 17:11; **10.** Perlin, LJ, 17:12.

GIRLS (2.6 Miles):

USD 27, La Jolla 28

La Jolla 20, Scripps Ranch 37

USD 20, Scripps Ranch 39

1. Vanessa Hanley, USD, 16:01; **2.** Leah Walkey, La Jolla, 16:12; **3.** Sarah Schmidt, Scripps Ranch, 16:16; **4.** Shannon O'Connor, LJ, 16:24; **5.** Erin Shea, USD, 16:33; **6.** Clodagh Rafferty, LJ, 16:45; **7.** Kristin Epperson, USD, 17:12; **8.** Amy Morrison, USD, 17:16; **9.** Ashley Walters, LJ, 17:20; **10.** Jill Hanaman, SR, 17:36.

Bishop's, LJCD, Lutheran

at UCSD, Thurs., Oct. 20.

BOYS (3.1 Miles):

Bishop's 29, LJCD 40, Lutheran 67

1. Miles Shumilak, Bishop's, 18:33.

GIRLS (3.1 Miles):

Bishop's 15, LJCD 50, Lutheran 50

1. Katherine Zabloudil, Bishop's, 22:37.

Calvin Christian, Borrego

Springs, Francis Parker

at Borrego Springs, Thurs., Oct. 20.

BOYS (3.2 Miles):

Calvin Christian 20, Borrego S. 43

Calvin Christian 26, Parker 33

Parker 20, Borrego Springs 39

1. Kevin Cosgriff, Francis Parker, 20:09; **2.** Al (no name listed), Borrego Springs, 20:09; **3.** Dale Lovell, FP, 20:20; **4.** Nathan Hall, Calvin Christian, 20:39; **5.** Jacob Young, CC, 21:01; **6.** Jon Silva, CC, 21:05; **7.** Jayson Phillips, CC, 21:09; **8.** Steven (no name listed), FP, 21:20; **9.** Will (no name listed), CC, 21:24; **10.** Matt Gailey, CC, 21:25.

GIRLS:

Parker 26, Calvin Christian 32

Borrego Springs no score.

1. Leslie DeJager, Calvin Christian, 21:43; **2.** Abbie D'Agostino, Parker, 23:37; **3.** Heather Ray, FP, 23:39; **4.** Amanda Shipley, CC, 24:59; **5.** Leslie Adkins, Borrego Springs, 25:28; **6.** Nelli Hall, CC, 25:42; **7.** Sarah Dickson, FP, 26:25; **8.** Michelle A., FP, 26:41; **9.** Jessica Lipsker, FP, 26:48; **10.** Myriam Jones, CC, 26:59.

SEE PAGE 10

DUALS:

FROM PAGE 9

Tri-City, Army-Navy, Julian
at Guajome Park, Thurs., Oct. 20.**BOYS (2.9 Miles):****Army-Navy 24, Tri City 32**
Julian no score

1. Ryan Swanson, Tri City Christian, 15:35;
 2. Todd Lewis, Julian, 16:13; 3. Aaron Voss, Jul, 16:57; 4. Robert Frailing, Army Navy, 17:13; 5. Jason Tullius, ANA, 17:36; 6. Meyer, ANA, 18:27; 7. Richie Rowzee, TCC, 18:39; 8. Mark Cable, Jul, 18:58; 9. Doug Johnson, TCC, 19:11; 10. Cota, ANA, 19:33.
- NOTABLE:** Ryan Swanson set new course record.

GIRLS (1.5 Miles):
No score.

1. Allegra Hollenbeck, Julian, 11:07.

Gompers, Clairemont, Marian
at Morley Field, Thurs., Oct. 20.**BOYS (3.0 Miles):****Gompers 23, Marian 36**
Clairemont 21, Gompers 35
Clairemont 17, Marian 44

1. Ajani Brown, G, 17:10; 2. Derrick Davis, C, 17:12.

GIRLS (2.6 Miles):**Clairemont 17, Marian 44**

1. Janelle Honings, C, 19:00.

Morse, Junipero Serra

at Morley Field, Tues., Oct. 25.

BOYS (3.0 Miles)**Serra 24, Morse 33**

1. John Bermudez, Morse, no time listed.

GIRLS (2.6 Miles)**Serra 27, Morse 28**

1. Lana Garner, Morse, 17:41.

Point Loma, Patrick Henry

at Morley Field, Tues., Oct. 25.

BOYS (3.0 Miles):**Point Loma 24, Patrick Henry 35**

1. Lee Barrett, Point Loma, 16:10; 2. Mike Staton, Patrick Henry, 16:16; 3. Chris Wendenberg, PtL, 16:16; 4. Phil Lery, PH, 16:16; 5. Clarke Graves, PtL, 16:19; 6. Seresent Abreha, PH, 16:40; 7. Mark Savel, PtL, 16:41; 8. Celso Fernandez, PtL, 16:56; 9. Peter Kleinsasser, PtL, 17:02; 10. John Bradshaw, PtL, 17:03.

GIRLS (2.6 Miles):**Patrick Henry 23, Point Loma 34**

1. Hillery McDade, Patrick Henry, 17:25.

NOTABLE: Point Loma boys continue unbeaten in Eastern League.*Mission Bay, Madison, USD*

at Morley Field, Weds., Oct. 26.

BOYS (3.0 Miles):**Mission Bay 22, Madison 37****Mission Bay 19, USD 42****Madison 26, USD 29**

1. Ivan Osuna, Mission Bay, 16:02.

GIRLS (2.6 Miles):**USD 15, Mission Bay 49****USD 15, Madison 49****Madison 23, Mission Bay 32**

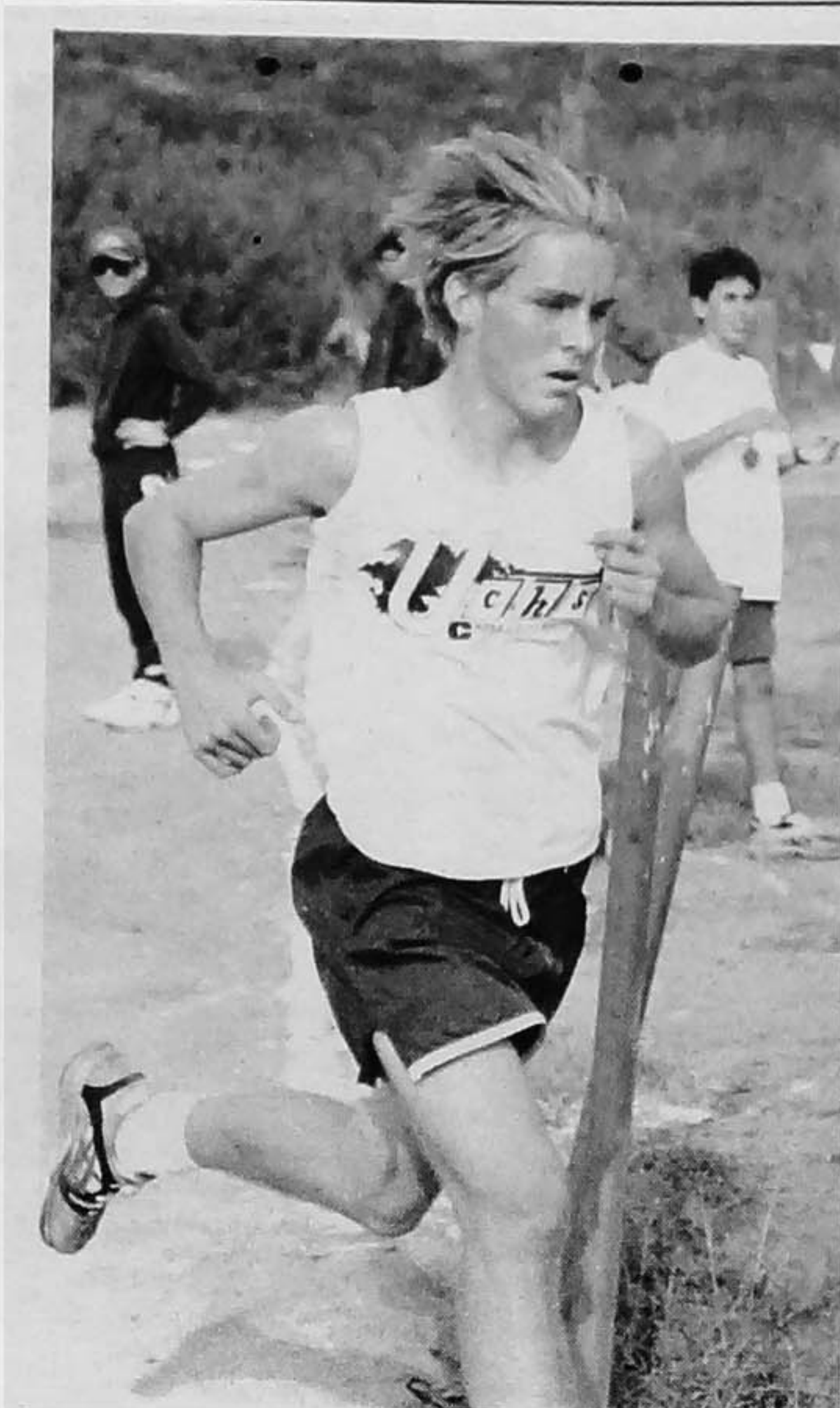
1. Vanessa Hanley, USD, 16:12.

NOTABLE: USD girls and Hanley continue unbeaten in Western League.*La Jolla, University City, Our Lady of Peace/St. Augustine*

at Morley Field, Weds., Oct. 26.

BOYS (3.0 Miles):**La Jolla 15, University City 49****St. Augustine 15, University City 50****St. Augustine 18, La Jolla 37**

1. Martin Reyes, St. Augustine, 16:48.

GIRLS (2.6 Miles):**La Jolla 22, OLP 33****La Jolla 17, University City 46****Dave Scheibal**

University City

OLP 17, University City 44

1. Shannon O'Connor, La Jolla, 16:22; 2. Leah Walkey, LJ, 16:27; 3. Clodagh Rafferty, LJ, 16:56; 4. Michelle O'Connor, Our Lady of Peace, 17:26; 5. Katie Wisniew, OLP, 17:30; 6. Keays, OLP, 17:34; 7. Jenny Bergen, University City, 17:38; 8. Shelby Stanger, LJ, 17:40; 9. Victoria Smith, OLP, 17:56; 10. Robin Kremsdorf, LJ, 18:03.

Scripps Ranch, Hoover

at Morley Field, Weds., Oct. 26. Clear, mildly warm.

BOYS (3.0 Miles):**Scripps Ranch 21, Hoover 36**

1. Ayub Abdusalam, Hoover, 15:19; 2. Kevin Bowes, Scripps Ranch, 15:34; 3. David Romero, SR, 15:54; 4. Chad Livesay, SR, 15:56; 5. Afran Abutin, SR, 16:00; 6. Julius Amicho, H, 16:04; 7. Ty Stewart, SR, 16:10; 8. Francis Bachu, H, 16:13; 9. Brent Bolton, H, 16:20; 10. Nasir Abdullahi, H, 16:31.

GIRLS (2.6 Miles):**Scripps Ranch def. Hoover**
(forfeit)

1. Sarah Schmidt, Scripps Ranch, 16:57; 2. Jill Hannaman, SR, 17:34; 3. Lauren Freiser, SR, 18:13; 4. Kristina Stasko, SR, 18:18; 5. Kim Rogoff, SR, 19:07; 6. Lisa Oliva, SR, 19:36; 7. Woldu, H, 19:52; 8. Kelly Grimes, SR, 19:56; 9. Hailu, H, 20:12; 10. Gongora, H, 20:18.

NOTABLE: Scripps Ranch boys continue unbeaten in Western League.*LJCD, Tri City, Borrego*

at La Jolla Country Day, Thurs., Oct. 27.

BOYS (3.1 Miles):**La Jolla CD 21, Borrego Springs 34****Tri City Christian no score**

1. Ryan Swanson, Tri City, 17:02.

Bishop's, Parker, Julian

at Tecolote Canyon, Thurs., Oct. 27.

BOYS (3.0 Miles):**Bishop's 24, Francis Parker 32****Julian, no score**

1. Todd Lewis, Julian, 18:44; 2. Aaron Voss, Jul, 18:53; 3. Miles Shumilak, Bishop's, 19:27; 4. P. J. Ople, B, 19:43; 5. Kevin Cosgriff, Francis Parker, 20:02; 6. Dale Lovell, FP, 20:17; 7. Mark Cable, Jul, 20:48; 8. Bob-

by Griffin, B, 20:48; 9. unid., FP, 21:05; 10. Matt Wenger, B, 21:11.

GIRLS (2.5 Miles):**Bishop's 16, Francis Parker 47****Julian, no score**

1. Mary-Beth Muchmore, Bishop's, 21:50; 2. Allegra Hollenbeck, Julian, 21:51; 3. Marissa Hurwitz, B, 21:53; 4. Katherine Zabloudil, B, 22:08; 5. Ray, Francis Parker, 22:14; 6. Stephanie Pettigrew, B, 22:20; 7. L. Gordon, B, 22:26; 8. D'Agostino, FP, 22:53; 9. Wall, FP, 23:01; 10. Alison Gordon, B, 13:07.

NOTABLE: Bishop's girls continue unbeaten in Coastal League.*Clairemont, Mar Vista, Lincoln*

at Morley Field, Thurs., Oct. 27.

BOYS (3.0 Miles):**Mar Vista 21, Clairemont 36****Mar Vista 19, Lincoln 38****Clairemont 24, Lincoln 37**

1. Martin Perez, Mar Vista, 16:34; 2. Valdez, MV, 16:43; 3. Derrick Davis, Clairemont, 16:45; 4. Tillihan Fessehai, Lincoln, 16:59; 5. Jose Aspericueta, MV, 17:10; 6. Alvarez, MV, 17:49; 7. Nathan Garcia, C, 17:53; 8. Ibrahim, L, 18:04; 9. Mark Peterson, C, 18:08; 10. Marcus Henderson, C, 18:19.

GIRLS (2.6 Miles):**Clairemont 25, Lincoln 30****Mar Vista 23, Clairemont 37****Mar Vista 24, Lincoln 37**

1. Theresa Brondstetter, Lincoln, 18:39; 2. Janelle Honings, Clairemont, 19:02; 3. Diaz, Mar Vista, no time; 4. Lover, L, no time; 5. Querrero, MV, no time; 6. Amber Conner, C, 20:12; 7. Orduno, MV, no time; 8. Sarimiento, MV, no time; 9. Vega, MV, no time; 10. Crespo, MV, no time.

Christian, Gompers

at Morley Field, Thurs., Oct. 27.

BOYS (3.0 Miles):**Gompers 15, Christian 50**

1. Ajani Brown, Gompers, 17:11.

GIRLS (2.6 Miles):**Christian 15, Gompers 50**

1. Beth Bowler, Christian, 19:06.

Crawford, Coronado, Marian

at Morley Field, Thurs., Oct. 27.

BOYS (3.0 Miles):**Coronado 21, Crawford 40****Coronado 15, Marian 50****Crawford 15, Marian 50**

1. Trevor Clarke, Coronado, 16:15; 2. Mike Aguilar, Cor, 16:32; 3. Yohannes Tewelde, Crawford, 16:55; 4. Titus Chawech, Cra, 17:01; 5. Jason Talbott, Cor, 17:05; 6. Pat Loerch, Cor, 17:34; 7. Cheyne Jones, Cor, 17:47; 8. Terry Loerch, Cor, 17:56; 9. Ryan Boney, Cor, 17:57; 10. Andre Pierce, Cor, 18:05.

GIRLS (2.6 Miles):**Crawford 20, Coronado 37****Crawford 15, Marian 50****Coronado 15, Marian 50**

1. Jessica Lunt, Coronado, 17:18; 2. Maria Moreno, Crawford, 18:27; 3. Christine Kenney, Cra, 18:44; 4. Chrissy Monyelle, Cra, 18:47; 5. Trinh Phan, Cra, 19:22; 6. Trung Phan, Cra, 19:35; 7. Beth Cole, Cor, 19:48; 8. Nicole Carver, Cor, 19:49; 9. Toni Baraza, Cor, 20:06; 10. Julie Davidson, Cra, 20:20.

NOTABLE: Crawford girls continue unbeaten in Eastern League, can wrap up league's dual meet title with win in last meet.*Grossmont, Granite Hills*

at Lindo Lake Park, Fri., Oct. 28.

BOYS (3.07 Miles):**Grossmont 22, Granite Hills 34**

1. David McQuitty, Grossmont, 16:25; 2.

SEE PAGE 11

DUALS:

FROM PAGE 10

Benkosky, Granite Hills, 17:01; 3. Steve Daynes, Gr, 17:10; 4. Matt Konold, Gr, 17:20; 5. Spencer, GH, 18:00; 6. Jimmy Mazzeo, Gr, 18:01.

GIRLS (2.04 Miles):

Granite Hills 20, Grossmont 35

1. Nicole Caster, Granite Hills, 12:47; 2. Stacey Murphy, GH, 12:52; 3. Nora Hawker, Grossmont, 18:27.

NOTABLE: Granite Hills girls continue unbeaten in Grossmont 3A, will face Valhalla (also unbeaten) in final meet.

Helix, Mount Miguel

at Harry Griffen Park, Fri., Oct. 28.

BOYS (3.1 Miles):

Helix 24, Mount Miguel 31

1. Simon Hill, Mount Miguel, 16:50; 2. Brent Coe, Helix, 16:51; 3. David Schible, MM, 17:05; 4. Kevin Chappell, H, 17:10; 5. Bob Muckey, H, 17:22; 6. Wender Hwang, H, 17:34; 7. Louis Nava, H, 17:36; 8. Cardona, MM, 17:52; 9. Agunos, MM, 17:57; 10. Kubicki, MM, 18:25.

GIRLS (2.3 Miles):

Helix 24, Mount Miguel 35

1. Nechelle Fabiana, Mount Miguel, 15:20; 2. Autumn Otjens, Helix, 15:59; 3. Althoff, MM, 16:50; 4. Severtson, H, 17:15; 5. Grain, H, 17:25; 6. Martin, H, 17:25; 7. Tewelde, H, 17:40; 8. Farrell, MM, 17:59; 9. Verhoeks, H, 19:12; 10. Atwood, MM, 19:20.

NOTABLE: Helix boys continue unbeaten in Grossmont 3A.

El Capitan, El Cajon Valley

at Lindo Lake Park, Fri., Oct. 28.

BOYS (3.07 Miles):

El Capitan 15, El Cajon Valley 48

1. Jake Bishop, El Capitan, 17:00; 2. Danny Sanchez, EC, 17:14; 3. David Boland, EC, 17:50; 4. Colin Bond, EC, 18:05; 5. Gray, EC, 18:10; 6. Orozco, EC, 18:14; 7. Jamieson, El Cajon Valley, 18:21; 8. Rivas, ECV, 18:25; 9. Tony Principe, EC, 18:27; 10. David Koreski, ECV, 19:11.

GIRLS (2.04 Miles):

El Capitan 15, El Cajon Valley 50

1. Larissa Gregerson, El Capitan, 12:44; 2. Jenny Card, EC, 12:52; 3. Carrie Vickery, EC, 13:42; 4. Stephanie Kindreich, EC, 13:57; 5. Amber Smock, EC, 14:06; 6. Kristi Jenkins, EC, 14:14; 7. Tiffany Fay, EC, 14:19; 8. Sarah Jagers, EC, 14:28; 9. Olivia Fredricksen, EC, 14:50; 10. Amy Tan, El Cajon Valley, 15:12.

West Hills, Santana

at Griffen Park, Fri., Oct. 28. Sunny, 79.

BOYS (3.1 Miles):

West Hills 19, Santana 42

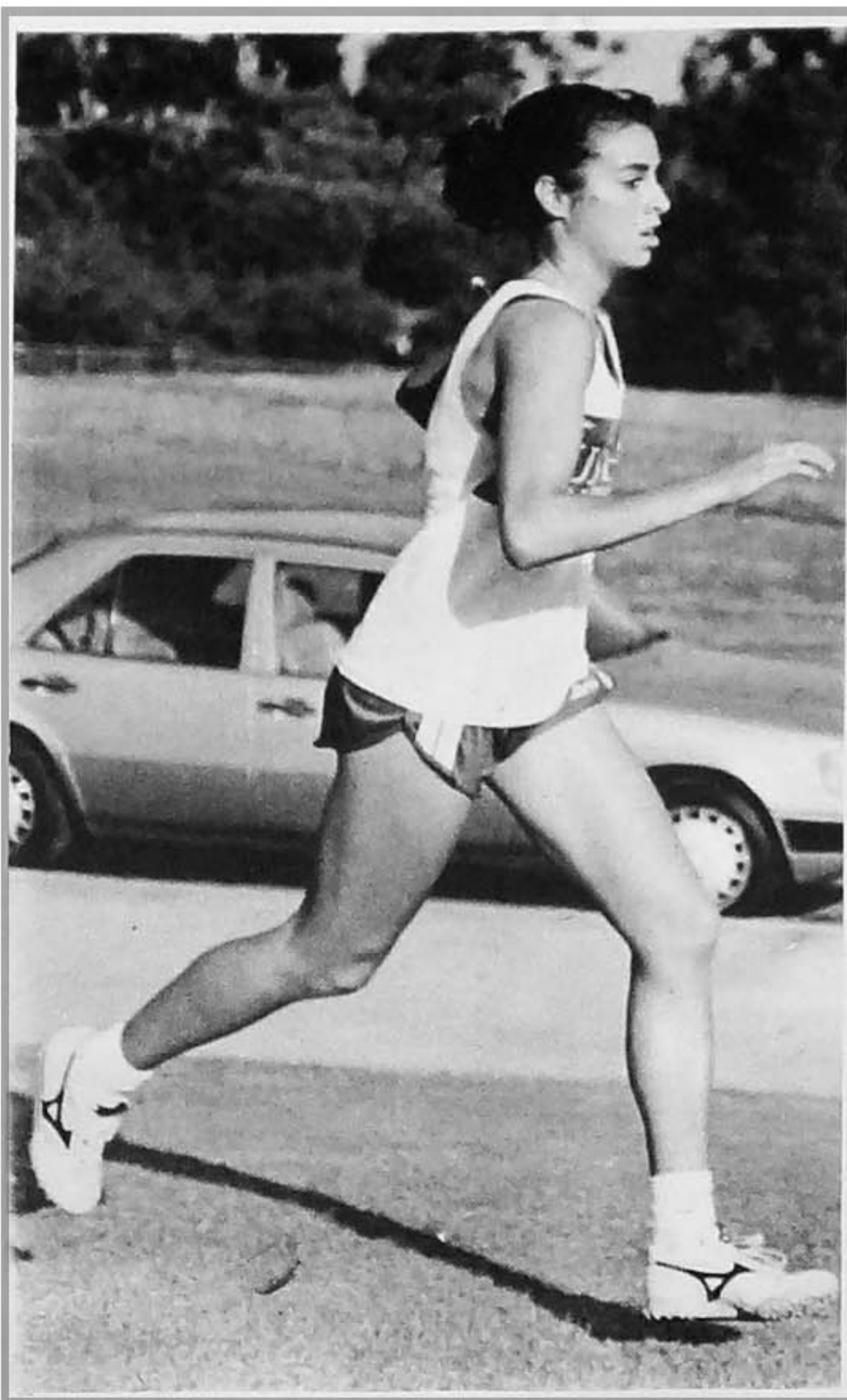
1. Stewart Blain, West Hills, 16:46; 2. Aaron Blood, WH, 17:08; 3. Aaron Adragna, Santana, 17:26; 4. Dustin Diaz, WH, 17:28; 5. Chris Nagao, WH, 17:38; 6. Doug Singer, S, 18:08; 7. Matt Stuart, WH, 18:30; 8. Randy Bennett, WH, 18:41; 9. Tommy Corbin, WH, 18:44; 10. Joel Cannuli, S, 19:26.

GIRLS (2.3 Miles):

West Hills 27, Santana 29

1. Jaymie Harper, Santana, 14:05; 2. Alexis Rendina, West Hills, 15:03; 3. Shelley Van Winkle, WH, 16:09; 4. September McHugh, S, 15:28; 5. Jenny Holdzkorn, WH, 15:32; 6. Kristi O'Grady, S, 15:37; 7. Milinda Benitez, S, 15:38; 8. Hannele Stephens, WH, 16:00; 9. Heather Holford, WH, 16:06; 10. Becca Weingartner, WH, 16:18.

NOTABLE: Harper's time is course record (old record was 14:29 by Valhalla's Stephanie Nelle). West Hills girls and boys continue unbeaten in Grossmont 2A.



Vanessa Hanley

University of San Diego

Hilltop, Montgomery, Eastlake

at Hilltop High, Fri., Oct. 28.

BOYS (3.0 Miles):

Hilltop 25, Eastlake 33

Montgomery 21, Hilltop 37

Montgomery 23, Eastlake 35

1. Mike Camacho, Eastlake, 17:07; 2. Adrian Rodriguez, Montgomery, 17:23; 3. Thomas Juarez, M, 17:27; 4. Reggie DePass, M, 17:42; 5. Marquez, E, 18:09; 6. Hall, M, 18:27; 7. Perez, Hilltop, 18:34; 8. DeJesus, H, 18:39; 9. Stanczak, H, 18:40; 10. Zac Read, H, 18:47.

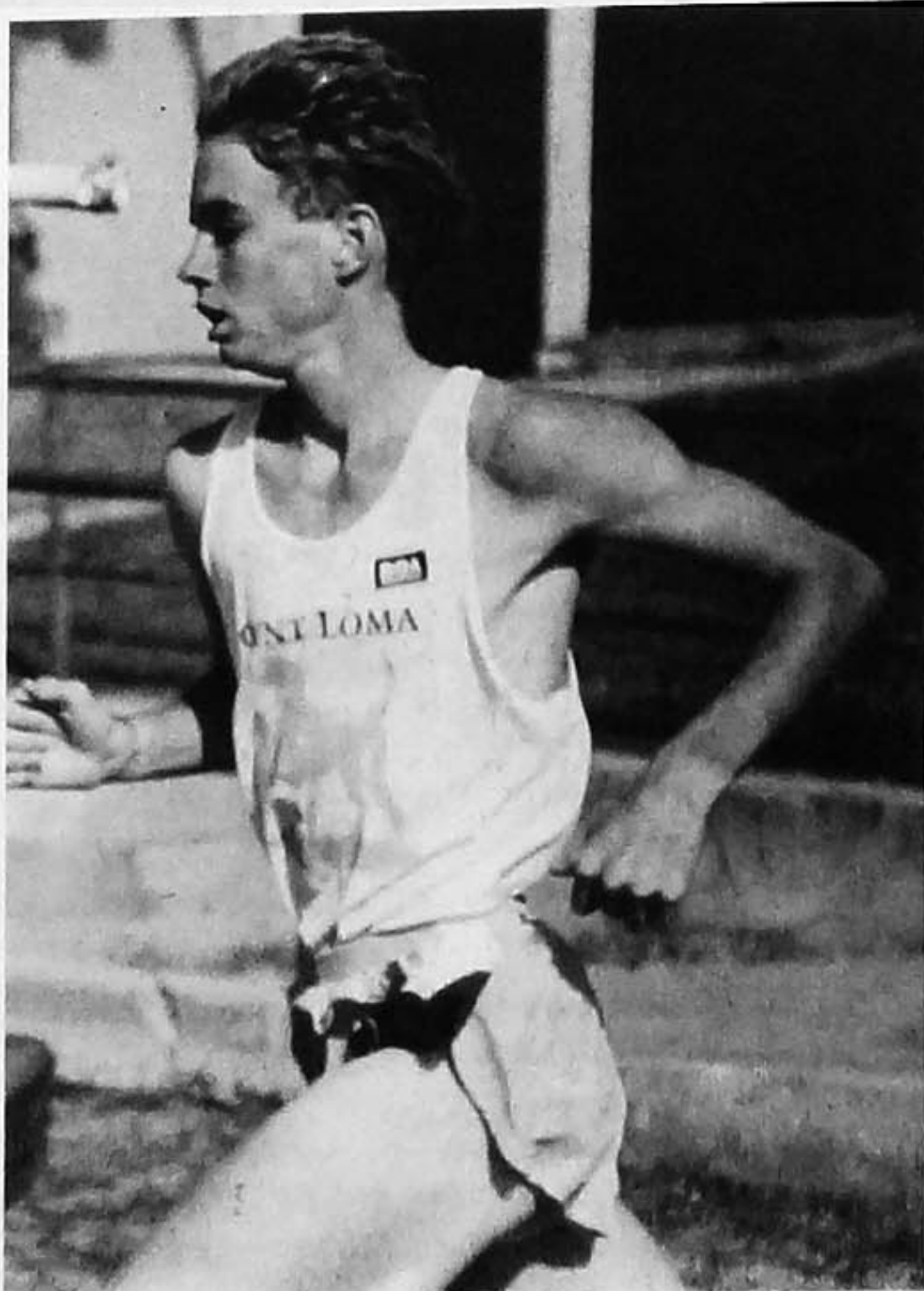
GIRLS (2.25 Miles):

Hilltop 22, Eastlake 34

Hilltop 20, Montgomery 36

Eastlake 27, Montgomery 28

1. Patt Beltran, Hilltop 14:54; 2. Delgadillo, H, 15:02; 3. Arellano, Montgomery, 15:30; 4. Cervantes, Eastlake, 15:53; 5. Lentz, E, 16:06; 6. Ikeuchi, H, 16:22; 7. Hafen, H, 16:32; 8. Allison Maalis, M, 17:07; 9. Voper, M, 17:51; 10. Eisenberg, E, 18:06.



Clarke Graves

Point Loma

Chula Vista, Bonita Vista, Castle Park

at Discovery Park, Fri., Oct. 28.

BOYS (3.0 Miles):

Chula Vista 20, Bonita Vista 36

Chula Vista 18, Castle Park 44

Bonita Vista 20, Castle Park 41

1. Jason White, Chula Vista, 16:29; 2. Ruben Carrillo, CV, 16:30; 3. Aaron Smith, Bonita Vista, 16:44; 4. Adrian Ramirez, Castle Park, 16:46; 5. Jose Ramirez, CV, 17:02; 6. Scott Taylor, BV, 17:10; 7. Matt Dunn, CV, 17:24; 8. Marco Huerta, CV, 17:29; 9. M. Rice, BV, 17:33; 10. R. Casey, BV, 17:35.

NOTABLE: First five runners bettered course record, sixth runner tied record.

GIRLS (2.25 Miles):

Bonita Vista 22, Chula Vista 33

Bonita Vista 15, Castle Park 46

Chula Vista 17, Castle Park 42

1. Rosie Costello, Bonita Vista, 14:27; 2. Meghann Phillips, BV, 14:49; 3. Aura DeTrinidad, Chula Vista, 15:40; 4. Thuy Nguyen, BV, 15:44; 5. Elizabeth Gonzalez, CV, 15:49; 6. Yolanda Montalvo, CV, 15:55; 7. M. Romero, BV, 16:01; 8. C. Barrera, BV, 16:04; 9. B. Flores, Castle Park, 16:13; 10. Nika Dunn, CV, 16:32.

NOTABLE: Chula Vista boys, Bonita Vista girls continue unbeaten in Metro League.

Torrey Pines, San Marcos, El Camino

at Palomar College, Fri., Oct. 28.

BOYS (3.0 Miles):

Torrey Pines 23, San Marcos 33

San Marcos 21, El Camino 39

Torrey Pines 20, El Camino 41

1. Tom Kloos, El Camino, 15:40; 2. Charley Hulsey, Torrey Pines, 15:45; 3. Gerardo Guevara, San Marcos, 15:46; 4. Noe Conteras, SM, 16:26; 5. Luis Garcia, TP, 16:40; 6. David Magnuson, TP, 16:42; 7. Tyler Mack, TP, 16:46; 8. Billy McKee, TP, 17:12; 9. Mike Burlington, SM, 17:30; 10. Warren Wilson, SM, 17:31.

GIRLS (2.15 Miles):

Torrey Pines 18, San Marcos 45

Torrey Pines 15, El Camino 50

San Marcos 15, El Camino 50

1. Devon Straitiff, Torrey Pines, 12:59; 2. Sandi Rabie, TP, 13:11; 3. Melissa Carter, San Marcos, 13:24; 4. Carrie Hemerick, TP, 13:29; 5. Bethany Bogart, TP, 13:30; 6. Danielle Valentino, TP, 13:30; 7. Erin Burke, TP, 13:44; 8. Becka Instone, TP, 13:48; 9. Debbie Hughes, SM, 13:49; 10. Angel Reed, El Camino, 13:50.

NOTABLE: Torrey Pines boys and girls teams continue unbeaten in Avocado League.

Mt. Carmel, Orange Glen, Vista

at Guajome Park, Fri., Oct. 28.

BOYS (3.1 Miles):

Vista 15, Mt. Carmel 40

Vista 15, Orange Glen 48

Mt. Carmel 15, Orange Glen 49

1. Trevor Sybert, Vista, 16:38; 2. Jason Land, V, 16:57; 3. Steve Ketcham, V, 17:17; 4. Gonzalo Garcia, V, 17:17; 5. Jose Briceno, V, 17:23; 6. Jim Dunigan, Mt. Carmel, 17:29; 7. Greg Nett, MtC, 17:39; 8. Matt Dos Santos, MtC, 17:49; 9. Mike Compean, MtC, 18:00; 10. Roger Delgado, MtC, 18:03.

GIRLS (2.5 Miles):

Vista 19, Mt. Carmel 39

Vista 16, Orange Glen 39

Orange Glen 27, Mt. Carmel 28

1. Sonia Rodriguez, Vista, 15:46; 2. Melanie Pickett, Mt. Carmel, 15:54; 3. Devon Lasiter-Thurber, V, 16:05; 4. Angela Shea, V, 16:13; 5. Noelle Magana, V, 16:26; 6. Cara Rumble, Orange Glen, 16:29; 7. Erica Batiz, V, 16:44; 8. Maggie Johnson, MC, 16:55; 9. Melissa Hieb, OG, 16:55; 10. Jackie Diaz, V, 17:01; 11. Kim Ricks, MC, 17:05; 12. Katie Cottrell, OG, 17:09; 13. Laura Lawrence, OG,

SEE PAGE 12

DUALS:

FROM PAGE 11

17:16; 14. Gina Rennix, OG, 17:22; 15. Amy Slansky, MC, 17:33.

NOTABLE: First win for Vista girls over Mt. Carmel since 1986. Vista boys and girls teams continue unbeaten in Palomar League.

San Dieguito, Fallbrook, Rancho Buena Vista

at San Dieguito Park, Fri., Oct. 28.

BOYS (2.8 Miles):

San Dieguito 16, Fallbrook 39

San Dieguito 18, Rancho BV 43

Fallbrook 21, Rancho BV 43

1. Noah Randles, San Dieguito, 15:38; 2. Chris Gabriel, SD, 15:38; 3. Fernando Blanco, Rancho Buena Vista, 15:51; 4. Jesse Morgan, SD, 15:59; 5. Gabe Taylor, SD, 16:00; 6. Scott Batiuk, Fallbrook, 16:06; 7. Eustorgio Perez, SD, 16:07; 8. James Chang, F, 16:09; 9. Ryan Coughlin, F, 16:13; 10. Memo Escobedo, F, 16:21.

GIRLS (2.0 Miles):

Fallbrook 22, San Dieguito 33

Rancho BV 23, San Dieguito 32

Fallbrook 24, Rancho BV 31

1. Jinna Rohde, Fallbrook, 13:38; 2. Tricia Mattson, F, 13:56; 3. Sharon Rohde, F, 14:21; 4. Lynne Hermansen, Rancho Buena Vista, 14:58; 5. Annie Holliday, RBV, 15:03; 6. Laura Huston, San Dieguito, 15:12; 7. Laura Carpenter, RBV, 15:13; 8. Kim Weaver, SD, 15:16; 9. Anne Hitchcock, SD, 15:27; 10. Kristina Smith, RBV, 15:43.

Poway, Rancho Bernardo

at Poway Lake, Fri., Oct. 28.

BOYS:

Poway 25, Rancho Bernardo 30

1. Travis Kirtley, Poway, 16:33; 2. Jeff Meisner, Rancho Bernardo, 16:36; 3. Ryan Short, RB, 16:56; 4. Marland Impey, P, 17:10; 5. Jake McNeely, P, 17:16; 6. Jesse Davis, P, 17:20; 7. Ryan Sanders, RB, 17:25; 8. Eron Tello, RB, 17:27; 9. Andrew Gharst, P, 17:28; 10. Mike Brown, RB, 17:34.

GIRLS:

Poway 20, Rancho Bernardo 37

1. Jessica Pound, Poway, 15:44; 2. Ann Koscki, P, 15:56; 3. Lisa Vasek, P, 16:10; 4. Stephanie Hancock, Rancho Bernardo, 16:39; 5. Kate Owka, RB, 16:47; 6. Kasey Shemwell, P, 16:48; 7. Amy Kitchen, RB, 16:53; 8. Hollie Babione, P, 17:10; 9. Christine Kitchen, RB, 17:33; 10. Corinne Kircher, RB, 17:36.

Ramona, San Pasqual

at Kit Carson Park, Fri., Oct. 28.

BOYS (3.1 Miles):

San Pasqual 24, Ramona 31

Ramona: Shilo Glass, 16:24; Galen Reid, 16:34; David Shofstall, 17:00; James Adams, 17:11; Jorge Ramos, 17:28.

GIRLS (2.5 Miles):

Ramona 25, San Pasqual 30

Ramona: Veronica Clark, 16:05; Erin Kilian, 16:55; Jenny Roane, 17:51; Sarah Shepard, 17:59; Marcy Phillips, 18:02.

Mira Mesa, Patrick Henry, Morse

at Morley Field, Tues., Nov. 1.

BOYS (3.0 Miles):

Mira Mesa 27, Patrick Henry 28

Mira Mesa 18, Morse 43

Patrick Henry 19, Morse 42

1. Larry Henderson, Mira Mesa, 15:00; 2. Tony Harris, MM, 16:19; 3. Phil Lery, Patrick Henry, 16:20; 4. John Bermudez, Morse, 16:34; 5. Alex Gonzales, PH, 16:53; 6. Mike Staton, PH, 17:08; 7. Seresent Abreha, PH, 17:14; 8. John Vogel, MM, 17:18; 9. Ian

Rivamonte, MM, 17:25; 10. Carlito Cantil, MM, 17:26.

GIRLS (2.6 Miles):

Mira Mesa 17, Patrick Henry 44

Mira Mesa 16, Morse 46

Patrick Henry 23, Morse 36

1. Mariel Gray, Mira Mesa, 15:36; 2. Alisa Thwing, MM, 16:56; 3. J. Grooms, MM, no time; 4. Hillery McDade, Patrick Henry, 17:08; 5. J. Grooms, MM, 17:15; 6. Lana Garner, Morse, 17:19; 7. Heather Madsen, MM, 17:27; 8. Jamie Terrel, MM, 17:34; 9. Julian, Mor, 18:27; 10. Mimi Luchans, PH, 18:40.

Point Loma, Kearny

at Morley Field, Tues., Nov. 1.

BOYS (3.0 Miles):

Point Loma 15, Kearny 50

1. Chris Werderberg, Point Loma, 15:48; 2. John Bradshaw, PtL, 16:43; 3. Mark Savel, PtL, 16:51; 4. David Hayes, PtL, 16:52; 5. Lee Barrett, PtL, 17:00; 6. Clarke Graves, PtL, 17:03; 7. Jason McKnight, PtL, 17:14; 8. Hayden Schuler, PtL, 17:26; 9. Abdul Jalil, Kearny, 17:35; 10. Tom Gibbings, PtL, 17:44.

NOTABLE: Point Loma boys finish unbeaten in Eastern League, claim dual meet title.

STATE CROSS COUNTRY RANKINGS

(Coaches' Poll of November 1)

BOYS:

DIVISION I:

1. Thousand Oaks (SS)
2. Peninsula, Rolling Hills (SS)
3. Camarillo (SS)
4. Bellarmine Prep, San Jose (CCS)
5. Hart, Newhall (SS)
6. Vista (SD)
7. Chula Vista (SD)
8. Alta Loma (SS)
9. Madera (CE)
10. Orange (SS)

DIVISION II:

1. Jesuit, Sacramento (SJ)
2. Scripps Ranch, San Diego (SD)
3. Arvin (CE)
4. Palmdale (SS)
5. De la Salle, Concord (NCS)
6. Hoover, San Diego (SD)
7. Leland, San Jose (CCS)
8. Mater Dei, Santa Ana (SS)
9. Agoura (SS)
10. Katella, Anaheim (SS)

DIVISION III:

1. Livermore (NCS)
2. Nordhoff, Ojai (SS)
3. Lassen, Susanville (No)
4. St. Francis, Mountain View (CCS)
5. St. Francis, La Canada (SS)
6. Newport Harbor, Newport Beach (SS)
7. Corona del Mar, Newport Harbor (SS)
8. La Habra (SS)
9. Santa Margarita, Rancho Santa Margarita (SS)
10. Sonora (SJ)

DIVISION IV:

1. McFarland (CE)
2. Morro Bay (SS)
3. Terra Linda, San Rafael (NCS)
4. Yreka (No)
5. Coronado (SD)
6. Maranatha, Sierra Madre (SS)
7. Salesian, Los Angeles (SS)
8. Cardinal Newman, Santa Rosa (NCS)
9. Flintridge Prep, La Canada (SS)
10. Corning (No)

GIRLS:

DIVISION I:

1. Thousand Oaks (SS)
2. Vista (SD)
3. Irvine (SS)
4. El Toro (SS)
5. Dana Hills, Dana Point (SS)
6. Esperanza, Anaheim (SS)
7. Clovis West, Fresno (CE)
8. Peninsula, Rolling Hills (SS)
9. Arroyo Grande (SS)
10. Canyon, Canyon Country (SS)

DIVISION II:

1. Torrey Pines, Del Mar (SD)
2. Edison, Huntington Beach (SS)
3. Trabuco Hills, Mission Viejo (SS)
4. Buchanan, Clovis (CE)
5. Del Oro, Loomis (SJ)
6. Yucaipa (SS)
7. Bishop Amat, La Puente (SS)
8. Reedley (CE)
9. Agoura (SS)
10. Alisa Niguel, Aliso Viejo (SS)

DIVISION III:

1. Clayton Valley, Concord (NCS)
2. Temescal Canyon, Elsinore (SS)
3. Santa Margarita, Rancho Santa Margarita (SS)
4. St. Ignatius, San Francisco (CCS)
5. Northgate, Walnut Creek (NCS)
6. Foothill, Santa Ana (SS)
7. Nordhoff, Ojai (SS)
8. El Modena, Orange (SS)
9. West Hills, Santee (SD)
10. St. Lucy's, Glendora (SS)

DIVISION IV:

1. Central Valley (No)
2. Miramonte, Orinda (NCS)
3. Ursuline, Santa Rosa (NCS)
4. Morro Bay (SS)
5. West Valley, Cottonwood (No)
6. Yreka (No)
7. Flintridge Sacred Heart, La Canada (SS)
8. Lutheran, Orange (SS)
9. Chaminade, Canoga Park (SS)
10. Louisville, Woodland Hills (SS)

Compiled by Doug Speck and Ray Scofield. Section abbreviations:
SS = Southern Section; SD = San Diego Section; LA = Los Angeles Section; CE = Central Section; CCS = Central Coast Section; NCS = North Coast Section; SJ = Sac Joaquin Section; No = Northern Section.